

Hello,

As you well know, there are many FSA employees that have family members in the military. I am no different and have 2 sons in the Army, one already in Kuwait waiting to go to Iraq and another to be deployed December 9.

I have started a Yahoo website:

[http://groups.yahoo.com/group/usda\\_militaryfamilies/](http://groups.yahoo.com/group/usda_militaryfamilies/) as a place for USDA families to look for support, information, and comfort. I have tried to let people know about the site and I am asking you to also share this information with USDA employees.

Unless you have someone in the military, you cannot understand the range of emotions that you undergo on a daily basis. I want more people to be aware that there is a place that they can put their feelings into words, find comfort from others in the same situation and find links to some very helpful websites. It will not only help them get through a tough emotional time, but it will help them to be more productive at work, too. There were days when I felt like I was in a fog when my first son was to be deployed a year ago. I felt very alone and a bit depressed. Fortunately, that son received a medical discharge BEFORE he was deployed and is now home safely. I decided then that I could not continue to function as a productive person or employee unless I found a way to deal with this because I already had 2 more sons in the Army. I started the above website and have found many, many links to great sites that provide comfort and support. I have tried to put this information into one place to help other USDA employees.

Will you help me to help other USDA employees? Please, please, please, share the above website with all your employees. All I ask is that you provide the website address and what the website is about.

Thank you for your time.

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