



Double Scoop

Member of Massachusetts Mothers of
Twins Association
Hampshire/Franklin County Chapter
Member of National Organization of
Mothers of Twins Clubs



March 2009

Calendar of Events

Wednesday,
March 11, 2009

HFCMOTC Monthly Meeting
7pm
Calvin Coolidge Nursing Home,
Northampton
Topic: Craft Night

Sunday,
April 5, 2009

Swimming Party
Red Roof Inn, So. Deerfield
4 - 7pm

Letter from the President:

Hello, My Name is Samantha and I'm addicted to FACEBOOK! I joined the social networking website in August and it's been downhill ever since! In actuality, though, it's been a fun forum to re-connect with friends from high school, old neighbors I grew up with, former co-workers and my new friends in Western Mass. And we have just created a HFCMOTC group on Facebook as well. If you are on Facebook let me know and I can send an invitation to you to join our twins group. Or, if you'd like to join the madness, head to facebook.com for further information.

In other Club news, we are working on a "Multiples Day" to be held in early June. This will be a fun event for our member families as well as other families with multiples in our community who haven't heard of us and we want to connect with. We thought this was a great way to boost our Club's membership. We are looking for your help in this endeavor. If you have ideas on how to make "Multiples Day" a success, we'll be discussing it at this month's meeting as well as at the swimming party on April 5th. Until then.....

In Twinship,

Samantha

Swimming Party

Our annual swimming party will take place on Sunday, April 5th at the Red Roof Inn in So. Deerfield from 4 - 7pm. Bring your swimsuits and towels for an afternoon of fun. The club will also provide pizzas and drinks for everyone to enjoy. This is a fun event for all ages. Bring your infants for their first experience in a pool or bring your older children to burn off some energy!

Family co-pay: \$10.00

Please contact Samantha by Friday, April 3rd to RSVP.

March Meeting

We plan on brightening our moods at our March meeting with a Spring Craft. Unleash your creativity! This will also give us time to chat about our families, current events (Octo-Mom, anyone?!) or anything else that's on our minds. We hope to see you on the 11th!



Multiples Merchandise

Club member Carrie Burke passed along a note that the MOST (Mothers of Super Twins) website which just purchased a large amount of multiples merchandise from an on-line store that went out of business. Click on the link and click on "Twin Shop" for available items.

http://www.mostonline.org/sunshop/index.php?l=product_list&c=45

To submit items for the newsletter, please email one of the following: articles, tips, recipes, photos, items for sale, ideas, etc....to editor Samantha Adamson at samanthaadamson@yahoo.com. Please forward by the 20th of each month. This newsletter is for you, members of HFCMOTC. I would appreciate any of your comments or ideas!

The Community Around You - Hampshire County Family Network

There are eight Family Centers in Hampshire County. Each is unique and reflects the character of its local community. Family Centers have toys, books, and activities that young children enjoy. Parents can meet other local families, children can socialize, and parents and young children can play together. Children can play, learn, explore, and make new friends.

Family centers offer support to families with young children in lots of different ways. Parents, grandparents, and others who spend long hours caring for infants, toddlers and preschoolers go to family centers to find a fun place where children can play and learn while adults enjoy each other's company. Some come to meet families in their new community or are looking for information about preschools, pediatricians or parent support groups, to name just a few resources that might be requested. Parents find that participating in activities at a family center teaches children skills like sharing, listening to stories and taking turns. They notice that the family center experience helps their children make a smooth adjustment to preschool or kindergarten.

This list will help you locate the Hampshire County family center nearest to you:

AMHERST FAMILY CENTER

Unitarian Meetinghouse 121 N. Pleasant St. Amherst, MA 01002
413-256-1145

www.amherstfamilycenter.org (under construction)

www.cshrc.org/familycenter.php <<http://www.cshrc.org/familycenter.php>>

Hours: Tuesday and Thursday 9-1; Wednesday and Friday 9-12

Schedule: September through July

Directions: Located downtown in the church building between the Post Office and Bart's. Please use rear entrance.

BELCHERTOWN FAMILY CENTER

720 Franklin St. Belchertown, MA 01007
413-283-7594

<http://health.groups.yahoo.com/Belchertown_Kids/>

Hours: Tuesday - Thursday 9:30-11:30 (school year)

Tuesday and Thursday 9:30-11:30 (summer)

Directions: Located on Rte. 181 five miles south of Belchertown Center.

This list will help you locate the Hampshire County family center nearest to you, con't:

EASTHAMPTON FAMILY CENTER

PO Box 23, Easthampton, MA 01027

Play-and-learn groups: Christ United Methodist Church

271 Rocky Hill Rd. (Rte. 66), Florence

Call or check website for special events in Easthampton

413-563-7672

www.easthamptonfamilycenter.org <<http://www.easthamptonfamilycenter.org>>

Hours: Wednesday and Friday 10-12

Wednesday 9 to 9:45: drop-in time for parents with infants

During September, October, May, June, July, and August families gather weekly at an Easthampton playground, weather permitting. Call for location.

Schedule: Public school calendar for indoor play-and-learn groups

GATEWAY FAMILY CENTER

Hilltown Social Services Building

9 Russell Rd.

Huntington, MA 01050

413-667-2203 x3

Hours: Wednesday and Friday 10-12; Monday 3-4: parent-child exercise group

Schedule: Year round

Directions: Located across from the Fire Station at 9 Russell Rd. (Rte. 20).

NORTHAMPTON PARENTS CENTER

297 Main St., Lower Level

Northampton, MA 01060

413-582-2636

www.northamptonparentscenter.org <<http://www.northamptonparentscenter.org>>

Hours: Monday through Thursday 9:30-11:30

Schedule: Mid-September through end of May

Directions: Located in the Edwards Church building, lower level, corner of State and Main Streets. Please use rear entrance.

SOUTH HADLEY FAMILY CENTER

7 Woodbridge St.

South Hadley, MA 01075

413-533-7096

www.shfamilycenter.org <<http://www.shfamilycenter.org>>

Hours: Monday through Thursday 9:30-11:30

Schedule: Mid- September through May

Directions: Located in the All Saints Episcopal Church building on Rte. 116, across from the Post Office in South Hadley Center.

Club Officers 2008 - 2009

President	Samantha Adamson	253-9377	samanthaadamson@yahoo.com
Secretary	Ann McLaughlin	256-3768	damclaughlin@comcast.net
Treasurer	Renee Duseau	369-4155	duseau6@comcast.net
Membership	Donna Berg	549-5904	dberg@admin.umass.edu
Nat'l Representative	Debbie Bennett	548-9176	bbennett82@comcast.net
Tag Sale	Suzanne Whitman	586-5544	suzanne323@comcast.net
Newsletter	Samantha Adamson	253-9377	samanthaadamson@yahoo.com
Banquet	Bert Szala		bert@oit.umass.edu

Twins Websites

Hampshire/Franklin County MOTC:
www.geocities.com/hfmotc

Mass Mothers of Twins Association
www.mmota.org

National Organization of Mothers of Twins Clubs:
PO Box 700860
Plymouth, MI 48170-0955
Phone: (877) 540-2200
email: info@nomotc.org
website: www.nomotc.org

The User ID for the members-only site is
nomotc50 and the password is ohio2010

Directions to monthly meetings

Club meetings are held the second Wednesday of the following months (September, December, March and June) at 7:00 p.m at the Calvin Coolidge Nursing Home. The address is 548 Elm Street, Northampton. Take Rte 9/Elm Street west from downtown Northampton. Turn left at small island directly in front of the high school, then turn right. You are still on Elm Street. The football field will be on your left. Continue straight. Look for the sign on your left approx. 2-3 blocks from the high school. The sign is set slightly back off the road between two homes (look for a fence). Turn left into the driveway.

YAHOO GROUP WEBSITE

Join us on our Yahoo Group Website!
What is it?....A great resource for our members. You will have on-line access to:

- 1) Club newsletters
- 2) helpful documents such as the list of discounts for families with multiples
- 3) bookmarks to other websites with helpful information
- 4) photo sharing
- 5) calendar of upcoming MOTC activities and area events of interest to families with children

There is also a place to discuss and share resources with other club members. Messages can be sent to your inbox or accessed on-line. Old messages are automatically archived and are searchable by topic.

Membership is restricted to HFCMOTC members. To join, please e-mail Bert Szala: bert@oit.umass.edu