

USAPL Florida State Masters Records - Women 40+ (Updated April 26, 2009)

Wt. Class	Event	Name	Weight	Championship/Location	Year
97lb/44kg	Squat			Vacant	
	Bench Press			Vacant	
	Deadlift			Vacant	
	Total			Vacant	
105lb/48kg	Squat	April Shumaker	281.00	Women's Nationals -- Miami, FL	2009
	Bench Press	April Shumaker	209.25	Florida State Open -- Davie, FL	2009
	Deadlift	April Shumaker	319.00	Europa Show of Champions -- Orlando	2009
	Total	April Shumaker	799.00	Europa Show of Champions -- Orlando	2009
114lb/52kg	Squat	April Shumaker	220.25	Southeastern USA Regional - Miami	2008
	Bench Press	April Shumaker	181.75	Southeastern USA Regional - Miami	2008
	Deadlift	April Shumaker	259.00	Southeastern USA Regional - Miami	2008
	Total	April Shumaker	661.00	Southeastern USA Regional - Miami	2008
123lb/56kg	Squat	Lynne Whidden	255.00	Florida State Open - Clearwater, FL	2004
	Bench Press	Lynne Whidden	135.00	Florida State Open - Clearwater, FL	2004
	Deadlift	Lynne Whidden	300.00	Florida State Open - Clearwater, FL	2004
	Total	Lynne Whidden	690.00	Florida State Open - Clearwater, FL	2004
132lb/60kg	Squat	Cheryl McKenzie	150.00	Florida State Open - Clearwater, FL	2004
	Bench Press	Cheryl McKenzie	100.00	Florida State Open - Clearwater, FL	2004
	Deadlift	Cheryl McKenzie	210.00	Florida State Open - Clearwater, FL	2004
	Total	Cheryl McKenzie	460.00	Florida State Open - Clearwater, FL	2004
148lb/67.5kg	Squat			Vacant	
	Bench Press	Marlene Parishy	38.50	Senior State Games - Ft. Myers, FL	2007
	Deadlift			Vacant	
	Total			Vacant	
165lb/75kg	Squat	Candy Mette	242.50	Southeastern USA Regional - Davie, FL	2004
	Bench Press	Candy Mette	154.25	Florida State BP/DL - Davie, FL	2003
	Deadlift	Candy Mette	297.50	Florida State BP/DL - Davie, FL	2003
	Total	Candy Mette	672.25	Southeastern USA - Davie, FL	2004
181lb/82.5kg	Squat	Carolyn Phillips	225.75	Sunshine State Games - Lakeland, FL	2008
	Bench Press	Carolyn Phillips	110.25	Senior State Games - Ft. Myers, FL	2007
	Deadlift	Carolyn Phillips	270.00	Sunshine State Games - Lakeland, FL	2008
	Total	Carolyn Phillips	595.25	Sunshine State Games - Lakeland, FL	2008
198lb/90kg	Squat	Carolyn Phillips	253.50	Southeastern USA - Port St. Lucie, FL	2006
	Bench Press	Carolyn Phillips	126.75	Southeastern USA - Port St. Lucie, FL	2006
	Deadlift	Carolyn Phillips	292.00	Women's Nationals -- Miami, FL	2009
	Total	Carolyn Phillips	650.25	Southeastern USA - Port St. Lucie, FL	2006
SHW/90+kg	Squat	Tammi Smith	413.25	Women's Nationals -- Miami, FL	2009
	Bench Press	Tammi Smith	248.00	Europa Show of Champions - Orlando	2009
	Deadlift	Nancy Edelson	445.00	Florida State Open - Clearwater, FL	2004
	Total	Tammi Smith	1014.00	Women's Nationals -- Miami, FL	2009

USAPL Florida State Masters Records - Women 50+ (Updated April 26, 2009)

Wt. Class	Event	Name	Weight	Championship/Location	Year
97lb/44kg	Squat			Vacant	
	Bench Press			Vacant	
	Deadlift			Vacant	
	Total			Vacant	
105lb/48kg	Squat	Joan Schmidt	55.00	Florida State Open -- Davie, FL	2009
	Bench Press	Joan Schmidt	71.50	Florida State Open -- Davie, FL	2009
	Deadlift	Joan Schmidt	149.75	Florida State Open -- Davie, FL	2009
	Total	Joan Schmidt	276.25	Florida State Open -- Davie, FL	2009
114lb/52kg	Squat	Joan Schmidt	60.50	Women's Nationals -- Miami, FL	2009
	Bench Press	Joan Schmidt	66.00	Women's Nationals -- Miami, FL	2009
	Deadlift	Joan Schmidt	148.75	Women's Nationals -- Miami, FL	2009
	Total	Joan Schmidt	275.25	Women's Nationals -- Miami, FL	2009
123lb/56kg	Squat			Vacant	
	Bench Press			Vacant	
	Deadlift			Vacant	
	Total			Vacant	
132lb/60kg	Squat	Melinda Henry	121.25	Women's Nationals -- Miami, FL	2009
	Bench Press	Melinda Henry	99.00	Senior State Games - Ft. Myers, FL	2008
	Deadlift	Melinda Henry	176.25	Senior State Games - Ft. Myers, FL	2008
	Total	Melinda Henry	391.25	Women's Nationals -- Miami, FL	2009
148lb/67.5kg	Squat			Vacant	
	Bench Press	Marlene Parishy	38.50	Senior State Games - Ft. Myers, FL	2007
	Deadlift			Vacant	
	Total			Vacant	
165lb/75kg	Squat			Vacant	
	Bench Press			Vacant	
	Deadlift	Wanda Araujo	203.75	Tropical Games - W. Palm Beach, FL	2005
	Total			Vacant	
181lb/82.5kg	Squat	Carolyn Phillips	225.75	Sunshine State Games - Lakeland, FL	2008
	Bench Press	Carolyn Phillips	110.25	Senior State Games - Ft. Myers, FL	2007
	Deadlift	Carolyn Phillips	270.00	Sunshine State Games - Lakeland, FL	2008
	Total	Carolyn Phillips	595.25	Sunshine State Games - Lakeland, FL	2008
198lb/90kg	Squat	Carolyn Phillips	253.50	Southeastern USA - Port St. Lucie, FL	2006
	Bench Press	Carolyn Phillips	126.75	Southeastern USA - Port St. Lucie, FL	2006
	Deadlift	Carolyn Phillips	292.00	Women's Nationals -- Miami, FL	2009
	Total	Carolyn Phillips	650.25	Southeastern USA - Port St. Lucie, FL	2006
SHW/90+kg	Squat			Vacant	
	Bench Press	Carol Adams	132.25	Southeastern USA - Port St. Lucie, FL	2006
	Deadlift			Vacant	
	Total			Vacant	