

# SLOW ME DOWN

**MUSIC:** 3 Fox Drive koc 9879 - CD Listen to the music Track 3

**CHOREO:** Renee Strong USA

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Variations by Jean Watford Rhythm Cloggers Auckland New Zealand

**LEVEL:** Advanced

**SEQUENCE:** A B\* A B C B D B C B E A END

**INTRO:** Wait several beats and a guitar strum then 8 Counts Left foot lead

## COUNTS CUE

### PART A

2 Step Canadian  
2 Switch  
2 Stamp Stomp Canadian  
2 Switch

### PART B\*

8 Wiki Buck  
7 1/2 Short Hot Gallop R

### PART A

2 Step Canadian  
2 Switch  
2 Stamp Stomp Canadian  
2 Switch

### PART B

8 Wiki Buck  
8 Hot Gallop R

### PART C

4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Bounce Tennessee  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Toe Kick Split fwd  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Double Bounce Skuff  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
8 2 2x4 Doubles

### PART B

8 Wiki Buck  
8 Hot Gallop R

### PART D

4 Skuffy Touch  
4 Buck Joey  
4 Crimps & Split  
4 Corn Dog 1/2 L  
**16 Repeat to front**  
4 Kick Bounce Slide

## COUNTS CUE

### PART B

8 Wiki Buck  
8 Hot Gallop R

### PART C

4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Bounce Tennessee  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Toe Kick Split fwd  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Double Bounce Skuff  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
8 2 2x4 Doubles

### PART B

8 Wiki Buck  
8 Hot Gallop R

### PART E

4 Skuffy Touch  
2 Skuffy  
4 Corn Dog  
8 Wiki Buck  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Bounce Tennessee  
4 2 Rock Heel Slur 3/4 R on 1<sup>st</sup> one  
4 Toe Kick Split fwd  
4 2 Rock Heel Slur 1/2 R on 1<sup>st</sup> one  
4 Double Bounce Skuff  
4 Buck Joey  
4 Crimps & Split  
4 Buck Joey  
4 Crimps & Split  
4 Skuffy Touch

### PART A

2 Step Canadian  
2 Switch  
2 Stamp Stomp Canadian  
2 Switch

### END

4 Rock Heel Slur L & R  
4 Corn Dog



**APPROVED**  
27 JUL 2007

Step descriptions for: **SLOW ME DOWN**

**STEP CANADIAN**

(P) S DT HOP TCH  
 L R L R L R  
 & 1 e& a 2

**SWITCH**

(f)  
 DT HD/BO BO/HD SL/UP  
 R L/R L/R L/R  
 &a 1 & 2

**STAMP STOMP CANADIAN**

STA STO DT HOP TCH  
 R R L R L  
 & 1 e& a 2

**WIKI BUCK**

(f) (xib) (xib) (xif) (f)  
 DT BO/K HOP/LSW BO/BO TCHH-S TNDNDR S TCHH-BA TCHH-S DS SLR-UP H  
 L L/R L/R L/R L R R L R L R L R  
 &a 1 & 2 & 3 e&a4 & 5 e & a 6 &a7 & 8

**SHORT HOT GALLOP**

(bk) (bk) (bs) (bk) (bk) (bk) (bs)  
 BO TT HOP BO TT HOP DT-BA/DT BO/BO SL/UP [BA TT-BA BA TT-BA BA TT-BA BO/BO](move R)  
 L R L R L R L R L/R L/R R L R L R L L/R  
 & a 1 & a 2 e& a3 & 4 & a5 & a6 & a7 &

**HOT GALLOP**

(bk) (bk) (bs) (bk) (bk) (bk) (bs)  
 BO TT HOP BO TT HOP DT-BA/DT BO/BO SL/UP [BA TT-BA BA TT-BA BA TT-BA BO/B UP/SL](R)  
 L R L R L R L R L/R L/R R L R L R L L/R L/R  
 & a 1 & a 2 e& a3 & 4 & a5 & a6 & a7 & 8

**ROCK HEEL SLUR**

(wgt) (xib)  
 RK H [SLR-S](3/4 R)  
 L R L  
 & 1 & 2  
 2nd move fwd to L-no turn

**BOUNCE TENNESSEE**

(bs) (wgt) (xif) (bk)  
 DT BO/BO H/H S TNDN TT SL  
 L L/R L/R L R L R  
 &a 1 & 2 e&a3 & 4

**TOE KICK SPLIT**

(bk) (f) (f)(ots) (f)  
 HOP TT-BA/K [SS](fwd) DT-DT HD/BO UP/SL  
 R L R R L R L/R L/R  
 & a 1 &2 e& a3 & 4

**DOUBLE BOUNCE SKUFF**

(xif)  
 DT-BA/DT BO/BO UP/SL S SK H S SK H  
 L L/R L/R L/R L R L R L R  
 &a 1e & 2 & a 3 & a 4

**2X4 DOUBLES**

(f) (ots) (f) (ots) (f) (ots) (f) (ots)  
 BO/DT HOP/DT DT/BO DT/HOP BO/DT HOP/DT HOP/DT HOP/DT  
 L/R L/R L/R L/R L/R L/R L/R L/R  
 &a 1e &a 2e &a 3e &a 4e

**SKUFFY TOUCH**

(xif) (f) (xif)  
 S SK H SLA BO/BO HD/BO (P) S DT-BA TCH  
 L R L R L/R L/R L R R L  
 & a 1 e & 2 & 3 e&a 4

**BUCK JOEY**

(bk) (ots) (bk) (ots)  
 DS TT-BA TCHH-BA TCHH-BA TT-BA TCHH-BA TCHH-S  
 L R L R L R L R  
 &a1 e & a 2 e & a 3 e & a 4

**CRIMPS & SPLIT**

(f)  
 BA BA H H BA BA H H BA BA H H HD/BO UP/SL  
 R L R L R L R L R L R L L/R L/R  
 e & a 1 e & a 2 e & a 3 & 4

**CORN DOG**

(wgt)  
 DS H TCHH-BA [RS SK HOP S](1/2 L)  
 L R L RL R L R  
 &a1 & a 2 &3 & a 4

**KICK BOUNCE SLIDE**

(f) (bs) (f) (bs) (f) (bs)  
 DT-BO/K BO/BO K/BO BO/BO BO/K BO/BO SL  
 L R L/R L/R L/R L/R R  
 &a 1 & 2 & 3 & 4

**SKUFFY**

(xif) (f)  
 S SK H SLA BO/BO HD/BO  
 L R L R L/R L/R  
 & a 1 e & 2