2005 USAPL Florida State High School Powerlifting Championships

Nova Southeastern University - Ft. Lauderdale, Florida

Saturday, April 30, 2005

							SQUAT			BENCHPRESS				DEADLIFT								
NR	WT	BDW.	NAME	AGE	DIVISION	HIGH SCHOOL	1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.	4. SQ	4. BP	4.DL
1			**Women**																			
2	52.00	49.4	**Lauren Urso**	17	Varsity	Abington Hts	45.0	57.5	-67.5	27.5	30.0	-32.5	87.5	60.0	72.5	77.5	165.0	171.1	1.0			
3	60.00	59.0	**Amy Welcome**	18	Varsity	Abington Hts	90.0	102.5	-110.0	45.0	52.5	55.0	157.5	112.5	125.0	-132.5	282.5	244.7	1.0			
4																						
5			**Men**																			
6	56.00	54.0	**Mason Logran**	14	JV	Abington Hts (PA)	-77.5	77.5	90.0	50.0	60.0	62.5	152.5	85.0	100.0	-110.0	252.5	238.3	1.0			
7	60.00	58.6	**Jon Szparaga**	12	JV	Port St. Lucie	-27.5	27.5	Pass	65.0	72.5	75.0	102.5	92.5	97.5	105.0	207.5	180.9	1.0			
8	82.50	76.6	**John Hodapp**	15	JV	Port St. Lucie	42.5	50.0	55.0	72.5	-80.0	85.0	140.0	85.0	92.5	105.0	245.0	172.1	1.0			
9	90.00	88.2	**Jordan Greenberg**	16	JV	Pine Crest	165.0	-175.0	177.5	125.0	-130.0	-130.0	302.5	142.5	147.5	157.5	460.0	296.7	1.0			
10	100.00	90.0	**Donald Snyder**	16	JV	Abington Hts (PA)	155.0	167.5	-172.5	95.0	102.5	-105.0	270.0	160.0	172.5	-185.0	442.5	282.5	1.0			
11	110.00	108.2	**Anthony Lepri**	15	JV	Abington Hts (PA)	182.5	210.0	230.0	80.0	90.0	95.0	325.0	160.0	167.5	-185.0	492.5	291.4	1.0			
12	52.00	51.6	**Casey Miller**	18	Varsity	Spruce Creek	110.0	115.0	130.0	-102.5	-102.5	102.5	130.0	142.5	150.0	170.0	300.0	296.8	1.0			-180.0
13	56.00	54.6	**Jordan Miller**	16	Varsity	Spruce Creek	-102.5	107.5	110.0	-95.0	95.0	-102.5	205.0	125.0	130.0	137.5	342.5	319.7	1.0			
14	60.00	59.2	**Jason Koester**	16	Varsity	Jupiter	-160.0	160.0	167.5	82.5	85.0	90.0	257.5	155.0	165.0	170.0	427.5	369.1	1.0			
15	67.50	64.6	**Patrick Doyle**	18	Varsity	Abington Hts (PA)	-160.0	160.0	185.0	92.5	100.0	-105.0	285.0	-160.0	167.5	185.0	470.0	375.7	1.0			
16	75.00	74.2	**Houston Whitehead**	16	Varsity	George Jenkins	-137.5	-137.5	137.5	97.5	102.5	107.5	245.0	125.0	140.0	147.5	392.5	281.8	1.0			
17	90.00	83.3	**Wallace Bell**	18	Varsity	Bartow	-182.5	182.5	-210.0	160.0	167.5	172.5	355.0	205.0	220.0	227.5	582.5	388.0	1.0			
18	100.00	90.1	**Loris Lepri**	18	Varsity	Abington Hts (PA)	160.0	175.0	-185.0	102.5	-115.0	-115.0	277.5	160.0	182.5	185.0	462.5	295.1	1.0			
19	110.00	106.4	**Jeffrey Reim, Jr.**	18	Varsity	Abington Hts (PA)	235.0	260.0	272.5	140.0	150.0	-155.0	422.5	217.5	240.0	-260.0	662.5	394.1	1.0			
20	125.00	117.8	**Christopher White**	16	Varsity	Spruce Creek	-157.5	-165.0	-165.0	-132.5	-132.5	-132.5		170.0	180.0	190.0	190.0	109.7	1.0			
21																						
22	Boys Champion of Champions - Wallace Bell																					
23	Girls Champion of Champions - Amy Welcome																					
24	Team Champions - Spruce Creek High School																					
25																						

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: