



Toastmasters Club 7620 - Area 16C - District 65

High Noon Highlights

Club Officers 2007-08

President

Jared Kronenberg, CC

V.P. Education

Cindy Clauss, CTM. CL

V.P. Membership

Mike Meynadasy, CTM

V.P. Public Relations

Kris Stevens, CC

Treasurer

Juls Foos, ATM-B, CL

Secretary

Gordon Penniston, DTM

Sergeant at Arms

Rosalind Walker

Area contest a double victory for Rochester High Noon.

There was no need to “beware the Ides of March” at the Area 16 Evaluation and International Speech Contest held at the Airport Holiday Inn on March 15th.

Rochester High Noon swept the competition, taking home both first place trophies.



(...article continued on page 3)

The dates of the our future meetings are:

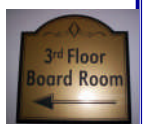
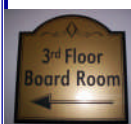
- **March 20, 2008**
- **April 3, 2008**
- **April 17, 2008**
- **May 1, 2008**
- **May 15, 2008**

Rochester High Noon Toastmasters Mission Statement

The mission of the Rochester High Noon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Rochester High Noon Club meets the 1st and 3rd Thursdays of each month from NOON to 1 pm.

Meetings are located in the Alliance Building on Stone Street, 3rd floor board room.



RHN Welcomes Spring



Greetings fellow Toastmasters!

The cold, austere, Rochester winter will soon bow in reverence to the new sights, sounds and smells of Spring. The crocus, the daffodil, and then the rest of nature, having been dormant for months, will be alive with beauty and vitality.

We also have an opportunity to shake off the winter blahs and kick start our growth this spring. We all have goals to reach, and as Toastmasters we already know how TM can help us reach new heights.

But, not everyone knows about Toastmasters. We owe it to our friends and acquaintances to at least make them aware of what Toastmasters can provide for them: a safe and supportive environment to hone their communication and leadership skills.

Think of Toastmasters as that perfect dose of Miracle Gro on young plants, that cold frame used to jumpstart to strong growth, that green house allowing nascent roots to develop safely before being planted outdoors for the full season.

Gardening can be very satisfying and so can introducing new members to our club. Talk to your friends about TM. Gauge their interest. I think you will be surprised how many people don't know about us and would love to learn more.

If you know someone who might be interested, let me know and we will get them on our prospect list. A tickler email is a great way to keep TM in the minds of those seeds and bulbs not yet ready to sprout.

- by Mike Meynadasy, CTM, VP of Membership

...and speaking of blooming, please welcome our newest members...



Steve Bateman - joined us in December

Leigh McMullen - joined us in January

Susan Cergol, James Redmond and Anne Weis
- all joined us in February



Area Contest continued...from front page

First was the Evaluation Contest. Our own Gordon Penniston, DTM, along with three other contestants evaluated Ed Obenhoffer's speech. Ed took on the persona of Julius Ceasar, even dressing the part (in a gold toga) and gave a speech about stress.

Next was the International Speech Contest. Scott Ellsworth, CTM, relatively new to Rochester High Noon, but no stranger to Toastmasters, represented RHN as the youngest member and competitor in attendance. He dazzled the attendees with his speech about the Millennials. From now on, I have no doubt that everyone who attended will remember Scott as the wild man shouting, "THERE'S A TSUNAMI COMING".

The next step for Gordon and Scott is the Central Division Contest. There is nothing like familiar faces in the audience when speaking and more importantly competing outside the club. Watch for the flyer and plan to come out and support Gordon and Scott as they move to the next level.

As Julius Ceasar once said: Alea Iacta est (The dice is cast) There is no turning back
~ best of luck to Gordon and Scott as they move onward.

- by Cindy Clauss , CTM, CL, VP of Education



Gordo in action



The RHN support crew represents at the Area contest.
Cindy, Gordon, Juls, Dave, Scott, Jared and Deb



Go Scott!!!!

Notes from our VP of Education...

We are heading into the home stretch of obtaining the highest recognition a club can receive: **President's Distinguished!** As I explained in our last newsletter, while you work on your personal goals, your personal goals also translate to our club goals and the subsequent recognition for meeting them. To be President's Distinguished, our club must meet 9 of the 10 goals established by Toastmasters International.

In December, I reported that we had accomplished 3 out of 10 goals (highlighted in green below). Since then we've achieved several more (highlighted in blue): one point due to Jared Kronenberg achieving his CL, another point for adding 4 new members, another point for at least 4 officers attending training in both June and December. This brings us up to 6 points.

With eight meetings to go in this Toastmaster year, three goals remain – will we achieve them? We need only one more new member before June 30th, and both Bill Rothrock and Gordon Penniston are on the grid to completed 2 speeches each before June 30th. I'm confident we will be successful in achieving the distinction of President's Distinguished.

- by Cindy Clauss, CTM, CL, VP of Education

Points	What's Required	Who's Personal Goals will apply to the TI / Club Goals?	Special Notes
1	2 members achieve Competent Communicator	David Johnson, CC Karen Goodman, CTM	ACCOMPLISHED!!!
1	2 additional members achieve Competent Communicator	Alison Kobey Rosalind Walker	Most likely to achieve 10 th speech between July – December 08
1	1 member achieve Advanced Communicator	Gordon Penniston	2 more speeches
1	1 additional member achieve Advanced Communicator	Bill Rothrock	2 more speeches
1	1 CL, AL or DTM	Gordon Penniston, AL	ACCOMPLISHED!!!
1	1 Additional member achieve CL, AL or DTM	Jared Kronenberg, CL	ACCOMPLISHED!!
1	4 New Members	Sharron Gay Scott Ellsworth Steve Bateman Leigh McMullen	ACCOMPLISHED!!
1	Another 4 New Members	Susan Cergol James Redman Anne Weis	We only need 1 more new member – invite your friends to join!
1	Officers Trained (both required for point) June and December		ACCOMPLISHED!!
1	DUES submitted on time (both required for point)		ACCOMPLISHED!!
	October or April Renewal		
	and Officer List June 07		
6	Total Goals Achieved To-Date		

Please put your hands together for...???

- by Cindy Clauss, CTM, CL, VP of Education

How do you I refer to the leaders during a Toastmasters meeting?



Madame / Mr. Toastmaster
Madame / Mr. Table Topics Master
Madame / Mr. Chief Evaluator
Madame / Mr. President
Madame / Mr. Presiding Officer



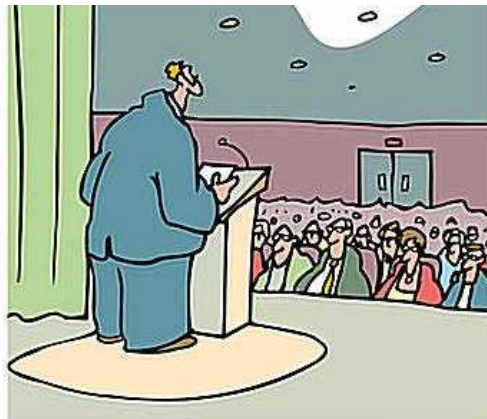
When brought to the podium, always:

1. Shake hands with your introducer
2. Acknowledge the person who introduced you and acknowledge the audience:
"Madame Table Topics Master, Members and Guests..."
"Mr. Chief Evaluator, Members, Guests and especially Tammy Talker..."
"Madame Toastmaster, Fellow Members and Honored Guests..."

When you are ready to leave the podium:

The transition is easier if you "hand the meeting back" to the person leading that portion of the meeting." This lets the leader know that they need to approach you and the podium. Always:

1. Hand the meeting back to your introducer by saying:
 - "Now I will hand the meeting back to our Chief Evaluator", or simply wave in the direction of the leader and state "Madame Chief Evaluator"
 - "Mr. Table Topics Master"
 - "Madame Toastmaster"
2. Stay at the podium until the leader is standing beside you at the podium. Then shake their hand and walk back to your seat.



The speech was almost interesting.
People began to sit up and fake interest.



Where did we come from? Where are we going?

-by Gordon Penniston, DTM, Secretary

Ten years ago March 1998, someone had an idea.

Jennifer Nealon thought that it would be great if Toastmasters was available where she worked. So, 10 years ago what became Rochester High Noon had its first demo meeting as a forming club.

The months went by and Jennifer, with the help of Nancy Scott, PDG, and Ray Tardiff, PDG (sponsors), and Gloria Langston and Jonas Gadson, DTMs all, helped to form the club through a series of demo meetings (where outside people come in to do all of the roles), which transitioned to the members of the new club giving the speeches and doing the roles, elections, and the gathering of 20 new members.

Originally meeting at the offices of LexisNexis on the 10th Floor of the Bausch and Lomb Building, the club was chartered on June 1, 1998. Jennifer, who earned her CTM and CL, went on to become the club's first president and was the driving force behind the club's existence and survival through its first year. She was joined on the executive committee by Charles Cutler (VP-Education), Tom Whal (VP-PR), Ray Shaheen (VP-Membership), Wendy Gould (Secretary), Bill Rothrock (Treasurer), and Gordon Penniston (Sergeant-at-Arms).

Over the years since its inception, RHN has undergone many changes. It moved from the B&L Building, to Home Properties, to its current location in the Alliance Building. It has gone from a strong club of over 20, to a club of 5 active members, to over 30, to its present number in the mid-20's. There have been over 100 members of the club through its existence. Only two of the charter members (Gordon Penniston and Bill Rothrock) are still in the club.

However, some things have become tradition in our club. We have always met at Noon on the 1st and 3rd Thursdays of every month (except July, where we meet the 2nd and 4th because of the July 4th Holiday).

After its first year of existence, it has always been a Distinguished or better Club. We excel in producing Leaders, as several members have gone beyond the club to be leaders at the District level (Deb Cleveland, Keith Pinto, Kurt Uetz, and currently Jared Kronenberg as Area Governors, Deb as Division Governor, and Gordon Penniston as Area and Division Governor, Lt. Governor-Marketing, Lt. Governor Education and Training, and as District Governor).

The members have shined outside of the club in other areas as well, with Bill Rothrock placing 2nd in the District Evaluation contest, and Tony Mannion (Humorous) and Gordon Penniston (International) winning Area contests, along with many other members placing in all contests. Gordon Penniston and Ruben Huertas have gone on to earn their DTMs because of the club.

Where did we come from? Where are we going? - continued

Through it all, Rochester High Noon has survived and grown. While the lifespan of many clubs is only a few years, Rochester High Noon will be celebrating its 10 year anniversary in June 2008. Kris Stevens is looking for you to help plan an appropriate celebration for the club, so please help her out with what you would like to see for a celebration as well as helping out in organizing the festivities.

Where will you be in 10 years? It's the goal of the club to help you, the member, to become the best communicator and leader that you want to be. We urge you to take every chance you get to participate, speak, learn, support, and lead to allow Rochester High Noon to continue to be the choice for Toastmasters in Downtown Rochester and beyond.

**The District Conference will be held
April 25-27, more information to come by
our club President, Jared Kronenberg.**

Have you seen our VP of PR?

Fellow Toastmasters:

- by Kris Stevens, CTM, VP of PR

I have been away for far too long and I look forward to getting back into the TM swing of things this spring. I will be chairing the planning committee for the 10 year celebration of our club that Gordon mentioned earlier in this edition of the newsletter. I will be looking for volunteers, if you are interested please send an e-mail to Kris.Stevens@erac.com. I would like to start discussing our plans and hope to hold our first conference call on Friday, March 28 or meet in person after our April 3rd meeting. We will see what works best.

For those of you I haven't meet yet, I have included a glamour shot to the right....fun, fun, fun. I can't wait to get back to Rochester High Noon.



President

The president serves as the club's chief executive officer, responsible for general supervision and operation of the club.

Vice President Education

The vice president of education is responsible for planning successful club meetings so that each member has the opportunity to achieve his or her educational goals.

Vice President Public Relations

The vice president of public relations is responsible for promoting and marketing the club and keeping members informed of activities and events.

Treasurer

The treasurer is responsible for development and execution of financial policies.

Vice President Membership

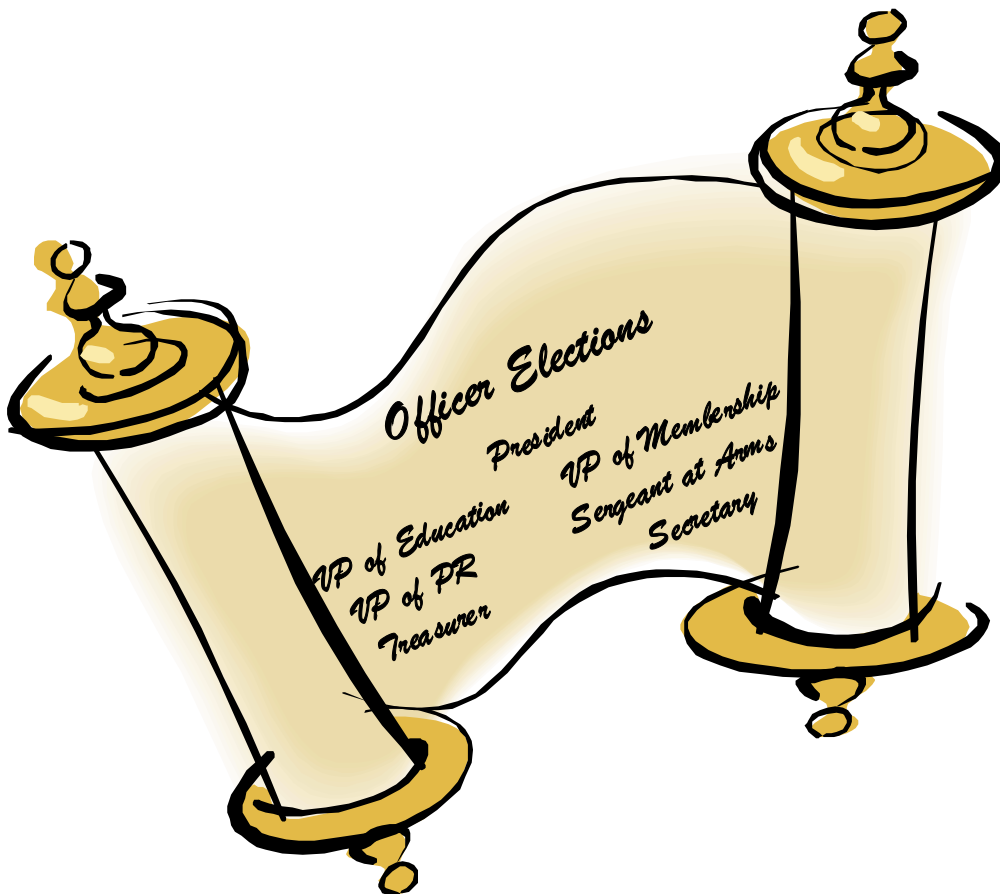
The vice president of membership promotes the club's membership goals by conducting ongoing membership building programs. This role involves marketing and administration.

Secretary

The secretary is responsible for keeping clear and accurate records of club business, recording meeting minutes and managing correspondence with TMI's world headquarters.

Sergeant at Arms

The sergeant at arms serves as master host and makes the arrangements for all club meetings.



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