



WOMEN'S VOLLEYBALL PREPARATION CAMP

The Fleming College Women's Volleyball team is hosting a VOLLEYBALL PREPARATION CAMP for females in grades 9-12 who have chosen a to prepare themselves to compete at the next level. The camp is designed to prepare the athlete for advanced play in every aspect of the game. The camp consists of instruction in overall skills and drills and provides position specific training. Participating in the camp will prepare the athlete to excel in their upcoming school or club season.

WHO CAN ATTEND:

Any grade 9 –12

Female with aspirations to excel at volleyball

Maximum 40 athletes total

WHERE & WHEN:

I.E. Weldon High School

January 3/4

8:30 – 4:00 both days

COST:

\$80

To register or for more information:

Mail or return registration form and payment to: Fleming Women's Volleyball, 755 Brealey Dr. Peterborough, K9J 6X4

Make Cheques payable to "SSFC Women's Volleyball Team"

Keith Wills: email: kwills@flemingc.on.ca

www.geocities.com/flemingwomensvball/

