



Toastmasters Club 7620 - Area 16C - District 65

High Noon Highlights

Club Officers 2006-07

President

Deb Cormier, CTM

V.P. Education

Jared Kronenberg

V.P. Membership

Mike Meynadasy, CTM

V.P. Public Relations

Kris Stevens

Treasurer

Lena Berg, CTM

Secretary

Bill Rothrock, ATM-B,
CL

Sergeant at Arms

Tony Mannion, CTM, CL

The dates of the our future meetings are:

- **May 3, 2007**
- **May 17, 2007**
- **May 31, 2007**
- **June 7, 2007**

Presidents Distinguished in our grasp...

Can I get an oh-yeah....

Uber-excited about the Spring Conference

Sign-up for the Regional Conference on
June 1 and 2

What are you waiting for?

Read on for more details...

Rochester High Noon Toastmasters Mission Statement

The mission of the Rochester High Noon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Rochester High Noon Club meets the 1st and 3rd Thursdays of each month from NOON to 1 pm.

Meetings are located in the Alliance Building on Stone Street, 3rd floor board room.

New member news...

WELCOME

Please welcome:

- John Wenderlich
- Dennis Cooney
- Bill Bianchi



District Conference - April 20 & 21

"I am uber-excited aren't you?"

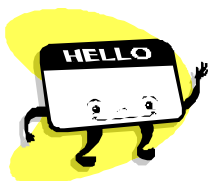
Jared Kronenberg, Mike Meynadasy, CTM and I were able to be present at the Spring Conference on Saturday, April 21 in Syracuse.

What an enlightening event, I feel empowered and rejuvenated to fulfill my duties as a Toastmaster member. I took so many notes that my hand started to hurt. I learned new ways to write a speech, heard impressive inspirational stories and met great people. I joined Toastmasters back in September of 2005 and this was my first conference that I have been able to attend; correction – this is the first conference that I 'made a priority' to attend and I am so glad that I did. Toastmasters – we are all busy but if you have the chance you NEED to go to one of these. My only regret was that I didn't ask more of my club members to attend this with me. It was one of the best things I have done so far in my time being with Toastmasters! I am hoping that I get to hang with you at the Regional Conference right here in Rochester on June 1 & 2.

"It's great to get a chance to network with so many Toastmasters." - Mike

Leading a life of Integrity – It's a journey, not a destination – quote from a workshop speaker

"Life is a journey not a destination, so stop running!" - Jared, after we heard the above inspirational quote



"Dude, I am so..." - Jared

"Uber" - Kris

"...excited" - Jared



The road to Presidents Distinguished...

...is undoubtedly paved with Rochester high-nooners

In Toastmasters we can earn awards for our club based on attaining points throughout the TI fiscal year which runs from July 1 – June 30. Our club executive officers have written a club success plan to ensure our success for the current year and have been working diligently to accomplish our goals and achieve Presidents Distinguished.

There are three distinguished levels and ten total points that can be achieved. To be recognized as a:

- Distinguished Club, a club needs 5 out of 10 pts
- Select Distinguished Club, 7 out of 10
- **Presidents Distinguished Club, 9 out of 10**

According to Jared Kronenberg, our very own VP of Education “getting ‘Presidents Distinguished’ will be like water off a ducks back.”



Below is a message to our club President— Deb Cormier, CTM and VP of Ed— Jared Kronenberg from Sam Mehta – District Governor for District 65

Dear Deborah and Jared:

I want to congratulate you and other club officers as well as the members of ‘Rochester High Noon Club’ club# 7620 in becoming a distinguished Club (5 out of 10 goals achieved to date). Your club has demonstrated leadership and commitment.

I encourage you to continue accomplishing the club goals and in becoming ‘Presidents Distinguished’ Club just as you did this past year. Being a “Distinguished Club” is an honor and only about a third of the clubs in the district achieve this distinction and only a handful of clubs reach the Presidents Distinguished status.

Best wishes and continued successes to Rochester High Noon Club. Sam



Regional Conference

Friday, June 1 and Saturday, June 2 at the Rochester Hyatt

You have the option to attend the entire conference or customize your selection visit the **Region IV Conference website** at: <http://regionvi.freetoasthost.us/>

Meet International
President
Johnny Uy

27 educational
workshops
available

Meet Toastmasters
from **8 districts**

1999 World Cham-
pion of public speak-
ing **Craig Valentine**

Sign-up by **May**
22nd to receive the
discounted price

Visit us on the web at:
www.geocities.com/highnoon-toast