

Proviso West Indoor Track Invitational - Sophomores

Hillside, IL

2/28/2009

Results

Event 5 Boys 55 Meter Hurdles - Sophomore

Prelims

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Prentice, Sam (So)	Lyons Township	8.2Q
2	Stocker, Mark (So)	Neuqua Valley	8.7Q
3	Dirth, James (So)	Naperville Central	8.8Q
4	Feliciano, Matt (So)	Neuqua Valley	9.2Q
5	Kouchoukas, Brad (Fr)	Naperville Central	9.1Q
6	Cronin, Geoff	York	10.5Q
7	Green, Mitch (So)	Hinsdale Central	9.1Q
8	Euhus, Addison (Fr)	Wheaton North	10.5Q
9	Thompson, Rennick (Fr)	Lyons Township	9.6
10	Carter, Matthew (Fr)	Proviso West	10.1
---	Daleen, Ryan (Fr)	Hinsdale Central	NT

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Results

Event 3 Boys Long Jump - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
1	Klotz, Chris (So)	Lyons Township	19'01.00"	NWI	10
2	Ziemek, Zach (So)	Lake Park	19'00.00"	NWI	8
3	Regulus, Anthony (So)	Whitney Young	18'09.00"	NWI	6
4	Olcese, Rob (Fr)	Downers Grove South	18'07.50"	NWI	4
5	Howard, Dakari (Fr)	Whitney Young	18'06.50"	NWI	2
6	Natesh, Sachin (Fr)	Naperville Central	18'05.00"	NWI	1
7	Lamb, Brian (So)	Naperville Central	18'00.00"	NWI	
8	Pollard, Tim (So)	Lyons Township	17'08.00"	NWI	
8	Prange, Jack (Fr)	Wheaton North	17'08.00"	NWI	
8	Wood, Jacob (So)	Neuqua Valley	17'08.00"	NWI	
11	Siegle, Cameron (So)	Lake Park	17'05.00"	NWI	
11	Jackson, Evan (So)	Neuqua Valley	17'05.00"	NWI	
13	Rocco, Anthony (So)	Wheaton North	16'11.00"	NWI	
14	McNeal, Dion (So)	Hinsdale Central	15'07.00"	NWI	
15	Dawson	Downers Grove South	15'01.00"	NWI	
16	McMath, Mike (Fr)	Downers Grove North	14'03.00"	NWI	
17	Langan, Sean	York	13'08.00"	NWI	
18	O'Hare, Colin (Fr)	Downers Grove North	13'03.50"	NWI	
---	Akporido, Pickett (So)	Downers Grove South	NM	NWI	
---	Sherrod, Vince	York	NM	NWI	
---	Carter, Matthew (Fr)	Proviso West	NM	NWI	

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Results

Event 7 Boys 55 Meter Dash - Sophomore

Prelims

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1 Kreger, Jason (So)	Naperville Central	6.7Q
1 Kreger, Jeff (So)	Naperville Central	6.7Q
3 Prescher, Chad (So)	Neuqua Valley	6.9Q
4 Keys, Jeremy (So)	Lyons Township	6.7Q
4 Okubadejo, Adegbeniga (So)	Neuqua Valley	6.7Q
6 Howard, Dakari (Fr)	Whitney Young	6.9Q
7 Simpson, Amari (Fr)	Whitney Young	6.8
8 Akporido, Pickett (So)	Downers Grove South	6.8
9 Dawson, Samaja (Fr)	Downers Grove South	6.9
10 Romanczyk, Kris	York	6.9
11 Sciacotta, Anthony (So)	Wheaton North	7.0
11 Covington, Eric (So)	Lyons Township	7.0
13 Furlong, Connor (Fr)	Hinsdale Central	7.0
14 Paradise, Mike (Fr)	Wheaton North	7.1
14 Skokna, John (So)	Hinsdale Central	7.1
16 Hibner	York	7.1
17 Rhone, Denzel (So)	Proviso East	7.2
17 Fox, Joe (Fr)	Downers Grove North	7.2
19 Mroczkowski, Pat (Fr)	Lake Park	7.3
20 Hampton, Steffon (Fr)	Proviso East	7.3
21 Morales, Julian (Fr)	Proviso West	7.5
21 Reed, Trevor (So)	Lake Park	7.5
23 Cabrales, Giovanni (Fr)	Proviso West	8.0

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Results

Event 9 Boys 4 x 800 Meter Relay - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	York -	York	8:49.0	10
2	Neuqua Valley -	Neuqua Valley	8:52.9	8
3	Downers Grove North -	Downers Grove North	9:00.3	6
4	Hinsdale Central -	Hinsdale Central	9:03.4	4
5	Lyons Township -	Lyons Township	9:15.6	2
6	Downers Grove South -	Downers Grove South	9:22.1	1
7	Whitney Young -	Whitney Young	9:22.2	
8	Wheaton North -	Wheaton North	9:32.3	
9	Lake Park -	Lake Park	9:44.2	
10	Naperville Central -	Naperville Central	9:51.5	
---	Proviso East -	Proviso East	DNF	

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Results

Event 1 Boys High Jump - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
1	Ester, Tyler	Wheaton North	5'4.00"	10
2	Papierski, Stephen (Fr)	Wheaton North	5'2.00"	8
3	Storino, David (Fr)	Naperville Central	5'2.00"	6
4	Dawson, Samaja (Fr)	Downers Grove South	5'0.00"	4
5	Ishida, Hans	York	5'0.00"	2
6	Allen, Greg (Fr)	Proviso West	5'0.00"	1
7	Vittal, Daryl (So)	Lake Park	4'8.00"	
7	Feliciano, Matt (So)	Neuqua Valley	4'8.00"	
9	Sgarbossa, Nick	York	4'8.00"	
10	Vaghani, Vishal (Fr)	Lake Park	NH	
10	Schwinger, Jake (Fr)	Downers Grove South	NH	
10	McMath, Mike (Fr)	Downers Grove North	NH	
---	Wilson, Brent	York	NH	
---	Williams, Dejon (So)	Neuqua Valley	NH	
---	Manard, Jonathan (So)	Whitney Young	NH	
---	Stumpf, John (Fr)	Naperville Central	NH	
---	Kocek, Connor (Fr)	Lyons Township	NH	
---	Hill, Mac (So)	Lyons Township	NH	
---	Meier, Alex (Fr)	Downers Grove North	NH	
---	Blank, Kyle	York	NH	

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Results

Event 13 Boys 3200 Meter Run - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Torke, Harsha (So)	Neuqua Valley	10:01.5	10
2	Fayette, Bill (So)	Hinsdale Central	10:09.3	8
3	Antonson, Josh (So)	Neuqua Valley	10:12.4	6
4	Holt, Mark (So)	Lyons Township	10:16.0	4
5	Kokoris, Mike (So)	Lyons Township	10:33.4	2
6	Welu, Sam (So)	Naperville Central	10:39.3	1
7	Lester, Jeff (So)	Downers Grove South	10:39.7	
8	Hedman, Tom	York	10:40.1	
9	Hoffman, Sam (Fr)	Wheaton North	10:47.6	
10	Kirk, Nick (Fr)	Downers Grove South	11:11.3	
11	Stubbings, Peter (So)	Hinsdale Central	11:12.6	
12	Barder, Sam (Fr)	Whitney Young	11:21.3	
13	Simon, Mike (So)	Naperville Central	11:29.9	
14	Shan, Eric (Fr)	Whitney Young	11:34.9	
15	Oldenburg, John (So)	Lake Park	11:40.1	
16	Simo, Matt	York	11:48.7	
17	Powers, Mike (So)	Downers Grove North	11:51.3	
18	Solano, Cesar (So)	Proviso West	11:56.0	
19	Meinhart, Dan (Fr)	Downers Grove North	12:01.8	
20	Weiss, Matt (Fr)	Lake Park	12:42.8	

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Results

Event 5 Boys 55 Meter Hurdles - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Prentice, Sam (So)	Lyons Township	8.2	10
2	Stocker, Mark (So)	Neuqua Valley	8.7	8
3	Dirth, James (So)	Naperville Central	8.8	6
4	Feliciano, Matt (So)	Neuqua Valley	9.0	4
5	Green, Mitch (So)	Hinsdale Central	9.3	2
6	Kouchoukas, Brad (Fr)	Naperville Central	9.3	1
7	Cronin, Geoff	York	10.4	
7	Euhus, Addison (Fr)	Wheaton North	10.4	

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Results

Event 7 Boys 55 Meter Dash - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Kreger, Jeff (So)	Naperville Central	6.6	10
2	Okubadejo, Adegbeniga (So)	Neuqua Valley	6.7	8
3	Kreger, Jason (So)	Naperville Central	6.7	6
4	Prescher, Chad (So)	Neuqua Valley	6.8	4
5	Howard, Dakari (Fr)	Whitney Young	6.9	2
6	Keys, Jeremy (So)	Lyons Township	6.9	1

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Results

Event 17 Boys Triple Jump - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
1	Ziemek, Zach (So)	Lake Park	40'02.50"	NWI	10
2	Regulus, Anthony (So)	Whitney Young	39'10.25"	NWI	8
3	Natesh, Sachin (Fr)	Naperville Central	38'06.50"	NWI	6
4	Elue, John (So)	Whitney Young	38'02.25"	NWI	4
5	Ester, Tyler (So)	Wheaton North	37'08.00"	NWI	2
6	Stocker, Mark (So)	Neuqua Valley	37'01.50"	NWI	1
7	Alimissis, Demetri (Fr)	Lake Park	36'07.25"	NWI	
8	Rocco, Anthony (So)	Wheaton North	36'06.50"	NWI	
9	Metoyer, Eric (Fr)	Neuqua Valley	34'11.50"	NWI	
10	Langan, Sean	York	33'04.25"	NWI	
11	Usonis, Karolis (Fr)	Lyons Township	31'06.25"	NWI	
12	Handley, Jeremy (Fr)	Downers Grove North	31'00.50"	NWI	
13	Storino, David	Naperville Central	30'04.75"	NWI	
14	Carlson, Jeremy (So)	Lyons Township	30'03.75"	NWI	
15	Johnson, Devin (Fr)	Proviso West	30'01.25"	NWI	
16	McNeal, Dion (So)	Hinsdale Central	28'07.75"	NWI	
17	Blanchard, Matt (Fr)	Downers Grove North	28'03.00"	NWI	

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Results

Event 15 Boys 800 Meter Run - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Deville, Julian (So)	Whitney Young	2:03.1	10
2	Economou, Alex (So)	Lyons Township	2:08.0	8
3	Cornick, Nick	York	2:10.8	6
4	Ferguson, Josh (So)	Neuqua Valley	2:12.3	4
5	Cooney, Gary	York	2:12.9	2
6	Darbandi, Azad (So)	Hinsdale Central	2:14.6	1
7	Skip, Kevin (Fr)	Neuqua Valley	2:14.9	
8	Janicki, Nick (So)	Lyons Township	2:15.4	
9	Thayer, Forrest (Fr)	Naperville Central	2:17.8	
10	Schwinger, Jake (Fr)	Downers Grove South	2:17.9	
11	Laws-Simmons, Terrance (So)	Downers Grove South	2:19.8	
12	Miller, Greg (Fr)	Proviso West	2:20.3	
13	Redmond, Sam (So)	Whitney Young	2:21.1	
14	Pfieffer, Mark (So)	Downers Grove North	2:21.2	
15	Jorgensen, Kevin (Fr)	Lake Park	2:21.6	
16	Somerfield, Brad (So)	Hinsdale Central	2:23.7	
17	Kessler, Alex (Fr)	Lake Park	2:25.6	
18	Colianni, Stuart (Fr)	Naperville Central	2:26.0	
19	Ruffolo, Ben (So)	Downers Grove North	2:27.8	
20	Mathis, Scott (Fr)	Wheaton North	2:28.1	
21	Mathis, Ryan (Fr)	Wheaton North	2:37.7	
22	Fletches, Samuel (Fr)	Proviso East	2:38.6	

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Results

Event 31 Boys Shot Put - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
1	Kline, Jeremy (So)	Lake Park	51'03.50"	10
2	Block, Greg (So)	Lake Park	47'01.00"	8
3	Jackson, Xavier (Fr)	Proviso West	42'09.00"	6
4	Monaghan, Nick (So)	Downers Grove South	42'05.00"	4
5	Callahan, Tom (So)	Lyons Township	41'03.50"	2
6	Lieb, Tim (So)	Downers Grove South	38'00.00"	1
7	Huang, Winston (So)	Neuqua Valley	36'04.00"	
8	Freres, Kyle (So)	Downers Grove North	36'03.00"	
9	Jones, Brad (So)	Neuqua Valley	35'10.00"	
10	Conte, Brit (So)	Hinsdale Central	35'10.00"	
11	Assam, Asad	York	35'08.50"	
12	Stankov, Vlad (So)	Whitney Young	35'03.00"	
13	Damron, Will (So)	Naperville Central	35'02.00"	
14	King, Calvin (Fr)	Proviso West	34'06.00"	
15	Dickinsen, James	York	34'02.00"	
16	Garcia, Ben (So)	Lyons Township	34'01.00"	
17	Oakum, Will (So)	Hinsdale Central	32'04.00"	
18	Tanzillo, Russell (So)	Naperville Central	32'02.00"	
19	Spaulding, Mack (Fr)	Wheaton North	31'00.50"	
20	Ryan, Charlie (Fr)	Wheaton North	30'11.00"	
21	Mack-Crane, Galen (So)	Downers Grove North	28'10.00"	

Proviso West Indoor Track Invitational - Sophomores

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Results

Event 19 Boys 4 x 200 Meter Relay - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Lyons Township -	Lyons Township	1:35.6	10
2	Hinsdale Central -	Hinsdale Central	1:38.7	8
3	Neuqua Valley -	Neuqua Valley	1:38.7	6
4	York -	York	1:40.6	4
5	Naperville Central -	Naperville Central	1:41.8	2
6	Lake Park -	Lake Park	1:43.4	1
7	Wheaton North -	Wheaton North	1:43.7	
8	Proviso East -	Proviso East	1:45.8	
9	Downers Grove North -	Downers Grove North	1:45.9	
10	Whitney Young -	Whitney Young	1:47.6	
---	Downers Grove South -	Downers Grove South	DQ	

Proviso West Indoor Track Invitational - Sophomores

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Results

Event 11 Boys Pole Vault - Sophomore

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
1	Ziemek, Zach (So)	Lake Park	13'4.00"	10
2	Ellis, David (So)	Lyons Township	11'0.00"	8
3	Prescher, Chad (So)	Neuqua Valley	10'0.00"	6
4	Welborn, James (So)	Downers Grove South	10'0.00"	4
5	Juretschke, Mike (Fr)	Naperville Central	9'6.00"	2
6	Sgarbossa, Nick	York	9'6.00"	1
7	Rosete, Adrian (Fr)	Downers Grove South	9'0.00"	
8	Oscarson, Ryan (So)	Neuqua Valley	9'0.00"	
9	Rodgers, Dave (So)	Whitney Young	9'0.00"	
10	Rudman, David (Fr)	Wheaton North	8'0.00"	
11	Andrews, Chris (Fr)	Lake Park	7'6.00"	
11	Altimari, Eric (Fr)	Wheaton North	7'6.00"	
---	Peters, Bryan (Fr)	Lyons Township	NH	
---	Blank, Kyle	York	NH	

Proviso West Indoor Track Invitational - Sophomores

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Results

Event 21 Boys 400 Meter Dash - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Hill, Mac (So)	Lyons Township	54.0	10
2	Pollard, Tim (So)	Lyons Township	54.5	8
3	Romanczyk, Kris	York	55.3	6
4	Sciaccotta, Anthony (So)	Wheaton North	56.0	4
5	Veltri, Stephen (So)	Wheaton North	56.4	2
6	Wytiaz, Matt (So)	Neuqua Valley	56.5	0.5
6	Vizek, Jake (So)	Downers Grove South	56.5	0.5
8	Hoffman, Jordan (So)	Downers Grove South	57.2	
8	Kouchoukas, Brad (Fr)	Naperville Central	57.2	
10	Kelly, Jack (So)	Hinsdale Central	57.7	
11	Spaccapaniccia, Adam (Fr)	Naperville Central	57.8	
12	Jackson, Evan (So)	Neuqua Valley	58.1	
13	Artley, Marcus (So)	Whitney Young	59.7	
14	Pezza, Anthony	York	1:00.0	
15	Powers, Mike (Fr)	Downers Grove North	1:00.2	
16	Beltran, Nathan (Fr)	Whitney Young	1:01.7	
17	Wagner, Matt (Fr)	Downers Grove North	1:01.9	
18	Hampton, Darius (Fr)	Proviso East	1:11.1	
---	Johnson, Devin (Fr)	Proviso West	NT	
---	Franklin, Dwayne (Fr)	Proviso East	NT	

Proviso West Indoor Track Invitational - Sophomores

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Results

Event 23 Boys 200 Meter Hurdles - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Prentice, Sam (So)	Lyons Township	27.1	10
2	Green, Mitch (So)	Hinsdale Central	28.3	8
3	Stocker, Mark (So)	Neuqua Valley	29.2	6
4	Dirth, James (So)	Naperville Central	29.3	4
5	Feliciano, Matt (So)	Neuqua Valley	30.3	2
6	LaVallie, Kyle (Fr)	Downers Grove North	30.4	1
7	Cronin, Geoff	York	30.9	
7	Reed, Trevor (So)	Lake Park	30.9	
9	Euhus, Addison (Fr)	Wheaton North	31.3	
10	Thurmond, Marcus (Fr)	Naperville Central	32.5	
11	Edgerton, Zack (Fr)	Lyons Township	34.3	
12	Cabrales, Giovanni (Fr)	Proviso West	34.7	
---	Stough, Isaac (So)	Wheaton North	NT	
---	Fox, Joe (Fr)	Downers Grove North	NT	

Proviso West Indoor Track Invitational - Sophomores

Hillside, IL

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Results

Event 25 Boys 1 Mile Run - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Hedman, Ron	York	4:39.5	10
2	Fayette, Bill (So)	Hinsdale Central	4:39.6	8
3	Llamas, Brian (So)	Downers Grove North	4:41.3	6
4	Tout, Andrew (So)	Neuqua Valley	4:41.4	4
5	Proffitt, Kevin (Fr)	Downers Grove North	4:47.6	2
6	Withal, Zac (So)	Hinsdale Central	4:49.4	1
7	Hedman, Tom	York	4:53.3	
8	Kokoris, Mike (So)	Lyons Township	4:55.7	
9	Lynn, Joel (So)	Neuqua Valley	4:57.6	
10	Holt, Mark (So)	Lyons Township	4:59.3	
11	Lester, Jeff (So)	Downers Grove South	5:11.0	
12	Valentine, Luke (So)	Naperville Central	5:12.5	
13	Welu, Sam (So)	Naperville Central	5:13.8	
14	Vurpillat, Dan (So)	Downers Grove South	5:14.1	
15	Oldenburg, John (So)	Lake Park	5:14.7	
16	Guild, Brett (So)	Wheaton North	5:14.9	
17	Flood, Ryan (So)	Whitney Young	5:16.4	
18	Burns, Liam (So)	Whitney Young	5:18.1	
19	Johnson, Chris (So)	Lake Park	5:25.3	
20	Norregaard, Stephen (So)	Wheaton North	5:27.3	
21	Miller, Greg (Fr)	Proviso West	5:43.3	

Proviso West Indoor Track Invitational - Sophomores

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Results

Event 29 Boys 4 x 400 Meter Relay - Sophomore

Final - Timed Finals

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Lyons Township -	Lyons Township	3:41.1	10
2	Hinsdale Central -	Hinsdale Central	3:46.4	8
3	Wheaton North -	Wheaton North	3:46.8	6
4	Naperville Central -	Naperville Central	3:47.6	4
5	Downers Grove South -	Downers Grove South	3:48.8	2
6	Neuqua Valley -	Neuqua Valley	3:51.9	1
7	Downers Grove North -	Downers Grove North	3:58.6	
8	Whitney Young -	Whitney Young	3:59.2	
9	Lake Park -	Lake Park	3:59.5	
10	Proviso East -	Proviso East	3:59.9	
---	York -	York	NT	
---	Proviso West -	Proviso West	NT	

Proviso West Indoor Track Invitational

February 28, 2009

Sophomore Team Scores

Place	School	Points
1	Lyons Township	95
2	Neuqua Valley	78.5
3	Naperville Central	49
4	Hinsdale Central	48
5	Lake Park	47
6	York	41
7	Wheaton North	32
7	Whitney Young	32
9	Downers Grove North	19
10	Downers Grove South	16.5
11	Proviso West	7
12	Proviso East	0