

Turnverein Lohnde von 1920 e.V.
 - Sparte LEICHTATHLETIK -

BESTENLISTE 2007

		Kreis	Bezirk	Land	DLV
=====	=====	=====	=====	=====	=====
Senioren M50					
<u>Dieter Thürnau (53)</u>					
Hoch	1,15	3	7		
Kugel (6kg)	8,50	5			
Kugel (7,26kg)	8,00	5 (M45)	7 (M45)		
Diskus (1,5kg)	21,30	5			
Hammer (7,26kg)	14,01	1 (M45)	3 (M45)		
		1 (M)	9 (M)		
Senioren M45					
<u>Frank Schubert (62)</u>					
Marathon	3:22:17	6			
Senioren M35					
<u>Matthias Stronk (70)</u>					
200m	28,79	1	6		
800m	2:23,81	2	5		
1000m	3:09,24	1	2	10	
		8 (M)	13 (M)		
1500m	5:07,04	1	2		
Weit	4,80	1	7		
Diskus (2kg)	22,56	2	7		
Speer (800g)	28,43	2	6		
5-Kampf	1737	1	3	8	31
		6 (M)	14 (M)		
5-Kampf/Mannsch. (M30/35)	6654	1	1	1	6 (M30)
		1 (M)	1 (M)	4 (M)	31 (M)

S A I S O N 2 0 0 7		Kreis	Bezirk	Land	DLV
=====	=====	=====	=====	=====	=====
<u>Senioren M30</u>					
<u>Holger Geweke (75)</u>					
200m	24,16	2	2	4	32
		5 (M)			
1000m	2:54,91	1	1	2	
		5 (M)	9 (M)		
1500m	4:45,40	2	6		
		7 (M)			
1 Meile	5:11,8	1	1	3	
		3 (M)	7 (M)		
Weit	6,48	1	1	1	11
		2 (M)	5 (M)	20 (M)	
Diskus (2kg)	27,96	2	5		
		10 (M)			
Speer (800g)	32,63	4	9		
5-Kampf	2739	1	1	1	8
		1 (M)	1 (M)	6 (M)	42 (M)
5-Kampf/Mannsch. (M30/35)	6654	1	1	1	6 (M30)
		1 (M)	1 (M)	4 (M)	31 (M)
<u>Ingo Choina (75)</u>					
200m	26,98	3	4		
1500m	5:10,26	3	7		
Halbmarathon	1:39:52	4	8		
Weit	5,60	5	7		
		10 (M)			
Kugel (7,26kg)	9,46	2	8		
Diskus (2kg)	26,30	4	8		
Speer (800g)	39,08	1	4	9	
		8 (M)			
5-Kampf	2196	2	2	5	27
		3 (M)	7 (M)		
5-Kampf/Mannsch. (M30/35)	6654	1	1	1	6 (M30)
		1 (M)	1 (M)	4 (M)	31 (M)

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=====	=====	=====	=====	=====	=====
<u>Seniorinnen W30</u>					
<u>Nadine Nettelmann (75)</u>					
1500m	5:38,7	1	1	3	23
		6 (F)	14 (F)		
1 Meile	6:00,9	1	1	1	
		1 (F)	2 (F)	5 (F)	
<u>Marianne Stronk (75)</u>					
100m	15,98	3	6		
800m	2:43,50	2	2	4	37
		8 (F)			
1500m	6:10,0	2	2	5	
		8 (F)			
1 Meile	6:33,8	2	2	2	
		4 (F)	5 (F)	15 (F)	
Hoch	1,32	3	3	8	
		8 (F)			
Weit	4,50	2	3	6	
		5 (F)			
Kugel (4kg)	7,31	2	3		
		9 (F)			
5-Kampf	2076	2	2	2	17
		3 (F)	7 (F)	18 (F)	
<u>Sabine Krause (75)</u>					
100m	14,82	2	3	9	
		9 (F)			
800m	3:09,44	4	5	8	
Hoch	1,36	2	2	6	50
		7 (F)			
Weit	4,20	3	4	7	
		8 (F)			
Kugel (4kg)	7,21	3	4		
5-Kampf	1937	3	3	4	
		4 (F)	9 (F)		
<u>Ulrike Geweke (77)</u>					
10km Straße	1:01:54	3			

