

ONE WAY TRACK

MUSIC: Ricky Scaggs and Kentucky Thunder
CHOREO: Jean Watford Rhythm Cloggers Auckland New Zealand
LEVEL: Intermediate
SEQUENCE: A B A C B A C B A B* END
INTRO: Wait 11 Counts Left Foot Lead

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COUNTS CUE

PART A

8 Clogover Break and Dig
8 Confusion Slide
16 Repeat opp footwork

PART B

4 Pulley Basic
4 Mountain Goat 1/2 L
8 Fancy Pump
16 Repeat to front

PART A

8 Clogover Break and Dig
8 Confusion Slide
16 Repeat opp footwork

PART C

4 Hard Step Kick
4 Triple 1/2 R
16 Hit Switch Vine L & R
4 Triple 1/2 L
4 Hard Step Kick

PART B

4 Pulley Basic
4 Mountain Goat 1/2 L
8 Fancy Pump
16 Repeat to front

PART A

8 Clogover Break and Dig
8 Confusion Slide
16 Repeat opp footwork

COUNTS CUE

PART C

4 Hard Step Kick
4 Triple 1/2 R
16 Hit Switch Vine L & R
4 Triple 1/2 L
4 Hard Step Kick

PART B

4 Pulley Basic
4 Mountain Goat 1/2 L
8 Fancy Pump
16 Repeat to front

PART A

8 Clogover Break and Dig
8 Confusion Slide
16 Repeat opp footwork

PART B*

4 Pulley Basic
4 Mountain Goat 3/4 L
8 Fancy Pump
48 Repeat 3 more times

END

8 Clogover Break and Dig
4 Windster
4 Sync Slide



APPROVED
10 FEB 2002

Step description for: **ONE WAY TRACK**

CLOGOVER BREAK AND DIG

	(xif)	(ots)	(xib)	(ots)	(xif)	(P)	(f)	(f)	
DS	DS	DS	DS	DS	FLA/DS		BO/HD	HOP/HD	SL
L	R	L	R	L	L/R		L/R	L/R	L
&a1	&a2	&a3	&a4	&a5	&a6	&	7	&	8

CONFUSION SLIDE

	(xif)		(x)			(xif)		(x)				
DS	DT	SL	DT	SL	RS	DT	SL	DT	SL	RS	BA-SL	
R	L	R	L	R	LR	L	R	L	R	LR	L	
&a1	&a	2	&a	3	&4	&a	5	&a	6	&7	& 8	

PULLEY BASIC

		(xif)	(bk)	(xif)
DS	DR-SL	DS	RK	S
L	L	R	L	R
&a1	& 2	&a3	&	4

MOUNTAIN GOAT

	(xif)	(ots)	(xib)	(xif)	
DS	BA	BA	BA	BA	S-SL
L	R	L	R	L	R
&a1	&	2	&	3	& 4

FANCY PUMP

			(xif)		(xif)		(ots)		(bk)			
DS	DR/K	SL/K	TCH	H	TCH	H	TCH	H	TCH	H	DS	RS
L	L/R	L/R	R	L	R	L	R	L	R	L	R	LR
&a1	&	2	&	3	&	4	&	5	&	6	&a7	&8

HARD STEP KICK

(bk)		(f)				
DT	H	BR	H	DS	DR/K	SL
L	R	L	R	L	L/R	L
&a	1	&	2	&a3	&	4

TRIPLE

DS	DS	DS	RS
R	L	R	LR
&a1	&a2	&a3	&4

HIT SWITCH VINE

(ots)	(xif)	(ots)	(xib)		(f)	(f)			
DS	TCHH-S	DS	TT-S	DT	BA/HD	HD/BO	SL	DS	RS
L	R	L	R	L	L/R	L/R	R	L	RL
&a1	& 2	&a3	& 4	&a	5	&	6	&a7	&8

WINDSTER

	(xif)		(x)		
DS	BR	SL	BR	SL	RS
R	L	R	L	R	LR
&a1	&	2	&	3	&4

SYNC SLIDE

(P)	S	DS	S	DS	SL
	L	R	L	R	R
&	1	&a2	&	3&a	4