

**Sample Menu**  
**Transpac '97 July 5 – 12 1997**  
**For Santa Cruz 70**  
**Prepared by Dallas R. Davis**

**Day 1**

Breakfast

FRESH SQUEEZED ORANGE JUICE  
WARM CROISSANTS WITH PRESERVES  
CINNAMON APPLE CREPES  
FRESH FRUIT SALAD  
STARBUCKS PREMIUM COFFEE/HERB TEAS

Lunch

ALSACIAN ONION TART WITH GRUYERE CHEESE  
(BASED ON LE CROCODILE'S FAMOUS RECIPE)  
WILD MIXED GREENS WITH BLACKBERRY VINAIGRETTE  
FRENCH BAGUETTE  
TEAS AND COFFEE

Dinner

GRILLED CHICKEN BREAST STUFFED WITH A DUXELLE OF  
WILD MUSHROOMS, SHALLOTS AND FRESH HERBS  
ASPARAGUS SPEARS WITH ROASTED ALMONDS  
SAFFRON BASMATI RICE  
CARAMELIZED PEARS WITH ALMOND TUILES  
FRESH MADE TEAS AND COFFEE

May I suggest a well chilled 1993 Louis Latour Chardonnay from our wine cellar, er bilge.

**DAY 2**

Breakfast

FRESH JUICES  
RAISIN BREAD FRENCH TOAST WITH REAL MAPLE SYRUP  
SOUTHWESTERN OMELETS  
CANTALOUPE AND HONEY DEW MELON WEDGES  
STARBUCKS COFFEE AND HERB TEAS

Lunch

PASTA SALAD WITH VEGETABLES  
OR SALMON MOUSE TUREEN  
COLD DRINKS AND OREO COOKIES

Dinner

NEW YORK STEAK WITH GREEN PEPPERCORN SAUCE  
SCALLOPED POTATOES WITH GARLIC AND HERBS  
VEGETABLE MEDLEY  
CRÈME CARAMEL

### Day 3

#### Breakfast

½ GRAPEFRUIT AND FRUIT SALAD  
RAISIN BRAN AND MILK OR  
BAGELS WITH KRAFT PHILADELPHIA CREAM CHEESE  
MAXWELL HOUSE INSTANT COFFEE/ TEA

#### Lunch

BAKED SPAGHETTI & MEAT BALLS  
CAMPBELL'S ITALIAN SOUP  
SELECTION OF SOFT DRINKS  
ITALIAN LOAF

#### Dinner

FRESH CAUGHT AHI TUNA WITH MANGO LIME SALSA  
SAFFRON RICE  
JULIENNE OF CARROTS AND LEEK  
INSTANT COFFEE AND EARL GREY TEA

### Day 4

#### Breakfast

GRANOLA BARS OR KELLOG'S CORN FLAKES WITH POWDERED MILK  
FOLGER'S INSTANT FREEZE DRIED COFFEE

#### Lunch

HOT DOGS ON WHITE BUNS  
RASPBERRY COOL-AID  
REECE'S PEANUT BUTTER CUPS OR CANDY BAR

#### Dinner

MEATLOAF WITH CANNED GRAVY  
RASPBERRY COOL-AID  
GRANOLA BARS

## **Day 5**

### Breakfast

TOAST (WHITE) AND JAM  
GENERIC FREEZE DRIED COFFEE/TEA

### Lunch

GRILLED SPAM ON WHITE BREAD  
(THAT IS IF THE MAYO HASN'T GONE BAD IN THIS STEAMBATH OF A GALLEY  
WITH 95% HUMIDITY)  
PRINGLE POTATO CHIPS  
WARM SOFT DRINKS (SORRY OUT OF ICE)

### Dinner

KRAFT MACARONI & CHEESE OR CANNED BEANS  
WHITE BREAD (IN CASE YOU HADN'T NOTICES WE RAN OUT OF REAL BREAD 400  
MILES AGO!)

## **Day 6**

### Breakfast

MAKE IT YOURSELVES YOU UNGRATEFUL BUNCH OF JERKS!

I QUIT!