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Saturday, August 22, 2009

Dear USA Powerlifting – Florida Member:

Greetings! It is my pleasure to announce to you that the *USAPL South Florida Open Bench Press, Push-Pull, and Powerlifting Championships* that will be held at the Hyatt Regency Bonaventure Hotel on Saturday, October 03, 2009. I have attached a copy of the official contest application for your review.

The contest equipment for the championship will be of international caliber, and will include three [3] ER/Combo squat/bench press racks from Denmark along with calibrated Ivanko bars/weights. Official Barload software program and a computerized scoring system shall be used to direct and calculate the individual and team scoring for the championship.

Key and important, both international and national referees will be in attendance for lifters to set both State and American records. Also, the championship shall be drug-tested in accordance with USAPL/IPF standards. In addition, if you require powerlifting gear, commercial sellers will be available with the most up-to-date equipment to accommodate your specific needs.

As a reminder, the deadline for all **contest entry forms will be** [Wednesday, September 23, 2009]. Finally, for further information pertaining to the contest, please see the official competition website at: www.geocities.com/floridausapl/2009SF

To close, if you have any questions regarding this championship, or if I can be of further assistance, I can be reached via e-mail: rhk@verizon.net or telephone number: 954.790.2249. On behalf of administration of USA Powerlifting – Florida, I would like to take this opportunity to wish you much success with your training for this competition and look forward to seeing you at the championship -- Thank you!

Sincere regards,

Robert Keller

Robert H. Keller
Contest Director
USAPL South Florida Open
Bench Press, Push-Pull, and Powerlifting Championships