



Altru NEWS

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Your "LINK" to District Ten



"Special Ops" at the 2008 District Ten Conference was special, indeed. It was a time of sharing as we explored our Link to Link Clubs connection, learned about international projects within our own District and beyond, heard about the importance of reading to children with Dr. Michael Shoulders, worked side by side at the Food Bank of Eastern New Mexico, enjoyed a lovely Fun Night at the Portales ranch of Sharon Davis, and celebrated together the accomplishments of our clubs.

District Ten was honored to have International President Zaida as our International Representative. She shared her vision of "Embracing the World" through Altrusa and gave us a truly international feel with her enthusiasm. Be sure to talk to your club's "special agents" who attended. They can share many more stories. We hope that you will plan on "soaring to new heights" in Albuquerque next year.

The new Altrusa year is upon us and I know that each club is well on its way to planning the year's activities. As you are doing that, remember to share the joys of Altrusa with others in your communities. Every community is full of potential Altrusans, if we just give them the opportunity to see why we love what we are doing. Don't fear how you communicate your love of Altrusa, it's the feeling that you show that will make it clear. Let us think of how we can give others the opportunity to know what it means to be an Altrusan. They will soon learn the personal benefits as well as the wonderful feeling of accomplishment that we all share. We will all reap the benefits of replenishing our clubs with new members.

The greatest good you can do for another is not just share your riches,
but reveal to them their own.

- Benjamin Disraeli

With Altrusa Love,
Rhoda Struhs
Governor, District Ten

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report corrections please contact:

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District Ten Contacts

District Ten Officer "To Do" List

AUGUST

PRESIDENT

- Remind Altrusa Information chairman to review Club's initiation and orientation procedures to make them up-beat and exciting. Start your new members off on the right foot.
- Be aware that a District Officer will make an annual visit to your Club. Please try to accommodate her visit as much as possible. The District will provide a meal at the general Club meeting. She may want to have a time with the President and the Board. If your Club wishes to do something special to acknowledge the Officer's visit, this is acceptable, but not expected. These visits are specifically designed for franch and open discussion. Therefore, it is requested that the program time be given completely to your District Officer.

SERVICE COORDINATOR OR VICE PRESIDENT

- Yearbook should be completed. Be sure name of club, zip code and area code are on the front cover. Send 10 copies to the Governor (this covers District Board and 1 for International. Governor will forward yearbook to International on your behalf.)

TREASURER

- Stay on top of ALL new member forms. Mail them in quickly. Ensure last copy is legible!

SECRETARY

- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

SEPTEMBER

PRESIDENT

- September is traditionally Literacy Month.
- Foundation grant requests are due from clubs.

SERVICE COORDINATOR OR VICE-PRESIDENT

- Distribute yearbooks to Club members, if not already done.

TREASURER

- IRS form 990 is due by October 15th, if necessary.

SECRETARY

- Make note if change of addresses, if any, of District Officers/Chairmen. Share with Club members through the newsletter.
- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

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~ Summary of Conference Evaluation Forms ~

The 53rd District Ten Conference, held in Clovis, New Mexico, was an overall success according to the Conference Evaluation forms. While some of the requests are challenging to meet such as adding time for fellowship and officer training without extending Conference to an extra half-day, your District Board and Conference Committee will try to incorporate your suggestions into future Conferences and issues of the AltruNews. Thanks to each Conference respondent for your thoughtful suggestions. The results are below:

	<u>Excellent/Good</u>
Workshops	90%
Dr. Shoulders	100%
Service Project at Food Bank	96%
Fun Night at Davis Oasis	95%
Facilities/Meals	89%
Conference Overall	100%

Comments included:

Workshops: Dr. Shoulders has inspired me to do more reading with children; more time needed for Link clubs and membership workshop; suggest a leadership workshop by a professional; invite ASTRA members and incorporate a topic we all would be interested in; don't have hands-on project and officer training at same time; would like workshops on: parliamentarian duties, speech making, service, operating budgets and the differences, committee work, membership retention, committee chairs, how to make presentations, running good meetings, grant writing, how to encourage younger people to join Altrusa, award writing workshop; sister clubs; more time for officer training.

Facilities/Meals: Would like hotel and civic center in closer proximity; lighter lunch menu with chicken, fish or pasta; love the classroom set up; would like hot tea and fruit at the breaks.

Misc: Have someone at set up for Show and Sell to give instructions; need more items for raffle; more time to share with other clubs; more information ahead of time about sessions, physical layout of hotel and conference center and items needed to bring to Conference.

Overall: Outstanding Conference; great first Conference for me; need to watch the time; list in the program District Ten members who serve on International committees; extend Conference to allow for sightseeing, shopping and fellowship; Clovis did a great job; had a wonderful time; great Conference.

Election Results are In

The results of the elections held at the 2008 District Ten Conference are as follows:

District Ten Nominating Committee

Alice Vest, Chair – Montrose, CO

Judy Stubbs – Roswell, NM

Kathy Travis – Clovis, NM

District Ten Nominee for International Nominating Committee:

Martha Dusio – Montrose, CO

District Ten Nominee for Trustee of the International Foundation:

Marian Thompson – Roswell, NM

A special thanks goes to the Elections Committee for running a well-organized election:

Vicki Ripp, Chair – Delta, CO

Ginny Bush – Artesia, NM

Frankye King – Portales, NM

The Best of the Altrusa Best

2008 Governor's Award

This year there were five entries for the District Ten Governor's Award. Each nominee is honored by being selected as their club's nominee. All five nominees were honored at the Governor's Banquet at District Conference. Gaynelle Thomas, from the Portales Club, was announced as the winner. Below are summaries of the outstanding accomplishments of the five nominees. Every club is encouraged to submit a name to the Governor next year.

Gaynelle Thomas, Altrusa International, Inc. of Portales, New, Mexico

Gaynelle Thomas of Altrusa International, Inc. of Portales, New Mexico joined Altrusa in 1971. She has served as president more than once, vice president, secretary, and on all major committees. She served as District Ten Secretary and as Nominations Committee Chair. Gaynelle is a Club 21 member and served on the Elections Committee on the International level. She has sponsored at least ten members and co-sponsored several others. Gaynelle has served as co-chair of the club's Holiday Happening event.

Her community involvement includes the Portales Woman's Club, serving as president and other positions, serving as president of the Roosevelt General Hospital Auxiliary, president and founder of the New Mexico Christian Children's Home Associates, and president of Toastmasters. Gaynelle has been honored as Sertoma's Woman of the Year, as Beta Sigma Phi's Woman of the Year, and as Service Volunteer of the Year of the Community Services Center.

Dianne Vowel, Altrusa International Inc. of Ruidoso, New Mexico

Dianne Vowel joined Altrusa International Inc. of Ruidoso, New Mexico in 1989. She has served Altrusa and been an inspiring sponsor to several members.

Dianne has been an integral part of the Ruidoso Club's Low Cost Mammogram Program. Dianne has been chair of the entire program for 15 of the 20 years that the program has been around. She is the contact person for the medical staff and organizes the work schedule for the Altrusa members. She has also been in charge of the scheduling for the Radiology Department. This means that Dianne stays home for six weeks to take calls, make appointments, take cancellations and reschedule appointments.

Dianne's other Altrusa activities includes Club Liaison to Eastern New Mexico University in Ruidoso, chair of the Membership Committee, chair for the Amity Committee; Chair for the Scholarship Committee, chair for the "GUS" fundraiser project (that's "gently used sale"); president and director for the club's Foundation Board several times since 1990; and director on the Altrusa Club Board.

Marian Thompson, Altrusa International, Inc. of Roswell, New Mexico

Marian Thompson of Altrusa International, Inc. of Roswell, New Mexico has been an Altrusan for 26 years. She has served on various committees and offices and served as club President from 1986 to 1987. She was a charter member of the Altrusa Club's Foundation. She has been Foundation vice president and secretary more than once and is now serving her fourth term as president of that board. On the District level she currently serves as a Director and the Foundation Liaison.

Marian inspires Altrusans through her participation. She is in the forefront of fundraising activities and is involved in the scholarship program. Her enthusiasm for Altrusan is apparent by her contributions to the Orientation Committee. She volunteers for the club's book sale for the Friends of the Library and worked on developing the Club's strategic plan. As one member said "she is the epitome of what makes up an Altrusan."

The Best of the Best Continued...

Kathy Travis, Altrusa International, Inc. of Clovis, New Mexico

Kathy Travis of Altrusa International, Inc. of Clovis, New Mexico became an Altrusan in 2002 and jumped in with both feet. She immediately became an active member serving on committees and serving the local club. She has served as the club's president and as the 2008 Conference Registration Chair. She enthusiastically participates in all club activities. Kathy was instrumental in securing a \$10,000 grant from ConAgra for two Clovis projects: the Food Bank of Eastern New Mexico and Clovis Meals on Wheels. She is currently applying for a second ConAgra Grant for the Food Bank's "Back Pack" project. Clovis depends on Kathy!

Elaine Moore, Altrusa International, Inc. of Montrose, Colorado

Elaine Moore of Altrusa International, Inc. of Montrose, Colorado became a member in 1984. She has served as director, 2nd and 1st vice presidents and president from 1990 to 1991. She has served as treasurer for the Montrose Altrusa Foundation for many years. Her hard work and leadership has made her a mentor for new members and veteran members.

As Grants and Bequests chair, Elaine wrote four grants to benefit the club's Lifeline project. The three grants that the club received totaled \$8,600 and will be used to replace 26 outdated Lifeline units. She has volunteered as a Salvation Army bell ringer singing holiday Christmas Carols and served as Christmas Basket Committee Chair.

Elaine's community involvement includes fundraising for the San Juan Healthcare Foundation which benefits Montrose Memorial Hospital. Through her efforts \$200,000 was raised to fund a Birthing Center and \$100,000 to be used for Hospice. She was part of the fundraising effort to raise \$1 million for the Montrose San Juan Cancer Center.

Remembering Our Altrusans

Denise Kerr, Grand Junction, conducted a moving memorial service at Conference to remember those Altrusans that we have lost during the past year. Those remembered were:

Jo Pavetti, Grand Junction

Zada Haws, Ogden, UT

Clytie Calton, Portales, NM

Georgia Blackaby, Portales, NM

Linda Green, Roswell, NM

Opal Lankford, Roswell, NM



Their legacies in each of these clubs will surely be treasured.

Secret Agents and Special Ops

Special Ops was the theme of the District Ten Conference held in Clovis, NM, with a focus on the military bases in Clovis and within the District. Attendees were dubbed “special agents” and received dark sunglasses and their own survival kit, which included everything one would need stuffed inside a small mints container!

Highlights included:

Fun Night - held at the ranch of a member in the Portales Club. Steaks, music and carriage rides were enjoyed by all.

District Service Project at the Food Bank of Eastern New Mexico – members bagged 1,200 pounds of beans and 2,200 pounds of potatoes into family-sized portions. President Zaida was a great volunteer!

Link to Link Clubs - a new effort in increasing communication between clubs. Time was spent getting to know the members and planning communication with the linked clubs.

Speed Dating with District Ten - Altrusans were given “dance cards” as they met with the District Board members and District Committee Chairs. Questions were answered and information was shared in 3 ½ minutes or less!

Reading IS Magic - Dr. Michael Shoulders, who spoke in Orlando, shared his enthusiasm for reading and the importance of reading to children. He had everyone singing and waving their hands.

International President Zaida Perez Mendez – President Zaida gave our Conference an International focus. She shared information on projects and ASTRA clubs in her own District, as well as the activities of the International organization. She even volunteered to help tie ribbons onto our dance cards during the 3 ½ hour drive between Albuquerque and Clovis – a true Altrusan!

Other activities included new officer training; workshops on membership, international projects, ASTRA and International Foundation; memorial service; clubs selling their wares at the Show and Sell booths; and the poster contest, the silent auction and raffle.

Albuquerque invited all Altrusans to their home town for next year’s Conference. We hope to see you there!



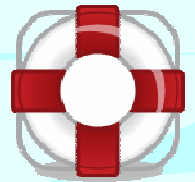
Conference Pics!



Lifesavers to the Rescue

www.altrusa.com

By Sherry Kearns, Governor 1995-1997



(While this is good advice for District Visitors, it is equally helpful for local clubs in preparation for that visitor. Providing club directories to the District Board helps create a successful visit)

“My advice to any visiting officer, is to go through the yearbook of the club you are to visit the night before your visit. If that club has pictures of the members with their information, study the picture and read the info before you sleep. That subconscious mind of yours works all night long and will help you identify members the next day when you visit. I remember my first visit to one of the largest clubs in the district and was worried I wouldn't know anyone or remember who they were. As I lay in bed and studied their yearbook, here these familiar faces popped out at me, along with something about them that I then remembered from the past and could associate the name and face with the person. The next day, I had no trouble bringing up names and information about the members, which increased my comfort level 110%. I would encourage all the clubs to have a picture of every member included in their yearbook. It is such a help.”

2008-09 CLUB VISITS

As clubs are planning their programs for the year, keep in mind that a member of the District Board will be visiting. District visitors will be contacting clubs to arrange a date with their designated clubs. Please help by being accommodating with scheduling challenges.

Club visits are very important for the clubs and for the District Board. District visitors come prepared to share information on the International and District levels as well as provide help in areas of need. Club visits also allow the District to assess the needs of the clubs. District Ten Policies state:

1. The Governor shall visit each club in the District. She shall have three years to accomplish the visits – one year as Governor-Elect and two years as Governor.
2. A District officer will visit each club annually.
3. The District shall pay travel and lodging for club visits. Expenses for other requested visits from District officers are borne by local clubs.
4. Local clubs are asked to furnish housing when possible and if requested by their visiting officer.
5. The local club pays for the meal for their visitor when applicable.

Following are the clubs and this year's scheduled visitors:

COLORADO

Colorado Springs	Governor Rhoda Struhs
Delta	Gov. Elect Ida Bender
Denver	Director Kim Last
Grand Junction	Gov. Elect Ida Bender
Montrose	Gov. Elect Ida Bender
Palisade	Governor Rhoda Struhs
Pueblo	Gov. Elect Ida Bender

NEW MEXICO

Alamogordo	Director Marian Thompson
Albuquerque	Governor Rhoda Struhs
Artesia	Vice Gov Donna Herman
Clovis	Director Kim Last
Portales	Governor Rhoda Struhs
Roswell	Vice Gov Donna Herman
Ruidoso	Vice Gov Donna Herman
Tucumcari	Gov. Elect Ida Bender

UTAH

Ogden	Governor Rhoda Struhs
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Reminder:

Instead of using Google to search the internet, go to www.goodsearch.com and enter "Altrusa International Foundation" when you are asked "who do you goodsearch for", then enter your search terms. Every time you search, the Foundation gets a penny!

Why are Club Activity Reports Important?

By Donna Herman, District Vice Governor

The information clubs share with District and International Boards help to keep them up to date on what the local clubs are doing. It will allow them to see if the strategic plans are really working and how well the clubs are implementing the plans. The district summary will be forwarded to the District Board and to International Board of Directors for their board meeting in August of 2008.

Such information as how many service hours all clubs have given, how many clubs initiated a new service project and how many clubs submitted entries for awards etc, will help District and International help your local club more efficiently.

	A	B	C	D	E
1	The 2008-2009 Budget was approved unanimously at the 2008 District Ten Conference:				
2					
3	REVENUES		2007-2008	2007-2008	2008-2009
4	DUES & ASSESSMENTS		BUDGET	ACTUAL	BUDGET
5		FULL YEAR	\$ 10,900.00	\$ 10,313.50	\$ 10,480.00
6		HALF YEAR	\$ 100.00	\$ 210.00	\$ 100.00
7		LATE FEES	\$ 20.00	\$ 34.00	\$ 20.00
8		ALTRUSA STORE NET	\$ 100.00	\$ 54.03	\$ 100.00
9		CONFERENCE NET		\$ 629.10	
10		CLUB CONFERENCE FEES	\$ 240.00	\$ 225.00	\$ 240.00
11	BANKING				
12		CHECKING INTEREST	\$ 60.00	\$ 58.75	\$ 60.00
13		SAVINGS INTEREST	\$ 715.00	\$ 840.47	\$ 580.00
14	TRANSFER FORWARD-GOVERNOR PIN				\$ 125.00
15	TRANSFER FORWARD-INTERNATIONAL TRAINING	FORWARD-GOVERNOR-ELECT TRAINING			\$ 300.00
16	TRANSFER FORWARD-CONVENTION		\$ 1,500.00	\$ 1,500.00	
17	DISTRICT FUND RAISERS				
18		CASH FROM RESERVES	\$ 235.00		
19		MISCELLANEOUS INCOME		\$ 71.41	
20	RESTRICTED REVENUES				
21		JEN HANSON	\$ 75.00	\$ 75.00	\$ 75.00
22		INTERNATIONAL FOUNDATION RAFFLE	\$ 500.00	\$ 1,426.20	\$ 500.00
23	TOTAL REVENUES		\$ 14,445.00	\$ 15,437.46	\$ 12,580.00
24					
25	EXPENSES				
26		BANK FEES		\$ 27.00	
27		BONDING FEES	\$ 45.00	\$ 30.00	\$ 41.00
28		GOVERNOR'S PIN	\$ 125.00	\$ 125.00	\$ 250.00
29		SUPPLIES	\$ 50.00	\$ 78.95	\$ 50.00
30		PRINTING-OTHER	\$ 300.00	\$ 310.13	\$ 300.00
31		ALTRUNews			
32		PRINTING	\$ 150.00	\$ 110.00	\$ 150.00
33		POSTAGE	\$ 200.00	\$ 131.15	\$ 150.00
34		CLUB VISITS	\$ 2,500.00	\$ 2,499.77	\$ 2,528.00
35		CLUB BUILDING	\$ 300.00		\$ 300.00
36		POSTAGE	\$ 75.00	\$ 16.25	\$ 75.00
37		TELEPHONE	\$ 25.00		\$ 25.00
38		MISCELLANEOUS	\$ 50.00		\$ 50.00
39		GOVERNOR-ELECT TRAINING	\$ 300.00	\$ 300.00	\$ 560.00
40		WORKSHOP/CONFERENCE SEED FUNDS	\$ 800.00	\$ 800.00	\$ 800.00
41		OFFICERS TO DISTRICT CONFERENCE	\$ 4,800.00	\$ 4,823.20	\$ 4,300.00
42		MIDYEAR BOARD MEETING	\$ 1,000.00	\$ 846.95	\$ 926.00
43		INTERNATIONAL CONVENTION	\$ 3,000.00	\$ 2,596.38	\$ 1,350.00
44	RESTRICTED EXPENSES				
45	AWARDS & CONTRIBUTIONS				
46		GIFT-INTL FOUNDATION/HONOR VISITING OFFICER	\$ 50.00	\$ 50.00	\$ 50.00
47		DISTRICT MEMBERSHIP GROWTH	\$ 100.00	\$ 100.00	\$ 100.00
48		JEN HANSON AWARD	\$ 75.00	\$ 75.00	\$ 75.00
49		INTERNATIONAL RAFFLE		\$ 926.20	
50		GOVERNOR'S AWARD	\$ 500.00	\$ 500.00	\$ 500.00
51	TOTAL EXPENSES		\$ 14,445.00	\$ 14,345.98	\$ 12,580.00
52	REVENUE LESS EXPENSES		Balanced	\$ 1,091.48	Balanced
53	Funds for International Convention are transferred by 07-08 budget				
54	Governor pin & Governor Elect Training will be held over for 08-09 budget				

At Conference, Dr. Michael Shoulders swept us up with his enthusiasm for reading and the power of reading to children. Not only is he an author of several children's books, he is an educator who travels to schools around the country teaching the importance of reading. He does it with wit, energy and warmth. He started the workshop singing R.E.A.D. He had all of us singing along. Dr. Shoulders was kind enough to share the lyrics with us. It is sung to the tune of Y.M.C.A by the Village People.

**R.E.A.D.
By Dr. Michael Shoulders**

Young man,
there's no need to feel down
Young man,
wanting that cap and gown
Young man,
it's great to learn how to read
Books will help you
grow and succeed

Young man,
there is one thing you'll find
Young man,
books develop your mind
Young man,
learn what you need to know
Books can help
YOUR BRAIN MUSCLES GROW!

R.E.A.D.
It's Great to take a break and
R.E.A.D.
Books take you from Clovis
to New York it's true
Nothing is better at
what they do!!!

R.E.A.D.
It's Great to take a break and
R.E.A.D.
Books help you discover,
the moon and the stars
Books can take you on a
rocket to Mars.

Young man,
Are you listening to me
I said, young man,
what do you want to be?
I said, young man,
you can achieve all your dreams,
but you've got to
know this one thing.

No man,
knows it all by himself
Young man,
gold is found on that shelf
YES, there are jewels there,
are you listening to me.
Learning to READ
is a golden key.

R.E.A.D.
It's Great to take a break and
R.E.A.D.
There are so many books
it is tricky to choose
Pick a mystery and
follow the clues

R.E.A.D.
It's Great to take a break and
R.E.A.D.
Lose yourself in a book
be a pirate at sea.
Sail a ship
Be a shark in the sea

R.E.A.D.
It's Great to take a break and
R.E.A.D.
Books can take you from Utah
to Timbuktu
Take a trip with a
friend or two!!!

R.E.A.D.

Reflections of Two First-Timers

By Andrae England and Anjali Suri
Roswell, New Mexico

At the recent District 10 Conference in Clovis NM, it was very evident that I was in the presence of dedicated women - and one man . :) It was especially enjoyable to be with the International President, Zaida Perez-Mendez. She and the body of attendees gave such an air of authenticity to the festivities. We are singing our state songs during the Clubs' presentations next year, right?

The people who have been there for years made us newcomers feel welcome in asking for our voice during our Links session; the session for newcomers was helpful in getting oriented.

The keynote speaker, Michael Shoulders, made such an impression in his focus on literacy development that he will be back in October for a full week!

-Andrae England

This was my first time attending an Altrusa District Conference. It took place at Clovis, New Mexico in early part of May 2008. Going into the Conference I was a little apprehensive and nervous. My thoughts quickly changed when we reached the hotel and started to register.

The Conference was very well organized. It was highly professional and yet thoughtful enough not to forget about the little details of comforts for all guests. It was a very positive and immensely rewarding experience for me.

The session for new comers was a fantastic idea. It was very informative for us and since it was one of the first meetings we were familiarized with the what, where, when and how of the other activities of the Conference. The first timers were asked to sell raffle tickets which in itself was a neat idea—it was a great way to get acquainted with other Altrusans on a one to one basis.

I enjoyed every aspect of the Conference – the banquets, food, mingling, outings and presentations – Michael Shoulders being the one highest on my list of enjoyment. On a more serious note, there were two very important lessons I brought home. First, I really came motivated to try harder to sponsor new members and learned various ways to do so.

Another aspect that I learned so much about is something that is very close to my heart and that is about various ways of community services. All clubs had different experiences to share and some of the projects were so novel and deserving – especially the international projects.

Last but not the least at all, it was pretty emotional and touching to remember the Altrusans who are not in this world anymore – we had two Roswell Altrusans to remember...

In all a great conference and a great place for new comers to be at ...

-Anjali Suri

Had Fun at Conference?

Learned Something at Conference? It was a Successful 'Mission' that we all 'Accepted' as Altrusans.

Before you come down from that 'Conference High', I am inviting you again to Albuquerque, for the 54th Annual District Ten Conference.

Our theme, 'Soar to New Heights' can be accomplished in many ways in Albuquerque. From the Albuquerque International Sunport, to the Albuquerque Balloon Museum, to the Sandia Peak Tram. Don't forget Kirtland Air Force Base. All can give you a high.

Don't forget the shopping! Coronado Center, Albuquerque Uptown, and Cottonwood on the West Side are just a drop in the shopping bag.

Altrusans in Albuquerque have accepted up the challenge, to get your Altrusa excitement up once again. Our 'Link' Clubs, Roswell and Clovis set the standard, and we will give District Ten no less!

We have begun planning, so get ready. Start making plans to come now. More info later, as we get things nailed down.

Ida Bender, Governor Elect