

An advanced antioxidant for good health and a strong heart.

The human heart is built for incredible endurance—billions of beats in a lifetime—but, like all parts of the body, it is vulnerable to a variety of diseases and factors that can lead to health challenges. In fact, heart disease is the No. 1 killer in the United States. According to the American Heart Association, in the United States in 1996, cardiovascular disease claimed more lives than cancer, AIDS and accidents combined. More than one in five suffer from some form of cardiovascular disease, with over 2,500 Americans dying from it each day. Of those with heart disease, approximately 52 percent are male and 48 percent are female. Not only does it hit both genders, but includes all races, socioeconomic classes and ages.

Even so, there are preventive measures that can be taken. Some of the more effective ones include eating a diet that's high in fiber and low in fat and cholesterol, and getting plenty of exercise. Recent studies suggest that certain nutrients may help reduce the risk of heart disease. One of these nutrients, called Coenzyme Q10 (CoQ10), is sometimes called the “miracle nutrient,” due to its many health benefits. Because it's vital for the cells of our bodies to produce energy, this nutrient is essential to human life. Other antioxidants like tocotrienols, a potent form of vitamin E, protect the body from the damaging effects of free radicals.

Herbalife's Cardio ToconOx™ contains both CoQ10 and tocotrienols, as well as other antioxidants, including olive oil and olive leaf extract. The combination of these powerful antioxidants and the ultra-effective CoQ10 results in a scientifically advanced supplement that can help support a healthy cardiovascular system, lower cholesterol, protect the body against free-radical damage and strengthen the immune system.*

Discussion Points

- **A vital nutrient:** CoQ10 is a primary ingredient in Cardio ToconOx™, which can be found in every cell of your body and is necessary to produce energy.
- **Protect your gums too:** CoQ10 not only helps treat heart disease, but can increase energy levels, provide antioxidant activity, prevent certain side effects of common drugs and even reverse gum disease!
- **The strongest form of vitamin E:** Tocotrienols, which are abundant in Cardio ToconOx™, are a type of vitamin E known to reduce serum cholesterol and have up to 50 percent more antioxidant ability conventional vitamin E.
- **Antioxidants in demand:** Since the environment we live in is becoming increasingly more polluted every day, free radicals and toxins tend to build up and wreak havoc on our bodies. A smart way to protect yourself against the harmful effects of these free radicals is to add supplements rich in antioxidants – like those found in Cardio ToconOx™—to a well-balanced diet.

Did you know?

Heart disease is the No. 1 killer of American women – half of all women eventually die of heart disease. Each year, six times as many women die of heart attacks than those who die from breast cancer.

Fast Facts

- Includes tocotrienols, which can help protect the body from the harmful effects of free radicals.*
- Can help support a healthy cardiovascular system and help maintain healthy cholesterol.*
- Contains CoQ10, a nutrient used in the production of energy and found in every cell of your body.*
- Provides the antioxidant benefits of olive oil and olive leaf extract.*



SUPPLEMENT FACTS

Serving Size: One (1) Capsule
Servings per container: 30

	Amount per Serving	% Daily Value**
Vitamin E (from Tocotrienols®)	6IU	20%
Tocotrienols (from Tocotrienols®)	20 mg	†
Dried Olive Leaf Extract	20 mg	†
Coenzyme Q10	4 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

Daily Value not established.

Other Ingredients: Rice bran oil, gelatin, glycerin, lecithin, beeswax, olive oil, water and natural flavor.

Cardio ToconOx™ is Herbalife's trademark for the unique combination of Tocotrienols®, olive leaf extract and Coenzyme Q10.

Suggested Serving: One or more capsules daily. Best taken in the evening after dinner.

Cardio ToconOx™ contains a potent form of Vitamin E called tocotrienols which have up to 50 times more antioxidant potential than conventional Vitamin E.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ordering Details:

#0241 – \$22.95