



# Altru NEWS

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[www.geocities.com/districttenaltrusa](http://www.geocities.com/districttenaltrusa)

## Your LINK to District Ten

*By Governor Rhoda Struhs*



*Welcome to the newest issue of the District Ten AltruNews! You will find it stocked with information from the 2007 Conference in Ogden, the "to-do" list for club officers, information on International Foundation grants, and even a teaser about next year's Conference in Clovis, New Mexico. I hope you take the time to read through it all.*



### LOOK INSIDE

As your new Governor, I find myself excited, awestruck and a bit overwhelmed as I look toward the next two years. My goal is to help your clubs become all that they can be. I hope that you will feel comfortable in contacting me with any ideas, suggestions or concerns about your club, our District and the International organization.

At Conference, I focused on the links of Altrusa that strengthen our clubs and members. As we move through this new biennium, I will highlight some of those individual links, such as leadership, membership, projects, finances, bylaws and policies, and communication. Communication is the magic that ties all of our Altrusa links together. At Conference, I committed to doing several things that I hope will strengthen our communication and help us all feel a part of this wonderful organization that we belong to.

I have implemented a monthly President's Memo to help keep your presidents informed and as a means for them to share their concerns and successes. Our talented and wise Past Governors will share their ideas for successful clubs and members, as well as stories of District Ten's history. Watch for "Lifesavers to the Rescue" in the next issue of the AltruNews. We will be initiating a club-to-club program much like the "Sister Clubs" that Altrusa International has developed. Clubs will be paired up within the District to share information, newsletters, and project and fund raising ideas. Your club presidents will receive information on this exciting program in the next few weeks. Also, I would like to collect the email addresses of all Altrusans in District Ten to create a master email list. I foresee that this will be used to pass on information quickly to the majority of our members. As always, we will depend on the clubs to get the information to those members without email. We all need to know what is going on! Watch for changes with the District Ten website. It will be getting a facelift throughout the summer to include timely information that we can all reference. If you have suggestions on what you want to see on the website, please contact me or Kelly Harms, our AltruNews and Website Editor.

It is always exciting to start a new adventure. I am proud and humbled to be your Governor. I am grateful that we will all be taking this journey together. Remember that communication is critical to making all of our Altrusa links stay connected. I want to hear from you!

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# OFFICER "TO DO" LIST

## AUGUST

### PRESIDENT

- Remind Altrusa Information chairman to review Club's initiation and orientation procedures to make them up-beat and exciting. Start your new members off on the right foot.
- Be aware that a District Officer will make an annual visit to your Club. Please try to accommodate her visit as much as possible. The District will provide a meal at the general Club meeting. She may want to have a time with the President and the Board. If your Club wishes to do something special to acknowledge the Officer's visit, this is acceptable, but not expected. These visits are specifically designed for franch and open discussion. Therefore, it is requested that the program time be given completely to your District Officer.

### SERVICE COORDINATOR OR VICE PRESIDENT

- Yearbook should be completed. Be sure name of club, zip code and area code are on the front cover. Send 10 copies to the Governor (this covers District Board and 1 for International. Governor will forward yearbook to International on your behalf.)

### TREASURER

- Stay on top of ALL new member forms. Mail then in quickly. Ensure last copy is legible!

### SECRETARY

- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

## SEPTEMBER

### PRESIDENT

- September is traditionally Literacy Month.
- Foundation grant requests are due from clubs.

### SERVICE COORDINATOR OR VICE-PRESIDENT

- Distribute yearbooks to Club members, if not already done.

### TREASURER

- IRS form 990 is due by October 15<sup>th</sup>, if necessary.

### SECRETARY

- Make note if change of addresses, if any, of District Officers/Chairmen. Share with Club members through the newsletter.
- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

## The Results are In Summary of Conference Evaluation Forms

Ogden Conference was an overall success, according to the Conference Evaluation Forms. Below is a compilation of the results:

- Workshops – 96% excellent/good
- Art Stroll – 86% excellent/good
- Town Meeting – 100% excellent/good
- Facilities/Meals – 95% excellent/good
- Conference Overall – 100% excellent/good

Topics that attendees would like to have at future Conferences:

Membership, getting members to meetings, public speaking, social etiquette, finance, International information, awards workshop, sharing of other clubs' projects, personal and leadership growth, how to delegate, project organizing, communicating, foundation training, budget training, member recruitment.

Other comments included: conference tables rather than theater style seating, less humor and more on recruitment, leadership overdone, appreciated staying within scheduled time-no wasted time, liked hospitality room, best goodie bags ever.

As you can see, we have a diverse group with diverse comments. Your District Board will take these comments into consideration when planning future Conferences. Thanks to the Ogden Club, the presenters and all attendees for making the 2007 District Ten Conference a great success.



## Altrusa International, Inc., District Ten New Member Report May 1 – May 29, 2007 By David Mangum, Treasurer

**Artesia, New Mexico**  
**Sondie Stockman**  
**Susie Taylor**

**Grand Junction, Colorado**  
**Deana Orient**  
**Marjorie Carey**  
**Darlene Ficklin**

**Clovis, New Mexico**  
**Jackie Lara**  
**Leslie McCloud**

**Roswell, New Mexico**  
**Abigail Smith**  
**Janica Harris**

**Delta, Colorado**  
**Judi Schmalz**  
**Kathy Welt**

**Tucumcari, New Mexico**  
**Lois Gray**  
**Amy Sandoval**

## And the Awards for 2006-07 Go To . . .

### Communicatons:

Newsletter                   Artesia, NM  
Yearbook                    Portales, NM  
Website                     Portales, NM

Mary Ray Attendance:     Albuquerque, NM

Nancy Taylor Environmental:   Grand Junction, CO

District Membership:        Portales, NM

Hazel Henderson:         Portales, NM

District Ten Net Gain:       Portales, NM

Distinguished Clubs:       Delta, CO  
                                  Grand Junction, CO

Montrose, CO

Ogden, UT

Portales, NM

Ruidoso, NM

Tucumcari, NM

Jen Hanson Service:       Delta, CO

Dr. Nina Fay Calhoun:       Montrose, CO

Ethel Fritz/Letha Brown:   Albuquerque, NM

Mamie L Bass:             Montrose, CO

Governor's Award:         Ruth Cook, Albuquerque, NM



Please plan on submitting your entries for the 2008 Conference by April 1, 2008.

## *Get Ready For Conference!*

**Ida Bender, Governor Elect, District Ten**

I know we just returned from a wonderfully successful District Ten Conference in Ogden, Utah. Here I am talking about *another* Conference. This one is coming soon on May 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, 2008 in Clovis, New Mexico. Clovis is home of Cannon Air Force Base, and a host of ready and willing Altrusans.

While in Ogden, we only got a hint of the possible goings-on. It was presented by a very secretive group of 'Special Agents'. I tried to get information for this article from **Conference Co-Chairs Phyllis Davidson and Mary Weigl** but I too was given the run-around and coded information.

I did find out that the theme is "**Special Operations**". And I quote, " Be ready to be thrilled, to infiltrate, and to be infiltrated on. There is no telling what special mission you may be sent on while doing your tour with "Special Operations". Special Operations units have to be ready on a moments notice to travel to different and diverse countries, to take on operations that other (lesser) units could not handle. Good luck and a safe trip."

I know this doesn't tell us a lot, but it leaves much to the imagination! So start planning now, imagine yourself at District Ten Conference in Clovis, NM, May 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, 2008. Be ready for your tour of duty in "Special Operations" in Clovis, New Mexico!

# Altrusans Extraordinaire

The **District Ten Governor's Award** has become a prestigious honor for not only the winner, but for each nominee who has been spotlighted by their club. This year there were four nominees. The winner was Ruth Cook of Albuquerque. Ruth will receive a Lamplighter Pin (for the District's \$500 donation to the International Foundation in her name) to commemorate her award. Sharon Davis of Portales, Carol Parker of Montrose, and Dorothy Dunfelder of Delta were also recognized for their long years of service to Altrusa. Below are short summaries of each of the nominees.

**Ruth Cook** became a member of the Albuquerque club in 1979. For 28 years, she has worked tirelessly to ensure the club's success. She has held the office of President three times, Vice President, Secretary, Treasurer, Committee Chair of Finance, Altrusa Information, and served on the Community Service, Altrusa Information, Membership committees. On the District level, Ruth served as District Treasurer during 1985-87, and as Chair of the Nominating Committee for 2005-07. Ruth is never home. She is off helping at her church thrift store, working on projects with her sorority, and driving for Meals on Wheels. Ruth Cook is the essence of Altrusa and its principals and goals. She is honest and straight forward, and you can count on her and her word. She is a loyal friend and Altrusan. Principal of Altrusa Number 12 sums up why Ruth Cook, Altrusa International Inc., of Albuquerque deserves recognition for long-time and outstanding service to Altrusa and her community: "Altrusa believes it is not enough to be good; Altrusans must be good for something. Each Member must be doing the piece of work that is hers in a way that puts her in the front ranks of accomplishment."

**Sharon Davis** was initiated into Altrusa in January 1975 and has been one of the most active members of the Portales club. Sharon jumped in with both feet and became a director on the board serving for two years before becoming Vice President 1978-79 then President 1979-80. She served as President, again, in 2004-05. Sharon's commitment to the community is evident by her service on the Roosevelt County Chamber of Commerce, the New Mexico Ag Expo Committee, Portales FFA Booster Club, Roosevelt County 4-H, Beta Sigma Phi, Farm Bureau and teaching bible class since the age of 18. Sharon Davis can always be found encouraging others, whether in business, volunteer efforts or Altrusa.

**Dorothy Dunfelder** has been a loyal, active, and inspiring member of the Delta club for more than 16 years. She has held several different offices including President, Chairperson of Service Committee, Chairperson of Finance Committee as well as heading up different task forces within these and other committees. Over the years, Dorothy has sponsored more than a dozen new members. With her guidance and sponsorship most of these members have gone on to hold positions of office in the club. She has kindled the friendships born within the club membership by hosting her now famous "Margarita and Enchilada" party. Within the community of Delta, Dorothy is an excellent example of unselfish concern for the welfare of others. She serves on the Delta Library's Advisory Committee, is a member of the local P.E.O. Chapter, volunteers at the Delta Museum, member of the Friends of the Library, and is currently creating a cookbook for the Delta County Memorial Hospital Foundation. Dorothy inspires fellow Altrusans by her untiring contribution to all projects.

**Carol Parker**, past 2nd and 1st Vice President, President and Director of the Altrusa Club of Montrose, has chaired the Environmental, Literacy, Educational Services, Nominating, Elections and ASTRA committees. Her ten year membership has focused on youth and educational issues with her guidance in the organization and fostering of the highly successful ASTRA Club of Montrose. Carol is an innovator in the Montrose community, having initiated the School-to-Career program, for which she was recognized by the Rotary Club with the Community Heartbeat Award. She exemplifies quiet, passionate leadership which inspires members of the Altrusa and ASTRA clubs of Montrose to provide heartfelt service to the local and world communities.

Congratulations to Ruth and all of the nominees. Each club can submit a nominee every year. Please think of who in your club is an "unsung hero" and send in a nomination next year. Your club president has the criteria and nomination form are in her District Ten Supplement. Wouldn't it great to have nominees from every club?



# Calling all Clubs

## Money for Your Club Projects

By Marian Thompson, Director II

### Altrusa International Foundation Grant Deadlines:

- 09/15/07 - Application due to Altrusa International Foundation
- 10/31/07 - Funding Decisions
- 11/30/07 - Grants Awarded Maximum \$1,000

**Guidelines and Criteria are on the website @ Altrusa.com.**

As evidenced by the passionate, informative reports given at the District Ten Conference all of you have worthy projects, which easily fit the criteria of literacy related or for the direct benefit of abused and battered women, the elderly, the homeless, the handicapped, underprivileged children, individuals requiring medical attention, or others in your community who are disadvantaged. I am sure each District Ten Club could use additional funds to support your great projects.

There are two categories of grants, individual and project. Each club may apply for one individual and one project grant each Altrusa year. Take time this year to take advantage of what is offered to you by the Altrusa International Foundation. The annual report is not out for 2006-2007, however \$34,000 was distributed in 2005-2006.

Nikki Lovell, the presenter at District Ten Conference of *Writing to Please the Viewer*, stated more that once **“follow the guidelines, write for the viewer, answer any questions asked, precisely and concentrate on the benefit of the project to the individual or group you are targeting to help, and state the benefit to the community at large.”**

Your club projects are worthy of some of the dollars to be awarded this year. Remember to stay within the guideline and keep your commentary to the number of words allowed.

**Happy Grant Writing!**

## *Remembering Our Altrusans*

Janice Ernst, SC, of Pueblo, Colorado, gave a lovely memorial service honoring those Altrusans who had passed away during the past year. She used the Altrusa Collect to remember the following Altrusans:

- Kathleen Marie (Kathy) Gordon, Montrose, Colorado
- Avon Wilson, Roswell, New Mexico - Past District Parliamentarian
- Muriel Swayze, Denver, Colorado, Past District Ten Governor
- Norma Jean Najim, Springfield, Illinois, Past International President

*After District Conference in May, we lost another valuable member of Altrusa. We wish to send condolences and deepest sympathy to the family and friends of Opal Lankford of Roswell, NM, a past District Ten Governor. Opal served as Governor from 1979 to 1981. Altrusa has lost a most valuable gem with the passing of Opal. She will be truly missed.*

# 2007-2008 Club Visits

As clubs are planning their programs for the year, keep in mind that a member of the District Board will be visiting. District visitors will be contacting clubs to arrange a date with their designated clubs. Please help by being accommodating with scheduling challenges.

Club visits are very important for the clubs and for the District Board. District visitors come prepared to share information on the International and District levels as well as provide help in areas of need. Club visits also allow the District to assess the needs of the clubs. District Ten Policies state:

1. The Governor shall visit each club in the District. She shall have three years to accomplish the visits – one year as Governor-Elect and two years as Governor.
2. A District officer will visit each club annually.
3. The District shall pay travel and lodging for club visits. Expenses for other requested visits from District officers are borne by local clubs.
4. Local clubs are asked to furnish housing when possible and if requested by their visiting officer.
5. The local club pays for the meal for their visitor when applicable.

Following are the clubs and this year's scheduled visitors:

## COLORADO

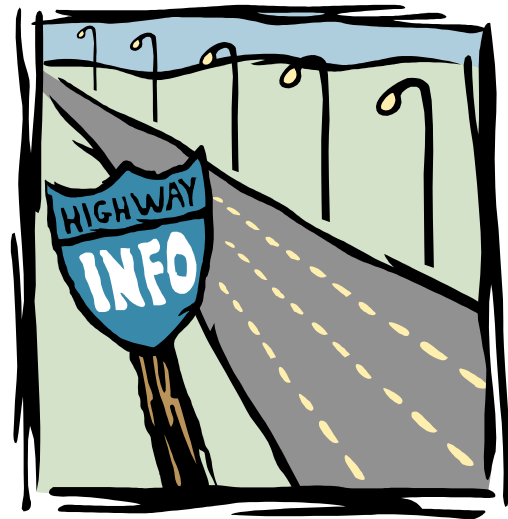
Colorado Springs	Gov Elect Ida Bender
Delta	Governor Rhoda Struhs
Denver	Governor Rhoda Struhs
Grand Junction	Governor Rhoda Struhs
Montrose	Governor Rhoda Struhs
Palisade	Director Kim Last
Pueblo	Governor Rhoda Struhs

## NEW MEXICO

Alamogordo	Gov. Elect Ida Bender
Albuquerque	Director Marian Thompson
Artesia	Gov. Elect Ida Bender
Clovis	Vice Gov Donna Herman
Portales	Vice Gov Donna Herman
Roswell	Governor Rhoda Struhs
Ruidoso	Gov Elect Ida Bender
Tucumcari	Director Marian Thompson

## UTAH

Ogden	Vice Gov Donna Herman
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**\*\*\* Something New \*\*\***

***Watch for "Lifesavers to the Rescue" in future issues of the AltruNews. Our District Ten Past Governors have been enlisted to share words of wisdom, District Ten history, funny stories and ideas to help clubs become successful in all their endeavors.***

# OGDEN, UTAH MAY 4-5-2007

There were 14 clubs of 17 represented with 83 registrations. Carol Latham, International Director was our special guest. We also had 6 Past District Governors in attendance.

New officers for 2007-2009 are: Governor Rhoda Struhs, Governor Elect Ida Bender, Vice Governor Donna Herman, Treasurer David Mangum, Directors Marian Thompson and Kim Last, Secretary Brenda Holston and Parliamentarian Martha Dusio.

*Winners of the awards were:*

Communications:	Newsletter-Artesia, NM Yearbook and Website-Portales, NM
Members Choice:	Alamogordo, NM
Mary Ray Attendance:	Albuquerque, NM Alamogordo, NM Pueblo, CO
Nancy Taylor Environmental:	Grand Junction, CO Montrose, CO Tucumcari, NM
District Membership:	Portales, NM
Hazel Henderson:	Portales, NM
District Ten Net Gain:	Portales, NM
Distinguished Clubs:	Delta, CO Grand Junction, CO Montrose, CO Ruidoso, NM Tucumcari, NM Portales, NM Ogden, UT
Jen Hanson Service:	Delta, CO
Honorable Mention:	Albuquerque, NM Montrose, CO Portales, NM
Dr. Nina Fay Calhoun:	Montrose, CO
Honorable Mention	Albuquerque, NM Clovis, NM Portales, NM
Ethel Fritz/Letha Brown:	Albuquerque, NM
Mamie L Bass:	Montrose, CO
Governor's Award:	Ruth Cook, Albuquerque
Nominees	Carol Parker, Montrose Dorothy Dunfelder, Delta Sharon Davis, Portales



*Congratulations Altrusans!*

Conference in 2008 will be held in Clovis, NM. International Convention is in Orlando, FL in July, 2007.

Roberta Hoey,  
District Ten Secretary

# A final note of inspiration...

## Carol Latham

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May 10, 2007

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Dear Governor Rhoda and the Altrusans of District Ten:

What a wonderful time I had at your 'All Aboard Altrusans' Conference in Ogden. Please share with all the members who attended conference, my appreciation for the warm welcome, the hugs, the sharing, laughter and, hospitality. It was a well organized, efficiently run conference and it was fun. The workshops and the presenters were all full of useful information and we were energized (\*).

I was pleased to see the response to the Grant workshop as much of the information needed to apply for a grant is the same the clubs will need to apply for the Altrusa Awards and the Distinguished Club designation. So, I encourage the clubs to sharpen the pencils and document their projects then submit the appropriate applications.

Congratulations, once again to you and your newly 'linked' board. I wish you a very successful biennium. Kudos to the Ogden club and the Clovis 'Secret Agent' expeditors. Congratulations to Ruth Cook and all the clubs that contributed to the conference and those that submitted for the various awards. I certainly want to congratulate the clubs that went home with awards, too. I am in awe of the scope of the projects being undertaken in your district.

I applaud Governor Margaret on a successful 'TEAM Altrusa' biennium. She followed a long line of committed, outstanding governors and now can enjoy a little 'time off' as a Life Saver.

Thank you for the very generous donation made to the Foundation in honor of my visit. That was very unexpected and it will go to very good use through the Foundation.

I hope, you will stay in touch and take to heart my offer to be a sounding board, if you should need it. I look forward to seeing many of you in Orlando in July,

Yours in Service,



Carol Latham  
International Director 2005 - 2007

Nich. Post Conf 07 letter to District Ten