

# West Allis Central Volleyball

## Team Rules:

**Home and Away Matches:** All teams are required to stay and watch and cheer for the other teams. Example Varsity comes early for the JV/Freshman games and JV/Freshman stay for the conclusion of the varsity game. (We will allow one miss of this requirement due to family commitment or abundance of homework. Use this wisely)

**Practices:** Most practices will run from 3:00 – 5:30. The coach may alter these practice times due to unusual circumstances.

**Saturday Tournaments:** We host three tournaments during the year and all athletes will be required to attend these tournaments.

**Missed Practices:** If, for any reason, your daughter must miss a practice then she needs a written note from a parent as to why she is missing practice.

**Excused Absence:** Examples of these are family vacation or doctor appointments. For all excused absences the athlete will be required to run one-half mile. This is done to be fair to everyone and to make up for the running the team had to do for that practice. Missing a practice before a match may effect the ability for an athlete to play in that match.

**Unexcused Absence:** Examples of these are “Don’t have my shoes”; school DT “Mom didn’t want to take me”.

**1<sup>st</sup>. violation=** Warning and half mile run

**2<sup>nd</sup> violation=** Suspension from next contest and mile run.

**3<sup>rd</sup> or more violation=** Determined by coach with possible dismissal from team.

**\*\***(All contests are not equal. Missing a Tuesday match is not the same as missing a Saturday tournament)

**Late to Practice:** Half-mile run unless you were getting help from a teacher (once again documentation needed).

Any questions please call me at school.

Mark Czaplewski Head Coach  
604-3100 ext. 6117

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I have read the volleyball team rules. Athlete Name \_\_\_\_\_

Varsity JV Freshman (Circle one)

Parent Signature \_\_\_\_\_

Athlete Signature \_\_\_\_\_