USAPL FLORIDA STATE POWERLIFTING CHAMPIONSHIPS

Officially Sanctioned USA Powerlifting Championship

SATURDAY/SUNDAY – FEBRUARY 24 & 25, 2007

Location of Event:

Campus Recreation Fitness Department
Florida Gulf Coast University - 10501 FGCU Boulevard South
Fort Myers, Florida 33965-6565

Eligibility Requirements:

Open to all registered USAPL members that live in the state of Florida (Membership cards can be purchased at weigh-in/Equipment Check).

Weight Classes (lbs):

Male: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275 & SHW

Female: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Competition Lifting and Weigh-in Schedule:

Friday - February 23, 2007

3:00 – 5:00pm – State/National Referee Certification Clinic/Written Examination

5:00 – 6:00pm – Referee Technical Meeting & Early Equipment Check for Saturday Lifters

Saturday - February 24, 2007

08:00 to 09:30am - Weigh-in & equipment check for all women lifters

08:00 to 09:30am - Weigh-in & equipment check for men's classes 114 to 181

09:30 to 10:00am - Rules briefing/lifter warm-up

10:00 to 3:00pm - Lifting for all women and men's classes 114 to 181

4:00 to 5:00pm - Early Equipment Check for all Sunday Lifters

5:00 – 6:00pm – USAPL Florida State Executive Committee Meeting (Everyone is welcome)

Sunday - February 25, 2007

08:00 to 09:30am - Weigh-in & equipment check for all men's weight classes 198 to SHW

09:30 to 10:00am - Rules briefing/lifter warm-up

10:00am to 3:00pm – Lifting for all women and men's classes 198 to SHW

Divisions:

Open (14 and Up)

Teen I (14-15)

Master II (50-59),

Teen II (16-17)

Master III (60-69),

Teen III (18-19)

Junior (20-23)

University Student

Master IV (70+)

Police/Fire/Military

Unequipped/Raw

<u>Special Note</u>: Please send your contest application/entry in early. This year's contest will be limited to the first 100 lifters, and will be a one-platform event. Entry forms must be post-marked by Monday, January 16, 2006, to avoid a late fee being applied to your application.







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Awards:

Awards will be presented to 1st – 5th place finishers for each weight class and division. Overall outstanding lifter awards will be presented to the best male and female lifter for the championship. Awards shall also be presented to the top five (5) teams (All team rosters must be presented to meet director prior to the first weighin). All teams must be registered with USA Powerlifting.

Technical Rules:

This competition is USAPL sanctioned and <u>ALL</u> IPF rules will be followed. If you are not familiar with these rules, they can be found at the following URL: http://www.powerlifting-ipf.com/IPF rulebook.doc

World Wide Web:

Contest information, updates, nominations, etc., shall be made available on the following internet forum board, which can be found at the following URL:

 $\underline{http://b5.boards2go.com/boards/board.cgi?user=floridausapl}$

http://www.geocities.com/floridausapl/

(Please check these two websites often for updates concerning the contest).

Hotel Reservations – Ft. Myers:

Please call 239.338.3500 or 1.800.237.6444 for ALL hotel reservations.

Website: http://www.fortmvers-sanibel.com/

Drug-Testing:

The contest will be drug-tested in accordance with USAPL/IPF/WADA guidelines. Any questions with regards to the drug-testing procedures should be directed to the USAPL drug-testing committee. They can be reached at the following telephone number: 219.456.8485. Further information can be found at the following URL: http://www.usapowerlifting.com/drug_testing/index.shtml

Admission:

All spectators and coaches may enjoy the competition for an admission fee of \$5.00 per day. Contest programs and T-shirts will be available for a small fee.







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Name	E-mail:			
Address:		` <u>-</u>	rint E-mail clearly)	
City:	State:	Zi	p Code:	
Day Telephone: ()	Evening Tel	lephone: ()		
USAPL Membership Card (Can be purchased at the contest)	#: Expiration Date:	Club:		
	EASE FROM LIABILITY AND C			
	Illy (When you sign it you will Entry Form in this Powerlifting Competit.			
including any result of negligence, which of this meet use to detect the presence of wrong, I agree that I have no right to chat the drug testing. Should I fail to pass the fail to pass the drug tests, my name will a claim for which legal relief is available. challenge this release from liability form my entry in this contest. If any provision	ing this release from liability I waive and may arise from this competition. Moreover, strength inducing drugs, SHALL BE CO llenge the results of the drug tests. I further drug tests I agree to forfeit any trophy or appear on a published list of suspended me I agree to pay any attorney fee and litigation. I understand that my agreement to pay any of this Release from Liability shall be decree and effect. I also certify with my signal	ver, I agree that any testing methon NCLUSIVE. This is, whether I er agree to submit to any physica award, which I might otherwise bembers. If it is determined that I on expenses by any person, real of torney fees and litigation expensemed by a court of competent jury	od, which the meet directors think the results of the test a l test, which may be necessa have won. I understand and have failed the drug test, I agor corporate, which I may su ses is the SINE QUA NON frisdiction to be invalid, the re	and the sponsore right or right or ry to complete agree that if I gree to waive are in an effort to or acceptance of
Signature of lifter	and errore. I take certally with my signa	ture that this release agreement o	Date	
Signature of Parent				
Or Legal Guardian If Contestant is <u>under</u> 18			Date	
Check the Division you will be	lifting in:			
Open (all ages 14 and up) Teen I (14-15) Teen II (16-17)	Junior (20-23) University/College Student Special Olympian	Masters I (40-49) Masters II (50-59) Masters III (60-69) Masters III (70+)	Master 80+ Raw/unequipped Police/Fire/Military Paralympian	
Please specify the weight class that you will be lifting in:Age: Date of Birth:				
	ZE(s): Cost at Meet - \$15.00 each:			
ENTRY FEE (S): \$60.00 per lifter for the \$30.00 per additional d	e contest			
		g – can apply at the contest	t)	
\$60.00 per team (must be registered with USA Powerlifting – can apply at the contest) Applications are to be <u>post-marked</u> by February 01, 2007 – Late fee of \$50.00 after this date.				
Important Note: If your application/entry is late, you must notify the meet director either via e-mail, or by telephone. No refunds shall be provided to any athlete that withdraws from the contest.				
CHECK OR MONEY ORDERS PAYABLE AND MAILED TO THE FOLLOWING:				
James Dundon - Contest Director				
FGCU Powerlifting Club/Campus Recreation Department				
10501 FGCU Boulevard (South) * Fort Myers, Florida 33965				
Telephone: (239) 590-7709 * F-mail: idundon@fgcu.edu				





