



# Soaring Eagles Toastmasters Club

Vol. III, Issue 2 – August 2005 Newsletter

Soaring Eagles Toastmasters Club (#9647)  
ATTN: Walter Kelley, GO434  
P.O. Box 4502  
Arlington, VA 22204-4502



## MISSION

To provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

## WELCOME

Start the new Toastmasters fiscal year off right and get involved. Our club's V.P. of Education, Mr. Seth Cowand, CTM, CL, will be contacting each of our members to help them establish a plan to set and then meet their membership goals.

Our club continues to grow. While we have new members joining regularly, we are interested in getting the word out about Toastmasters. If you have a co-worker you think might be interested in joining Toastmasters, bring them to our next club meeting. We are always on the lookout for the next success story. For more information on promoting our club, contact Walter Kelley, CTM at Walter.Kelley@disa.mil.

## CLUB LEADERSHIP

President ..... Renee Cantave, ATM-B  
VP Education ..... Seth Cowand, CTM, CL  
VP Membership ..... Wauleah Ellison  
VP Public Relations .Walter Kelley, CTM  
Secretary ..... Walter Kelley, CTM  
Treasurer ..... Walter Kelley, CTM  
Sergeant-at-Arms ..... Tim Germer

## TOASTMASTERS LEADERSHIP INSTITUTE

Did you know that you can attend the Toastmasters Leadership Institute for FREE? Several times a year, District 27 offers free training on a variety of topics. The next training session is scheduled for Aug 20<sup>th</sup> in Alexandria, VA. Besides the standard training available for club officers (President, V.P. of Education, V.P. of Membership, V.P. of Public Relations, Secretary, Treasurer, and Sergeant-at-Arms) sessions offer such topics as:

- ◆ Tall Tales (how to give a tall tales speech)
- ◆ Overcoming Your Fears (for anyone with any public speaking fears)
- ◆ Making The Choice: Five Steps to Rebuild Your Club in Eight Weeks (tips for club building)
- ◆ Know Your Audience (how to tailor your speech, regardless of the topic, to be well-received)

## CALENDAR

Please mark your calendars and try to attend the following activities:



Aug 10<sup>th</sup> (SKY7: 1W38)  
Club Meeting  
1200-1300



Aug 20<sup>th</sup> (\*See website)  
Toastmasters Training  
0900-1300



Aug 24<sup>th</sup> (SKY7: 1W38)  
Club Meeting  
1200-1300



Sep 14<sup>th</sup> (SKY7: 1W38)  
Club Meeting  
1200-1300



**Sep 15<sup>th</sup>  
Club Dues are DUE!**

Visit our website for more information.

## WEBSITE UPDATE

Have you visited the Soaring Eagles website lately? The website is *updated several times a month and has schedule items and announcements.*

*Check back regularly to find out what's happening in the Soaring Eagles Club.*



## INSPIRATIONAL QUOTE

"By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest."

*Confucius*

## **A TOASTMASTER'S PROMISE**

Do you remember when you completed your membership application to join Toastmasters? At the end of that form was a section called, A Toastmaster's Promise. Like most people, we probably read it once and then quickly, and unintentionally, forgot it. However, it is a vital part of who we, as club members, are. Take a moment, and read the promise and then examine yourself to see if you are holding to your promise.

As a member of Toastmasters International and my club, I promise:

- ➔ To attend all club meetings regularly
- ➔ To prepare all of my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program manual or the Advanced Communication and Leadership Program manuals
- ➔ To prepare for and fulfill meeting assignments
- ➔ To provide fellow members with helpful, constructive evaluations
- ➔ To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- ➔ To serve my club as an officer when called upon to do so
- ➔ To treat my fellow club members and our guests with respect and courtesy
- ➔ To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- ➔ To adhere to the guidelines and rules for all Toastmasters educational and recognition programs
- ➔ To maintain honest and highly ethical standards during the conduct of all Toastmasters activities

## **WHAT IS A LEADER? THE CLUB PRESIDENT**

So we have a club president. What exactly does that mean. Over the next several months we will focus in on the expectations of our club's leaders. This month, we start at the top with the Club President.

The president serves as the club's Chief Executive Officer, responsible for general supervision and operation of the club.

### Standards outside of the Club meeting are to:

- Ensure Club officers meet Club officer and Club meeting standards
- Oversee plan to achieve Distinguished Club Program goals and ensure the Club is a Distinguished Club
- Encourage communication and leadership development through promoting CTM, ATM, CL, and AL awards
- Ensure the Club has an ongoing membership building program
- Attend and vote the Club's proxy at District council meetings or ensure a Club member attends and votes
- Attend Regional Conference and International Convention and vote the Club's proxy or send the proxy to the District Governor
- Oversee administrative operation of the Club in compliance with the Club Constitution and Bylaws
- Maintain relationship with the District and with Toastmasters International
- Schedule and chair monthly Executive Committee meeting
- Arrange for a replacement if unable to attend a Club or Executive Committee meeting
- Search for leaders
- Ensure all Club offices are filled for the succeeding term, and ensure that timely elections are conducted
- Prepare successor for office
- Attend District-sponsored club officer training

### Standards at the Club meeting are to:

- Ensure meeting starts and ends on time
- Make sure guests are warmly and enthusiastically introduced
- Allow time before and after the meeting to speak with guests
- Read and/or display the Club Mission at every meeting
- Discuss the Distinguished Club Program and the Club's progress and achievements in it
- Recognize member achievements in Toastmasters and in their personal lives
- Report on the "Moments of Truth" the Club is achieving

