

## WHAT DO WE DO WITH FEAR.

1. ACKNOWLEDGE YOUR FEAR.
2. ASK GOD TO SHOW YOU WHAT YOU REALLY ARE AFRAID OF.
3. WHY DO I FEAR THIS?
4. GET IN THE WORD OF GOD.

ISA.41:10

## WHY ARE WE FEARFUL?

1. THINGS WE HAVE LEARNED.

1 COR.13:11

2.OUR IMAGINATION

JO.8:31-32

3. GUILT PS.51:3

4. IGNORANCE OF GOD'S WORD.

1 COR.15:55-56; JO.10:27-30

MARK 3:29

5.DOUBT. GEN.1:1

6.POOR SELF IMAGE.

PS. 139:14

7. CHALLENGE. 2 TIM.1:7

8. FAILURE. 2 COR.7:16-18

PHIL.3:13-14 ;PROV.26:11

## THREE ASPECTS OF FEAR.

1. PROTECTIVE FEAR.
2. FEAR OF GOD.
3. ENSLAVING FEAR.

## SOURCES OF FEAR.

1. SIN
2. LEARNED
3. IMAGINATION
4. IGNORANCE
5. DOUBT
6. POOR SELF IMAGE

# HOW TO BE HEALED OF FEAR.

1. DO I REALLY WANT TO BE  
FREE OF FEAR?. JO.5:6-7

2. THE BASIC CAUSE OF FEAR.  
PS.103:19

3. CHOOSE TO FOCUS ON GOD.  
HEB.12:2

4. MEDITATE ON HIS WORD.  
JOS.1:7-9  
PS.27:1-3  
46:1-2  
23:4  
ISA.41:10