

TIME OUT LESSON

Copy the lesson and fill in the blanks with your own words. Be sure to title it “Time-out Lesson” and put your name in the top right-hand corner of your paper.

I understand that school is a place for learning. Every student in the United States is offered 12 years of free education. Not many other countries in the world offer this to their students. I understand that I choose how to use this time. I can get an education and learn more about myself and the world around me, or I can waste this time.

I understand that the teacher is responsible for many things. He needs to plan the lesson and then do everything possible to help students understand the material. The teacher has a big job because it is not easy to help a class full of students. When I behave in a disruptive way, I am making it hard for the teacher to do his job. This isn't fair and I don't have the right to do this.

I understand that the other students in my class have a right to the best education possible. When I behave disruptively, I not only keep the teacher from doing his job, I am also keeping students from getting the best education possible. This is not fair and I don't have the right to do this.

1) I am here copying this because I was sent out of the room. I was sent out of the room because I was disrupting the class. I understand that right now I am missing out on valuable learning time. Instead of learning, I am copying this lesson. I understand that I made a decision to behave unacceptably in class and the consequence for this was being sent out of the room. I understand that because I was sent out of the room my parents will be called and a note will be placed in my discipline file. I understand that I have the power to make good decisions or bad decisions. When I make good decisions, I am rewarded. In school, this means getting a good education and feeling good about myself as a student. When I make bad decisions such as choosing to disrupt class I will receive a consequence because of those actions. I understand that I deserve a good education and I have the power and responsibility to make this happen. When I return to class, I will follow all class rules. The class rules are listed below and I will copy all of them on my paper. I will sign and date this paper when I am finished.

- 1) When you come into class move quickly to your seat and start the warm-up
- 2) Follow all directions the first time they are given
- 3) NO PUT DOWNS
- 4) NO HORSEPLAY
- 5) You need paper, pen/pencil, and your book every day
- 6) Follow all school rules
- 7) Respect your selves and each other

