

*INTRODUCING THE 1ST ANNUAL
GREAT DANE CLASSIC*

SATURDAY, JANUARY 31ST, 2009 AT 9:00 AM
RPI

SUNDAY, FEBRUARY 8TH, 2009 AT 8:00 AM

UNIVERSITY AT ALBANY
[HTTP://WWW.GEOCITIES.COM/DANECLASSIC](http://www.geocities.com/daneclassic)

You and your team are cordially invited to the First Annual Great Dane Classic Invitational. This co-ed meet will have plenty of competition to give you and your team a good idea of the Championship fitness for your athletes.

DATE: January 31, 2009 (shot put, weight throw, pole vault)
February 8, 2009 (all other events)

TIME: 8:00 AM --- scratches and changes due by 8:00 AM

WHERE: RPI, Robison Gymnasium
University of Albany, RACC

Athletes: This is a co-ed meet.

Facility: The track is a 4 lane, Tartan surface. Bathroom facilities are available at the track. Please bring your own blocks and batons. Spikes will not be allowed for any events. If the rollout runway is available at RPI it may be used. There will be a concession stand available for your athletes. T-Shirts will be on sale for TBA.

Format: Each school is allowed 1 entry per event regardless of standard qualification, and one relay. To enter more than one athlete in an event, the additional athletes must meet the standards outlined on the following pages. New for 2009---there are **NO WILD CARD ENTRIES**.

Entries: We will be using www.onlineentries.com to create your entries. Use your normal login information as you do to enter your rosters and make your entries. Look for the Great Dane Classic under meets. All entries must be received by Wednesday, February 4th. Entry lists will be posted at www.finishright.com by Thursday, February 5th. Results will be posted on line at www.finishright.com at the conclusion of the meet. Please

email Jason DeRocco, jderocco@niskyschools.org or Glenn Wolin at finish@nycap.rr.com if you have any questions.

Scratches/changes may be made up until 8:00 AM the day of the meet. No scratches or changes may be made after that time.

Rules: National Federation rules will be applied. The New York State jewelry rule will also be in effect.

Scoring: 10-8-6-4-2-1 in both individual events and relays.

Awards: Top 6 in each event will receive custom medals. Team trophies to the top 3 boys and girls teams.

Fees: If your school is a member of the TCITL the entry fee is waived. For all others:

\$10 per individual event

\$20 per relay

\$70 blanket fee for single gender teams

\$120 blanket fee for co-ed teams

The fee should be made payable to ***TCITL*** and sent to:

Niskayuna High School

c/o Jason DeRocco

1626 Balltown Road

Niskayuna, NY 12309

Officials: There will be certified officials for each event. FAT Timing by *Finish Right Timing*

Miscellaneous: All warming up must be done outside or on the walkway above the track.

The weight throw is a non-scoring exhibition event.

Awards will be given to the top 6 boys and girls.

All entries beyond the one entry per event will be screened to make certain that the mark was achieved at a bona fide meet in the 2008-2009 season. You will NOT be notified of rejection. You must check www.finishright.com on Thursday, February 5th to see if your athletes have officially been entered into the meet.

Provide 55 meter dash and 55 meter hurdle times **ONLY** for seeding purposes.

Awards will be available once an event's results are announced and posted. Please pick up awards as soon as possible to help keep the area less hectic.

Coaches, athletes, and parents are NOT permitted in the FAT area. The finish line should be kept clear to allow the meet to run smoothly.

The cut off for the unseeded 3000 and 3200 will be announced as soon as it is determined. There will be a brief coaches meeting once the clerks have seeded the running events. The purpose of the meeting will be to give you the number of heats or sections, and describe the advancement formulas. This meet should bring together some outstanding talent from New York State, and be a nice preview of Sectionals and State Qualifiers. We hope that you will join us for a great day of competition. Enclosed are instructions and standards for entering the meet.

Any questions??? You may call Jason DeRocco at 518-423-7511 or email at jderocco@niskyschools.org.

Meet Website: <http://www.geocities.com/daneclassic>

Co-Ed Invitational

School Name _____

Address _____

Phone _____ Fax _____

E-Mail _____

Please check one:

_____ Yes, we will participate in the Great Dane Classic

_____ No, we won't be participating, but keep us on the mail list

_____ No, we won't be participating, please remove from mail list

Please mail intention sheet with proper payment payable to TCITL to:

Niskayuna HS
Jason DeRocco
1626 Balltown Road
Niskayuna, NY 12309

**PLEASE MAIL THIS FORM WITH VOUCHER OR CHECK FOR PROPER
ENTRY FEES BY January 31, 2009**

ORDER OF EVENTS
SATURDAY, JANUARY 31, 2009

AT RPI
EVENTS BEGIN AT 9 AM

ALL EVENTS ARE FLIGHTED WITH 3 THROWS

The top 7 in each event will advance to the finals and receive 3 more attempts.

GIRLS POLE VAULT (STARTING HEIGHT 7' 0" INCREMENTS OF 6")

FOLLOWED BY

BOYS POLE VAULT (STARTING HEIGHT 10' 0" INCREMENTS OF 6")

GIRLS WEIGHT THROW FOLLOWED BY BOYS WEIGHT THROW
FOLLOWED BY GIRLS SHOT PUT FOLLOWED BY BOYS SHOT PUT

SUNDAY, FEBRUARY 8, 2009

AT UALBANY

FIELD EVENTS BEGIN AT 8:15 am

ALL EVENTS ARE FLIGHTED WITH 3 JUMPS OR THROWS

The top 7 in each event will advance to the finals and receive 3 more attempts.

TIMES ARE APPROXIMATE AND WILL BE MOVED UP AS MUCH AS POSSIBLE.

8:15 am

BOYS LONG JUMP
FOLLOWED BY GIRLS LONG JUMP
FOLLOWED BY BOYS TRIPLE JUMP
FOLLOWED BY GIRLS TRIPLE JUMP

GIRLS HIGH JUMP
(STARTING HEIGHT 4' 3" INCREMENTS OF 3" UNTIL 6
ATHLETES REMAIN THEN UP BY 2")

FOLLOWED BY BOYS HIGH JUMP
(STARTING HEIGHT 5' 3" INCREMENTS OF 3" UNTIL 6
ATHLETES REMAIN THEN UP BY 2")

TRACK EVENTS BEGIN AT 9:30 am (EVENTS NOT NECESSARY WILL BE SCRATCHED). TIMES ARE APPROXIMATE, MEET WILL MOVE AHEAD OF SCHEDULE WHEREVER POSSIBLE.

Running Events (sections will be run slow to fast)

9:30 am GIRLS 3000 meter run UNSEEDED
 BOYS 3200 meter run UNSEEDED
 GIRLS 800 meter relay
 BOYS 800 meter relay
 GIRLS 55 meter hurdles TRIALS
 BOYS 55 meter hurdles TRIALS
 GIRLS 55 meter hurdles SEMIS
 BOYS 55 meter hurdles SEMIS
 GIRLS 55 meter hurdles FINAL (2 finals of 5 athletes)
 BOYS 55 meter hurdles FINAL (2 finals of 5 athletes)
 GIRLS 3200 meter relay SECTIONS
 BOYS 3200 meter relay SECTIONS
 GIRLS 300 meter dash TIMED FINAL
 BOYS 300 meter dash TIMED FINAL
 GIRLS 1500 meter run SECTIONS
 BOYS 1600 meter run SECTIONS
 GIRLS 600 meter run SECTIONS
 BOYS 600 meter run SECTIONS
 GIRLS 3000 meter run SEEDED
 BOYS 3200 meter run SEEDED
 GIRLS 55 meter dash TRIALS
 BOYS 55 meter dash TRIALS
 GIRLS 55 meter dash SEMIS
 BOYS 55 meter dash SEMIS
 GIRLS 1000 meter run SECTIONS
 BOYS 1000 meter run SECTIONS
 GIRLS 55 meter dash FINAL
 BOYS 55 meter dash FINAL
 GIRLS 1600 meter relay SECTIONS
 BOYS 1600 meter relay SECTIONS

QUALIFYING STANDARDS

ALL TIMES ARE FAT

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
<u>TRACK EVENTS</u>		
45 METERS	6.00	6.70
55 METERS**	7.04	8.00
50 METER HURDLES	8.10	9.10
55 METER HURDLES**	8.90	10.00
300 METER DASH**	39.50	46.00
400 METER DASH	53.50	64.50
600 METER RUN**	1:30.00	1:47.00
800 METER RUN	2:05.00	2:29.00
1000 METER RUN**	2:48.00	3:15.00
1500 METER RUN**	(4:28.00)	5:12.00
1600 METER RUN**	4:48.00	(5:30.00)
One Mile RUN	4:50.00	5:32.00
3000 METER RUN**	(9:35.00)	11:10.00
3200 METER RUN**	10:25.00	11:53.00
Two Mile RUN	10:28.50	11:58.00

** Event to be contested

ALL SCHOOLS ARE ALLOWED ONE RELAY TEAM, THERE ARE NO MINIMUM STANDARDS TO ENTER A RELAY.

FIELD EVENTS

EVENT	BOYS	GIRLS
HIGH JUMP	5' 8"	4' 8"
OPENING HEIGHTS	5' 3"	4' 3"
POLE VAULT	11' 0"	8' 0"
OPENING HEIGHTS	10' 0"	7' 0"
SHOT PUT	40' 0"	29' 0"
WEIGHT THROW	35' 0"	24' 0"
LONG JUMP	19' 0"	14' 6"
TRIPLE JUMP	39' 0"	30' 0"

New for 2009---there are no minimums for measurement in competition.
All marks in field events will be recorded.