

Not the kid I used to be!!!

Choreographer: Kevin Winn "DanceWinn"

Type: 64 count, 1 wall, Phrased, Easy Intermediate Line Dance

One 16 count Tag, One 32 count Break, go get a drink.

Music: I'm not running anymore by John Mellencamp (start on vocals)

Skate R,L, Side Shuffle R w/ Hip Bumps, Skate L,R, Side Shuffle L w/ Hip Bumps,

- 1-2** In place Skate R, L,
- 3&4** Side Shuffle R, Stepping R,L,R, w/ Hip Bumps,
- 5-6** In place Skate L,R,
- 7&8** Side Shuffle L, Stepping L,R,L, w/ Hip Bumps,

R Kick Ball Point, R Kick Ball Point w/ ¼ turn L, X 2

- 1&2** Kick R Forward, Step R In Place, Point L out to L side,
- 3&4** Kick L Forward, Step L In Place, Turn ¼ L and Point R out to R side,
- 5-8** Repeat counts 1-4

Twist & Twist, Twist & Twist, Behind, Side, Cross, Out, Out, Clap,

- 1&2** Twist R,L,R
- 3&4** Twist L,R,L
- 5&6** Step R behind L, Step L to Side L, Cross R in front of L,
- &7-8** Step Out L, Step Out R, Clap,

Step, Clap, Clap, Step, Clap, Clap, Pivot ½ L, Step, Clap, Clap,

- 1&2** Step Forward R, Clap Twice,
- 3&4** Step Forward L, Clap Twice,
- 5-6** Step Forward R, Pivot ½ L,
- 7&8** Step Forward R, Clap Twice,

(Insert 16 cnt Tag here Only once on the 2'nd wall)

(Insert 32 cnt Break here Only once on the 4'th wall, Resume dancing on cnt 33)

Rock Step, ½ Shuffle Turn L, Scuff, Hitch, Step Forward, Twist & Twist w ½ turn L,

- 1-2** Rock Forward L, Recover on R,
- 3&4** Turn ½ L while stepping L,R,L
- 5&6** Scuff R, Hitch R, Step slightly Forward on R,
- 7&8** Twist R,L,R while making ½ turn L, weight ends on R, (Clap Twice on cnts &8)

Coaster Step, Rock Step, Coaster Step, Twist & Twist w ¼ turn L,

- 1&2** Step Back L, Step Together R, Step Forward L,
- 3-4** Rock Forward R, Recover L,
- 5&6** Step Back R, Step Together L, Step Forward R,
- 7&8** Twist R,L,R while making ¼ turn L, weight ends on R,

Behind, Side, Cross, Side Rock Step w/ Claps, X 2

- 1&2** Step L Behind R, Step R to R Side, Cross L over R,
- 3-4** Rock R to R side, Recover on L, (Clap Twice on the cnts & 4)
- 5-8** Repeat 1-4 with opposite foot,

Diagonal Forward Shuffles with Hip Bumps, Rock Step, ¾ L turn Shuffle,

- 1&2** Shuffle Forward Diagonal L with Hip Bumps L,R,L, (Clap Twice on cnts &2)
- 3&4** Shuffle Forward Diagonal R with Hip Bumps R,L,R, (Clap Twice on cnts &4)
- 5-6** Rock Forward L, Recover R,
- 7&8** Turn ¾ L while Stepping L,R,L

(You are now facing the front wall, End of dance)

***16 Count Tag...Done ONLY once at the end of Count 32 of the 2'nd wall.
After the Tag restart the dance from the beginning.***

¼ R Pivot X 4, Step Side, Cross Heel Dig X 3, Side, Together,

- 1-4** Step L, Pivot ¼ R, Step L, Pivot ¼ R,
- 5-8** Step L, Pivot ¼ R, Step L, Pivot ¼ R,

- 1-4** Step Side L, Cross R over L w/ a Heel Dig, Step Side R, Cross L over R w/ Heel Dig
- 5-8** Step Side L, Cross R over L w/ a Heel Dig, Step Side R, Step Together L,

***32 Count Break...Done ONLY once at the end of Count 32 of the 4'th wall.
Resume Dancing with count 33.***

- 1-32** I'm not a kid anymore. By this time in the dance I'm tired and I needed a rest.
So just run around or go get a drink. I need to catch my breath :-)