



Toastmasters Club 7620 - Area 16C - District 65

High Noon Highlights

It's Contest time again...

Club Officers 2006-07

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February 1, 2007 - Table Topics Contest

All members in attendance at the meeting are encouraged to participate.

- All contestants get the same question
- Contestants are not allowed in the room until the previous contestant has spoken
- 1-2 minutes in length (*must speak at least 1 minute, can go 30 seconds over*)

March 1, 2007 - International Contest

- Contestants must have completed six CC assignments before competing
- This is the only contest that goes beyond the district level, hence *INTERNATIONAL* contest
- Culminates in the World Championship of speaking
- Speeches must be 5-7 minutes in length (*30 sec buffer on each end*)

Future meeting dates:

- January 4, 2007
- January 18, 2007
- February 1, 2007
(Table Topics Contest)
- February 15, 2007

Rochester High Noon Toastmasters Mission Statement

The mission of the Rochester High Noon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Rochester High Noon Club meets the 1st and 3rd Thursdays of each month from NOON to 1 pm.

Meetings are located in the Alliance Building on Stone Street, 3rd floor board room.

New member news...

Please welcome:

- James Basile
- Don Redman
- Kimberly Fleming
- Leslie Smith
- Mary Scarbrough

WELCOME



You snooze, you lose.

Attention ALL members (especially new members)

How do you prepare for a meeting role?

It's really very simple. Just follow these three easy steps:

1. Use your resources. The TM manuals have a lot of information in them with regards to different meeting roles as well as the TI website and our club website.
2. Reach-out. Talk to your fellow toastmasters at meetings and in between to ask questions about specifics to roles in our club.
3. Pay Attention. 1-2 meetings prior to your assigned role, observe the person who is conducting it at the present meeting.

For example: My first time fulfilling the role of Toastmaster, I watched three different members in the Toastmaster role 3 meetings before I needed to fulfill it. I watched their every move (well maybe not every move), I took notes on the agenda, I observed their actions and figured out a way for me to present myself best. I did the same thing 2 meetings before I had to be Timer.

The next time you are confused as to what to do to complete your meeting role, please follow the three steps mentioned above or call a member. I am always available for help.

- by Kris Stevens, VP Public Relations

Visit us on the web at:
www.geocities.com/highnoon-toast

The C & L Switch

If you joined Toastmasters before July 2006, chances are you have many questions about the new changes to the Communication and Leadership Programs. True to form, I just recently sent out an email regarding questions that I have received either by members of our club or the people in my head. Regardless, that information has been reprinted for your benefit:

Q: What does the term "CC" mean?

A: CC stands for competent communicator and is the equivalent of the CTM. As of July 2006, the name CTM will no longer be used and will be referred to as the CC, unless of course you already have your CTM.

Q: Why the change?

A: Basically, it is a way to further differentiate and individually develop Toastmaster's communication tracks and leadership tracks. Before, you had to complete your CTM before being eligible to receive your CL; in other words, both tracks were intertwined. Now, each track focuses on leadership or communication skills and the tracks can be worked on at the same time.

Q: What is the new CL manual?

A: The new CL manual is not the same as the CL manual we have all come to know and love. The new CL manual has ten projects (similar to the CTM/CC scheme) and each project requires the Toastmaster to serve in certain meeting/club roles (for example, Toastmaster, Grammarian, Table Topics Speaker, Table Topics Master, Speech Evaluator, assist the webmaster, assist in creating a club newsletter, and mentor an existing member). Before, there was no formal way to give and receive feedback for serving in these roles. Now, you can!

Q: How does the new CL manual fit into the current Toastmasters program?

A: The former system had two awards specific to the leadership track: the competent leader (CL) and the advanced leader (AL). All that has happened is that the new CL manual is an award that comes before the old CL and AL awards and the name changes of the two existing awards: (1) from competent leader to advanced leader bronze; and (2) from advanced leader to advanced leader silver. If all of that is confusing, just remember that the leadership track awards are, in order: (a) the new CL; (b) the advanced leader bronze (which is the same requirements as the old CL); and (c) the advanced leader silver (which is the same requirements as the old AL).

Q: I'm confused. What if I already have a CL or AL? Is the next step to get the new CL?

A: In short, it is up to you. If you already have your CL or obtained it before July 2007, then the next award in the track is the advanced leader silver inasmuch as the old AL no longer exists for you (remember, the old CL is the equivalent to the advanced leader bronze—and no, the name of your current awards will not change). The requirements for the old AL and the advanced leader silver are the same, so it is up to you to decide what you want your award to be called. If you have your AL or obtained it before July 2007, then there are no more awards up the chain for you to obtain. **THIS DOES NOT MEAN THAT YOU CANNOT GO BACK AND GET THE NEW CL AWARD.** All you need is the new CL manual and to tell me (your VP of Education) that you want to serve in a certain role and need to be evaluated for it.

Q: But what if I don't have my CL, old or new, and I am an "old" member?

A: First, you don't look a day over age 25. Second, don't worry because Toastmasters has you covered. Anticipating that people would be shaken up by this change, Toastmasters International created a grandfather (or grandmother) clause whereby you can still earn the old CL award before June 30, 2008. This means that you have two years to meet the requirements of the old CL. Once you have obtained the old CL, then you can move on to the old AL/advanced leader silver. If you don't obtain the old CL award before June 30, 2008, then you will be required to get the new CL and you will be confined to the new leadership track. Also, if you don't want to rush, then just pick up a new CL manual and focus on the new system, treating the old leadership track as a painful memory soon to be forgotten. Remember, the new CL manual is always available.

Q: Regardless of where I am in the leadership track, can I start and complete the new CL manual?

A: Yes! Other answers include "yeah," "yep" (with various spelling including "yup"), "uh-huh," "ayuh" (generally used only in Maine), and "aye." I prefer, "of course," "without a doubt," and "sure thing" (which I don't believe is proper grammar).

Q: I'm still confused...

A: If you want to know how the new system pertains to your particular goals, please contact me and I will be happy to break it down like a fraction for you.

Your mind has now been officially blown. Don't worry, you need not consult your doctor. Unless your doctor is good looking, then by all means.

- by Jared Kronenberg, VP Education