

# IN THIS LIFE

**MUSIC:** Delta Goodrem In This Life  
**CHOREO:** Cheryl Holland Victoria Australia  
**LEVEL:** Intermediate Plus (Beginner Flatfoot)  
**SEQUENCE:** A B C B D End  
**INTRO:** Wait 16 beats Left foot lead

## COUNTS CUE

### PART A

8 Flat Swayback  
 8 2 Tennessee Stomp Double 1/2 L  
 8 Flat Swayback  
 8 2 Daydream 1/2 L  
 8 Flat Cowboy Drag Back  
 8 2 Rock Out Slur Tennessee  
 8 2 Buck Joey

### PART B

4 Half Far Side  
 4 Snake Double 1/2 L  
 4 Half Far Side  
 4 Snake Double 1/2 L  
 8 2 Slide Dixie  
 8 Rock Turkey Double

### PART C

16 2 Tennessee Slur Pivot 3/4 R ea  
 8 MJ Tennessee Kick  
 8 2 Daydream 1/2 L  
 8 Flat Cowboy Drag Back  
 8 2 Rock Our Slur Tennessee  
 8 2 Buck Joey

## COUNTS CUE

### PART B

4 Half Far Side  
 4 Snake Double 1/2 L  
 4 Half Far Side  
 4 Snake Double 1/2 L  
 8 2 Slide Dixie  
 8 Rock Turkey Double

### PART D

4 Flat Roll The Dice 3/4 R  
 4 Tennessee Triple  
 4 Flat Roll The Dice 3/4 R  
 4 Tennessee Triple  
 8 2 Daydream 1/2 L  
 8 Flat Cowboy Drag Back  
 8 2 Rock Out Slur Tennessee  
 8 2 Buck Joey

### END

4 Half Far Side  
 4 Snake Double 1/4 L  
**24 Repeat 3 more times**  
 8 2 Slide Dixie 1/2 L  
 8 Rock Turkey Double  
**16 Repeat to front**

Step descriptions for: **IN THIS LIFE**

### FLAT SWAYBACK

	(xif)	(x)	(bk)				
DS	TNUP	TNUP	T-H	RS	TNDN	TNDN	RS
L	R	R	R	LR	L	R	LR
&a1	e&a2	e&a3	&4	&5	e&a6	e&a7	&8

### TENNESSEE STOMP DOUBLE

(P)	STO	TNDN	TNDN	RS
	L	R	L	RL
&	1	e&a2	e&a3	&4

### DAYDREAM

	(xif)	(x)	
DS	TNUP	TNDN	RS
L	R	R	LR
&a1	e&a2	e&a3	&4



**APPROVED**

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Step descriptions for: **IN THIS LIFE** continued . . .

**FLAT COWBOY DRAG BACK**

[DS	TNDN	TNDN	TNUP](fwd)	DS	(xif)		(bk)	(xif)		(bk)
L	R	L	R	DR	RK	S	DR	RK	S	R
&a1	e&a2	e&a3	e&a4	&a5	&	6	&	7	&	8

**ROCK OUT SLUR TENNESSEE**

	(ots)	(xib)		
RK	S	SLR-S	DS	TNDN
L	R	L	R	L
&	1	& 2	&a3	e&a4

**BUCK JOEY**

	(bk)		(ots)	(bk)	(ots)	
DS	TT-BA	TCHH-BA	TCHH-BA	TT-BA	TCHH-BA	TCHH-S
L	R	L	R	L	R	L
&a1	e &	a 2	e &	a 3	e &	a 4

**HALF FAR SIDE**

	(f)	(ots)		(bk)		
DS	DT	HOP	DT	HOP	TT-BA	DT HOP TCH
L	R	L	R	L	R	L R L
&a1	e&	a	2e	&	a 3	e& a 4

**SNAKE DOUBLE**

(1/4 L)	(wgt)		(1/4L)	
DS	H	TCHH-S	RS	DS
L	R	L	RL	R
&a1	&	a 2	&3	&a4

**SLIDE DIXIE**

				(bk)	
DS	SL	S	TNDN	TT-BA	TCHH-BA
L	L	R	L	R	L
&a1	&	2	e&a3	e &	a 4

**ROCK TURKEY DOUBLE**

	(ots)		(ots)			
RK	H-FL S	RK	H-FL S	RS	TNDN	TNDN RS
L	R L	R	L R	LR	L	R LR
&	1 & 2	&	3 & 4	&5	e&a6 e&a7	&8

**TENNESSEE SLUR PIVOT**

	(xib)		(xif)	(wgt 3/4 R)		
DS	SLR-S	DS	TNDN	RK H (P)	S	TNDN RS
L	R	L	R	L R	L	R LR
&a1	& 2	&a3	e&a4	& 5 &	6	e&a7 &8

**MJ TENNESSEE KICK**

	(xib)	(ots)				
DS	DS	RK S	(P) S	RS	TNDN	TT-BA TCHH-S K/DR SL
L	R	L R	L	RL	R	L R L/R R
&a1	&a2 &	& 3	& 4	&5	e&a6	& 7 e & a 8

**FLAT ROLL THE DICE**

	(xif)			
DS	TNDN	DR	[S S S](3/4 R)	
L	R R	L	R L	
&a1	e&a2 &	3	& 4	

**TENNESSEE TRIPLE**

DS	TNDN	TNDN	TNUP
R	L	R	L
&a1	e&a2	e&a3	e&a4

**TENNESSEE UP**

	(pop)		
SK	DR	SLA	SL
R	L	R	L
e	&	a	1

**TENNESSEE DOWN**

	(pop)		
SK	DR	SLA	S
R	L	R	R
e	&	a	1