

# COWBOY UP

**MUSIC:** Jill Johnson CD The Woman I've Become track 6  
**CHOREO:** Karen Rosato Victoria Australia  
**LEVEL:** Intermediate  
**SEQUENCE:** A B C D A B C D E F G H C I J END  
**INTRO:** Wait 16 counts Left foot lead

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## COUNTS CUE

### PART A

8 Tricky Drag  
8 2 Mt. Alabama Brush 1/2 L ea  
**16 Repeat to front**

### PART B

16 2 Samantha 1/2 R ea

### PART C

4 Lori Basic  
4 Joey  
4 Fancy Scissors 1/4 R  
4 Turn It 1/4 R  
2 Swish  
2 Basic L ft  
4 Joey  
4 2 Basic 1/2 L  
4 Drag & Brush

### PART D

16 4 Mountain Basic 1/4 L ea

### PART A

8 Tricky Drag  
8 2 Mt. Alabama Brush 1/2 L ea  
**16 Repeat to front**

### PART B

16 2 Samantha 1/2 R ea

### PART C

4 Lori Basic  
4 Joey  
4 Fancy Scissors 1/4 R  
4 Turn It 1/4 R  
2 Swish  
2 Basic L ft  
4 Joey  
4 2 Basic 1/2 L  
4 Drag & Brush

### PART D

16 4 Mountain Basic 1/4 L ea

## COUNTS CUE

### PART E

4 Fancy Wiper  
4 Basic Modified 1/4 L  
4 Fancy Wiper  
4 Basic Modified 1/4 L  
4 Fancy Wiper  
4 Basic Modified 1/4 L  
4 Fancy Wiper  
4 Karate 1/4 L  
4 Chain Ball Slide diag fwd  
4 Fancy Double

### PART F

4 Half Michael  
4 Rocker  
**8 Repeat opp ft wk**

### PART G

16 Triple Slur Brush L & R

### PART H

16 4 Stomp Windster 1/4 L 2<sup>nd</sup> & 4<sup>th</sup>  
8 2 Stomp Slur Basic 1/4 L ea  
4 Stomp Slur Basic no turn  
4 Mountain Alabama Brush

### PART C

4 Lori Basic  
4 Joey  
4 Fancy Scissors 1/4 R  
4 Turn It 1/4 R  
2 Swish  
2 Basic L ft  
4 Joey  
4 2 Basic 1/2 L  
4 Drag & Brush

### PART I

4 Rocking Chair  
4 Chain Ball Slide diag fwd 1/4 L  
**24 Repeat 3 more times**

### PART J

16 Bonanza Flap L & R

### END

8 2 Basic Shuffle



**APPROVED**  
**5 APR 2009**

Step descriptions for: **COWBOY UP**

**TRICKY DRAG**

(xif)  
 DS DR S DS BA-SL RS BA-SL DS RS  
 L L R L R LR L R LR  
 &a1 & 2 &a3 & 4 &5 & 6 &a7 &8

**SWISH**

(H's out) (H's in)  
 DT BA/BA BA/BA SL  
 R L/R L/R R  
 &a 1 & 2

**MOUNTAIN ALABAMA BRUSH**

(1/4 L) (f)  
 (P) STO DT H RS BR H DS  
 L R L RL R L L  
 & 1 &a 2 &3 & 4

**SAMANTHA**

(xif) (bk) (bk)  
 DS DS DR S DR S RS DS DS RS  
 L R R L L R LR L R LR  
 &a1 &a2 & 3 & 4 &5 &a6 &a7 &8

**LORI BASIC**

DS DT H DS RS  
 L R L R LR  
 &a1 &a 2 &a3 &4

**JOEY**

(xib) (ots) (ots) (xib) (bs)  
 DS BA BA BA BA S  
 R L R L R L R  
 &a1 & 2 & 3 & 4

**BASIC**

DS RS  
 L RL  
 &a1 &2

**FANCY SCISSORS**

(apart) (L xif) (apart)  
 DS DS DT BO/BO [BO/BO](1/4 R) BO/BO  
 R L R L/R L/R L/R  
 &a1 &a2 &a 3 & 4 & 4

**TURN IT**

(bs) (bs) (1/4 R)  
 (P) BO/BO BO/BO UP/SL DS RS  
 L/R L/R L/R L/R  
 & 1 & 2 &a3 &4

**DRAG & BRUSH**

(f)  
 DR S DR S BR H (P)  
 R L L R L R  
 & 1 & 2 & 3 &4

**MOUNTAIN BASIC**

(P) STODT H DS RS  
 L R L R LR  
 & 1 &a 2 &a3 &4

**FANCY WIPER**

(xif) (x)  
 DT SL DT SL RS RS  
 L R L R LR LR  
 &a 1 &a 2 &3 &4

**BASIC MODIFIED**

(1/4 L)  
 (P) S RS DS RS  
 L RL R LR  
 & 1 &2 &a3 &4

**KARATE**

(1/4 L)  
 DS K H S DR-SL  
 L R L R R  
 &a1 & 2 3 & 4

**CHAIN BALL SLIDE**

(1/4 L)  
 [DS RS RS BA-SL](diag fwd)  
 L RL RL R  
 &a1 &2 &3 & 4

**HALF MICHAEL**

(xib) (xif)  
 DS RK S DR/K SL/K DR/K SL/K  
 L R L L/R L/R L/R L/R  
 &a1 & 2 & 3 & 4

**ROCKER**

RS DS DS RS  
 RL R L RL  
 &1 &a2 &a3 &4

**TRIPLE SLUR BRUSH**

(xif) (xib) (f)  
 DS DS DS SLR-S RS DS RS BR H  
 L R L R LR L RL R L  
 &a1 &a2 &a3 & 4 &5 &a6 &7 & 8

**STOMP WINDSTER**

(xif) (x) (1/4 L)  
 (P) STO DT H DT H RS  
 L R L R L RL  
 & 1 & 2 & 3 &4

**STOMP SLUR BASIC**

(xib) (1/4 L)  
 (P) STO SLR-S DS RS  
 L R L RL  
 & 1 & 2 &a3 &4

**BONANZA FLAP**

(ots) (xif) (xib) (ots) (xif) (f)  
 DS DS DT H DT H DS RK S DR H-FL S  
 L R L R L R L R L R L  
 &a1 &a2 &a 3 &a 4 &a5 & 6 & 7 & 8

**BASIC SHUFFLE**

DS RS DR/DR SL/SLDR/DR SL/SL  
 L RL L/R L/R L/R L/R  
 &a1 &2 & 3 & 4