



法鼓山紐約羅徹斯特聯絡處

Dharma Drum Mountain Buddhist Association NY Rochester Chapter

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初級禪坐班報名表/Beginner's Meditation Workshop Application Form

日期/Date _____

姓名/Name _____ 性別/Sex 男 /M 女/F English Chinese

年齡/Age(可略/Optional) _____ 宗教/Religion(可略/Optional) _____

地址/Address _____

電話/Telephone (H) _____ (W) _____ (FAX) _____

E-mail: _____

請提供如下信息/Please provide the following information:

1 · 學習打坐的目的/Purpose of learning meditation? _____

2 · 是否曾學過打坐/Have you ever learnt meditation? 是/yes 否/No

如果選“是”/If yes, 什麼時間/when: _____ 哪儿/where: _____

3 · 是否常打坐 /Do you often meditate? 是/yes 否/No

如果選“是”/If yes, 每星期幾次/times a week: _____ 每次多長時間/each time: _____ (分鐘/m)

4 · 是否有健康問題/Do you have any health problem? 是/Yes 否/No

如果選“是”/If yes, 請詳述/please describe: _____

申請人簽名/Applicant Signature: _____ Date _____

注意:

1 · 在收到申請之後, 我們將告知您上課的時間。/Upon receipt of application, we will notify you the time of the class.

2 · 打坐班不收費, 但鼓勵捐助(支票付給 DDMBA) ./No fee charged, but donations are welcomed. (Please make the check payable to DDMBA)

3 · 將申請寄至(可傳真): /Please mail or fax the application to: **DDMBA Rochester NY chapter
170 Maywood Drive
Rochester, NY 14618**