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President's Corner

As I write this today it is the first day of fall. I am one of those people who enjoy fall and winter. I know it's strange and I admit it doesn't seem to fit me as I hate to be cold. But I love to cuddle. So I wrap myself in blankets and keep the kettle going all winter long. I love football, chili, beef stew, and a fire in the fireplace. It seems life slows down a little in the fall. The days get shorter and we tend to settle in at home earlier. We take time to sip a cup of tea, hot chocolate, or coffee. I like the pace of fall; it makes sleeping in easy as the sun does not come shining through my windows in the morning. I know some of you are feeling the sadness of summer leaving, but you know what they say, there is a time for all things. I hope you will make time to come to our October meeting, the September meeting was a disappointment. We only had about 15 members and most of those were officers and board members. We had worked so hard to prepare an evening of fun and relaxation. I did enjoy a nice neck massage and laughed till I cried at the video Judy prepared. I ate way too much chocolate and stuff from Jason's Deli. I learned a lot about service dogs and I had fun being with my HPNA friends. We will not have a caregiver's night next year. I believe in majority rules and the majority let us know that they prefer CEU nights and not "fun" nights. So come for an excellent CEU program on October 13. Don't forget this is a week early. Dr. Takata's schedule would not allow him to come on the 20th. See you there.

~~Yvonne

Thanks!

Thanks to Melissa Greeson with ResCare, who provided the sandwiches, wraps, dessert and drinks for our September meeting. Thanks to Yvonne Blevins, our wonderful president, who made *THE BEST CHOCOLATE FONDUE* that you have ever tasted. (See photo of Cheryl Pritchett trying it on her broccoli on page 3.)

Saturday September 26, 2009 was Run/Walk to Break the Silence on Ovarian Cancer.



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Elections

We will be having elections this fall. Yvonne is nearing the end of her 2 year term as our President. She would be glad to talk to anyone who might want to volunteer to lead our chapter for the next 2 years. We also will be electing a new Treasurer this year. We need volunteers to keep our Chapter new and fresh.

News on the Internet

Rare but deadly meningitis

http://news.yahoo.com/s/ap/20090901/ap_on_he_me/us_med_healthbeat_meningitis

Prolonging Death at the End of Life

<http://well.blogs.nytimes.com/2009/09/09/prolonging-death-at-the-end-of-life/>

Choosing Thomas

<http://www.dallasnews.com/s/dws/photography/2009/thomas2/>

Perspectives of Grief.

Friday October 23, 2009 at Ft Worth Botanic Gardens

A Grief and Loss Symposium that focuses on the different perspectives of grief: [1] America's, [2] Children's and teenagers, [3] spouses', [4] baby boomers, [5] parents, [6] physicians

The speakers bring not only expertise to the topics but also their personal experiences. Speakers are Robert Heil, Larry Barber, Danny Mack, Paul O'Rear, Verdell Davis Krisher, and David Capper, MD. General attendance is only \$15.00 and for professionals needing CE credits, it's \$50.00.

Sponsored by Christian Care Centers: to register call 817/496-4730.

www.CHRISTIANCARECENTERS.org

Words of Wisdom

Light your candle. You never know where the beam might reach. Isabel h Fasshauer

After 60, one's rule should be never to waste time over things one doesn't want. Freya Madeline Stark

The beautiful souls are they that are universal, open, and ready for all things. Michel DeMontaigne

Dignity and humility are the cornerstones of compassion. Theodore Isaac Rubin

Coming together is a beginning; staying together is progress; working together is success.

Unknown

We are summoned to act in wisdom and in conscience, to work with industry, to teach with persuasion, to preach with conviction, to weigh our every deed with candor and compassion.

Dwight D. Eisenhower

Trouble is the next best thing to enjoyment; there is no fate in the world so horrible as to have no share in either its joys or sorrows. Henry Wadsworth Longfellow

Puns, anyone?

1. Police were called to a daycare where a 3 year old was resisting a rest.
2. A bicycle can't stand on its own because it is two-tired.
3. What did the grape say when it got stepped on? Nothing – but it let out a little whine.
4. Bakers trade bread recipes on a knead to know basis.
5. Stealing someone's coffee is called "mugging."
6. Once you have seen one shopping center you have seen a mall.

