2007 USAPL / FSF Senior State Games Bench Press & Deadlift Championships

South Ft. Myers High School - Ft. Myers, Florida

Saturday, December 08, 2007

							BENCHPRESS				DEADLIFT					
NR	WT. CL	BDW.	NAME	AGE	Division	Club/City	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Womens Bench Press**													
2	82.50	79.8	Carolyn Phillips	59	Masters 55 - 59	Fitness on the Cape - Cape Coral	47.5	50.0	-52.5	50.0				50.0	45.8	1.0
3	52.00	50.7	Rhoda Magistro	73	Masters 70 - 74	Millenium Fitness - Largo	15.0	17.5	20.0	20.0				20.0	25.4	1.0
4	67.50	62.3	Marlene Parishy	70	Masters 70 - 74	Millenium Fitness - Largo	12.5	15.0	17.5	17.5				17.5	19.0	1.0
5																
6			**Mens Bench Press**													
7	110.00	106.1	Segismundo Pares	50	Masters 50 - 54	YMCA - Ocala	185.0	192.5	200.0	200.0				200.0	119.1	1.0
8																
9	100.00	97.1	David Grossman	58	Masters 55 - 59	LA Fitness - Coral Springs	132.5	137.5	-140.0	137.5				137.5	84.7	1.0
10	100.00	97.9	Steven Eisman	57	Masters 55 - 59	Balleys Fitness - Penbrooke Pines	-137.5	-137.5	137.5	137.5				137.5	84.4	2.0
11	110.00	100.7	Joe Marsilio	59	Masters 55 - 59	Millenium Gym - Largo	-90.0	100.0	120.0	120.0				120.0	72.8	1.0
12																
13	82.50	81.0	Wayne Hansen	63	Masters 60 - 64	Patrick AFB - Melbourne	130.0	135.0	137.5	137.5				137.5	93.1	1.0
14	82.50	81.5	Jack Stevens	62	Masters 60 - 64	LA Fitness - Brandon	75.0	85.0	-90.0	85.0				85.0	57.4	2.0
15	90.00	87.7	George Walker	61	Masters 60 - 64	Quest Fitness - Sebring	142.5	157.5	-165.0	157.5				157.5	101.9	1.0
16	90.00	85.9	Ritchie Creevy	64	Masters 60 - 64	YMCA - Sarasota	-122.5	-132.5	-132.5							
17	100.00	97.8	Al Speech	63	Masters 60 - 64	NCH Fitness - Naples	125.0	140.0	-150.0	140.0				140.0	86.0	1.0
18	100.00	99.1	John Czerepak	60	Masters 60 - 64	JC Fitness - Winter Haven	85.0	90.0	95.0	95.0				95.0	58.0	2.0
19	110.00	102.5	Larry Wallen	60	Masters 60 - 64	Balleys Fitness - Jacksonville	125.0	135.0	140.0	140.0				140.0	84.4	1.0
20	110.00	101.0	Salvatore Grech	64	Masters 60 - 64	NCH Fitness - Naples	125.0	132.5	137.5	137.5				137.5	83.4	2.0
21																
22	75.00	74.1	Joe McDermott	67	Masters 65 - 69	Golds Gym - Clearwater	132.5	137.5	-140.0	137.5				137.5	98.8	1.0
23	75.00	73.6	William "Doc" Bauer	67	Masters 65 - 69	Millenium Fitness - Largo	82.5	85.0	87.5	87.5				87.5	63.2	2.0
24	82.50	79.8	Tony Nicolini	68	Masters 65 - 69	Fitness on the Cape - Cape Coral	95.0	97.5	-100.0	97.5				97.5	66.7	1.0
25	100.00	98.1	Bill McGuire	65	Masters 65 - 69	BM Fitness - Palm Coast	-135.0	135.0	-145.0	135.0				135.0	82.8	1.0
28	110.00	106.1	Terry Hedstrom	65	Masters 65 - 69	YMCA - Sarasota	102.5	-105.0	-105.0	102.5				102.5	61.0	1.0
29																
30	60.00	59.1	Dillon Maier	72	Masters 70 - 74	Suncoast YMCA - New Port Richey	62.5	-65.0	-65.0	62.5				62.5	54.1	1.0
31																
32	82.50	77.2	Phil Magristo	81	Masters 80 - 84	Millenium Fitness - Largo	35.0	-42.5	45.0	45.0				45.0	31.4	1.0
33																

2007 USAPL / FSF Senior State Games Bench Press & Deadlift Championships

South Ft. Myers High School - Ft. Myers, Florida

Saturday, December 08, 2007

							BENCHPRESS				DEADLIFT					
NR	WT. CL	BDW.	NAME	AGE	Division	Club/City	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Womens Deadlift**													
2	82.50	79.8	Carolyn Phillips	59	Masters 55 - 59	Fitness on the Cape - Cape Coral					107.5	115.0	120.0	120.0	110.0	1.0
3																
4			**Mens Deadlift**													
5	110.00	106.1	Segismundo Pares	50	Masters 50 - 54	YMCA - Ocala					235.0	-257.5	-257.5	235.0	139.9	1.0
6																
7	100.00	97.9	Steven Eisman	57	Masters 55 - 59	Balleys Fitness - Penbrooke Pines					102.5	125.0	130.0	130.0	79.8	1.0
8	110.00	100.7	Joe Marsilio	59	Masters 55 - 59	Millenium Gym - Largo					85.0	100.0	142.5	142.5	86.5	1.0
9																
10	82.50	81.5	Jack Stevens	62	Masters 60 - 64	LA Fitness - Brandon					165.0	185.0	205.0	205.0	138.4	1.0
11	100.00	99.1	John Czerepak	60	Masters 60 - 64	JC Fitness - Winter Haven					115.0	122.5	127.5	127.5	77.9	1.0
12	100.00	97.8	Al Speech	63	Masters 60 - 64	NCH Fitness - Naples					65.0	115.0	125.0	125.0	76.8	2.0
13	110.00	102.5	Larry Wallen	60	Masters 60 - 64	Balleys Fitness - Jacksonville					275.0	300.0	320.0	320.0	192.9	1.0
14																
15	75.00	73.6	William "Doc" Bauer	67	Masters 65 - 69	Millenium Fitness - Largo					65.0	Pass	Pass	65.0	46.9	1.0
16	75.00	74.1	Joe McDermott	67	Masters 65 - 69	Golds Gym - Clearwater					65.0	Pass	Pass	65.0	46.7	2.0
17	82.50	79.8	Tony Nicolini	68	Masters 65 - 69	Fitness on the Cape - Cape Coral					125.0	132.5	135.0	135.0	92.3	1.0
18	100.00	98.1	Bill McGuire	65	Masters 65 - 69	BM Fitness - Palm Coast					160.0	170.0	182.5	182.5	111.9	1.0
19	110.00	106.1	Terry Hedstrom	65	Masters 65 - 69	YMCA - Sarasota					165.0	185.0	-190.0	185.0	110.1	1.0
20																
21	60.00	59.1	Dillon Maier	72	Masters 70 - 74	Suncoast YMCA - New Port Richey					140.0	155.0	165.0	165.0	142.7	1.0
22																
23																
24																
25																

2007 USAPL / FSF Senior State Games Bench Press & Deadlift Championships

South Ft. Myers High School - Ft. Myers, Florida

Saturday, December 08, 2007

							BENCHPRESS				DEADLIFT					
NR	WT. CL	BDW.	NAME	AGE	Division	Club/City	1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Womens Combined**													
2	82.50	79.8	Carolyn Phillips	59	Masters 55 - 59	Fitness on the Cape - Cape Coral	47.5	50.0	-52.5	50.0	107.5	115.0	120.0	170.0	155.8	1.0
3																
4			**Mens Combined**													
5	110.00	106.1	Segismundo Pares	50	Masters 50 - 54	YMCA - Ocala	185.0	192.5	200.0	200.0	235.0	-257.5	-257.5	435.0	259.0	1.0
6																
7	100.00	97.9	Steven Eisman	57	Masters 55 - 59	Balleys Fitness - Penbrooke Pines	-137.5	-137.5	137.5	137.5	102.5	125.0	130.0	267.5	164.2	1.0
8	110.00	100.7	Joe Marsilio	59	Masters 55 - 59	Millenium Gym - Largo	-90.0	100.0	120.0	120.0	85.0	100.0	142.5	262.5	159.3	1.0
9																
10	82.50	81.5	Jack Stevens	62	Masters 60 - 64	LA Fitness - Brandon	75.0	85.0	-90.0	85.0	165.0	185.0	205.0	290.0	195.7	1.0
11	100.00	97.8	Al Speech	63	Masters 60 - 64	NCH Fitness - Naples	125.0	140.0	-150.0	140.0	65.0	115.0	125.0	265.0	162.8	1.0
12	100.00	99.1	John Czerepak	60	Masters 60 - 64	JC Fitness - Winter Haven	85.0	90.0	95.0	95.0	115.0	122.5	127.5	222.5	135.9	2.0
13	110.00	102.5	Larry Wallen	60	Masters 60 - 64	Balleys Fitness - Jacksonville	125.0	135.0	140.0	140.0	275.0	300.0	320.0	460.0	277.3	1.0
14																
15	75.00	74.1	Joe McDermott	67	Masters 65 - 69	Golds Gym - Clearwater	132.5	137.5	-140.0	137.5	65.0	Pass	Pass	202.5	145.5	1.0
16	75.00	73.6	William "Doc" Bauer	67	Masters 65 - 69	Millenium Fitness - Largo	82.5	85.0	87.5	87.5	65.0	Pass	Pass	152.5	110.1	2.0
17	82.50	79.8	Tony Nicolini	68	Masters 65 - 69	Fitness on the Cape - Cape Coral	95.0	97.5	-100.0	97.5	125.0	132.5	135.0	232.5	159.0	1.0
18	100.00	98.1	Bill McGuire	65	Masters 65 - 69	BM Fitness - Palm Coast	-135.0	135.0	-145.0	135.0	160.0	170.0	182.5	317.5	194.8	1.0
19	110.00	106.1	Terry Hedstrom	65	Masters 65 - 69	YMCA - Sarasota	102.5	-105.0	-105.0	102.5	165.0	185.0	-190.0	287.5	171.2	1.0
20																
21	60.00	59.1	Dillon Maier	72	Masters 70 - 74	Suncoast YMCA - New Port Richey	62.5	-65.0	-65.0	62.5	140.0	155.0	165.0	227.5	196.7	1.0
22																
23																
24																
25																

2007 USAPL / FSF Senior State Games National Championship Qualifier

South Ft. Myers High School - Ft. Myers, Florida

Saturday, December 08, 2007

							SQUAT				BENCHPRESS				DEADLIFT					
NR	WT. CL	BDW.	NAME	AGE	Division	Club/City	1.	2.	3.		1.	2.	3.	SUB.	1.	2.	3.	TOT.	Wilk's	PL.
1			**Masters National Championship Qualifier**																	
2	100.00	97.9	Steven Eisman	57	Masters 55 - 59	Balleys Fitness - Pembrooke Pines	25.0	Pass	Pass	25.0	-137.5	-137.5	137.5	162.5	102.5	125.0	130.0	292.5	179.6	1.0
3	110.00	100.7	Joe Marsilio	59	Masters 55 - 59	Millenium Gym - Largo	25.0	Pass	Pass	25.0	-90.0	100.0	120.0	145.0	85.0	100.0	142.5	287.5	174.5	1.0
4																				
5	82.50	81.5	Jack Stevens	62	Masters 60 - 64	LA Fitness - Brandon	25.0	Pass	Pass	25.0	75.0	85.0	-90.0	110.0	165.0	185.0	205.0	315.0	212.6	1.0
6	100.00	97.8	Al Speech	63	Masters 60 - 64	NCH Fitness - Naples	25.0	Pass	Pass	25.0	125.0	140.0	-150.0	165.0	65.0	115.0	125.0	290.0	178.1	1.0
7	110.00	102.5	Larry Wallen	60	Masters 60 - 64	Balleys Fitness - Jacksonville	25.0	Pass	Pass	25.0	125.0	135.0	140.0	165.0	275.0	300.0	320.0	485.0	292.4	1.0
8																				
9	75.00	74.1	Joe McDermott	67	Masters 65 - 69	Golds Gym - Clearwater	25.0	Pass	Pass	25.0	132.5	137.5	-140.0	162.5	65.0	Pass	Pass	227.5	163.5	1.0
10	75.00	73.6	William "Doc" Bauer	67	Masters 65 - 69	Millenium Fitness - Largo	25.0	Pass	Pass	25.0	82.5	85.0	87.5	112.5	65.0	Pass	Pass	177.5	128.2	2.0
11	100.00	98.1	Bill McGuire	65	Masters 65 - 69	BM Fitness - Palm Coast	25.0	Pass	Pass	25.0	-135.0	135.0	-145.0	160.0	160.0	170.0	182.5	342.5	210.1	1.0
12	110.00	106.1	Terry Hedstrom	65	Masters 65 - 69	YMCA - Sarasota	25.0	Pass	Pass	25.0	102.5	-105.0	-105.0	127.5	165.0	185.0	-190.0	312.5	186.1	1.0
13																				
14	60.00	59.1	Dillon Maier	72	Masters 70 - 74	Suncoast YMCA - New Port Richey	25.0	Pass	Pass	25.0	62.5	-65.0	-65.0	87.5	140.0	155.0	165.0	252.5	218.4	1.0
15																				
16																				
17																				
18																				
19																				
20																				
21																				
22																				
23																				
24																				
25																				