

# LIFE GOES ON

**MUSIC:** Leann Rimes CD Twisted Angel LIFE GOES ON (ALMIGHTY MIX)

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**LEVEL:** Intermediate Plus

**SEQUENCE:** A B C A B D E B D F END

**INTRO:** Wait 32 counts Left foot lead

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## COUNTS CUE

### PART A

8 Stomp High Horse 1/4 L

4 Mountain Goat

4 Lori Basic 1/4 L

**16 Repeat to front**

### PART B

8 Basic Life Pull fwd

4 Karate 1/2 L

4 Double Gallop

**16 Repeat to front**

### PART C

8 2 Mountain Shuffle 1/2 L

8 Cowboy

**16 Repeat to front**

### PART A

8 Stomp High Horse 1/4 L

4 Mountain Goat

4 Lori Basic 1/4 L

**16 Repeat to front**

### PART B

8 Basic Life Pull fwd

4 Karate 1/2 L

4 Double Gallop

**16 Repeat to front**

### PART D

4 2 Ooh Aah Skuffs 1/4 L on 2nd

8 Quarter Moon 1/4 L

**16 Repeat to front**

## COUNTS CUE

### PART E

16 2 Long Mountain Rocks

8 2 Mountain Shuffle 1/2 L

8 Cowboy 1/2 L

16 2 Crossover bk

8 4 Basics fwd

8 4 Unclog fwd

### PART B

8 Basic Life Pull fwd

4 Karate 1/2 L

4 Double Gallop

**16 Repeat to front**

### PART D

8 2 Ooh Aah Skuffs 1/4 L on 2nd

8 Quarter Moon 1/4 L

**16 Repeat to front**

### PART F

4 Travelling Pivot 3/4 R

4 Sync Slide

8 2 Fancy Triple L & R

**48 Repeat 3 more times**

### END

8 2 Mountain Shuffle 1/4 L ea

8 Cowboy

**16 Repeat to front**

1 Step Slide



**APPROVED**  
**1 AUG 2003**

Step description for: **LIFE GOES ON**

**STOMP HIGH HORSE**

(P) STO DT SL DT SL BA BA [HD/BA](1/4 L) SL DS DS RS  
L R L R L R L L/R R L R LR  
& 1 &a 2 &a 3 & 4 & 5 &a6 &a7 &8

**MOUNTAIN GOAT**

(xif) (ots) (ots) (xif) (xib)  
DS BA BA BA BA S-SL  
L R L R L R  
&a1 & 2 & 3 & 4

**LORI BASIC**

(1/4L)  
DS DT H DS RS  
L R L R LR  
&a1 &a 2 &3 &4

**BASIC LIFE PULL** (Move Fwd on both RS)

(fwd) (to L ft) (fwd)  
DS RK S PULL TCHH S TCHH SL DS DS RK S  
L R L R R L R L R R L R L R  
&a1 & 2 &3 & 4 & 5 &a6 &a7 & 8

**DOUBLE GALLOP**

DS DS BA TCHH BA BA TCHH BA  
L R L R R L R R  
&a1 &a2 & a 3 & a 4

**KARATE**

(1/2L)  
DS K H S DR-SL  
L R L R R  
&a1 & 2 3 & 4

**COWBOY**

[DS DS DS (xif) (xif) (bk) (xif) (bk) (xif) (bk) (bs)  
L R L BR H](fwd) DS [RK S RK S RK S]  
&a1 &a2 &a3 & 4 &a5 & 6 & 7 & 8

**MOUNTAIN SHUFFLE**

(1/4 L)  
(P) STO DT H DS K/DR SL  
L R L R L/R R  
& 1 &a 2 &a3 & 4

**FANCY TRIPLE**

(xif) (xib) (ots) (xif)  
DS DS DS RK S  
L R L R L  
&a1 &a2 &a3 & 4

**OOH AAH SKUFFS**(2nd Ooh Aah 1/4 L on RS)

(f) (f) (fwd) (f)  
(P) TCHH/BA (P) BA/TCHH RK S SK SL  
L/R L/R R L R L  
& 1 & 2 & 3 & 4

**TRAVELLING PIVOT**

(xif) (3/4 R)  
DS DS DS PVT S  
L R L R  
&a1 &a2 &a3 & 4

**QUARTER MOON**

(xib)  
DS DS DS DR/K SL [BA-SL](1/4L) DS DS RS  
L R L L/R L R L R LR  
&a1 &a2 &a3 & 4 &5 &a6 &a7 &8

**SYNC SLIDE**

(P) S DS S DS-SL  
L R L R  
& 1 &a2 & 3&a4

**LONG MOUNTAIN ROCKS**

(xif) (ots) (xib) (ots) (xif) (ots) (xib) (ots)  
DS RK S RK S RK S RK S RK S RK S RK S  
L R L R L R L R L R L R L R L  
&a1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

**CROSSOVER**

(ots) (xib) (ots) (xib) (ots) (xib) (ots)  
[DS TCH H T-H TCH H T-H TCH H T-H TCH H](bk)  
L R L R L R L R L R L R  
&a1 & 2 &3 & 4 &5 & 6 &7 & 8

**UNCLOG**

(fwd)  
STA STO SK SL S-SL  
L L R L L  
& 1 & 2 &1

**STEP SLIDE**