



Samahan ng mga Mag-aaral sa Sikolohiya

GOSM for the School Year 2005 – 2006

1st Term Activities

Academics

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Mold and prepare highly competitive and capable Psychology majors and graduate students, as a spirit of camaraderie is formed amongst all members of the Psychology academic community.	To provide academic assistance on some of the major subjects and its pre-requisites	Reviewer Distribution	Reviewers for the following subjects will be given: ELESTA 1&2, GENPSYC, and any other major subjects given for the term.	About 60%-70% of the members are expected to get a copy of the reviewers.	July 25 – August 3, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Photocopy: P200 Total: P200
		Tutorials	Peer tutorials will be provided for students that may need assistance on difficult subjects. They will also be asked for feedback regarding the results of their exams.	Requesting students will be able to understand and get clarifications on subjects they are having difficulty with and they will get passing marks in	July 25 – August 3, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	

				their respective exams.			
	To inform the freshmen of what to expect in college, specifically in their chosen Psychology course.	Freshman Orientation (Together with other C8 organizations and ACA)	Simultaneous talks of testimonials and tips of survival in college and in Psychology will be done.	80% of freshmen from AB-PSM and BS-PSYC blocks will be attending the talk.	June 8, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Flyers and Kits: P250 Total: P250
Provide venues for learning and appreciation of the different disciplines of Psychology aside from the opportunities given in class.	To be able to provide opportunities for students to watch the required films and to provide a chance for members to meet.	Film-Viewing Series for ABPSYCH	Films that are required for the Abnormal Psychology Majors to watch will be shown simultaneously.	About 60% of the students taking up Abpsych will be able to watch the movies.	June 1, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	
	To be able to inform the members of the importance and fulfillment they will feel in the field of Psychology	"Psychology as a calling"	A talk featuring testimonies of actual social workers and therapists will occur. Perhaps families of patients may also share their experiences.	About 40% to 50% of the members will attend.	July 20, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Tokens for speakers (2): P500 Total: P1000
	To be able to inform members and non-members of the different mental	Mental Disorder Awareness Week	One mental disorder will be featured for the month and an information campaign will be done though	About 60% of the CLA population will be able to see and read the information.	July 18 – 23 August 1 – 5, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250

	disorders as well as to change any misconceptions about the disorders.		posters or an exhibit.				* 2 weeks Total: P500
	To be able to inform and inculcate in the members further understanding and appreciation of the study of Sikolohiyang Pilipino (SP) as a discipline of Psychology	WOW SMS	Weeklong celebration and information dissemination of a featured ethnic group and Filipino pride will be done.	About 60% of the CLA population will be able to see and read the information.	July 4 – 9 August 8 – 12, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250 * 2 weeks Total: P500
		Piling-piling Araw	A talk or activity will be done regarding Filipino concepts and ideas.	About 40% - 50 % of the members will be attending the events.	July 27 “Wikang Pilipino” August 10, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Tokens for speakers (2): P500 Total: P1000
		“Bahay Banahaw” Feasibility study of Banahaw house restoration for social research laboratory of FILIPSY and SIKOPIL	A fact-finding committee will come up with an intensive research paper which will serve as a proposal for the project.	50% of the paper will be accomplished including factual data needed for the project.	July 4, 2005	Michelle Villena (President) Glenn Kho (EVP) JR de Guzman (VP-Externals)	

		majors' immersion.					
	To inform Psychology majors about the different careers they can enter after graduation.	Job Seek	A month long information dissemination will be done to let students know of the possible careers in Psychology, as well as the different companies that they may work for here in the Philippines and abroad.	At least 1 job description will be posted every month on the bulletin board and in the website.	To be posted: June 6, July 4 and August 1, 2005	Andrea Atotubo (VP-Academics), Andrea Gomez (AVP-Academics), Jenny Espinosa (VP-Internals)	Printing costs for entire term: P300 Total: P300

Extra-Curricular (Developmental)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Provide a venue for self and group development, not only among the officers but among the members as well.	To be able to create a good working relationship among the officers of the organization. To be able to build relationships and form friendships.	Teambuilding for Officers	A program provided by the Students Development Office will occur. Teambuilding and leadership activities will be done.	100% of the incoming officers as well as 20% of the outgoing officers will attend the activity.	June 4, 2005	Michelle Villena (President) Glenn Kho (EVP)	
	To be able to create a good working	External Alliance General Assembly	Monthly meetings with Tatsulok (an external alliance with	50% (at least) of the officers	To be determined	Glenn Kho (EVP) JR de Guzman (VP-Externals)	

	relationship among the officers of the organization together with other officers from universities outside. To be able to build relationships and form friendships.		UP, PNU, PUP and DLSU-Dasmarinas) will be made.			Franz Hipol (AVP-Externals)	
	To be able to create a working relationship with the members. To be able to inculcate in them the appreciation for being part of SMS by being involved.	Committee Formation	Committees, lead by the different AVP's, will be formed. This will help make the members become involved in the activities of the organization.	60% - 70% of the members will attend the simultaneous meetings and will all join in the committees' respective yahogroups.	July 13, 2005	Raissa Ocampo (VP-Non Academics) Piper Guzman (AVP-Membership)	Snacks and Candies: P500 Total: P500
		Junior Core Formation	Aspiring officers will also comprise a specialized group. This core committee will directly be handled by the EVP. Programs for leadership and effective project management will be provided for the group.	10% - 20% of the members will join the core and will undergo a series of seminars and simulation activities for their training. At least 3 seminars or workshops will be provided for them.	July 13, 2005	Glenn Kho (EVP)	Materials and kits for the entire year: P500 Total: P500
	To be able to	Term Evaluation	The vice presidents	All officers will	August 29,	Michelle Villena	

	recognize the strengths and weaknesses of the officers and to provide a venue for dialogue in case problems may arise		will provide a report regarding the performance of the assistant vice presidents and vice versa. This will allow the development of the officers in the areas that they may need improvement in.	submit a written report of a SWOT analysis of the performance of their fellow officers.	2005 (Day before course card distribution)	(President)	
	To provide a venue for improvement in the organization's services and activities as an activity monitoring and SWOT analysis is made.	SWOT analysis and Activity Monitoring Surveys	Surveys will be given within the term to the members where they can evaluate the quality of specified SMS activities. A summary will be collated at the end of the term for reference.	Summary will be submitted for the term. This will serve as a basis for improvement in the next term.	August 15-19, 2005	Glenn Kho (EVP) and Junior Core – Research and Development Team	Survey sheet photocopy: P100 Total: P100 *(P300 for the year)

Extra-Curricular (Involvement)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Create a spirit of camaraderie amongst all members; to make them truly feel that they are members of an organization that seeks not only their academic	To regularly round up the members for updates about the organization's activities and services.	First General Assembly	An assembly for all members of the organization will occur. Updates will be given regarding the activities. Games and a simple program will be done for the participants' entertainment and to	85% of the officers, 60% to 70% of the members are expected to attend.	June 29, 2005	Raissa Ocampo (VP-Non Academics), Jenny Espinosa (VP-Internals) Piper Guzman (AVP-Membership)	Materials: P250 Snacks: P750 Total: P1000 *(P3000 for

excellence but their all-around well-being.			encourage their involvement.				the whole school year)
	To create an online venue for the members to post comments and suggestions as well as to be able to publicize future events and activities of SMS	SMS Website http://www.dlsu-sms.tk/	An online website will be launched and will be updated monthly for announcements, downloadable information as well as a suggestion box for an interactive communication between the officers and the members.	New information, data and announcements will be posted monthly. A “sign-in” count will be used to measure the number of visits the site will have.	Launching: July 18, 2005 To be updated monthly	Glenn Kho (EVP) Ishbelle Mendoza (AVP-Publications) Piper Guzman (AVP-Membership)	
	To attend to the general extra-curricular needs of the members and to provide an identification of being part of SMS.	Distribution of Membership Cards	An exclusive identification of SMS membership will be given to the members and officers. This will also serve as a discount card for the CSO green card alliance.	100% of the officers, 100% of the members will be given membership cards	August 8 – 12, 2005	Jenny Espinosa (VP-Internals) Piper Guzman (AVP-Membership)	Printing of the cards: P6000 Total: P6000
	To inform members of the different activities of SMS as well as to be able to have an opportunity to give announcements and recognition to SMS members	CLASYKO (Official Newsletter of SMS)	Regular issue of the publication will be provided for the members and the rest of the Psychology community to be able to inform them of update sand accomplishments of SMS.	All of the members and faculty will receive a copy per term	First term issue: August 15 – 19, 2005 To be provided every term.	Ishbelle Mendoza (AVP-Publications), Jenny Espinosa (VP-Internals), Piper Gizman (AVP-Membership)	Printing: P2000 Total P2000 *(P6000 for the entire year)

	and officers.						
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Extra-Curricular (Socio-Civic and Spiritual)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Allow the members to develop a sense of concern for the development of their own psyches, and that of the nation.	To cultivate the members' spirituality	Organizational Mass	The organization will sponsor a mass where the officers and the members can attend.	All available officers and all committee members will attend this activity	June 20, 2005	Raissa Ocampo (VP-Non Academics) Jobo Llaguno (AVP-Non Academics) Jenny Espinosa (VP-Internals)	
	To create an awareness not only among the members but to non-members as well of the importance of cleanliness; To advocate CLAYGO	Waiter for a Day (In line with Environment Month)	Members and officers will be formed into groups and will be assigned to different canteens. They will be reminding the students of the importance of CLAYGO. They will also help out the maintenance staff in the cleaning and serving of the food. The most effective team will be given a prize.	The canteen managers will serve as judges and will choose the winning team based on the criteria provided.	June 22, 2005	Raissa Ocampo (VP-Non Academics) Jobo Llaguno (AVP-Non Academics) Jenny Espinosa (VP-Internals)	Publicity Materials and Prizes: P500 Total: P500
	To discover	Gawad Kalinga	The group will be	90% of the	August 6,	Raissa Ocampo	

	nation-building, in the literal and figurative sense.	House Builds	helping out in the actual building of a GK house in a partner community.	officers and volunteers who signed up (those who are interested to be part of the activity) will be attending the activity.	2005	(VP-Non Academics), JR de Guzman (VP-Externals), Franz Hipol (AVP-Externals)	
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Extra-Curricular (Fundraising)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Ensure the financial stability of the organization, which will allow the organization to have quality activities and services	To gain sponsors for certain activities of SMS.	MOA and Solicitations	Letters will be sent out to outside companies and will be asked to sponsor the organization's activities for the term and perhaps even for the year.	To get call backs and updates from 75% of those sent out and To be able to reach a quota of P15,000 worth of sponsorships and donations for the term.	For first term: May 23 – June 13, 2005 To be done every term.	Tina Lindain (VP-Marketing), Kim Ong (AVP-Marketing)	
	To be able to gain memberships for the organization as well as to organize an activity that will help the organization to make more money for better funding of its	Annual Recruitment Week (ARW)	A booth will be set-up together with other organizations where students may file their application to the organization.	50 to 60% of the old members shall renew their membership, 20% of the freshmen.	June 13 – 17, 2005	Rachel Roque (VP-Documentation) Piper Guzman (AVP-Membership)	Printing of application forms: P500 Booth set-up: P250 Give-away prizes: P1000

	future activities and services.						Total: P1750
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CSO Ad-Hoc

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
	To be able to celebrate the new year ahead as we welcome the Freshmen into the DLSU Family	Freshman Welcoming Foodfest	The CSO organizations will contributing to the foodfest activity during the Freshman Welcoming event of the Student Council Office of the Vice President for Activities.	All freshmen will join the foodfest and will join the event.	May 25, 2005	"Welcome Back" central committee	Food: P500 Total: P500
	To be able to celebrate the foundation and accomplishments of the Council of Student Organizations as well as to enhance the camaraderie among the member organizations and the CSO teams.	CSO Day	The CSO organizations will be celebrating the event through different activities such as weeklong exhibits, concerts, foodfests and bazaars that will show the accomplishments of the council throughout the years.		August 5, 2005	CSO Day Central Committee	

Total: P16,600

2nd Term Activities

Academics

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Mold and prepare highly competitive and capable Psychology majors and graduate students, as a spirit of camaraderie is formed amongst all members of the Psychology academic community.	To provide academic assistance on some of the major subjects and its pre-requisites	Reviewer Distribution	Reviewers for the following subjects will be given: ELESTA 1&2, GENPSYC, and any other major subjects given for the term.	About 60%-70% of the members are expected to get a copy of the reviewers.	November 14 – 23, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Photocopy: P200 Total: P200
		Tutorials	Peer tutorials will be provided for students that may need assistance on difficult subjects. They will also be asked for feedback regarding the results of their exams.	Requesting students will be able to understand and get clarifications on subjects they are having difficulty with and they will get passing marks in their respective exams.	November 14 – 23, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	
	To acquaint		Students (ID 104)	About 70%-80%	September	Andrea Atotubo	Token for

	incoming Psychology majors about the curriculum included in their course as well as possible careers in the future.	AB and BS Psychology Convocation	that are about to take their majors are to be oriented of the courses and the curriculum of the program. They will also be given flowcharts and requirements list for eligibility to graduate in their course.	of the psychology majors (ID 104) and all officers will attend this activity. Available faculty will also be present.	7, 2005	(VP-Academics) and Andrea Gomez (AVP-Academics)	speakers: P1500 Invitations: P150 Publicity: P150 Total: P1800
Provide venues for learning and appreciation of the different disciplines of Psychology aside from the opportunities given in class.	To be able to provide opportunities for students to gain insights and tips on how to make effective researches as they start their thesis	“Go for Gold!” Talk on Effective Thesis Making	Gold thesis awardees and nominees will be invited as speakers and they will be asked to share their experiences during PSYRES1 and PSYRES2. An open forum will be done as well.	About 50% to 60% of the members that are going to have their thesis soon will be attending,	September 14, 2005	Andrea Atotubo (VP-Academics) Andrea Gomez (AVP-Academics)	Tokens for speakers: P150 * 4 guests Total: P600
	To teach members, especially AB-Psych majors of the interesting facts and lessons of Sensation and Perception (SENSPER)	“Magic Eye” Talk on Sensation and Perception	A talk on the different tricks and trivia on the human senses and the way one perceives things will be done. Hands-on lessons and examples will be made.	About 20% to 30% of the members will attend.	October 19, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Tokens for speakers (2): P500 Total: P1000
	To be able to inform members and non-members of the different mental	Mental Disorder Awareness Week	One mental disorder will be featured for the month and an information campaign will be done though	About 60% of the CLA population will be able to see and read the information.	September 19 - 24, October 24 – 28, November 7	Andrea Atotubo (VP-Academics) Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250

	disorders as well as to change any misconceptions about the disorders.		posters or an exhibit.		- 11, 2005		* 3 weeks Total: P750
		Film-viewing of featured mental disorder for the month	A documentary or a contemporary film will be shown for added information regarding the mental disorder featured for the month.	About 20% to 30% of the members will attend.	September 21, 2005	Andrea Atotubo (VP-Academics) Andrea Gomez (AVP-Academics)	
	To be able to inform and inculcate in the members further understanding and appreciation of the study of Sikolohiyang Pilipino (SP) as a discipline of Psychology	WOW SMS	Weeklong celebration and information dissemination of a featured ethnic group and Filipino pride will be done.	About 60% of the CLA population will be able to see and read the information.	September 5 – 9, October 3 – 7, November 21 – 25, 2005	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250 * 3 weeks Total: P750
		Piling-piling Araw	A talk or activity will be done regarding Filipino concepts and ideas.	About 40% - 50 % of the members will be attending the events.	“SP Workshop” September 28 “Kabataan” October 12 “Sikolohiya sa Industriya” November	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Tokens for speakers (3): P500 Total: P1500

					23, 2005		
		<p>“Bahay Banahaw” Feasibility study of Banahaw house restoration for social research laboratory of FILIPSY and SIKOPIL majors’ immersion.</p>	<p>A fact-finding committee will come up with an intensive research paper which will serve as a proposal for the project.</p>	<p>Final 50% of the paper will be accomplished including factual data needed for the project.</p>	<p>November 7, 2005</p>	<p>Michelle Villena (President) Glenn Kho (EVP) JR de Guzman (VP-Externals)</p>	
	<p>To be able to represent the organization in a nationwide event as well as to gain more knowledge on the study of Psychology and Sikolohiyang Pilipino</p>	<p>Pambansang Samahan ng Sikolohiyang Pilipino (PSSP) Convention</p>	<p>A nationwide convention to be held in FEU will be attended by representatives from SMS, where workshops and lectures will be made.</p>	<p>50% of officers and 10% of members will be attending the convention, which will be held in FEU, to represent SMS and DLSU</p>	<p>November 14 - 18 2005</p>	<p>Michelle Villena (President) Glenn Kho (EVP) Andrea Atotubo (VP-Academics) JR de Guzman (VP-Externals)</p>	<p>Expenses are to be shouldered by the participants</p>
	<p>To inform Psychology majors about the different careers they can enter after graduation.</p>	<p>Job Seek</p>	<p>A month long information dissemination will be done to let students know of the possible careers in Psychology, as well as the different</p>	<p>At least 1 job description will be posted every month on the bulletin board and in the website0.</p>	<p>To be posted: September 5, October 3, November 7, and December 5, 2005</p>	<p>Andrea Atotubo (VP-Academics), Andrea Gomez (AVP-Academics), Jenny Espinosa (VP-Internals)</p>	<p>Printing costs for entire term: P300 Total: P300</p>

			companies that they may work for here in the Philippines and abroad.				
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Extra-Curricular (Developmental)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Provide a venue for self and group development, not only among the officers but among the members as well.	To be able to create a good working relationship among the officers of the organization together with other officers from universities outside. To be able to build relationships and form friendships.	External Alliance General Assembly	Monthly meetings with Tatsulok (an external alliance with UP, PNU, PUP and DLSU-Dasmariñas) will be made.	50% (at least) of the officers	To be determined	Glenn Kho (EVP) JR de Guzman (VP-Externals) Franz Hipol (AVP-Externals)	
	To be able to recognize the strengths and weaknesses of the officers and to provide a venue for dialogue in case problems may arise	Term Evaluation	The vice presidents will provide a report regarding the performance of the assistant vice presidents and vice versa. This will allow the development of the officers in the areas that they may need improvement in.	All officers will submit a written report of a SWOT analysis of the performance of their fellow officers.	December 19, 2005	Michelle Villena (President)	

	To provide a venue for improvement in the organization's services and activities as an activity monitoring and SWOT analysis is made.	SWOT analysis and Activity Monitoring Surveys	Surveys will be given within the term to the members where they can evaluate the quality of specified SMS activities. A summary will be collated at the end of the term for reference.	Summary will be submitted for the term. This will serve as a basis for improvement in the next term.	November 14 - 23, 2005	Glenn Kho (EVP) and Junior Core – Research and Development Team	Survey sheet photocopy: P100 Total: P100 *(P300 for the year)
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Extra-Curricular (Involvement)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Create a spirit of camaraderie amongst all members; to make them truly feel that they are members of an organization that seeks not only their academic excellence but their all-around well-being.	To regularly round up the members for updates about the organization's activities and services.	Second General Assembly	An assembly for all members of the organization will occur. Updates will be given regarding the activities. Games and a simple program will be done for the participants' entertainment and to encourage their involvement.	85% of the officers, 60% to 70% of the members are expected to attend.	November 19, 2005	Raissa Ocampo (VP-Non Academics), Jenny Espinosa (VP-Internals) Piper Guzman (AVP-Membership)	Materials: P250 Snacks: P750 Total: P1000 *(P3000 for the whole school year)
	To create an online venue for the members to post comments and suggestions as well as to be	SMS Website http://www.dlsu-sms.tk/	An online website will be launched and will be updated monthly for announcements, downloadable information as well as	New information, data and announcements will be posted monthly. A "sign-in" count will be	To be updated monthly	Glenn Kho (EVP) Ishbelle Mendoza (AVP-Publications) Piper Guzman	

	able to publicize future events and activities of SMS		a suggestion box for an interactive communication between the officers and the members.	used to measure the number of visits the site will have.		(AVP-Membership)	
	To inform members of the different activities of SMS as well as to be able to have an opportunity to give announcements and recognition to SMS members and officers.	CLASYKO (Official Newsletter of SMS)	Regular issue of the publication will be provided for the members and the rest of the Psychology community to be able to inform them of update sand accomplishments of SMS.	All of the members and faculty will receive a copy per term	Second term issue: November 14 - 23, 2005 To be provided every term.	Ishbelle Mendoza (AVP-Publications), Jenny Espinosa (VP-Internals), Piper Gizman (AVP-Membership)	Printing: P2000 Total P2000 *(P6000 for the entire year)

Extra-Curricular (Socio-Civic and Spiritual)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Allow the members to develop a sense of concern for the development of their own psyches, and that of the nation.	To cultivate the members' spirituality	Organizational Mass	The organization will sponsor a mass where the officers and the members can attend.	All available officers and all committee members will attend this activity	November 7, 2005	Raissa Ocampo (VP-Non Academics) Jobo Llaguno (AVP-Non Academics) Jenny Espinosa (VP-Internals)	
	To discover	Gawad Kalinga	The group will be	90% of the	November	Raissa Ocampo	

	nation-building, in the literal and figurative sense.	House Builds	helping out in the actual building of a GK house in a partner community.	officers and volunteers who signed up (those who are interested to be part of the activity) will be attending the activity.	12, 2005	(VP-Non Academics) JR de Guzman (VP-Externals), Franz Hipol (AVP-Externals)	
	To provide an opportunity for the officers as well as the members to share their blessings to the unfortunate as the holiday season approaches.	SMS Outreach Christmas Party	SMS officers will tie-up with a partner community where they can celebrate the Christmas season with the people there. Members will also be invited to join.	80% of the officers and 10% of the members are expected to join.	December 3, 2005	Raissa Ocampo (VP-Non Academics) JR de Guzman (VP-Externals), Franz Hipol (AVP-Externals)	Food: P1000 Prizes, other materials: P500 Total: P1500

Extra-Curricular (Fundraising)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
To ensure the financial stability of the organization, which will allow the organization to have quality activities and services	To gain sponsors for certain activities of SMS to be able to cover the expenses projected to be incurred.	MOA and Solicitations	Letters will be sent out to outside companies and will be asked to sponsor the organization's activities for the term and perhaps even for the year.	To get call backs and updates from 75% of those sent out and To be able to reach a quota of P10,000 worth of sponsorships and donations for the term.	For second term: September 5 - 26, 2005 To be done every term.	Tina Lindain (VP-Marketing) Kim Ong (AVP-Marketing)	

CSO Ad-Hoc

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
	To be able to provide a venue for the holistic development of the students as alternative classes are given.	LEAP (Lasallian Enrichment Alternative Program)	The organization will be contributing their own alternative classes to the LEAP activity of the Student Council Office of the Vice President for Activities.	Two classes will be given. The target topics to be given are: Bio-energetic therapy and Paranormal Psychology	October 4, 2005	Andrea Atotubo (VP-Academics) Raissa Ocampo (VP-Non Academics)	Speakers' fee (2): P1000 Total: P2000
	To be able to celebrate and recognize the accomplishments of the Council of Student Organizations and its officers as well as to enhance the camaraderie among the member organizations and the CSO teams.	Lasallian Excellence Awards (LEA) Launching Harvest of Winners (HOW) Ten Outstanding Coeds and Ten Outstanding Young Men (TOC-TOYM) Search for Outstanding Teachers (SSOT)	Nominations may be placed for those officers and student leaders that perform exceptionally during their term.		August 5, 2005	LEA Central Committee	

	To evaluate the current standing and developments of the organization. To measure if the organizations are meeting the standards expected of them as well as to present the accomplishments so far.	CSO Accreditation	The activities for the first half of the year shall be presented to a panel while being graded according to the accreditation model.		October 17 – 21, 2005	SMS Executive Board	

Total: P13,500

3rd Term Activities

Academics

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Mold and prepare highly competitive and capable Psychology majors and graduate students, as a spirit of camaraderie is formed amongst	To provide academic assistance on some of the major subjects and its pre-requisites	Reviewer Distribution	Reviewers for the following subjects will be given: ELESTA 1&2, GENPSYC, and any other major subjects given for the term.	About 60%-70% of the members are expected to get a copy of the reviewers.	March 8 – 17, 2006	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Photocopy: P200 Total: P200

all members of the Psychology academic community.							
		Tutorials	Peer tutorials will be provided for students that may need assistance on difficult subjects. They will also be asked for feedback regarding the results of their exams.	Requesting students will be able to understand and get clarifications on subjects they are having difficulty with and they will get passing marks in their respective exams.	March 8 – 17, 2006	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	
	To be able to showcase the knowledge and capabilities of the Psychology majors in a quizbee, as well as to find a group that will represent the organization and the university in outside contests.	Tagisan ng Talino 2006	Gather qualified students, preferably recommended by the professors, and have a contest of the different concepts and theories of Psychology. The winner will not only get prizes, they will also be representing the school outside.	At least 5 teams made up of Psychology majors from each year level will be competing.	February 15, 2006	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Materials: P200 Prizes: P800 Total: P1000
Provide venues for learning and appreciation of the different disciplines of	To be able to inform members and non-members of the different mental	Mental Disorder Awareness Week	One mental disorder will be featured for the month and an information campaign will be done though	About 60% of the CLA population will be able to see and read the information.	January 9 – 13, 2006	Andrea Atotubo (VP-Academics) Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250

Psychology aside from the opportunities given in class.	disorders as well as to change any misconceptions about the disorders.		posters or an exhibit.				Total: P250
	To be able to inform and inculcate in the members further understanding and appreciation of the study of Sikolohiyang Pilipino (SP) as a discipline of Psychology	WOW SMS	Weeklong celebration and information dissemination of a featured ethnic group and Filipino pride will be done.	About 60% of the CLA population will be able to see and read the information.	February 20-24, 2006	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Fixed Budget: Exhibit: P250 Total: P250
		Piling-piling Araw	A talk or activity will be done regarding Filipino concepts and ideas.	About 40% - 50 % of the members will be attending the events.	“Konsepto ng Halik” February 22, 2006	Andrea Atotubo (VP-Academics) And Andrea Gomez (AVP-Academics)	Tokens for speakers (1): P500 Total: P500
		“Bahay Banahaw” Feasibility study of Banahaw house restoration for social research laboratory of FILIPSY and	A fact-finding committee will come up with an intensive research paper which will serve as a proposal for the project.	Launching of the final study and the information dissemination of the plans, as the ground breaking is occurring.	February 13 – 17, 2006	Michelle Villena (President) Glenn Kho (EVP) JR de Guzman (VP-Externals)	

		SIKOPIL majors' immersion.					
	To inform Psychology majors about the different careers they can enter after graduation.	Job Seek	A month long information dissemination will be done to let students know of the possible careers in Psychology, as well as the different companies that they may work for here in the Philippines and abroad.	At least 1 job description will be posted every month on the bulletin board and in the website.	To be posted: January 9, February 6, March 6, 2006	Andrea Atotubo (VP-Academics), Andrea Gomez (AVP-Academics), Jenny Espinosa (VP-Internals)	Printing costs for entire term: P300 Total: P300

Extra-Curricular (Developmental)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Provide a venue for self and group development, not only among the officers but among the members as well.	To be able to create a good working relationship among the officers of the organization together with other officers from universities outside. To be able to build relationships and form friendships.	External Alliance General Assembly	Monthly meetings with Tatsulok (an external alliance with UP, PNU, PUP and DLSU-Dasmariñas) will be made.	50% (at least) of the officers	To be determined	Glenn Kho (EVP) JR de Guzman (VP-Externals) Franz Hipol (AVP-Externals)	

	To be able to recognize the strengths and weaknesses of the officers and to provide a venue for dialogue in case problems may arise	Term Evaluation	The vice presidents will provide a report regarding the performance of the assistant vice presidents and vice versa. This will allow the development of the officers in the areas that they may need improvement in.	All officers will submit a written report of a SWOT analysis of the performance of their fellow officers.	April 12, 2006	Michelle Villena (President)	
	To provide a venue for improvement in the organization's services and activities as an activity monitoring and SWOT analysis is made.	SWOT analysis and Activity Monitoring Surveys	Surveys will be given within the term to the members where they can evaluate the quality of specified SMS activities. A summary will be collated at the end of the term for reference.	Summary will be submitted for the term. This will serve as a basis for improvement in the next term.	March 8 - 17, 2006	Glenn Kho (EVP) and Junior Core – Research and Development Team	Survey sheet photocopy: P100 Total: P100 *(P300 for the year)
	To prepare future leaders for the organization and for further nation-building	Application for Officership for SY 2006-2007	Application forms and the requirements needed of the applicants will be disseminated among the members and the rest of the Psychology majors.	N/A	January 23 – 31, 2006	All the SY 2005-2006 officers are involved	Printing of application forms: P150 Total: P150
		Interview of SMS Officership	The applicants, aside from accomplishing their documents and	100% of the applicants will be interviewed by at	March 20 – 24, 2006	All the SY 2005-2006 officers are involved	

		for SY 2006-2007 Applicants	their practicum, will also be interviewed for the decision of final officers to be holistic.	least 70% of the incumbent officers.			
		Announcement of SMS SY 2006-2007 Officers	Final list of the officers for SY 2006-2007, which was duly deliberated and decided upon will be announced and will be properly disseminated.	N/A	April 11, 2006	All the SY 2005-2006 officers are involved	

Extra-Curricular (Involvement)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Create a spirit of camaraderie amongst all members; to make them truly feel that they are members of an organization that seeks not only their academic excellence but their all-around well-being.	To regularly round up the members for updates about the organization's activities and services.	Third General Assembly	An assembly for all members of the organization will occur. Updates will be given regarding the activities. Games and a simple program will be done for the participants' entertainment and to encourage their involvement.	85% of the officers, 60% to 70% of the members are expected to attend.	January 11, 2005	Raissa Ocampo (VP-Non Academics), Jenny Espinosa (VP-Internals) Piper Guzman (AVP-Membership)	Materials: P250 Snacks: P750 Total: P1000 *(P3000 for the whole school year)
	To create an online venue for	SMS Website	An online website will be launched and will	New information, data and	To be updated	Glenn Kho (EVP)	

	the members to post comments and suggestions as well as to be able to publicize future events and activities of SMS	http://www.dlsu-sms.tk/	be updated monthly for announcements, downloadable information as well as a suggestion box for an interactive communication between the officers and the members.	announcements will be posted monthly. A “sign-in” count will be used to measure the number of visits the site will have.	monthly	Ishbelle Mendoza (AVP-Publications) Piper Guzman (AVP-Membership)	
	To inform members of the different activities of SMS as well as to be able to have an opportunity to give announcements and recognition to SMS members and officers.	CLASYKO (Official Newsletter of SMS)	Regular issue of the publication will be provided for the members and the rest of the Psychology community to be able to inform them of update sand accomplishments of SMS.	All of the members and faculty will receive a copy per term	Third term issue: March 8 - 17, 2006 To be provided every term.	Ishbelle Mendoza (AVP-Publications), Jenny Espinosa (VP-Internals), Piper Gizman (AVP-Membership)	Printing: P2000 Total P2000 *(P6000 for the entire year)
	To allow the members to have fun and unwind, to provide an opportunity to celebrate Psychology in a fun and interesting way and to train the applicants for officership as they handle the activities	Psyched '06 U-break Activities	Different activities planned by the applicants will be held during the weeklong Psyched '06 event.	70% of the officers, 100% of the applicants, 40% of the members, some of the faculty will be contributing to the event.	March 8, 2006 (U-break)	Glenn Kho (EVP) Raissa Ocampo (VP-Non Academics) and all applicants for officership SY 2006-2007	Materials and Prizes: P1000 Food: P1000 Total: P2000

		Psyched '06 Concert-Party	A concert will be held as a culminating activity for the weeklong Psyched '06 celebration.	85% of the officers, 85% of the applicants, 30% of the members will be attending the event.	March 10, 2006	Glenn Kho (EVP) Raissa Ocampo (VP-Non Academics) and all applicants for officership SY 2006-2007	To be determined
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Extra-Curricular (Socio-Civic and Spiritual)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
Allow the members to develop a sense of concern for the development of their own psyches, and that of the nation.	To cultivate the members' spirituality	Organizational Mass	The organization will sponsor a mass where the officers and the members can attend.	All available officers and all committee members will attend this activity	February 6, 2006	Raissa Ocampo (VP-Non Academics) Jobo Llaguno (AVP-Non Academics) Jenny Espinosa (VP-Internals)	
	To discover nation-building, in the literal and figurative sense.	Gawad Kalinga House Builds	The group will be helping out in the actual building of a GK house in a partner community.	90% of the officers and volunteers who signed up (those who are interested to be part of the activity) will be attending the activity.	February 4, 2006	Raissa Ocampo (VP-Non Academics) JR de Guzman (VP-Externals), Franz Hipol (AVP-Externals)	
	To provide an	For the Kids	SMS officers have a	100% of the	January 15,	Raissa Ocampo	

	opportunity for the officers as well as the members to share their blessings to special children in COSCA's annual mini-olympics	2006	partner community where they each will be an Ate or Kuya for the day. The members will also be encouraged to join.	officers and 10% of the members are expected to join.	2006	(VP-Non Academics) JR de Guzman (VP-Externals), Franz Hipol (AVP-Externals)	
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Extra-Curricular (Fundraising)

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
To ensure the financial stability of the organization, which will allow the organization to have quality activities and services	To gain sponsors for certain activities of SMS to be able to cover the expenses projected to be incurred.	MOA and Solicitations	Letters will be sent out to outside companies and will be asked to sponsor the organization's activities for the term and perhaps even for the year.	To get call backs and updates from 75% of those sent out and To be able to reach a quota of P10,000 worth of sponsorships and donations (Which will be used for the raffle) for the term.	For third term: January 2 - 23, 2005 To be done every term.	Tina Lindain (VP-Marketing) Kim Ong (AVP-Marketing)	
	To be able to raise funds for the organization and to be able to join in the celebration of Psyched '06.	Psyched '06 Raffle	A raffle will be made, through ticket selling or votation with the votes having amounts. The winners will be getting awards.	To be able to raise at least P1000 worth of funds.	March 6 – 10, 2005	Andrea Atotubo (VP-Academics) Raissa Ocampo (VP-Non Academics)	Materials: P150 Total: P150

CSO Ad-Hoc

Goals	Objectives	Strategies	Brief Description	Measures	Target Date	Person(s)-in-Charge	Budget
	To be able to celebrate the foundation of the university, the life and teachings of St. La Salle and to be able to enhance solidarity and unity among all sectors and departments of DLSU.	University Week 2006	A weeklong event will occur where different sectors, including CSO will take part in.	SMS will provide one activity, whether it be a talk or a booth in the bazaar.	January 23 – 28, 2006	Raissa Ocampo (VP-Non Academics)	
	To be able to celebrate and recognize the accomplishments of the Council of Student Organizations and its officers as well as to enhance the camaraderie among the member organizations and the CSO teams.	Lasallian Excellence Awards (LEA) Night HOW TOC-TOYM SSOT	The winners for the Lasallian Excellence Awards will be recognized and will be celebrated during a formal function.	Qualified officers and constituents of SMS shall be recognized, at least through nominations.	August 5, 2006	LEA Central Committee	

	To evaluate the current standing and developments of the organization. To measure if the organizations are meeting the standards expected of them as well as to present the accomplishments so far.	CSO Accreditation	The activities for the first half of the year shall be presented to a panel while being graded according to the accreditation model.	A finalized video presentation of the achievements of SMS will be shown together with the newly planned annual research report.	April 18 – 21, 2006	SMS Executive Board	
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Total: 7,650
Total for SY 2005-2006: P37,750