



C.O.A.S.T.* Connections

The Newsletter of Greater New Bedford C.O.A.S.T. (AKA The Greater New Bedford Health & Human Service Coalition)

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New Bedford Heroes Honored at 7th Annual Legislative Breakfast

(Taken from www.gfrpartners.com)

The 7th Annual Legislative Breakfast sponsored by Community Health Network Areas of Greater Fall River (Partners for a Healthier Community) and New Bedford (Greater New Bedford C.O.A.S.T.) was held on Friday, October 27, 2006. The theme of this year's forum was "Building Peaceful Communities." Over 125 people from both communities gathered at White's Restaurant in Westport to celebrate the accomplishments of local community award winners. They also enjoyed presentations by elected officials and keynote speaker



Deborah Prothrow-Stith, nationally recognized public health leader and author of violence prevention publications. Dr. Prothrow-Stith shared her thoughts about what creates violence and what can heal those who have been affected by violence.

Community Awards were given to those individuals and/or organizations that make a difference in making our communities healthier places. Those recognized for their commitment to making their community a better place to live, from the New Bedford area



included Reverend David Lima,



Teacher Mary Beth Ryan and Principal Patrick Moore of the Nativity Preparatory School, and



Brad Sell. Honorees also received citations from the New Bedford city council. Representatives Michael Rodrigues and Robert Correia congratulated award recipients.

GNB C.O.A.S.T. Chairpersons Dan Riding and Tim Velho welcomed community awards recipients, coalition members and elected officials.



Mayor Scott Lang shared some of his thoughts about why non-violence is so important to the development of both the communities of Fall River & New Bedford.

Also in attendance was U.S.



Congressman Barney Frank,

who challenged those asking for financial support from the government to also be willing to advocate for the necessary taxes. Fall River Mayor Lambert, and members of the state legislative delegation such as

Representatives Michael Rodrigues and Robert Correia were also invited to address the audience.

Additional pictures from the breakfast are posted on our temporary website at

www.geocities.com/gnbhswc, or directly at <http://www.gfrpartners.com/forum06.htm>.

COALITION/COMMITTEE MINUTES & REPORTS



GNB COAST General Meeting. 10/5/06, 9:00, Coastline Elderly Services

Attendees: Carl Alves, Gail Brennan, Sharon Costa-Smith, Judith Coykendall, Roger Dextrateur, Paula Doherty, Katie Dutille Dos Santos, Gladys Medina, Pauline Macedo, Ron O'Connor, Kathy Patistas, Marcia Picard, Suzanne Raposo, Dan Riding, Tim Velho, Karen Vernen-Thompson

Discussion Summary:

Assign a Note-Taker: Judith Coykendall volunteered to take minutes and forward them to Lorraine Rosa.

Welcome and Introductions:

New Co-Chairs of COAST introduced themselves. They are Tim Velho of RAPP and Dan Riding of Drug Free New Bedford. All attendees signed in. Updates were as follows:

Announcements:

- **Schwartz Center** will hold an open house at the new location off Old Westport Road on October 26th 3-5 p.m. for professionals and 6-8 p.m. for general public. Parking at UMass / Dartmouth will be available with shuttle buses to the new Center. For information, please call **508-996-3397**.
- **Kennedy Donovan** Open House will be held **10/25/06**, 4-5 p.m., on the corner of County St. and Hawthorne. The Early Intervention Partnerships Program (EIPP) is seeking more referrals for high risk pregnant women;

all are eligible with or without insurance. High risk women receive prenatal nursing visits and then monitor the child for the first year of life. Women involved in substance abuse, housing issues, domestic violence are served.

- **Healthy Families** is running groups at Parenting Teen Program for the whole school year. They are going for national credentials and will be undergoing site visits in the spring 07.
- **Mass DPH** is preparing for a pandemic flu by development of Continuation of Operations Plans which is a series of "table top" exercises for municipalities and human service agencies. There are 25-29 exercises starting in October and going through Thanksgiving. They are developing and testing plans.
- **Women's Health Network** is offering a Breast and Cervical Cancer Screening Health Education Curriculum for health educators and human service

organizations. Contact Paul Doherty at **781-774-6624** for more info.

- **DrugFree New Bedford Student Assistance Program** is a voluntary and free student testing program. Flyers are available for parents and they need to get the word out to recruit businesses for discount cards for the youth involved. Email Dan Riding with business suggestions at www.drugfreenb.org.
- **Latin American Health Institute** is a new program in New Bedford. It helps families develop better parenting skills. They work with families for 3-6 months. They are currently setting up the office on Middle Street. Contact Gladys Medina at **508-941-0005**.
- **Healthcare of Southeast Mass** conducted a Substance Abuse Conference October 4th and 30 people attended. Unfortunately nobody from New Bedford was able to attend. The next meeting will be the end of January, 2007 and it will be an

opportunity to see Best practices and networking. Food will be provided. On Oct. 20th there will be a Conference on Social Norms and the Law featuring the Montana State Highway Patrol on measuring the perception of law enforcement. In Plymouth. (Note: Date has changed to October 19th)

- **Partners for Clean Air** announced a new Medical Foundation Youth Initiative grant available to youth groups in the amount of \$2,000 to focus on Tobacco in the Entertainment Industry. For information call Judith Coykendall at **508-995-3026, x231**
- **Girl Scouts** has lots of registrants in over 70 towns in Massachusetts. Please read the article on the front page of the GNB COAST newsletter for more information. Girls Scouts is more than arts and crafts; it is a life skills program that enhances girls' lives in many positive ways. Contact is Marcia Picard, mpicard@gscsm.org, or call **800-242-0925, x41**.
- **Habit Management** recently received its Commission on Accreditation of Rehabilitation Services (CARP) accreditation for 3 years. It offers a substance abuse outpatient program in Wareham and it provides substance abuse treatment for non opiate dependent clients. The program requires counseling with every Suboxone prescription they write.
- **Making Seniors Social** informed the group that

there is a one time grant of 5500 from the Council on Aging for women 65 and over for a one time unit. Please call Felice Monteiro at **508-991-6250** for more information.

- **Home of Hope** announced the 3rd Annual "This Could Never Happen to Me" The Many Faces of HIV/AIDS Women's Conference on **10/19/06**, 9 a.m.-1:00 p.m., free of charge. Includes lunch at UMass/Dartmouth at 800 Purchase Street, NB. Please call Debbie Gilbert at **508-992-6553, x173** to register. The Home of Hope conducts outreach in its Acushnet Ave location as well as on the street. They are in the process of opening a new outreach center in Fall River. It will have one male and female program, one female program and one MSM (men who have sex with men) program. Open house will be planned and invitations sent in the near future.
- **PAACA** announced an event at the New Bedford Whaling Museum based on the TV Program "Intervention" on A&E. It is a reality program that reveals interventions for families who have someone who is addicted to drugs. One of the stars will be at the event to serve on a panel with Chief Teachmen to discuss substance abuse. Invitations will be sent. It is an America's Promise Initiative. A proposal has been made to designate New Bedford as being one of the "100 Best Communities". Also, Dec. 1st is World AIDS Day and breakfast will

be free. Notifications are coming.

- **Transitional Support Services (High Point)** is a DPH program. It recently received its two year site visit and passed. Harmony House in New Bedford is looking for two Masters level clinicians.

III. September Meeting Minutes and COAST

Connections: Attendees were reminded to review minutes when received from Lorraine Rosa. Katy Dutille Dos Santos said she has not been receiving emails from Lorraine, probably because of her name change. Her new email address is: kdutille@hcsm.org

IV. 7th Annual Legislative Breakfast Update:

Nomination forms for Community Awards must be sent to BJ Valente no later than Friday, October 6th. Co-Chairs ask for volunteers to review the community award nominations for the Fall River CHNA. Dan Riding, Marcia Picard, and Judith Coykendall volunteered to review the nominations at Family Services, 151 Rock Street, Fall River. All COAST members were encouraged to RSVP for the breakfast ASAP. The group decided that we would have a COAST resource table at the breakfast. Ron O'Connor and Katy Dutille Dos Santos said they would get some data and past success information to put on a tri-fold display. Judith has one that can be used with Velcro attachments. Ron will ask Liz Isherwood to design a COAST sign with logo to attach to the display. Maria Alves offered to help with the set up of the table.

V. Action Plan of Coalition Events: Tim has asked Dr. David Weed to attend the next COAST meeting to update the group on the activities that have been undertaken by Partners for a Healthier Community in Fall River. We would like to model their successes since we are sister cities and have so much in common.

VI. Fiscal Management of Increased Coalition Funding: The Steering Committee has been discussing the possible need for a Fiscal Manager for COAST. With the increased funding that will become available through present and future D.O.N.'s we will need strong accounting guidelines with monthly financial reports. Ron O'Connor will get us a copy of an RFR that was released by another CHNA for a fiscal manager. We need to move quickly on this process so we can begin to release our own RFR's into the community, so we will have accounting guidelines and financial reports according to accounting principles. We now have the possibility of \$140,000 per year available to local community groups and organizations to provide additional services and programs to the residents of Greater New Bedford. This is exciting news but will require strong financial oversight.

VII. Steering Committee will be discussing the DON applications and the RFR for Fiscal Management.

VIII. Subcommittee Reports:
Domestic Violence: No Report
Health Access: working to bring the Peri-natal Connections Model that deals with peri-natal and postpartum depression to New Bedford. Ron O'Connor has been working with DPH to bring the appropriate contacts to a Health Access meeting to make this happen.
Advocates for Youth: Have not met yet. Katy will contact Jocelyn Andrade to set up the first meeting. The group decided that this is a most important subcommittee and would like to see it start up ASAP.

IX. Next Meetings:
General Meeting – 11/2/2006, 9:00 a.m., Coastline Elderly
Steering Committee Meeting – 11/17/2006, 1-3 p.m., RAPP Resource Center, 49 State St., Dartmouth, Pequot Bldg, Suite 105.

Contact Person: Tim Velho, Co-chairperson, 508-994-0548; Dan Riding, Co-chairperson, 508-994-0885, x3157

Coalition Member Tasks:
 Send announcements to mcaprosa@yahoo.com for inclusion in the new C.O.A.S.T. Connections newsletter.

Contact Lorraine at mcaprosa@yahoo.com to submit an article for the next C.O.A.S.T. Connections newsletter
 Include a quarterly treasurer's report (General Meeting), and monthly treasurer's report
 Submit DV Committee summaries and Health Access Committee minutes to Lorraine
 Check the resource directory at www.geocities.com/gnbhsc to check for accuracy. Send corrections or updates to mcaprosa@hotmail.com
 Send mcaprosa@hotmail.com a brief description of yourself/agency, including website, for posting on www.geocities.com/gnbhsc, and sharing as received, with the Coalition listserve.
 Send events and meeting information to Lorraine Rosa, mcaprosa@hotmail.com, for inclusion in the Calendar section of www.geocities.com/gnbhsc, and for sharing with the Coalition listserve.
Staff Tasks:
 Monthly Newsletter publication.
 Update mail list and list serve with new members; remove any who have missed 4 meetings.
 Upload minutes and meeting dates on website, send email and hard copies, new web features, and tasks to membership, with a reminder on the weekend before the next Coalition meeting.
 Continue to update resource directory at www.geocities.com/gnbhsc

? Did You Know That...?



A Day Away III: A Day at the Zoo strategic plan report is now available online at

www.geocities.com/gnbhsc/DayAwayIIIReport.doc

The Roots of Domestic/Sexual Violence are Sexism, Racism,

Classism, etc. Oppression draft report of the GNB Domestic Violence Committee is available online at

<http://www.geocities.com/gnbhsc/DVoppressionReport2006.pdf>

All Fathers Welcome - Southeast Hospitals Group, St. Lukes Cite, RAPP Program Family Center Unit, "Welcomes Our Proud Dads", every Tuesday and Friday, 4:00-5:00pm at the Conference Room across from the 3rd Floor visitors elevators. It is a basic training for new dads and father's recognition and support initiative. New Father's Rounds on Tuesday 4:00-6:00pm and Friday 3:00-5:00pm will consist of contact with mother and father and an invitation to dad to have some light refreshments, video learning and fellowship in the Waiting Area across from the 3rd floor elevators. A "Dad's Survival Pack" includes information pamphlets, gift items, and resources in the community specifically for new fathers including Tim's business card and follow up support for the new father. Contact person is Tim Velho, **508-994-0548**.



GNB C.O.A.S.T. Has New Co-Chairpersons – Tim Velho and Dan Riding were recently elected as co-chairpersons of the GNB C.O.A.S.T. (GNBHSC) Coalition.

WIC Changes – You can help add fruits and vegetables, whole grains, soy beverages and more to the WIC food package. Please go to the National WIC website

at www.nwica.org to send an automated email of support, including any of your own personal comments by **11/6/06**.

Earn Sports Gear and Field Trip Transportation for Schools - Visit goplaylabels.com to learn about a new reward program from Nestle Pure Life, called *Go Play!* that helps accredited schools in the United States with any grades from K-8 earn points that can be redeemed toward fitness and sports gear, or transportation cost assistance toward hands-on educational field trips, just for collecting labels from bottles of *Nestlé® Pure Life®* bottled water products. Schools must sign up by **12/31/06**. See www.goplaylabels.com.

The **National Association of County and City Health Officials (NACCHO)**, in collaboration with The Foundation Center, tracks funding opportunities that can support public health activities. In September, NACCHO focused on foundations that list school health as a focus area. http://www.naccho.org/topics/fundingguide/documents/sept_2006/Massachusetts.pdf

Bikes Belong Offers Grants to Promote Bicycling
Bikes Belong, a national coalition of bicycle suppliers and retailers, administers a grants program designed "to put more people on bicycles more often." The grants program accepts and funds applications for three types of projects: facilities; education; and advocacy. Bikes Belong accepts requests for grants of up to \$10,000 each. Bikes Belong reviews applications on a quarterly cycle. The next

deadline is November 27, 2006. For more information: <http://bikesbelong.org/>

American Red Cross Seeks Volunteers to accomplish the organization's mission of providing relief to victims of disasters. Available opportunities include Disaster Response, training others in CPR, First Aid, Community Disaster Education and supporting Blood Drives. Office assistance during the morning hours 9:00 am -12:00 noon, Monday thru Thursdays is also needed. For more information please contact: Tobias T. Cowans, **508-586-4790, ext 103** cowanst@usa.redcross.org

Perinatal Depression - On behalf of the Cape & Islands Maternal Depression Task Force, information and support around the issue of Maternal Depression is available online at www.psych.uic.edu/clinical/HRSA/ or you can call the hotline at **1-800-573-6121**.

Fall River 7th Day Adventist Church events include their 2nd Annual Harvest Home Food Drive, **10/18/06-11/23/06**; 2nd Annual Harvest Home Feast Thanksgiving Day, **11/23/06**, 11:00, RSVP by 11/17/06, admission 3 cans of food for food drive; *Bright Stars Toy Drive* accepting new toy donations Sundays November 5, 12, 19, 26 and December 10 and 17, 9:30-12:30. All above are at the church, 2695 North Main St., Fall River. Contact Tim Velho, **508-646-3506**, or call him at **774-930-5955**.

HIV/AIDS Service Coordination Collaborative announces upcoming dates for

working group meetings. Now is a good time to join. Consumer incentive cards (groceries, CVS, etc.) are available to support consumer participation in these meetings: *Housing Issues working group* at Coastline Elderly, New Bedford. This is a JOIN working group with the South Shore SCC. **11/1/06**, 9:30-11:00; *Transportation working group* at Treatment on Demand, New Bedford. (date may change) **11/9/06**, 10:30-12:30. Contact Marisa, **508-583-2250, x229** to attend.

Youth Work Central announces *Building Exemplary Systems* for Training Youth Workers (BEST) graduates and non-BEST graduates are needed to be part of focus groups, interviews and surveys in its evaluation of its training and the support of youth worker networks on the outcomes for youth and youth workers. For participating, you will receive a scholarship to a BEST training (Youth Worker Certificate project, Supervisor Training, Supporting Girls Training, and Youth Development and Violence Prevention Training) and a free registration to the Youth Work Intensive Conference in the Spring. Information form and informed consent forms due November 3. Contact Mo Barbosa, mbarbosa@tmfnet.org. Website: www.YouthWorkCentral.org

Southeast Center for Healthy Communities announces Job Postings: Plymouth Public Schools have received a SAMHSA Drug-Free Communities Grant for the Plymouth Youth Development Collaborative, and are looking for a coordinator and administrative assistant. A training, "Why Scare Tactics Don't Work: Understanding Evidence-Based Strategies in Addressing Youth Risk Behaviors", will be held 11/16/06, 1:00-4:00. \$40 includes materials, CEUs and a light snack. Please register by November 9. Contact Katy Dutille dos Santos at kddossantos@hcsn.org or call **508-583-2350, x221**.

5 a Day Statewide Coalition – Do you want to know more about the new fruit and vegetable campaign? Do you want to know how your agency can be licensed to use the logo and obtain free downloadable tools? Do you want to get free publicity for your agency when the national launch occurs? Attend or phone into the next meeting on Thursday, **11/16/06**, 9:00-11:00, at the DPH, 250 Washington St., 4th floor, Boston. Email or attendance to Cynthia, Coordinator at Cynthia.Bayerl@state.ma.us

The Partnership for Prescription Assistance (PPA) is committed to getting

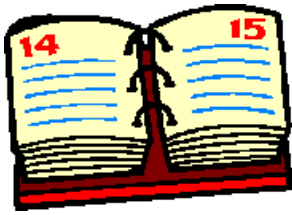
medicines to those who need them most. If you know of anyone who needs help getting their prescriptions, they may qualify for free or nearly-free prescription drugs. Patients call toll-free 1-888-4PPA-NOW to talk with a trained specialist who will guide them through the application process. The call center accepts calls in English, Spanish and approximately 150 other languages. Patients can download and print out applications immediately from www.pparx.org. Please file this information somewhere handy, so you can provide the clients and patients you see with this information.

2nd Annual Heart of Fatherhood Essay Contest Awards Dinner will be held **11/13/06**, 6:00pm, at the Hawthorne Country Club, to honor and recognize fathers who go above and beyond every day in Southcoast communities, and allow children an opportunity to acknowledge their fathers' efforts. Awardees will receive dinner and their awards and have their photos taken with the kids who nominated them at this event. Excerpts from the original winning essays will be read. New England Patriots Tedy Bruschi is one of this year's winners. \$50 for adults, \$35 for children 12 and under. For information, please call Tim at **508-994-0548**.

The Vision: A healthy environment where everyone experiences community, opportunity, access, safety and trust (COAST)*

The Mission of the GNBHHSC is to channel our community into action to achieve a better quality of life for everyone. We

1. Provide information about resources and services in order to promote coordination and to encourage their use by the public
2. Address needs and build on community assets
3. Celebrate and reward community successes



GNB C.O.A.S.T. November 2006 Calendar of Events

Nov. 1, 9:30-11:00	HIV/AIDS Service Coordination Collaborative Housing Issues working group meeting	Coastline Elderly Services 1646 Purchase St., New Bedford, MA
Nov. 2, 9:00	GNB C.O.A.S.T. General Meeting.	Coastline Elderly Services 1646 Purchase St., New Bedford, MA
Nov. 8, 9:15	GNB C.O.A.S.T. Health Access Committee. Melanie Favre from the Perinatal Connections Project will attend. For information, contact Judith at 508-995-3026, x231.	Greater New Bedford Community Health Center Conference Room, 874 Purchase St., New Bedford, MA. Use WIC/Pediatrics entrance at the corner of Elm St. and Acushnet Ave.
Nov. 9, 10:30-12:30	HIV/AIDS Service Coordination Collaborative Transportation working group meeting. (Date may change)	Treatment on Demand. Please call Demmene Frierson or an outreach worker for directions at (508) 984-0025.
Nov. 13, 6:00pm	2nd Annual Heart of Fatherhood Essay Contest Awards Dinner. \$75 for adults, call for children 12 and under.	Hawthorne Country Club. For more information, call Tim at 508-994-0548.
Nov. 16, 9:00-11:00	5 a Day Statewide Coalition. Email or attendance to Cynthia, Coordinator at Cynthia.Bayerl@state.ma.us or phone 617-624-5439	Department of Public Health, 250 Washington St., 4th floor., Boston.
Nov. 16, 1:00-4:00	Training: Why Scare Tactics Don't Work: Understanding Evidence-Based Strategies in Addressing Youth Risk Behaviors. \$40 includes materials, CEUs and a light snack. Register by November 9.	Contact Katy Dutille dos Santos, kddossantos@hcsn.org or call 508-583-2350, x221
Nov. 17, 12:30-2:00	GNB C.O.A.S.T. Domestic Violence Committee. RSVP by 11/15/06 to cforney@ncla.net	South Coastal Counties Legal Services, 21 South Sixth St., New Bedford, MA
Nov. 17, 1:00	GNB C.O.A.S.T. Steering Committee.	RAPP Resource Center, 49 State St., Dartmouth, Pequot Bldg, Suite 105
Nov. 23, 11:00	2nd Annual Harvest Home Feast Thanksgiving Day. All are welcome. Admission: 3 canned food items for food drive. RSVP by 11/17/06 to Tim Velho, 508-646-3506, or 774-930-5955.	7th Day Adventist Church, 2695 North Main St., Fall River.



GNBHHSC (GNB C.O.A.S.T.)
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To submit an article, announcement or other information to C.O.A.S.T. Connections, please email Lorraine Rosa at mcaprosa@yahoo.com or Skype mrosanet by **11/15/06**. You may also access copies of this newsletter at www.geocities.com/gnbhhsc.