

(709) 437-6562

FARM FRESH BROWN EGGS

LIP BALMS

Our lip balms are made from the same natural ingredients as our creams and butters. Available in three formulations: herbal medicated, fruit/floral and natural unscented.

A ½ ounce pot retails for \$2.50.

BODY BUTTER

Whipped body butter is a light, airy-textured indulgence. Consisting of cocoa, shea and mango butters combined with light oil, this formula soaks into dry skin making it supple and soft. Treat yourself to Clary Sage & Ginger or Vanilla Coconut Souffle, either way you'll love it.

A two ounce jar of body butter is priced at \$8.00

WHO ARE WE?

Flatrock Botanicals is a locally owned farm located on Three Island Pond Road in Flatrock, Newfoundland, growing annual and perennial flowers, vegetables, and culinary and medicinal herbs for home growers.

All our plants are grown organically, in our greenhouse or in the field to be able to offer you the most natural product possible. The plants that we offered have been tried and tested to perform well in Newfoundland's climate.

Our 'girls' are proud to offer fresh, brown eggs. These hens are raised in free run pens, with access to fresh air and natural vegetation. All eggs are laid in nests without mechanical or human intervention.

Also fresh turkeys are available seasonally.

All poultry are raised on as natural a diet as possible, without hormones or cage confinement and we ensure that each bird has ample space, comfort and attention.

HERBAL WORKSHOPS

Try a herbal workshop and learn to make your own medicine, grow herbs and make skin care products at a fraction of the cost of purchasing them.

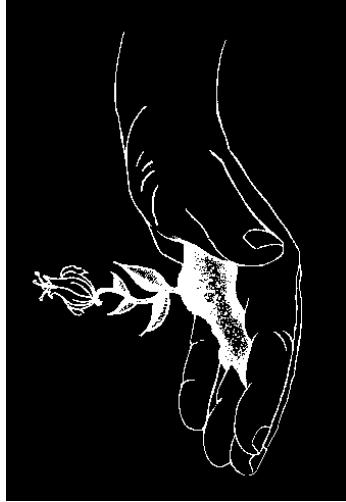
- **Growing, harvesting and drying herbs**

- **Herbal first aid kit**

- **Making skin care products**

Contact us for full details!

Growing Naturally
Introducing a new range
of natural skin
care creams and
lip balms



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Chartered Herbalist
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SKIN CARE

NATURALLY ...

Your skin is your body's largest organ. It has a variety of functions, from temperature regulation, sensory transmission, to protection and elimination of waste. Skin care is a vital and important factor in health care, not just for cosmetic purposes.

Your skin absorbs whatever you put on it, whether beneficial or toxic. Sun, heat, cold, artificial heating and cooling systems, diet, lifestyle, stress are all reflected in your skin condition.

Flatrock Botanicals has created a line of skin care products that help alleviate the most common skin problems, restoring the natural balance, softening and protecting your skin from the elements.

NATURAL INGREDIENTS

Only natural ingredients are used in our products. You won't find preservatives, artificial colours, scents or chemicals in our creams and balms. We use natural Newfoundland beeswax, the highest quality oils, pure distilled water from Newfoundland springs and combine them with organically grown herbs from our farm and butters and essential oils from around the world to bring you a treat for your skin.

PRODUCT STORAGE

Because our skin care products contain only natural preservatives, such as benzoin or vitamin E, they have a shorter shelf life than creams you might buy off the shelf at a large department store. Under refrigerated conditions or in a cool area below 72F, our creams will last 6 – 9 months. Lip balms will last for at least 12 months, as will whipped body butters. This is because the balms and butters do not contain water and are less likely to deteriorate.

Should a cream separate due to exposure to heat, don't worry. It's normal. Simply stir the cream vigorously until recombined and refrigerate.

If you have a problem with any product that does not perform as expected under the recommended storage conditions, please return it to us. We will replace it at no charge.

THE PRODUCTS

Flatrock Botanicals currently is producing *three creams and two body butters, in addition to three varieties of lip balm.

*If you would like a particular scent or need a cream to treat a skin disorder, please let us know and we will prepare it for you.

A chartered herbalist is available to assist you in finding the most appropriate cream for your needs.

Creams are available on request for eczema, psoriasis and arthritis as well as soothing hand creams for gardeners.

If you would like a particular fragrance in a cream or body butter base, just ask for it and we'll do our best to provide.

CHOOSE YOUR FAVOURITE

Orange & Peppermint Cream This is a light, smooth, non-greasy cream that invigorates from the moment you open the jar. The natural scents of freshly squeezed oranges and crushed peppermint makes this the perfect Good Morning cream!

Flourish Luxuriously smooth and velvety, this cream is perfect for mature skin. Lemon balm and rose are traditionally used to treat dry, delicate skin and help remove facial lines. Carrot tissue oil, vitamin E and a nourishing blending oil provide nutrients to help protect your skin.

Naturally Creamy A smooth cream made from pure ingredients for those individuals who prefer scent-free products. With just a faint honey/chocolate scent from the natural beeswax and cocoa butter in a pale lemon base, blended with a neutral oil, it's a natural choice.

Creams are packaged in 2 ounce jars (100g) and retail for \$7.50.