



Toastmasters Club 7620 - Area 16C - District 65

High Noon Highlights

August High Noon meeting notes

Club Officers 2006-07

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Deb Cormier

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Jared Kronenberg

V.P. Membership

Mike Meynadasy

V.P. Public Relations

Kris Stevens

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Lena Berg

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Theresa Villareale

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Tony Mannion

The dates of the next two meetings are:

- **September 7, 2006**
- **September 21, 2006**

August 3, 2006

Congratulations to Jared Kronenberg for running his second successful meeting as Toastmaster. David Johnson delivered his icebreaker entitled "Who Am I", which told us about his background and his foundation for support, while challenging us along the way. Marie Kamp entertained us with her speech #6 (Vocal Variety) entitled "Can You Hear Me Now" on cell phone etiquette. Marie won for best speaker, great job. Cindy Clauss won best evaluator for David's speech. Clayton Millard ran a fun table topics on the theme of the day (Horoscopes). Mike Meynadasy came up with the words "Constellation" and "Languid", thanks a lot Mike. Bill Allen, Mike M and Lena Berg stepped up to bat for table topics, Mike M brought home the trophy.



Kurt Uetz
Table Topics Master Extraordinaire

August 17, 2006

Thank you to Bill Rothrock for running our August 17th meeting with such humor. David Johnson opened our meeting with the theme for the day 'honorable'. Theresa Villareale delivered her

3rd speech from the C&L manual (Get to the point) entitled "Rabbit Fever" on the art of rabbit hunting and etiquette. Jared Kronenberg gave his speech #5 (Your Body Speaks) entitled "A Home For Us All" on his perspective on the events in the Middle East and the history. Jared won for best speaker and Gordon won for best evaluator for Jared's speech. I laughed so hard I cried at this meetings table topics. Kurt Uetz involved almost everyone at the meeting with questions related to: How do you honor your children?

Cindy Clauss had to tackle that one. Gail, our guest from Indianapolis had to give an example of something she had done that was honorable. The

next table topics question was directed at Bill Allen. Bill had to explain an act of honorability or someone who was a role model. Next up was Colin Garwood. The table topics got really interesting. Colin had to describe how dogs are honorable to each other. This was by far the funniest table topics dialogue I have heard in a while.

Finally, the last question was given to Karen Goodman. Karen was able to share how she honor's herself. Gail, our visitor and guest won for best table topics. Cindy Clauss wrapped up our meeting with style with closing remarks.

- Kris Stevens

Word Watcher watched words...

We've got to give some recognition to those creative minds who bring us our words during the exciting table topics portion of our club meetings. After all, isn't this a learning process? We should work to develop our vocabulary. (I feel like I'm back in school.) Listed below are the words and meanings from this month:

Constellation—A group of related things or circumstances. A group of stars visible from Earth that forms a distinctive pattern and has a name linked to its shape, often derived from Greek mythology.

Languid—Without energy, lacking vigor. Sluggish or slow-moving

Decent—Conforming to accepted standards of moral behavior. You are morally upright.

Respectable—In accordance with accepted standards of correctness or decency

**Don't forget...September is contest month.
Look for your name on the upcoming grid to participate
in the contests.
We need your support!**

Club News...



Evaluation Contest - September 7th

Humorous Speech Contest - September 21st

For those of you who have never had the privilege of being present at an evaluation soiree, here is what's in store for you. A B-list celebrity (or the closest thing that we can find to one) gives a riveting, edge-of-your-seat, speech presentation, followed by our lovely and dashing contestants (YOU) giving your best verbal critique. - by Jared Kronenberg

Please come and join us to compete in the evaluation contest held during the meeting on Thursday, September 7, 2006.

Humor is everywhere and fills our lives daily. This about something that you couldn't stop laughing about and write it down. Create a story, a speech... What a great opportunity to get to write about your most hilarious life experiences..

Come one, come all and participate in the Humorous Speech contest held during the meeting on Thursday, September 17, 2006.

Help with humorous speech...

Need assistance with writing your humorous speech?



Check this out!!!

Visit the TM website at: www.toastmasters.org
Click on the right side of the page on magazine articles
Go to page 5 and look for June 2005—The Toastmaster Humor 101.

You will find a great deal of help in this article.



Toastmasters: Call for Presenters at the Fall District

The Fall District Conference will be held in Rochester, NY on November 17 and 18. On Saturday morning, November 18 we will be having educational session. Each session will be approximately 30 to 40 minutes. The broad categories of the educational sessions include leadership, personal development, speeches and contest and clubs.

Those toastmasters interested in presenting the educational sessions, please e-mail me the following information by August 31, 2006 or earlier. (For those who do not have access to e-mail, please send the information to—810 Lyncourt Drive, Endwell, NY 13760).

1. A brief description (the purpose, objectives, and benefits) of the education session.
2. Your brief biography (at Toastmasters, personal and professional)
3. Why you believe you are qualified to present this session.

In order to present at the conference, a toastmasters must be registered at the conference. The registration fee for all Toastmasters is \$15.

According to the Speech contact rules, educational session presenters are ineligible to compete at the district event at which the contest is being held. You cannot be a contestant and a presenter at the conference.

The selection of the presenters will be based on subject matter of materials, credentials of the presenters as well as representation from all four divisions where possible. You will be informed if you are selected to present the educational session by September 15, 2006.

- Written by Bob Logan, ATM-G, LT. Governor of Education and Training. Bob's e-mail is rlogan1@stny.rr.com



Having fun at TM!



I love candid shots....



Cindy Clauss chatting with Gail, our guest from a Toastmasters club in Indianapolis. Gail won *Best Table Topics* at our meeting.

Guest Etiquette

We encourage and welcome guests to our meetings. When you see a new face, please put your “game-face” on. Warmly greet them with a handshake and a smile and ask them how they heard about our club.



Mike Meynadasy speaking proudly about the club to Kevin. A guest who found us thru our internet site.

Rochester High Noon Toastmasters Mission Statement

The mission of the Rochester High Noon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Rochester High Noon Club meets the 1st and 3rd Thursdays of each month from 12 pm to 1 pm.

Meetings are located in the Alliance Building on Stone Street, 3rd floor board room.

**Visit us on the web at:
www.geocities.com/highnoon-toast**