



2nd USAPL U.S. OPEN BENCH PRESS CHAMPIONSHIPS

Gold's Gym - Port St. Lucie, Florida



Saturday, July 07, 2007

NR	WT	BDW.	NAME	AGE	DIVISION	School/Club	SQUAT			BENCHPRESS				DEADLIFT			TOT.	Wilk's	PL.
							1.	2.	3.	1.	2.	3.	SUB.	1.	2.	3.			
1			Women																
2	90+	91.6	Carol Adams	60	Open	Planet Fitness - Boca Raton				52.5	-65.0	-65.0	52.5				52.5	33.2	1.0
3	90+	91.6	Carol Adams	60	Masters III [60 - 69]	Planet Fitness - Boca Raton				52.5	-65.0	-65.0	52.5				52.5	33.2	1.0
4	90+	91.6	Carol Adams	60	Paralympian	Planet Fitness - Boca Raton				52.5	-65.0	-65.0	52.5				52.5	33.2	1.0
5																			
6			Men																
7	67.50	67.1	Toshihke Noda	28	Open	Powerhouse Gym - Tokoyo, Japan				210.0	217.5	-220.0	217.5				217.5	168.5	1.0
8	67.50	64.6	Jon Szparaga	14	Open	Power Barn - Palm City				85.0	-92.5	-92.5	85.0				85.0	67.9	2.0
9	67.50	64.6	Jon Szparaga	14	Teen I [14 - 15]	Power Barn - Palm City				85.0	-92.5	-92.5	85.0				85.0	67.9	1.0
10	67.50	64.6	Jon Szparaga	14	High School JV	Power Barn - Palm City				85.0	-92.5	-92.5	85.0				85.0	67.9	1.0
11	75.00	74.6	Dr. Damian Fronzaglia	41	Open	Just Lift Inc - Tamarac				185.0	195.0	202.5	202.5				202.5	144.8	1.0
12	75.00	74.6	Dr. Damian Fronzaglia	41	Master I [40 - 49]	Just Lift Inc - Tamarac				185.0	195.0	202.5	202.5				202.5	144.8	1.0
13	75.00	70.1	John Green	45	Master I [40 - 49]	Lake Worth - Port St. Lucie				25.0	Pass	Pass	25.0				25.0	18.7	2.0
14	82.50	82.1	Dwayne Lawrence	38	Open	Just Lift Inc - Tamarac				165.0	-182.5	-182.5	165.0				165.0	110.9	1.0
15	82.50	82.2	Bill Walde	39	Open	Just Lift Inc - Tamarac				115.0	125.0	127.5	127.5				127.5	85.6	2.0
16	82.50	82.2	Mark Lee	21	Junior [20 - 23]	Just Lift Inc - Tamarac				125.0	132.5	-137.5	132.5				132.5	89.0	1.0
17	82.50	79.5	Peter Blake	31	Raw/Unequipped	Gold's Gym - Port St. Lucie				-152.5	-152.5	-152.5							
18	90.00	88.3	Jeff Gerardo	33	Open	FGCU Powerlifting Team - Ft. Myers				-197.5	202.5	-208.0	202.5				202.5	130.6	1.0
19	90.00	89.3	Joshua Roane	17	Teen II [16 - 17]	Gold's Gym - Port St. Lucie				127.5	137.5	-147.5	137.5				137.5	88.1	1.0
20	90.00	89.3	Joshua Roane	17	High School Varsity	Gold's Gym - Port St. Lucie				127.5	137.5	-147.5	137.5				137.5	88.1	1.0
21	90.00	89.2	Julian Ulvang	44	Master I [40 - 49]	Just Lift Inc - Tamarac				187.5	197.5	202.5	202.5				202.5	129.9	1.0
22	90.00	87.9	John Ruffalo	69	Master III [60 - 69]	East Coast Fitness - Palm Bay				107.5	-112.5	-112.5	107.5				107.5	93.8	1.0
23	90.00	86.4	Myles Kantor	27	Raw/Unequipped	YMCA - Boyton Beach				85.0	97.5	-100.0	97.5				97.5	85.8	1.0
24	100.00	94.6	Brian Burritt	40	Open	Strong Arm Sports - Port St. Lucie				-217.5	-217.5	-217.5							
25	100.00	94.6	Brian Burritt	40	Master I [40 - 49]	Strong Arm Sports - Port St. Lucie				-217.5	-217.5	-217.5							
26	100.00	97.8	David Grossman	57	Master II [50 - 59]	LA Fitness - Coral Springs				122.5	127.5	-132.5	127.5				127.5	78.3	1.0
27	100.00	94.2	George Walker	60	Master III [60 - 69]	Quest Gym - Sebring				145.0	160.0	172.5	172.5				172.5	107.7	1.0
28	100.00	95.6	Ray Urgo	72	Master III [60 - 69]	Gold's Gym - Port St. Lucie				-125.0	125.0	-137.5	125.0				125.0	77.5	2.0
29	100.00	98.5	Jerry Klufft	72	Master III [70 - 79]	Just Lift Inc - Tamarac				130.0	140.0	143.0	143.0				143.0	87.6	1.0
30	100.00	97.5	Dr. Herb Brandt	81	Masters V [80 - 89]	Gold's Gym - Port St. Lucie				-77.5	-77.5	77.5	77.5				77.5	47.7	1.0
31	100.00	98.5	Jerry Klufft	72	Raw/Unequipped	Just Lift Inc - Tamarac				130.0	140.0	143.0	143.0				143.0	87.6	1.0
32	100.00	97.5	Dr. Herb Brandt	81	Raw/Unequipped	Gold's Gym - Port St. Lucie				-77.5	-77.5	77.5	77.5				77.5	47.7	2.0
33	100.00	100.0	Andrew Cohen	26	Special Olympian	Just Lift Inc - Tamarac				55.0	57.5	60.0	60.0				60.0	36.5	1.0
34	110.00	106.8	JD Clark	51	Masters II [50 - 59]	Just Lift Inc - Tamarac				160.0	170.0	Pass	170.0				170.0	101.0	1.0
35	125.00	116.7	Jim Dundon	42	Open	FGCU Powerlifting Team - Ft. Myers				225.0	232.5	237.5	237.5				237.5	137.4	1.0
36	125.00	119.7	Jon Kennedy	33	Open	World Gym - East Ft. Lauderdale				142.5	147.5	160.0	160.0				160.0	92.0	2.0
37	125.00	121.9	Al Suarez	50	Open	Porky's Gym - Miami				-185.0	-187.5	-187.5							
38	125.00	117.5	Garrett Owens	21	Collegiate	FGCU Powerlifting Team - Ft. Myers				167.5	-177.5	177.5	177.5				177.5	102.6	1.0
39	125.00	116.7	Jim Dundon	42	Master I [40 - 49]	FGCU Powerlifting Team - Ft. Myers				225.0	232.5	237.5	237.5				237.5	137.4	1.0
40	125.00	122.5	Skip Regan	55	Master II [50 - 59]	Gold's Gym - Port St. Lucie				-170.0	-175.0	175.0	175.0				175.0	100.3	1.0
41	125.00	122.5	Skip Regan	55	Police/Fire/Military	Gold's Gym - Port St. Lucie				-170.0	-175.0	175.0	175.0				175.0	100.3	1.0
42	125+	141.4	Ed Rufus	44	Open	Just Lift Inc - Tamarac				227.5	242.5	255.5	255.5				255.5	142.6	1.0
43			Out																
44	67.50		Jeannea Bracetty	29	Open	Strong Arm Sports - Port St. Lucie													
45	82.5		Leonard McCormick	38	Open	Atlanta Athletic Club - Atlanta													
46	82.50		Stephen Judah	23	Junior [20 - 23]	Booger Woods Gym - Ft. Meade													
47																			

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: