



Greetings to all of my Team in Training Sponsors!

The Dublin Marathon was another great TNT experience. Race day, October 28th, was a gorgeous day. In fact, it was the only rain-free day during my 11 days on the Emerald Isle. I ran the first 19 miles of the marathon at a personal best pace with my mentee Jennifer. The crowds clapped



politely and said things like "Well done, ladies!" Little kids stood at the side of the road with their hands up, waiting for a high-five from the runners. Like in Honolulu, I had my name on my jersey and, like in Honolulu, I frequently heard cheers for "Candi."

Then we hit before as probably was. The road a bend I saw more challenge, there park to cheer us on. a group holding up learned that the "BELIEVE" is a



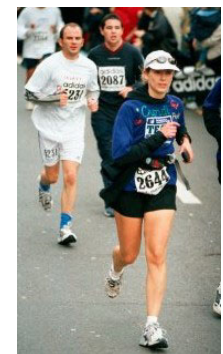
Phoenix Park. It had been mentioned the night the most challenging part of the marathon. And it headed up and out of sight. Every time I rounded hill. This lasted until mile 23. And to add to the were very few spectators At one point, however, the letters "B E L I E V E" group was from Guinness (I later learned that Guinness ad slogan).



By the time we left Phoenix Park, my projected finish time was a lot longer than it had been at mile 19. But we were now heading back toward the Temple Bar area of Dublin and the finish. I thought of my honorees, Steve and Rene, and my own experience with leukemia to get me through those last miles. I finished the marathon in 4:32:43, missing my goal of 4:20 but still 15 minutes faster than my Honolulu time.



There were Team in Training runners and walkers from all over the USA, and with 44 members, Minnesota was the largest chapter there. My fundraising total was \$5,024.10. My team fundraising total was \$215,000, contributing to the national total of \$1.6 million to go toward leukemia research!



I had very little soreness after the with teammates for two days, seeing College and the Book of Kells, shopping on Grafton Street before for a few days. Two days after the and read a note from a TNT alumni battling CML and who I mentioned in She started on the new drug Gleeevec



marathon. I stayed in Dublin the Guinness brewery, Trinity checking out the pubs, and heading off to western Ireland marathon I checked my email whose sister has been my original fundraising letter. about a year ago, a drug that



was developed with funds from the Leukemia and Lymphoma Society. Before Gleevec, the prognosis for CML patients was not good. But that morning, Andy had received a phone call from his sister – she was now in 100% remission!

A few weeks before the marathon, I was looking through a cancer survivor magazine, and there was an article about new treatments for leukemia. One of

the drugs described was Gleevec for CML, and another drug was Mylotarg for AML, the type of leukemia I had and which took the lives of both of my honorees. As I read the article I thought about how far cancer treatment has come, and how the Leukemia Society has



I could really we raise leads and it brought back from reporting that been battling



and Lymphoma played a part in that. see how the money to new treatments,

tears to my eyes. And two weeks after I was Ireland, I received an email from Jennifer, her honoree, her mother's best friend who had lymphoma, was now in remission.

This is why we do what we do. I'm glad to be a part of great program that makes such a difference in the fight these terrible diseases. We still have a long way to go, you have all played a part in these and future victories leukemia and lymphoma, and you are all heroes in my Thank you for all that you've done and continue to do.



such a against but over eyes.

Love,
Cyndi



Bid me run, and I will strive with things impossible.
- William Shakespeare

