



Eternal Health & Wealth

Volume 3

Issue 1

1st Quarter 2002

Ripples of Karma

Check out our website
www.eternalhw.com

A Story of a Gifted Healer
Hemp – Nature's Food Source
The Path of Spirituality in Action
The Importance of Oxygen

Contents

About Eternal Health and Wealth 2

Profile

Spiritual Healing --
A Story of a Gifted Healer 3

On Your Health

Hemp -- Nature's Food Source 5

Awakening the Spirit

Ripples of Karma 6

The Path of Spirituality
in Action 8

Poem -- Yes We Are 10

Creating Wealth

The Importance of Oxygen 11

Subscription Form 12

Editor: L. Goh

Designer: Bill Li

All contents are copyrighted and require written permission from the publisher to reproduce, reprint, or copy in part or in full. The publisher neither endorses nor assumes any liability for any products and services advertised in the newsletter. Any health related content in the articles is not intended as medical advice or a substitute for obtaining an opinion or examination from a medical or health professional.

About Eternal Health and Wealth

Eternal Health and Wealth is a quarterly newsletter, which is currently distributed in the Westcoast of Canada, Los Angeles, San Diego, Hawaii, Malaysia and Hong Kong. We also have a website at www.eternalhw.com. Our newsletter and website aim to provide readers with ways to create a healthy and enriching life through the integration of the body, mind and spirit.

The newsletter features articles that promote spiritual development, as well as ways of maintaining good health and creating material and personal wealth. Having a healthy body and mind and the resources to support ourselves are the pillars of our physical life, but spirituality provides strength to the pillars and guides us to the path of true and eternal happiness.

We welcome readers, subscribers, sponsors, advertisers and contributors. For more information, you can check our website or email us at eternalhw@yahoo.com.

Copy of newsletter available at
www.eternalhw.com

For advertisements and
sponsorships, contact:

Eternal Health & Wealth

Tel: (604) 988-6733

Fax: (604) 986-8903

Email: eternalhw@yahoo.com



Dr. Susan Q. Najian
Dentist

**For a consultation and
appointment call:**

(604) **990-7727**

Suite 105-1975 Lonsdale Ave.
North Vancouver, BC



Spiritual Healing -- A Story of a Gifted Healer

□ By staff writer

In current times, alternative medicine is as common and acceptable as conventional medicine. The paradigm of alternative medicine basically views the human body as an energetic system which interacts on various levels such as the physical, emotional, mental, and spiritual levels. Illnesses are due to the imbalances or blockages flowing within our physical body or other bodies and the interaction between them. Even conventional medicine admits that over 90 percent of illnesses are due to stress. But stress is actually a mental and emotional state, so it can be said that most of our physical illnesses do not originate from the physical but end up manifesting there.

There are some alternative healing methods that believe health begins at the spiritual level and then moves downward to the mental, emotional, and finally the physical body. In other words, if one is experiencing stress, which can also be defined as a spiritual imbalance, then that negative energy flows downwards and manifest itself as illness in the body.

Sometimes, these spiritual imbalances are also due to negative energy attachments that stick to our auric fields and result in mental, emotional, and or physical illnesses. In some cultures, these negative energy attachments are called “demon spirits”. These “demon spirits” can drain the energy of a person, resulting in a lower immune system and consequently physical illnesses. Also, mental illness especially schizophrenia can also result from such negative entity attachments that try to take over a person’s mind and thoughts. In such cases, the hearing of multiple voices or multiple personalities can also be explained by such negative attachments. Why would these negative entities attach to a person in the first place? Sometime it is due to the person’s own thoughts that might attract them or a person’s negative karma or in some cases they even might be due to a spell or curse placed on them by “voodoo” or black magic.

Some healing systems believe that the only way to cure such conditions is by cleansing the person of the



negative attachments and then fortifying that person’s physical body through spiritual healing. Spiritual healing is more effective if you have faith and believe in a source greater than yourself. Celine is a gifted healer who uses such a method to help people get rid of these negative energies and to fortify them with positive energy.

According to Celine, “symptoms of bad energy include heavy headedness, abnormally negative or suicidal thoughts, strange body odor, fatigue, air in the body and unexplained bouts of bad luck.” She says, “My healing is very effective in alleviating stress and depression which is a part of cleansing. Hexes, charms, voodoo and

Profile

black magic practice are not unheard of in some cultures and they have affected some of my patients. When this occurs, the person will experience unexplained discomfort or illness. Symptoms include horrible pain like thousands of needles poking a part of your body, such as your chest at a specific time of the day, usually around 3 am. Other symptoms include weakness, insomnia, anxiety and heart palpitations.”

She adds, “I have helped many people from all over the world who suffer from spells through the help of many spiritual guides, especially Chun Tay Po Sat or Tow Mo Fatt, also known as the Protector of the Universe (see www.eternalhw.com under Awakening the Spirit if you want more information on Chun Tay Po Sat). Prayer, however is always your greatest defence, but sometimes if you want a direct connection or elimination of the negative forces quicker, you need the help of a spiritual healer.”

Celine has many patients from around the world that come to see her, and below are several testimonials by Celine’s patients which describe some of their illnesses and the results of her spiritual healing.

Testimonial 1 – A Case of Voodoo

Before Orville met Celine, he said that everything he did never worked out and he had a long spell of bad luck. He would make other people a lot of money but when it came to himself, something would always fall apart. He also experienced physical discomfort and felt thousands of needles poking the back of his head in the middle of the night. He suspected that someone who disliked him had put a curse on him because this person had threatened that she would do so. One day, he was having a very bad day while driving home and he called his friend who had met Celine. His friend told him to chant Chun Tay Po Sat’s mantra. Orville said, “I didn’t know what the mantra was but only knew that it would make me feel better. I wrote it out the best I could and kept chanting it. For whatever reason, I felt better. One night after that, I had a vision and someone told me how to chant the mantra from deep within. I just knew then that I had to meet Celine. When I met Celine, I told her what had been happening to me. When she started healing me, I felt an intense heat that I had never experienced before. It was unlike qigong healing which I have experienced. It was very powerful. After the healing session, I felt more relieved and more positive. The discomfort and needle poking sensation at the back of

my head also stopped. Since the treatment, my physical discomfort has gone and I have more hope and opportunities in my business. My outlook is also more positive after the help from a powerful spiritual source. I have been brought up Christian, but spiritually I realize I have to go deeper to make sense of my situation and get help. I was so fortunate to have found Celine.”

Testimonial 2 – Physical Ailment

Spiritual healing could also aid physical ailments and give it energy and a jumpstart to heal itself. Gill said, “I have never been exposed to faith healing. In August 1999, I started to experience pain in my left arm and was unable to raise it higher than 50 degrees. In December, I met Celine and when she placed her hands on my shoulder, I could feel heat from her hands going into my shoulder even though her hands were quite cool to the touch. In one session, while I was trying to empty my mind of all thought, I felt as if I was outside my body surrounded by light and colour. I had four sessions with Celine, and after that, I was able to raise my arm above my head.”

Testimonial 3 – Soulful Healing

Other people receive emotional and spiritual healing such as Mark: “I was skeptical when I hear of spiritual healing especially coming from a medical and engineering background. But since I consider myself open-minded, I gave spiritual healing a try. During my session with Celine, she instructed me to relax and release my mind from troubled thoughts. When Celine held her hands on either side of me, I could feel a power, a force, moving back and forth between her hands. It is difficult to explain such a force. At once it is heat, magnetic, oscillating, pulsing, but some how different and more. I can only say that it is like no man-made source I have ever experienced. This was a power that not only heals and soothes the muscle, but more importantly, the soul.”

While many experience a spiritual connection and some see visions, healing could be in the form of simple cleansing where it will help you lift your confusion, depression and stress and help you focus more on your goals and mission in life.

Celine currently resides in Vancouver and travels to Asia and the United States. If you are interested in getting a healing from her, please call: (604) 988-9803 or email: eternalhw@yahoo.com to make an appointment. Find out more on page 12.

Hemp -- Nature's Food Source

□ By Charles Holmes

Hemp grain, nature's most complete source of protein, can be processed into many foods much like soybeans, but is free of genetically modified organisms (GMO) and is easily digestible. The oil has a delicious sunflower walnut flavor and contains natural anti-oxidant and preservatives. A significant portion of the population is allergic to soy, due to frequent exposure to GMO, pesticides, herbicides and fertilizers. Hemp grows almost anywhere, resists pests, and puts down deep roots. When the leaves drop off the hemp plant, minerals are returned to the soil, without any noticeable soil depletion.

Hemp resists UV-B light, which is a kind of sunlight that is blocked by the ozone layer. Soybeans do not take UV-B light very well. If the ozone layer were to deplete by 16 percent, which by some estimates is very possible, soy production would fall by 25 to 30 percent. Hemp has been used to "bail out" many populations in time of famine.

Today, industrialized nations around the world are waking up to the enormous potential of hemp. Currently, ten states have introduced bills to reconsider the legal status of hemp. Many countries never had laws against hemp cultivation like the former Eastern bloc countries, India and China. Others are legalizing hemp after many years of lumping it together with marijuana. The Canadian Industrial Hemp Industry reemerged and has been in full commercial production since 1998. Not only are producers and business interested in this crop, but also both the

federal and provincial governments who have prompted researchers to carry out studies on the feasibility of growing hemp and the potential benefits of a domestic crop.

Essential fatty acids (EFAs) are involved with producing life's energy in the human body. In general, North Americans have a high dietary deficiency in EFAs due to a high intake of animal fats versus plant fats, caused by our high consumption of processed foods and meats versus natural organic foods.

There are many significant benefits to consuming hemp seed. Approximately 65 percent of the protein in hemp seeds is globulin protein, edestin, and is found only in hemp seed. Edestin aids digestion, is relatively phosphorus-free and considered the backbone of the cell's DNA. The remaining high value protein is albumi: globulin protein similar to that found in egg whites.

Hemp has the optimum source of EFA's including the perfectly balanced 3:1 ratio of Omega 6 (linoleic/ LA) to Omega 3 (alpha-linolenic/ LNA). It also contains polyunsaturated fatty acids in gamma-linolenic acid (GLA), oleic acid and stearidonic acid. This EFA combination is unique among edible oil seeds.

Other benefits include lowering blood cholesterol levels and blood pressure; improving cardiovascular circulation, immunity levels and organ function; increasing energy levels and metabolic rate; providing a good source of chlorophyll and an adequate supply of antioxidants Vitamin E and A, and carotene; reducing symptoms of arthritis, degenerative disease, PMS, menstrual cramps and inflammation; improving recovery of muscles after exercise; and treating dry skin and hair conditions.

For more information on hemp, contact Charles at wildharvest@home.com. (See carrot and nut hemp recipe on p.10)



How to live a healthy life in an unhealthy world

Learn the true cause of all "disease"
ELECTRICAL FORMULATIONS BY
AVENA ORIGINALS

If you want to
take your health
into your own
hands call:

604-983-3402
for a free consultation



On Your Health

Ripples of Karma

□ A Teaching by Green Tara

I am Green Tara, and I do very much for humanity for I am involved in all aspects of human activities. In my support of their activity, I am indeed trying to assist them in their spiritual awakening. In the karma of action, we must realize that for whatever action we do, there shall be an effect. There is not one drop of water that falls on the lake and does not cause a ripple. This too applies to each human activity. Every action of human beings causes a ripple in the cosmos, and an action will have an effect as a ripple.



his or her karma. However, not every person's completion of karma will result in that person's ascension into the spiritual realms for many bad deeds have been done in the actions of human beings and their human hearts on this planet and against this planet.

Each and every action is recorded and shall have an effect not only in terms of the planet, but it also has an effect on that person's individual karma and that shall determine how that person shall evolve and be affected when the giant splash on this planet erases any and all negative karma and all

The Giant Ripple of Cleansing

For this reason, I help those human actions which cause the ripples so that they do not ripple into more negative karma. I help them so that the droplet of water evaporates into the goodness and love energy of the universe in its calm void state of mind. But this is not an easy task in this period of time because there shall be a major upheaval in the energies of the planet such that not only will there be a small ripple, but there shall be a giant ripple. And this giant ripple shall fall upon the earth like a comet from the sky, and upon it, the blasts shall ripple forth in giant tidal waves and wash away everything in its path.

The giant ripple of the universe will cleanse its karma on earth just as it shall happen on the individual level. Each person's karma is coming to a final resolution where all the ripples shall begin to form into one giant splash, and in that giant splash, that person shall be completed in

people of negative karma. They will not be able to survive this giant cosmic splash. It shall erase everything on its path which is not of the light.

Therefore, I am trying to assist human beings in their actions so that they do not produce more negative karma but begin to create more positive karma. This shall help erase some of their negative karma. When they are able to turn to the light to receive the heavenly energy, then the droplets of water that fall will be that of majestic light which will not cause a ripple or splash. When the droplets of light hit the water, they do not cause a ripple for they are free of negativity and the laws of karma.

Developing Positive Karma

Yet karma also includes positive karma. So sometimes when you do a positive action, when the droplet of water hits, it ripples with a different frequency in a different pattern. And in this pattern, it elicits and evokes the light.

Awakening the Spirit

It evokes positive things that help the rest of sentient beings on this planet, and it is these positive things that I want you to concentrate on during these end times. For each positive thing that you do everyday, each positive thought, each positive feeling, each positive wish, and each positive action shall result in your evolution in your upliftment in the higher spiritual energy that is now available to any human being who wants to go forth into the light. What I am speaking about has nothing to do with religion. You do not have to be a Buddhist, Taoist, Christian, Muslim, Jew or any other religion to lift into the light. You only need to be in your own heart wishing to receive the blessing of whatever your notion of God is, which is of goodness, which is of love, and which is of the light. So when you open yourself to receive this light, you yourself shall be saved. You do not need to go to church to be saved. You only need to go to that temple inside your body and to find that quiet space where you can speak directly to God.

Stepping into the Light

When you have that conversation with God, pray and request that God helps you in your salvation to lift you up in the higher spiritual realms and to help Him guide you in every one of your actions, thoughts and emotions so that you will not cause anymore negative karma in this world. When the giant splash happens to erase all the negative karma and memory, you shall be saved as you have stepped into the light.

When these changes happen, you shall not be washed away. But for those who have not stepped into the light at that time, who have not prayed to be saved, and who have not made a choice to walk that path of the light, they shall be erased by the power of the light. They shall be washed away as with any other negative things that was and is on this planet. As the planet's karma and vibration changes, it no longer allows for the dark and negative to thrive. It is the end of karma in terms of the rules that abide and govern this planet and every human being that is incarnated in this planet. At that time, there shall be a new teaching of the Christ, as we know him also as the coming Buddha. They and he in one shall teach the new teachings where there shall be no need for religion nor will there be karma as we know it today.

If you need help, let me encourage every one of you to call on me. I am known as Green Tara. I am a manifestation of Kuan Yin, the Goddess of Compassion and Mercy, but my manifestation is focused not just on compassion: it is focused on action, each one of your karmic action. I will help you attain that which is for the good, not only for the good of yourself, but for the good

of all human kind and sentient beings. So if you request me to help you and all you want are selfish things, I will not beckon to your call. However, if you want abundance in your life and you want to share and help others, then I shall help you in every aspect of the manifestation of abundance in your life. If you are ill and you want my help, I can help you after you have opened your heart, for the healing can only come if you are open to the spirit of God to come through. For you who know me already, continue to call on me and pray to me and other gods.

Time of Awakening

I, Green Tara, come at this time as it is a very precious time. It is a time of opportunity, and it is a time also of much change. If everyone of you walked the path or dharma and have good karma, you have nothing to fear for you shall be saved. For those who continue to walk the path of selfishness, egotism, hatred, greed, ignorance, lust, and pride, these poisons will drive you into the water of cleansing and you will drown in sorrow.

So let me encourage those who have not yet awakened to awaken now for the time is short and the time is upon us. The changes shall begin in this year, 2002, in your time. The earth shall open, and from there it shall begin a process of cleansing. For many it shall be the beginning of the end. Fret not, the children of light, know each one of you, even those who have walked the crooked path, know that at any moment you can be saved. Know that each one of you have a Buddha nature; each one of you possess your original true nature which is one with the Tao; know that each one of you have the Christ within; know each one of you is a saint in disguise, but you must realize this. Without that realization, your salvation cannot actualize. The reality as you know it and your consciousness will be lost forever in the sea of Maya or illusion.

Let me encourage you now to continue earnestly every day and every moment to walk this path of goodness for this is indeed the end times. This era shall come soon to an end, and it shall bring forth finally peace on earth. When the new world is born, the duality shall cease to exist as we shall be truly of the light, of the love, and of the eternal Tao.

Channeled information for the newsletter



The Path of Spirituality in Action

Message to the Chosen Ones

□ By The Promised Child

"Sometimes angels have wings and can take you to spiritual heights but more often they have feet and live in your midst."

Chosen Ones:

Behold, there are choices the Chosen Ones must make on the path that has been laid out for each of you. The Chosen Ones must cooperate with that path and it will be a wonderful journey, or they, the Chosen Ones, can resist the path and make their own way. Sometimes the path will be frightening and painful, and at times, bizarre and difficult to fathom. However, if the Chosen Ones cooperate with that the universe gives them and follow the road that beckons, the Chosen Ones will find the gifts, insights and talents required to proceed with strength and courage.

The Chosen few will discover something new about this world and themselves, and they will become mystified. Do not turn back. Remember the ultimate purpose is not always revealed so quickly. The journey for the Chosen Ones may take longer than for the Chosen few. Fortunately, the Chosen Ones don't have to make sense of their destiny by themselves. The Chosen Ones have been given messengers, mentors and teachers to help them on their way.

Beware of your self-absorption and concerns with day-to-day living, do not overlook the guides among you, be aware of them and accept them in your circle of confidants. Hence, "when the student is ready, the teacher will appear." Behold, the universe is ready to guide the Chosen few, others will be sent to help lead the way. Therefore, it is important to look, listen and be willing to be open to the messengers who will present themselves to the Chosen few. You shall recognize them by their charisma or the Chosen Ones will not recognize them at all.

Behold, charismatic healers may be young or old, any race or from any culture. They may be rich or poor, powerful or broken, they all have a special gift -- the power to heal others. The Chosen few are surrounded by messengers and healers, and they will live in a field of inexhaustible spiritual energy and they see much pain and suffering in this world. The reason for the pain and suffering of the world is that some do not believe that the energy even exists, others are too busy to connect with it and many believe that spirituality is for those who attend church. Behold, what is missed is that spirituality is the core of your everyday lives. It lives and grows in the simplest of acts, but many are blind or ignorant to tap into that energy. Therefore, each of the Chosen Ones in their own way, are bearers of gifts and good tidings.

During the course of the day, several ways present themselves to the Power and to the Chosen few. Such as: hold the hand of someone who is frightened, give a gift, share with someone who is ill, celebrate another's good fortune, share pleasure and laughter, create a special meal. The list is as endless as one's imagination. What the Chosen One do in their daily lives to stir the compassion, joy, relief, laughter and tears in themselves and in others is spirituality in action and then the Chosen Ones become messengers as the Chosen few.

This shift is the focus away from the mundane to the unusual, from external to the internal -- it is a sign of changing times. For now the Chosen Ones are in the era of transition. Behold, learn the secret of right relations,

look only for the divine in people and stay away from the darkened ones, and leave the rest to the Power. Take heed thy Chosen Ones, there is a force that guides you, protects you, and introduces you to your path and each other. This power offers the Chosen few direction through the process of miracles.

The Power answers by sending people known as messengers to start and complete thy New Book. Angels are sent through and to the Promise Child. Remember Chosen Ones, sometimes angels have wings and can take you to spiritual heights but more often they have feet and live in your midst. You thy Chosen few may know one or several and you may already have become one. Therefore,

a path has been set before you. Discernment is the spiritual gift that propels the Chosen Ones to follow their path. Losses can become lessons. Embracing your losses leads to feelings and awareness that offer new paths to follow. Turning points are spiritual interruptions in your state of well-being that tells the Chosen Ones that their destiny is taking them to another place. Contemporary catechism comes to the Chosen Ones through many messengers and channels of communication, therefore, the Chosen Ones must discover the message and bring it forth to share. As the Chosen Ones explore, embrace and define their destiny, they will have an understanding of the unique message.

The Spirit of TAO: A Journey of Self-Discovery Taught by KJ Wu

Taoism is a philosophical approach and way of life which enables you to achieve inner peace and harmony with your environment. By learning to flow with the Tao, you will be able to manifest your dreams while solving the problems of modern day life with a sense of inner peace and joy. Based on the ageless wisdom of the Taoist Sages, this course will help you get in touch with your true nature and empower you in the following areas of your life:

- | | |
|---|--|
| <ul style="list-style-type: none"> * Sex, Love, and Relationship * Marriage and Family * Career and Abundance * Personal Power and Fame * Controlling your Fate and Destiny | <ul style="list-style-type: none"> * Realizing your full potential * Integration of Body, Mind & Spirit * Happiness and Emotions * Living in accordance with the TAO |
|---|--|

The approach of this course is to teach practical applications of Taoist secrets and knowledge to modern day living in order to help one achieve balance, happiness, and self-mastery. The sessions will include new channeled teachings from Lao Tzu, the founder of Taoism and author of the Tao Te Ching, and Chuang Tzu, a Taoist sage and prolific exponent of Taoism. In addition, you will be taught esoteric Taoist meditations and practical exercises to achieve self-realization, inner peace, health and happiness.

KJ Wu is a spiritual teacher of Taoism, meditation, and qigong. He is also the author of a forthcoming book on the new teachings of Taoism and its practical applications in modern day living.

**In January and February, 2002, KJ Wu is teaching at
The Ground Level -- Center for Living Meditation
220 Pier Ave. Santa Monica, CA ; Tel: 310-369-9946**

KJ Wu will be coming to Vancouver in April 2002. Weekend class and dates TBA. If you are interested in participating in the sessions, please email eternalhw@yahoo.com for more information.

Carrot and Nut Hemp Muffins

By Wind Walrath



Ingredients:

1 cup hemp flour
1 cup whole wheat flour
2 cups brown sugar
2 tsp. cinnamon
2 tsp. baking powder
1 tsp. baking soda
1 tsp. salt
4 eggs beaten very well
1 cup oil
1 large grated carrot
1 small can of pineapple chunks with the juice.
You may also use any other of your favorite fruit such as blueberries, raspberries and cranberries in place of pineapple though the juice is important for moist muffins.

1/2 cup golden raisins

1/2 cup toasted walnuts.

Mix together all dry ingredients. Mix all wet ingredients and then add to dry ingredients. Bake at 350 degrees until done.

Topping:

1 package of cream cheese

1/4 cup butter

1 cup icing sugar

1 tbs. grated lemon rind

1/2 tsp. vanilla

Cream butter and cheese well and gradually add sugar, then vanilla and lemon rind. Dab a bit of icing on top of each muffin for heavenly hemp delights.

Yes We Are

By Frances Alden

We are moving, we are growing
From who we've been to something more
High and higher, like solar winds blowing
We're a new race, unknown before
Manifesting, moving and changing
Higher states of being aware
Old useless ways rearranging
Shifting instead to love, joy and care
Expanding, dynamic, eternally blessed
All part of a great teeming force
Constant and endless, no stopping to rest
Fed by creative love from the Source

Frances is a writer, poet, healer and spiritual teacher. You can check out her website at <http://home.portal.ca/~peterv/selfheal>

THE ISHAYA'S ASCENSION

--As taught by M.S.I.



Weekend Courses to Free the Mind and Open the Heart

The Ishaya's Ascension is a series of simple, profoundly effective mechanical techniques that allow one to Ascend, or rise beyond, stress and self-defeating beliefs. Once this occurs, it is possible to be fully centered in the heart and reclaim our naturally enlightened state of freedom and innocence. The Ishayas' Ascension is so effective because the techniques are based on the fundamental principles of praise, gratitude and love, drawing one inward in a way that is extremely charming to the mind.

For more information contact Joan Miller:

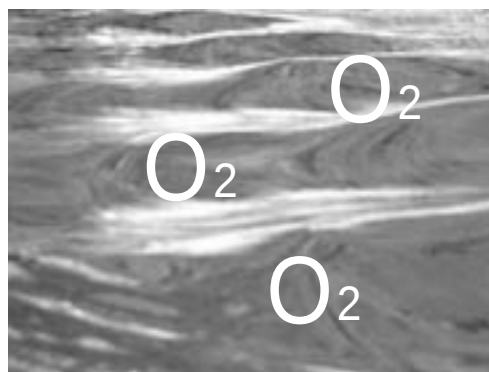
604-983-3402

360-391-0426

The Importance of Oxygen

□ By New Life Energetics

"Cancer has only one prime cause. It is the replacement of normal oxygen respiration of the body's cells by anaerobic (oxygen-deficient) cellular respiration." -- Dr. Otto Warburg, Two Time Nobel Laureate winner of the Nobel Prize for Cancer Research.



Seventy years ago, Dr. Otto Warburg won the Nobel Prize in Medicine based on research demonstrating the importance of oxygen to cellular health. Since then, numerous distinguished researchers have added to the evolution of the oxygen story. It is now known that the lack of adequate oxygen is the precursor to most degenerative illnesses.

When oxygen levels decrease in the body, an acidic, anaerobic environment is established. This creates a shut down of capillary blood flow within the tissues. This slows the removal of waste and the ability to bring nutrients into the cell. This further amplifies the anaerobic condition. In addition, when capillary blood flow is shut down, white cells and other leukocytes cannot come in and manage the control of pathogens which are ever present in the body. Chronic anaerobic conditions cause pathogens of all types to flourish. This causes chronic tissue inflammation, which leads to destruction of tissue and eventually disease.

According to the experts, taking stabilized oxygen on a daily basis helps to provide the following benefits:

- Increased oxygen uptake at the cellular level.
- Dramatically boosts energy levels by increasing production of Adenosine Tri-Phosphate (ATP). ATP is the energy packet the cell uses to function much the same way your car uses gas to run.
- Strengthens the immune system.
- Kills most anaerobic infectious bacteria, viruses, fungi, and parasites without harming the beneficial aerobic microorganisms needed by the body, e.g. the intestinal flora.
- Promotes faster recovery from injury, stress or strenuous exercise.
- Supports the body in the elimination of toxic wastes.
- Aids in the metabolic cleansing of lactic acid from the tissues thus reducing acidic conditions at all levels

Creating Wealth



AXON Enterprises

**WEB DESIGN
GRAPHIC DESIGN
LOGO / BROCHURE /
BUSINESS CARD DESIGN
COMPUTER CONSULTANT
SOFTWARE DEVELOPMENT**

Email: axon@i-axon.com

Tel: (604) 816-8918



Donations Welcome

The newsletter depends on the support of our readers and sponsors.

We are committed to spreading messages of the light and promoting individuals who work for the good of humanity. Donations of any amount to support our work are welcome.

Thank you for your support!

of the body. This is especially helpful for the body in minimizing biochemical and cellular dysfunction.

- Helps promote more rapid healing of cuts, abrasions, wounds, and burns at all levels of severity.

Because Stabilized Oxygen provides an increased supply of oxygen to all sites of cellular respiration in the body, it is able to enhance the body's ability to detoxify itself and rid itself of dangerous pathogens. Stabilized oxygen has no known side effects. It is completely safe, extremely affordable, and easy to use.

The simplicity of oxygen provides a means of minimizing or potentially eliminating pathogens that can cause harmful conditions to the body creating diseased states. Stabilized oxygen in the form of Enhanced Oxygen™ (EO2™) offers a higher state of overall health without negative side effects or exorbitant cost. EO2™ can improve human performance at all levels including athletic performance.

EO2™ is a proprietary blend of Stabilized Oxygen plus essential minerals and trace elements and has one of the highest concentration of bio-available stabilized oxygen commercially available today. It is an oral dietary supplement that is easy and effective and a convenient way to get the extra oxygen the body needs to support healthy cell respiration.

EO2™ is now available in a 2 oz. bottle for only US\$24.95 and is being marketed by Simple Operating Systems Inc. S.O.S. is a revolutionary network marketing company which offers some of the best dietary supplement products and other services to meet the needs of everyone. The mission of S.O.S. is quite simple:

People helping people. S.O.S also provides one of the most rewarding compensation plans that will enable you to become financially independent.

For more information on purchasing EO2™ or becoming involved with S.O.S., please call:

Tel: 310-657-5419 or email: RKWu888@yahoo.com.

Spiritual Healing & Cleansing

Faith Healing & Cleansing

Many illnesses originate from the spiritual level which are then manifested on the physical and emotional level. Celine is gifted with spiritual energy to heal the person at the spiritual level.

When the problems at the spiritual level clear, then the person with the physical or emotional problems will improve.

Spiritual healing can do the following:

- *Treat chronic and lingering illnesses
- *Cleanse a person's aura
- *Clear blocked energies in the body
- *Cleanse negative energies and emotions

You have to try it to believe it.

Celine will be available to give spiritual healing and cleansing by appointment

Call (604) 988-9803 Vancouver
(852) 29877578 Hong Kong

ETERNAL HEALTH & WEALTH

Subscribe or Sponsor us and Get a Free Web Link

Name: _____ Tel. No: _____

Address: _____

City: _____ Province / State: _____

Postal / Zip Code: _____ Email: _____

Please make cheques or money order payable to **Eternal Health & Wealth Inc.** and mail to:

P.O. Box 54128, Lonsdale West R.P.O.
North Vancouver, B.C., Canada V7M 3L5

Or charge to your Visa credit card:

Name: _____

Card No.: _____

Expiry Date: _____

Amount Charged: _____

Signature: _____

Fax to: (604) 986-8903 or mail to our address

For a one-year subscription (4 issues)

Canada	CAN\$38
USA	US\$30
International	US\$40