

Time Management Lesson- Middle School
Materials Needed: Worksheets, pen or pencil

Time Monsters

Students work in teams for two minutes to identify in their lives and to record on a reproducible sheet as many time monsters (time wasters) as they are able. Each team gets a point for each time monster recorded in that short time frame. Have the teams switch papers. Each team attempts to come up with solutions to the other team's time wasters earning points for each viable solution presented within a given time period.

W	W rite down assignments
I	I nclude due dates!
N	Before leaving school ask yourself, “What books do I N eed to bring Home?”
N	Do your homework every N ight
E	E xplain to your parents what you are doing in school
R	R emember to bring your completed work back to school