

## WSC Boys' Outdoor Track - 5/15/2009

## York Community High School

## Results

**Men 100 Meter Dash Varsity**

WSC VAR Rec.: 10.10 \* 1992 Kerwin Badle/ PWest

| Name                 | Yr | School           | Prelims |
|----------------------|----|------------------|---------|
| <b>Preliminaries</b> |    |                  |         |
| 1 John Fox           |    | York Dukes       | 10.85Q  |
| 2 Khara Williams     |    | York Dukes       | 11.02Q  |
| 3 Devin Banks        |    | Oak Park River F | 10.91Q  |
| 4 Rob Lott           |    | Downers Grove    | 11.43Q  |
| 5 Ryan Mithcell      |    | Lyons            | 11.46q  |
| 6 Henry Nwoko        |    | Oak Park River F | 11.54q  |
| 7 Brad Baumert       |    | Glenbard West    | 11.72q  |
| 8 Niko Garchitorena  |    | Glenbard West    | 11.73q  |
| 9 Pete Mayoral       |    | Downers Grove    | 11.73   |
| 10 Jaron Bates       |    | Lyons            | 11.78   |
| 11 Alex Kirk         |    | Hinsdale Central | 11.81   |
| 12 Dee Johnson       |    | Proviso West     | 11.92   |
| 13 David Banasiak    |    | Hinsdale Central | 12.28   |
| 14 Kevin Collins     |    | Proviso West     | 12.45   |

**Men 100 Meter Dash Varsity**

WSC VAR Rec.: 10.10 \* 1992 Kerwin Badle/ PWest

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| <b>Finals</b>       |    |                  |          |
| 1 Devin Banks       |    | Oak Park River F | 10.72 10 |
| 2 Khara Williams    |    | York Dukes       | 10.84 8  |
| 3 John Fox          |    | York Dukes       | 11.23 6  |
| 4 Rob Lott          |    | Downers Grove    | 11.42 4  |
| 5 Ryan Mithcell     |    | Lyons            | 11.55 2  |
| 6 Brad Baumert      |    | Glenbard West    | 11.62 1  |
| 7 Henry Nwoko       |    | Oak Park River F | 11.67    |
| 8 Niko Garchitorena |    | Glenbard West    | 11.82    |

**Men 200 Meter Dash Varsity**

WSC VAR Rec.: 20.90 \* 1992 Kerwin Badle/ Pwest

| Name                 | Yr | School           | Prelims |
|----------------------|----|------------------|---------|
| <b>Preliminaries</b> |    |                  |         |
| 1 Devin Banks        |    | Oak Park River F | 22.40Q  |
| 2 Khara Williams     |    | York Dukes       | 22.99Q  |
| 3 Karston Anderson   |    | Lyons            | 23.05Q  |
| 4 Tarrence Williams  |    | York Dukes       | 23.12Q  |
| 5 Ryan Mithcell      |    | Lyons            | 23.37q  |
| 6 Henry Nwoko        |    | Oak Park River F | 23.85q  |
| 7 Niko Garchitorena  |    | Glenbard West    | 23.86q  |
| 8 David Banasiak     |    | Hinsdale Central | 24.42q  |
| 9 Aditya Malik       |    | Hinsdale Central | 24.59   |
| 10 Dee Johnson       |    | Proviso West     | 24.87   |
| 11 Mohammed Raheem   |    | Downers Grove    | 25.14   |
| 12 Kevin Collins     |    | Proviso West     | 25.24   |

**Men 200 Meter Dash Varsity**

WSC VAR Rec.: 20.90 \* 1992 Kerwin Badle/ Pwest

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| <b>Finals</b>       |    |                  |          |
| 1 Khara Williams    |    | York Dukes       | 21.72 10 |
| 2 Devin Banks       |    | Oak Park River F | 22.49 8  |
| 3 Karston Anderson  |    | Lyons            | 22.67 6  |
| 4 Tarrence Williams |    | York Dukes       | 22.68 4  |
| 5 Ryan Mithcell     |    | Lyons            | 23.55 2  |
| 6 Niko Garchitorena |    | Glenbard West    | 24.09 1  |
| 7 Henry Nwoko       |    | Oak Park River F | 24.09    |
| 8 David Banasiak    |    | Hinsdale Central | 24.36    |

**Men 400 Meter Dash Varsity**

WSC VAR Rec.: 47.80 \* 1986 Jim Cramton / Gwest

| Name              | Yr | School           | Finals   |
|-------------------|----|------------------|----------|
| <b>Finals</b>     |    |                  |          |
| 1 Jimmy Sullivan  |    | York Dukes       | 50.31 10 |
| 2 Josh Runnels    |    | Oak Park River F | 50.31 8  |
| 3 Dane Krzykowski |    | Lyons            | 52.77 6  |
| 4 Pat Rhode       |    | Lyons            | 52.82 4  |
| 5 Nick Quaglia    |    | York Dukes       | 53.05 2  |
| 6 Sean Cavenagh   |    | Oak Park River F | 53.61 1  |
| 7 Dan Blaney      |    | Downers Grove    | 54.75    |
| 8 Dave Drieser    |    | Downers Grove    | 55.10    |
| 9 Shaman Mohammed |    | Glenbard West    | 1:00.43  |
| --- Nick Sanders  |    | Glenbard West    | FS       |

**Men 800 Meter Run Varsity**

WSC VAR Rec.: 1:53.30 \* 1985 Paul Tiara/ York

| Name                 | Yr | School           | Finals     |
|----------------------|----|------------------|------------|
| <b>Finals</b>        |    |                  |            |
| 1 Alex Lyons         |    | Lyons            | 1:56.58 10 |
| 2 David Way          |    | York Dukes       | 1:57.77 8  |
| 3 Patrick Morgan     |    | York Dukes       | 1:59.78 6  |
| 4 Kevin Binns        |    | Oak Park River F | 2:00.82 4  |
| 5 Matt Pietrus       |    | Glenbard West    | 2:02.62 2  |
| 6 Brendan Donley     |    | Oak Park River F | 2:03.73 1  |
| 7 Ethan Montague     |    | Downers Grove    | 2:04.93    |
| 8 Eric Olson         |    | Hinsdale Central | 2:05.56    |
| 9 Alex Orton         |    | Hinsdale Central | 2:05.66    |
| 10 Andrew Allabastro |    | Lyons            | 2:08.46    |
| 11 Adam Wilson       |    | Downers Grove    | 2:09.75    |
| 12 Ryan Woosley      |    | Glenbard West    | 2:10.74    |
| 13 Reggie Smith      |    | Proviso West     | 2:13.28    |
| 14 Saer Ndiaye       |    | Proviso West     | 2:22.45    |

**Men 1600 Meter Run Varsity**

WSC VAR Rec.: 4:12.70 \* 1968 Ken Popejoy/ Gwest

| Name             | Yr | School        | Finals     |
|------------------|----|---------------|------------|
| <b>Finals</b>    |    |               |            |
| 1 Steve Sulkin   |    | York Dukes    | 4:25.07 10 |
| 2 Jordan Herbert |    | York Dukes    | 4:26.66 8  |
| 3 Brian Llamas   |    | Downers Grove | 4:28.12 6  |
| 4 Dan Phistry    |    | Downers Grove | 4:28.53 4  |

## WSC Boys' Outdoor Track - 5/15/2009

## York Community High School

## Results

**Finals ... (Men 1600 Meter Run Varsity)**

| Name              | Yr | School           | Finals    |
|-------------------|----|------------------|-----------|
| 5 Eunhwan Yoo     |    | Oak Park River F | 4:28.66 2 |
| 6 Peter Hogenson  |    | Oak Park River F | 4:29.86 1 |
| 7 Sam Telfer      |    | Lyons            | 4:30.87   |
| 8 Jack Hostettler |    | Lyons            | 4:34.83   |
| 9 Doug Moore      |    | Hinsdale Central | 4:37.17   |
| 10 Matt Tweardy   |    | Hinsdale Central | 4:38.36   |
| 11 Ken Wilhite    |    | Glenbard West    | 4:43.18   |
| 12 Alex Stockwell |    | Glenbard West    | 4:55.92   |

**Men 3200 Meter Run Varsity**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                    |  |                  |            |
|--------------------|--|------------------|------------|
| 1 Jordan Herbert   |  | York Dukes       | 9:38.84 10 |
| 2 Jack Drigg       |  | York Dukes       | 9:39.13 8  |
| 3 Mike Janusek     |  | Lyons            | 10:00.95 6 |
| 4 Robbie Kucera    |  | Lyons            | 10:04.88 4 |
| 5 Arash Darbandi   |  | Hinsdale Central | 10:13.08 2 |
| 6 Clayton Kirk     |  | Oak Park River F | 10:17.30 1 |
| 7 Nate Evans       |  | Glenbard West    | 10:35.87   |
| 8 Mike Hesslau     |  | Downers Grove    | 10:38.25   |
| 9 Andrew Silk      |  | Hinsdale Central | 10:46.45   |
| 10 Spencer Strouse |  | Oak Park River F | 11:06.58   |
| 11 Shane Zemel     |  | Downers Grove    | 11:20.84   |
| 12 Mike Swartz     |  | Glenbard West    | 11:35.38   |

**Men 110 Meter Hurdles Varsity**

| Name | Yr | School | Prelims |
|------|----|--------|---------|
|------|----|--------|---------|

**Preliminaries**

|                    |  |                  |        |
|--------------------|--|------------------|--------|
| 1 Ed Awah          |  | Lyons            | 15.03Q |
| 2 Karston Anderson |  | Lyons            | 15.34Q |
| 3 Mark Cellini     |  | York Dukes       | 15.08Q |
| 4 Stephen Lockhart |  | Proviso West     | 15.46Q |
| 5 Delaney Fluker   |  | Proviso West     | 15.20q |
| 6 Corey Ousley     |  | Oak Park River F | 15.42q |
| 7 Joey Garibay     |  | Downers Grove    | 15.44q |
| 8 Anthony Mellone  |  | York Dukes       | 15.49q |
| 9 Brad Baumert     |  | Glenbard West    | 15.94  |
| 10 Mitch Witek     |  | Downers Grove    | 16.05  |
| 11 John Cebula     |  | Glenbard West    | 16.58  |
| 12 Dayne Tarpley   |  | Oak Park River F | 16.73  |
| 13 Alexander Fitch |  | Hinsdale Central | 17.20  |

**Men 110 Meter Hurdles Varsity**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                    |  |                  |          |
|--------------------|--|------------------|----------|
| 1 Karston Anderson |  | Lyons            | 14.96 10 |
| 2 Ed Awah          |  | Lyons            | 15.10 8  |
| 3 Mark Cellini     |  | York Dukes       | 15.34 6  |
| 4 Corey Ousley     |  | Oak Park River F | 15.47 4  |
| 5 Delaney Fluker   |  | Proviso West     | 15.47 2  |

|                    |               |         |
|--------------------|---------------|---------|
| 6 Joey Garibay     | Downers Grove | 15.67 1 |
| 7 Anthony Mellone  | York Dukes    | 15.73   |
| 8 Stephen Lockhart | Proviso West  | 15.97   |

**Men 300 Meter Hurdles Varsity**

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                      |                  |          |
|----------------------|------------------|----------|
| 1 Ed Awah            | Lyons            | 40.10 10 |
| 2 Sam Prentice       | Lyons            | 40.60 8  |
| 3 Mitch Witek        | Downers Grove    | 40.91 6  |
| 4 Mark Cellini       | York Dukes       | 41.88 4  |
| 5 Delaney Fluker     | Proviso West     | 42.41 2  |
| 6 Corey Ousley       | Oak Park River F | 42.49 1  |
| 7 Joey Garibay       | Downers Grove    | 43.38    |
| 8 Peter Bennett      | York Dukes       | 44.11    |
| 9 John Cebula        | Glenbard West    | 44.31    |
| 10 Dayne Tarpley     | Oak Park River F | 45.12    |
| 11 Froyland Gonzalez | Glenbard West    | 45.43    |
| 12 Alexander Fitch   | Hinsdale Central | 46.80    |
| 13 Paul Osunero      | Hinsdale Central | 47.21    |

**Men 4x100 Meter Relay Varsity**

| Team | Relay | Finals |
|------|-------|--------|
|------|-------|--------|

**Finals**

|                         |          |
|-------------------------|----------|
| 1 York Dukes            | 42.69 10 |
| 2 Oak Park River Forest | 43.68 8  |
| 3 Lyons                 | 44.57 6  |
| 4 Downers Grove North   | 44.96 4  |
| 5 Hinsdale Central      | 45.07 2  |
| 6 Glenbard West         | 45.40 1  |
| 7 Proviso West          | 45.80    |

**Men 4x200 Meter Relay Varsity**

| Team | Relay | Finals |
|------|-------|--------|
|------|-------|--------|

**Finals**

|                         |            |
|-------------------------|------------|
| 1 Lyons                 | 1:31.32 10 |
| 2 Oak Park River Forest | 1:32.91 8  |
| 3 Hinsdale Central      | 1:33.62 6  |
| 4 York Dukes            | 1:34.20 4  |
| 5 Glenbard West         | 1:34.75 2  |
| 6 Downers Grove North   | 1:35.94 1  |
| 7 Proviso West          | 1:35.99    |

**Men 4x400 Meter Relay Varsity**

| Team | Relay | Finals |
|------|-------|--------|
|------|-------|--------|

**Finals**

|                         |            |
|-------------------------|------------|
| 1 Lyons                 | 3:26.22 10 |
| 2 Oak Park River Forest | 3:26.34 8  |
| 3 York Dukes            | 3:26.83 6  |

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## Results

**Finals ... (Men 4x400 Meter Relay Varsity)**

| Team                  | Relay | Finals    |
|-----------------------|-------|-----------|
| 4 Hinsdale Central    |       | 3:28.54 4 |
| 5 Downers Grove North |       | 3:28.65 2 |
| 6 Glenbard West       |       | 3:33.67 1 |
| 7 Proviso West        |       | 3:36.74   |

**Men 4x800 Meter Relay Varsity**

WSC VAR Rec.: 7:51.50 \* 1986 Lyons Twp.

Johnson, Strejc, Christenson, Young

| Team                    | Relay | Finals      |
|-------------------------|-------|-------------|
| <b>Finals</b>           |       |             |
| 1 York Dukes            |       | 7:51.11* 10 |
| 2 Lyons                 |       | 8:04.58 8   |
| 3 Downers Grove North   |       | 8:08.16 6   |
| 4 Hinsdale Central      |       | 8:13.18 4   |
| 5 Oak Park River Forest |       | 8:15.36 2   |
| 6 Glenbard West         |       | 8:50.56 1   |

**Men High Jump Varsity**

WSC VAR Rec.: 6-10.50 \* 1985 Lanny Dillavou/ DGNorth

| Name               | Yr | School           | Finals      |
|--------------------|----|------------------|-------------|
| <b>Finals</b>      |    |                  |             |
| 1 Anthony Brown    |    | Oak Park River F | 6-02.00 10  |
| 2 Dane Krzyskowski |    | Lyons            | J6-02.00 8  |
| 3 Carl Heinz       |    | Oak Park River F | J6-02.00 6  |
| 4 Matt Pietrus     |    | Glenbard West    | J6-02.00 4  |
| 5 Kameron Rush     |    | Downers Grove    | 6-00.00 2   |
| 6 DJ Johnson       |    | Proviso West     | 5-08.00 0.5 |
| 6 Pat Hill         |    | Lyons            | 5-08.00 0.5 |
| 8 Adam Bruere      |    | Glenbard West    | J5-08.00    |
| 9 Trent Ervin      |    | Proviso West     | J5-08.00    |
| 10 Tyler Elston    |    | York Dukes       | 5-04.00     |
| --- Greg Stotzer   |    | York Dukes       | NH          |

**Men Pole Vault Varsity**

WSC VAR Rec.: 15-04 \* 1979 Dave Knecht/ HCentral

| Name                  | Yr | School           | Finals        |
|-----------------------|----|------------------|---------------|
| <b>Finals</b>         |    |                  |               |
| 1 Peter Geraghty      |    | Oak Park River F | F15-06.00* 10 |
| 2 Connor Martin       |    | York Dukes       | 13-00.00 8    |
| 3 Zach Ross           |    | Oak Park River F | F12-06.00 6   |
| 4 Carl Peters         |    | Lyons            | J12-06.00 4   |
| 5 Brookes Whittkamper |    | Lyons            | 12-00.00 2    |
| 6 Dylan Loch          |    | Glenbard West    | J12-00.00 1   |
| 7 Matt Small          |    | York Dukes       | 11-00.00      |

**Men Long Jump Varsity**

WSC VAR Rec.: 23-06.50 \* 1984 Tracy Robinson/PWest

| Name                | Yr | School           | Finals      |
|---------------------|----|------------------|-------------|
| <b>Finals</b>       |    |                  |             |
| 1 Jimmy Sullivan    |    | York Dukes       | 22-04.50 10 |
| 2 David Bellisario  |    | Lyons            | 21-10.50 8  |
| 3 Tarrence Williams |    | York Dukes       | 21-09.75 6  |
| 4 Amir Arif         |    | Oak Park River F | F21-08.50 4 |
| 5 Kameron Rush      |    | Downers Grove    | 21-04.00 2  |

|                     |                  |           |   |
|---------------------|------------------|-----------|---|
| 6 Dylan Fiedler     | Lyons            | 21-02.00  | 1 |
| 7 Miles Gillenwater | Oak Park River F | F19-11.75 |   |
| 8 Robert Thomas     | Proviso West     | 19-10.50  |   |
| 9 Colin MacArtney   | Downers Grove    | 19-09.75  |   |
| 10 Trent Ervin      | Proviso West     | 19-01.00  |   |
| 11 D'Mitri Mackall  | Hinsdale Central | 17-03.50  |   |
| 12 Andre Robinson   | Hinsdale Central | 16-10.50  |   |
| 13 Marcus Nguyen    | Glenbard West    | 15-05.50  |   |

**Men Triple Jump Varsity**

WSC VAR Rec.: 48-11 \* 1987 Alvin Campbell/OPRF

| Name                | Yr | School           | Finals      |
|---------------------|----|------------------|-------------|
| <b>Finals</b>       |    |                  |             |
| 1 Khara Williams    |    | York Dukes       | 45-01.00 10 |
| 2 Miles Gillenwater |    | Oak Park River F | F42-11.25 8 |
| 3 Peter Geraghty    |    | Oak Park River F | F42-06.00 6 |
| 4 Kameron Rush      |    | Downers Grove    | 41-10.50 4  |
| 5 Ethan Gunther     |    | Lyons            | 41-08.00 2  |
| 6 Filip Swist       |    | Glenbard West    | 39-06.00 1  |
| 7 Eric Brown        |    | Lyons            | 39-01.50    |
| 8 Sankalp Kota      |    | Hinsdale Central | 38-11.25    |
| 9 Mitch Witek       |    | Downers Grove    | 38-06.50    |
| 10 DaMonte Ellis    |    | York Dukes       | 38-04.00    |
| 11 D'Mitri Mackall  |    | Hinsdale Central | 37-00.50    |
| 12 Saer Ndiaye      |    | Proviso West     | 34-02.50    |
| 13 Zack Newsome     |    | Proviso West     | 33-05.00    |
| 14 Marcus Nguyen    |    | Glenbard West    | 33-03.00    |

**Men Shot Put Varsity**

WSC VAR Rec.: 59-06 \* 1967 John Lauber/RBrookfld

| Name              | Yr | School           | Finals       |
|-------------------|----|------------------|--------------|
| <b>Finals</b>     |    |                  |              |
| 1 Dorion Grant    |    | Oak Park River F | F48-00.50 10 |
| 2 Adarius Booth   |    | Oak Park River F | F46-06.00 8  |
| 3 Imvan Ahmed     |    | Glenbard West    | 46-02.50 6   |
| 4 Rob Mateusewzki |    | York Dukes       | 45-09.00 4   |
| 5 Richard Ruffolo |    | Glenbard West    | 44-08.50 2   |
| 6 Jim Newsome     |    | Lyons            | 44-05.00 1   |
| 7 Pete Claus      |    | Downers Grove    | 44-04.50     |
| 8 Matt Polega     |    | Lyons            | 43-11.00     |
| 9 Nick Despinich  |    | York Dukes       | 41-04.50     |
| 10 Dan Hogan      |    | Downers Grove    | 41-03.00     |
| 11 Mike Rogers    |    | Hinsdale Central | 40-04.00     |
| 12 Jimmy Kallas   |    | Hinsdale Central | 38-06.50     |

**Men Discus Throw Varsity**

WSC VAR Rec.: 177-02 \* 1970 Chris Rentsch/ York

| Name               | Yr | School        | Finals    |
|--------------------|----|---------------|-----------|
| <b>Finals</b>      |    |               |           |
| 1 Jim Newsome      |    | Lyons         | 152-08 10 |
| 2 Imvan Ahmed      |    | Glenbard West | 128-09 8  |
| 3 Richard Ruffolo  |    | Glenbard West | 128-00 6  |
| 4 Jack Piechuh     |    | Lyons         | 123-03 4  |
| 5 Tyler Elston     |    | York Dukes    | 119-07 2  |
| 6 Andrew MacIntosh |    | York Dukes    | 113-10 1  |
| 7 Pete Claus       |    | Downers Grove | 108-10    |

## WSC Boys' Outdoor Track - 5/15/2009

## York Community High School

## Results

**Finals ... (Men Discus Throw Varsity)**

| Name             | Yr | School           | Finals |
|------------------|----|------------------|--------|
| 8 Dorion Grant   |    | Oak Park River F | 106-04 |
| 9 Leo Bezanis    |    | Hinsdale Central | 103-08 |
| 10 Sekou Noriega |    | Oak Park River F | 103-00 |
| 11 Dan Hogan     |    | Downers Grove    | 100-04 |
| 12 Peter Garcia  |    | Hinsdale Central | 73-05  |

**Men 100 Meter Dash Frosh/Soph**

WSC VAR Rec.: 10.10 \*

| Name                    | Yr | School           | Prelims |
|-------------------------|----|------------------|---------|
| <b>Preliminaries</b>    |    |                  |         |
| 1 Ken Boesenberg        |    | York Dukes       | 11.50Q  |
| 2 Tony Stapleton        |    | Oak Park River F | 11.85Q  |
| 3 Jeff Navy             |    | Oak Park River F | 11.64Q  |
| 4 Kris Romanczyk        |    | York Dukes       | 11.86Q  |
| 5 Josh Nibbe            |    | Glenbard West    | 11.64q  |
| 6 Chris Klotz           |    | Lyons            | 11.66q  |
| 7 Matthew Bell          |    | Proviso West     | 12.20q  |
| 8 Joe Fox               |    | Downers Grove    | 12.35q  |
| 9 Justin Vogel          |    | Lyons            | 12.36   |
| 10 Max Von Mallinckrodt |    | Hinsdale Central | 12.36   |
| 11 Dakota Limjuco       |    | Hinsdale Central | 12.48   |
| 12 Matthew Carter       |    | Proviso West     | 12.98   |
| --- Nick Burrello       |    | Glenbard West    | FS      |

**Men 100 Meter Dash Frosh/Soph**

WSC VAR Rec.: 10.10 \*

| Name             | Yr | School           | Finals   |
|------------------|----|------------------|----------|
| <b>Finals</b>    |    |                  |          |
| 1 Josh Nibbe     |    | Glenbard West    | 11.51 10 |
| 2 Ken Boesenberg |    | York Dukes       | 11.54 8  |
| 3 Tony Stapleton |    | Oak Park River F | 11.59 6  |
| 4 Kris Romanczyk |    | York Dukes       | 11.79 4  |
| 5 Jeff Navy      |    | Oak Park River F | 11.80 2  |
| 6 Chris Klotz    |    | Lyons            | 11.85 1  |
| 7 Matthew Bell   |    | Proviso West     | 12.27    |
| 8 Joe Fox        |    | Downers Grove    | 12.70    |

**Men 200 Meter Dash Frosh/Soph**

| Name                 | Yr | School           | Prelims |
|----------------------|----|------------------|---------|
| <b>Preliminaries</b> |    |                  |         |
| 1 Josh Nibbe         |    | Glenbard West    | 23.37Q  |
| 2 Jeff Navy          |    | Oak Park River F | 23.59Q  |
| 3 Chris Klotz        |    | Lyons            | 23.67Q  |
| 4 Tony Stapleton     |    | Oak Park River F | 23.88Q  |
| 5 Bryce Dorn         |    | Glenbard West    | 23.69q  |
| 6 Kevin Adamik       |    | York Dukes       | 23.98q  |
| 7 Connor Furlong     |    | Hinsdale Central | 24.03q  |
| 8 Matt Falkenberg    |    | York Dukes       | 24.06q  |
| 9 Dreylon Jones      |    | Proviso West     | 24.58   |
| 10 Matt Posipisil    |    | Downers Grove    | 24.69   |
| 11 Matthew Bell      |    | Proviso West     | 25.32   |
| 12 Justin Vogel      |    | Lyons            | 25.55   |

**Men 200 Meter Dash Frosh/Soph**

| Name              | Yr | School           | Finals   |
|-------------------|----|------------------|----------|
| <b>Finals</b>     |    |                  |          |
| 1 Jeff Navy       |    | Oak Park River F | 23.48 10 |
| 2 Josh Nibbe      |    | Glenbard West    | 23.49 8  |
| 3 Tony Stapleton  |    | Oak Park River F | 23.87 6  |
| 4 Chris Klotz     |    | Lyons            | 23.95 4  |
| 5 Bryce Dorn      |    | Glenbard West    | 24.10 2  |
| 6 Kevin Adamik    |    | York Dukes       | 24.11 1  |
| 7 Connor Furlong  |    | Hinsdale Central | 24.14    |
| 8 Matt Falkenberg |    | York Dukes       | 24.21    |

**Men 400 Meter Dash Frosh/Soph**

| Name             | Yr | School           | Finals   |
|------------------|----|------------------|----------|
| <b>Finals</b>    |    |                  |          |
| 1 Mac Hill       |    | Lyons            | 52.08 10 |
| 2 Tom Doyle      |    | Downers Grove    | 53.47 8  |
| 3 Kris Romanczyk |    | York Dukes       | 53.57 6  |
| 4 Anthony Pezza  |    | York Dukes       | 54.27 4  |
| 5 Dreylon Jones  |    | Proviso West     | 54.65 2  |
| 6 Glenn Lawrence |    | Oak Park River F | 54.83 1  |
| 7 Nate Sloan     |    | Downers Grove    | 55.07    |
| 8 Derrick Minkus |    | Glenbard West    | 55.36    |
| 9 Elliot Wilm    |    | Hinsdale Central | 55.43    |
| 10 Chinedu Nwoko |    | Oak Park River F | 55.64    |
| 11 David Ellis   |    | Lyons            | 56.77    |

**Men 800 Meter Run Frosh/Soph**

| Name               | Yr | School           | Finals     |
|--------------------|----|------------------|------------|
| <b>Finals</b>      |    |                  |            |
| 1 Grant MacMillan  |    | Oak Park River F | 2:08.48 10 |
| 2 Nick Gornick     |    | York Dukes       | 2:10.09 8  |
| 3 Kevin Bakker     |    | Oak Park River F | 2:11.66 6  |
| 4 Azad Darbandi    |    | Hinsdale Central | 2:12.78 4  |
| 5 Mark Pfeiffer    |    | Downers Grove    | 2:13.82 2  |
| 6 Matt Helm        |    | York Dukes       | 2:13.94 1  |
| 7 Nick Janicki     |    | Lyons            | 2:14.14    |
| 8 Lance Mathieu    |    | Glenbard West    | 2:16.34    |
| 9 Brad Wyatt       |    | Glenbard West    | 2:17.33    |
| 10 Brad Somerfield |    | Hinsdale Central | 2:17.61    |
| 11 Ben Ruffolo     |    | Downers Grove    | 2:17.98    |
| 12 Will Layden     |    | Lyons            | 2:18.63    |

**Men 1600 Meter Run Frosh/Soph**

| Name                  | Yr | School           | Finals     |
|-----------------------|----|------------------|------------|
| <b>Finals</b>         |    |                  |            |
| 1 Jack Stapleton      |    | Oak Park River F | 4:32.64 10 |
| 2 Malachy Schrobilgem |    | Oak Park River F | 4:33.69 8  |
| 3 Billy Fayette       |    | Hinsdale Central | 4:35.46 6  |
| 4 Ron Hedman          |    | York Dukes       | 4:40.33 4  |
| 5 Andrew Erwin        |    | Glenbard West    | 4:40.75 2  |
| 6 Kevin Proffitt      |    | Downers Grove    | 4:40.83 1  |
| 7 Tom Hedman          |    | York Dukes       | 4:42.23    |
| 8 Mike Kokoris        |    | Lyons            | 4:49.38    |
| 9 Zac Withal          |    | Hinsdale Central | 4:54.77    |

## WSC Boys' Outdoor Track - 5/15/2009

## York Community High School

## Results

**Finals ... (Men 1600 Meter Run Frosh/Soph)**

| Name              | Yr | School        | Finals  |
|-------------------|----|---------------|---------|
| 10 Crist Grant    |    | Downers Grove | 5:05.01 |
| 11 Carl Laubacher |    | Lyons         | 5:06.07 |
| 12 Dave Noland    |    | Glenbard West | 5:08.12 |

**Men 3200 Meter Run Frosh/Soph**

| Name              | Yr | School           | Finals      |
|-------------------|----|------------------|-------------|
| <b>Finals</b>     |    |                  |             |
| 1 Ron Hedman      |    | York Dukes       | 10:00.06 10 |
| 2 Mike Kokoris    |    | Lyons            | 10:00.56 8  |
| 3 Tom Hedman      |    | York Dukes       | 10:04.83 6  |
| 4 Zac Withal      |    | Hinsdale Central | 10:22.29 4  |
| 5 Nick Reyes      |    | Oak Park River F | 10:36.34 2  |
| 6 Sam Fourman     |    | Oak Park River F | 10:41.64 1  |
| 7 Arjun Reedy     |    | Hinsdale Central | 10:47.40    |
| 8 Crist Grant     |    | Downers Grove    | 10:51.80    |
| 9 Ken Leaf        |    | Glenbard West    | 10:57.52    |
| 10 Carl Laubacher |    | Lyons            | 10:57.57    |
| 11 Dan Meinhart   |    | Downers Grove    | 11:33.30    |
| 12 Evan Johnson   |    | Glenbard West    | 11:34.46    |

**Men 110 Meter Hurdles Frosh/Soph**

| Name                 | Yr | School           | Prelims |
|----------------------|----|------------------|---------|
| <b>Preliminaries</b> |    |                  |         |
| 1 Zach Marshall      |    | Glenbard West    | 16.43Q  |
| 2 CJ Watson          |    | Glenbard West    | 16.43Q  |
| 3 Rennick Thompson   |    | Lyons            | 16.85Q  |
| 4 Mitch Green        |    | Hinsdale Central | 17.38Q  |
| 5 Louis Christopher  |    | York Dukes       | 17.12Q  |
| 6 Julian Morales     |    | Proviso West     | 18.43Q  |
| 7 Will Stephens      |    | Downers Grove    | 18.03q  |
| 8 Zach Edgerton      |    | Lyons            | 18.51q  |
| 9 Ryan Daleen        |    | Hinsdale Central | 18.56   |
| 10 John Burns        |    | Oak Park River F | 18.82   |
| 11 Geoff Cronin      |    | York Dukes       | 19.64   |
| 12 Matt Kozinski     |    | Downers Grove    | 21.11   |

**Men 110 Meter Hurdles Frosh/Soph**

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| <b>Finals</b>       |    |                  |          |
| 1 Zach Marshall     |    | Glenbard West    | 16.41 10 |
| 2 Rennick Thompson  |    | Lyons            | 16.41 8  |
| 3 CJ Watson         |    | Glenbard West    | 16.69 6  |
| 4 Mitch Green       |    | Hinsdale Central | 17.30 4  |
| 5 Will Stephens     |    | Downers Grove    | 17.57 2  |
| 6 Louis Christopher |    | York Dukes       | 17.90 1  |
| 7 Julian Morales    |    | Proviso West     | 18.23    |
| 8 Zach Edgerton     |    | Lyons            | 18.26    |

**Men 300 Meter Hurdles Frosh/Soph**

| Name               | Yr | School        | Finals   |
|--------------------|----|---------------|----------|
| <b>Finals</b>      |    |               |          |
| 1 Rennick Thompson |    | Lyons         | 44.24 10 |
| 2 Will Stephens    |    | Downers Grove | 44.32 8  |

|                  |                  |       |   |
|------------------|------------------|-------|---|
| 3 Ryan Daleen    | Hinsdale Central | 44.80 | 6 |
| 4 John Burns     | Oak Park River F | 45.29 | 4 |
| 5 Julian Morales | Proviso West     | 45.40 | 2 |
| 6 Mitch Green    | Hinsdale Central | 45.60 | 1 |
| 7 Geoff Cronin   | York Dukes       | 46.60 |   |
| 8 Andrew Larkin  | Glenbard West    | 46.77 |   |
| 9 Matt Kozinski  | Downers Grove    | 47.07 |   |
| 10 Zach Marshall | Glenbard West    | 49.09 |   |
| 11 Gordon Watt   | Oak Park River F | 52.00 |   |
| 12 Zach Edgerton | Lyons            | 52.97 |   |

**Men 4x100 Meter Relay Frosh/Soph**

| Team                    | Relay | Finals   |
|-------------------------|-------|----------|
| <b>Finals</b>           |       |          |
| 1 Oak Park River Forest |       | 45.77 10 |
| 2 Glenbard West         |       | 45.91 8  |
| 3 York Dukes            |       | 46.05 6  |
| 4 Downers Grove North   |       | 46.51 4  |
| 5 Hinsdale Central      |       | 47.94 2  |
| 6 Lyons                 |       | 48.08 1  |
| 7 Proviso West          |       | 54.39    |

**Men 4x200 Meter Relay Frosh/Soph**

| Team                    | Relay | Finals     |
|-------------------------|-------|------------|
| <b>Finals</b>           |       |            |
| 1 Oak Park River Forest |       | 1:34.50 10 |
| 2 Hinsdale Central      |       | 1:36.80 8  |
| 3 York Dukes            |       | 1:37.00 6  |
| 4 Proviso West          |       | 1:45.00 4  |
| 5 Lyons                 |       | 1:45.50 2  |
| --- Glenbard West       |       | DQ         |
| --- Downers Grove North |       | DQ         |

**Men 4x400 Meter Relay Frosh/Soph**

| Team                    | Relay | Finals     |
|-------------------------|-------|------------|
| <b>Finals</b>           |       |            |
| 1 York Dukes            |       | 3:40.44 10 |
| 2 Downers Grove North   |       | 3:42.64 8  |
| 3 Hinsdale Central      |       | 3:42.72 6  |
| 4 Oak Park River Forest |       | 3:43.47 4  |
| 5 Lyons                 |       | 3:44.08 2  |
| 6 Glenbard West         |       | 3:59.42 1  |

**Men 4x800 Meter Relay Frosh/Soph**

| Team                    | Relay | Finals     |
|-------------------------|-------|------------|
| <b>Finals</b>           |       |            |
| 1 Oak Park River Forest |       | 8:29.63 10 |
| 2 Hinsdale Central      |       | 8:37.84 8  |
| 3 York Dukes            |       | 8:41.90 6  |
| 4 Glenbard West         |       | 8:53.74 4  |
| 5 Downers Grove North   |       | 8:58.49 2  |
| 6 Lyons                 |       | 9:10.58 1  |

## WSC Boys' Outdoor Track - 5/15/2009

## York Community High School

## Results

**Men High Jump Frosh/Soph**

| Name            | Yr | School                   | Finals     |
|-----------------|----|--------------------------|------------|
| <b>Finals</b>   |    |                          |            |
| 1 Mac Hill      |    | Lyons                    | 6-02.00 10 |
| 2 CJ Watson     |    | Glenbard West            | 6-01.00 8  |
| 3 Dreylon Jones |    | Proviso West             | 5-07.00 6  |
| 4 Alex Watkins  |    | Glenbard West            | 5-06.00 4  |
| 5 Sam Klien     |    | Downers Grove            | 5-04.00 2  |
| 6 John Burns    |    | Oak Park River FJ5-04.00 | 1          |
| 7 brent wilson  |    | York Dukes               | J5-04.00   |
| 8 Will Crawshaw |    | Lyons                    | J5-04.00   |
| 9 Han Ishida    |    | York Dukes               | 5-02.00    |

**Men Pole Vault Frosh/Soph**

| Name             | Yr | School                   | Finals      |
|------------------|----|--------------------------|-------------|
| <b>Finals</b>    |    |                          |             |
| 1 Dylan Piazza   |    | Oak Park River F12-00.00 | 10          |
| 2 Nick Sgarbossa |    | York Dukes               | J12-00.00 8 |
| 3 David Ellis    |    | Lyons                    | 10-00.00 6  |
| 4 Kevin Vondrak  |    | Glenbard West            | J10-00.00 4 |
| 5 Kyle Blank     |    | York Dukes               | 9-06.00 2   |
| 6 Henry Geraghty |    | Oak Park River FJ9-06.00 | 1           |
| 7 Brian Peters   |    | Lyons                    | 8-06.00     |

**Men Long Jump Frosh/Soph**

| Name              | Yr | School                   | Finals      |
|-------------------|----|--------------------------|-------------|
| <b>Finals</b>     |    |                          |             |
| 1 Nick Burrello   |    | Glenbard West            | 19-06.00 10 |
| 2 Chris Klotz     |    | Lyons                    | 19-00.00 8  |
| 3 Lavaris Jackson |    | Oak Park River F18-07.00 | 6           |
| 4 Gavin Wegner    |    | York Dukes               | 18-03.00 4  |
| 5 Sam Klien       |    | Downers Grove            | 17-10.75 2  |
| 6 Anthony Ravenna |    | York Dukes               | 17-09.50 1  |
| 7 Phil Woods      |    | Glenbard West            | 17-08.50    |
| 8 Matt Piano      |    | Oak Park River F17-06.00 |             |
| 9 Matthew Carter  |    | Proviso West             | 16-05.50    |
| 10 Mike Andorka   |    | Lyons                    | 16-04.00    |
| 11 Joseph Shayani |    | Hinsdale Central         | 15-03.00    |

**Men Triple Jump Frosh/Soph**

| Name                | Yr | School                   | Finals      |
|---------------------|----|--------------------------|-------------|
| <b>Finals</b>       |    |                          |             |
| 1 Dennis Iradakunda |    | Glenbard West            | 40-07.50 10 |
| 2 Gavin Wegner      |    | York Dukes               | 39-06.50 8  |
| 3 Anthony Ravenna   |    | York Dukes               | 38-07.00 6  |
| 4 Sam Klien         |    | Downers Grove            | 36-08.00 4  |
| 5 Chinedu Nwoko     |    | Oak Park River F36-07.00 | 2           |
| 6 Glenn Lawrence    |    | Oak Park River F35-07.00 | 1           |
| 7 Joseph Shayani    |    | Hinsdale Central         | 32-05.00    |
| 8 Jacob Kachmar     |    | Lyons                    | 32-02.50    |
| 9 Karlosis Usonis   |    | Lyons                    | 30-11.00    |

**Men Shot Put Frosh/Soph**

| Name             | Yr | School                   | Finals     |
|------------------|----|--------------------------|------------|
| <b>Finals</b>    |    |                          |            |
| 1 Mike Raleigh   |    | Oak Park River F44-00.00 | 10         |
| 2 Tom Callahan   |    | Lyons                    | 42-02.00 8 |
| 3 Kyle Frerese   |    | Downers Grove            | 40-01.50 6 |
| 4 Brendan Koegel |    | Downers Grove            | 40-01.00 4 |
| 5 Jordon Walsh   |    | Glenbard West            | 39-07.50 2 |
| 6 Ryan Rigo      |    | Lyons                    | 38-00.00 1 |
| 7 Bill Monat     |    | Hinsdale Central         | 37-08.00   |
| 8 Zach Smith     |    | York Dukes               | 37-06.00   |
| 9 Chris Gonzalez |    | Glenbard West            | 35-08.50   |
| 9 Scott McDowell |    | Hinsdale Central         | 35-08.50   |
| 11 Nick Skuteris |    | York Dukes               | 33-08.50   |

**Men Discus Throw Frosh/Soph**

| Name                | Yr | School                   | Finals      |
|---------------------|----|--------------------------|-------------|
| <b>Finals</b>       |    |                          |             |
| 1 Tom Callahan      |    | Lyons                    | 139-07 10   |
| 2 Jordon Walsh      |    | Glenbard West            | 128-03.50 8 |
| 3 Anthony Grippando |    | Downers Grove            | 118-05 6    |
| 4 Scott McDowell    |    | Hinsdale Central         | 115-09 4    |
| 5 Kyle Frerese      |    | Downers Grove            | 110-02.50 2 |
| 6 Ryan Rigo         |    | Lyons                    | 106-07.50 1 |
| 7 Mike Raleigh      |    | Oak Park River F05-10.50 |             |
| 8 Zach Smith        |    | York Dukes               | 104-11.50   |
| 9 Asad Asam         |    | York Dukes               | 96-11.50    |
| 10 Bobby O'Mullan   |    | Hinsdale Central         | 85-08.50    |
| 11 Chris Gonzalez   |    | Glenbard West            | 80-09.50    |

**Men - Varsity - Team Rankings - 18 Events Scored**

|                          |       |
|--------------------------|-------|
| 1) York Dukes            | 171   |
| 2) Lyons                 | 150.5 |
| 3) Oak Park River Forest | 135   |
| 4) Downers Grove North   | 42    |
| 5) Glenbard West         | 37    |
| 6) Hinsdale Central      | 18    |
| 7) Proviso West          | 4.5   |

**Men - Frosh/Soph - Team Rankings - 18 Events Scored**

|                          |     |
|--------------------------|-----|
| 1) Oak Park River Forest | 131 |
| 2) York Dukes            | 110 |
| 3) Glenbard West         | 97  |
| 4) Lyons                 | 91  |
| 5) Downers Grove North   | 61  |
| 6) Hinsdale Central      | 53  |
| 7) Proviso West          | 14  |