

## VLAGA Recreational Class Schedule Chart

### Session 3: January 2<sup>nd</sup> – February 23<sup>rd</sup>

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tiny Tots</b>						9:00-9:30 am
<b>Tumble Tots</b>		3:30-4:15 pm <i>w/Shavonne</i>			3:15-4:00 <i>w/ Shavonne</i>	9:15-10:00 am <i>w/ Luzia</i>
<b>Super Tots</b>	3:15-4:15 pm <i>Super Tots and Lil Stars w/ Monique</i>		3:30-4:30pm <i>w/ Shavonne</i>	5:00-6:00pm <i>w/ Shavonne</i>		9:30-10:30am 12:00-1:00 pm <i>w/ Shavonne</i>
<b>Lil Stars</b>	3:15-4:15 pm <i>w/Monique</i>	4:15-5:30pm <i>w/Shavonne</i>		3:45-5:00 pm <i>w/ Shavonne</i>		9:45-11:00 am <i>w/ Monique</i>
<b>Beginners</b>	4:00-5:00 pm  <i>Coed Beginner-Intermediate Combined w/ Luzia</i>		4:00- 5:15pm <i>Girls Beg. + Int. w/ Luzia &amp; Matt</i>		4:00-5:00 pm  <i>Coed. w/ Shavonne</i>	10:00-11:00 am  <i>Coed w/ Luzia</i>
<b>Intermediates</b>	4:00-5:00 pm  <i>Coed Beginner-Intermediate Combined w/ Luzia</i>  5:00-6:15 pm  <i>Coed w/ Luzia</i>	6:00-7:30 pm  <i>Coed Int. + Advanced 1 w/ Matt</i>	4:00- 5:15pm <i>Girls Beg. + Int. w/ Luzia &amp; Matt</i>  4:30-5:45pm <i>Coed w/ Shavonne</i>	4:00-5:15pm <i>Girls Only w/ Teodora</i>  6:00-7:30 pm <i>Coed Int. - Advanced 1 and 2 w/ Matthew and Shavonne</i>	4:00-5:30pm <i>Coed Int + Adv. 1 w/ Matthew</i>	11:00-12:30 pm <i>Coed Int. + Adv 1 and 2 w/ Luzia and Matthew</i>  12:30-1:45pm <i>Girls Only w/ Matthew</i>
<b>Advanced</b>		6:00-7:30 pm <i>Coed Int. + Advanced 1 w/ Matt</i>  6:15-7:45 pm <i>Girls Advanced I+ II w/ Ana</i>		6:00-7:30 pm <i>Coed Int. - Advanced 1 and 2 w/ Matthew and Shavonne</i>	4:00-5:30pm <i>Coed Int + Adv. 1 w/ Matthew</i>  3:45-5:15pm <i>Adv 1 + Adv 2 w/ Monique</i>	10:30-12:00pm <i>Girls Only Adv 1+ 2 w/ Shavonne</i>  11:00-12:30 pm <i>Coed Int. + Adv 1 and 2 w/ Luzia and Matthew</i>
<b>Just for Girls Ages 10+</b>	7:00-8:15 pm  <i>Beginners and Intermediates w/ Shavonne)</i>			6:00-7:30 pm <i>Coed Int. - Advanced 1 and 2 w/ Matthew and Shavonne</i>		

***For Info about Hotshots Preteam Ages 6-14, Shooting Stars Preteam Ages 4-7, Just Ask For Monique!***

**Teen & Adult Tumbling/Gymnastics :** Wednesday 7:45-9:00 pm, Thursday 7:15-8:30pm

\*Drop in Any Time. Classes are just \$ 10 each + 1 time Adult Registration Fee of \$ 50.