



CLEMENS CYCLE FOR CANCER

Celebrating RICHARD CLEMENS

Remembering NANCY CLEMENS

Discovering BETTER TREATMENTS

2006 Honoring ALYSON STORCK

2006 BENEFITTING

MVH

**Miami Valley Hospital
Foundation**



Clemens Cycle for Cancer Keeps Getting Better

Changes to the August 12, 2006 edition of Clemens Cycle for Cancer will surely impress those who have participated in past years. Increased support and improved routes will delight even the newcomers to our annual ride to fight cancer.

Increased support includes five break stations placing stations of volunteers about every 10 miles along the course. Scheduled breaks in Unionville, Milford Center, North Lewisburg, Ohio Caverns state park, and at the Top of Ohio in Bellefontaine give riders many chances to refuel. Another highly demanded break station improvement . . . restrooms will be available.

Improved routes offer an increased variety of distances that are

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Honoring Cancer Patient Alyson Storck

Continuing the tradition to honor a person dealing with cancer, CCC recognizes Alyson Storck and shares her story to inspire everyone within the CCC family.

Alyson and husband, Steve, share an Enon farm with their two beautiful teenage sons, Logan and Braden. Sports and school activities have the boys following Alyson's active lifestyle.

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Dick and Nancy Clemens Our Parents and Inspiration

It has been over a year since our father, Dick, lost his battle to esophageal cancer and nearly ten years since leukemia and lymphoma took our mother, Nancy. Dick and Nancy still inspire a family of seven children, fifteen grandchildren, and one great grandchild. Together, their family carries their fight in a new way. Clemens Cycle for Cancer celebrates and remembers Dick and Nancy Clemens while it seeks to discover better oncology treatments.

“Often, it seems the treatment of cancer is more damaging than the disease. Patients suffering aggressive treatments deserve their dignity.” says Rick Clemens who founded CCC in 2003.

Join Clemens Cycle for Cancer August 12 and discover how enjoying a beautiful day of cycling can help benefit cancer research.



Alyson Storck — Continued from page 1

Alyson has been fighting Inflammatory Breast Cancer, the deadliest and most aggressive form of breast cancer. She recognized the first symptoms—red rash and minor swelling resembling a bug bite—during a family Easter trip in 2005. Within days, Alyson was diagnosed and faced grim prognosis. Understandably, she questioned why this was happening.

Alyson started an extremely aggressive six-month protocol of chemotherapy, surgery, and radiation. In her words, the chemo “nearly had to kill me to kill the cancer.” Alyson adds, “Unfortunately, that is how the chemo works.”

Tests have shown the cancer under control. Meanwhile, Alyson has discovered her new purpose . . . to fight and beat the cancer and continue her life with her family. She says, “I have two sons to finish raising and grandchildren to someday see.”

Alyson Storck’s spirit is emblematic of our cause. Thriving on a wonderful sense of humor and perspective on life, she holds a confident outlook. Her positive attitude has played a huge part in her survival. She advises that “life is a true gift—cherish it,” and she openly celebrates, “I AM ALIVE!”

May God continue to shine His grace on you, Alyson.

Online Registration Through RaceListings.com Secured by Verisign

Visit our website at <http://www.geocities.com/cycleforcancer>, and you will find that we have the ability to accept your registration online this year. RaceListings.com, the largest free race listing site on the web, supports CCC by offering participants the convenience to register online and pay their registration fees with their credit card. All transactions are handled securely by Verisign, the leader in internet security. You may also register via mail to Clemens Cycle for Cancer, PO Box 13353, Dayton, Ohio 45413.

Register for \$30 per cyclist by August 10 or day of the event for \$40. Please make payable to “Clemens Cycle for Cancer.”

CCC Keeps Getting Better — Continued from page 1

appealing to all cyclist levels and abilities. The shortest and flattest course of 11 miles can accommodate virtually anyone able to safely ride. The challenging Century to the Top of Ohio climbs some of Ohio's biggest and best hills. Routes of 25, 50 and 75 miles feature blends of the two extremes.

The planned routes offer some of the most beautiful scenery in rural Ohio. Riders wind along both banks of the Big Darby Creek from the fields of Plain City to the covered bridges of North Lewisburg. Then, cyclists head west to the hills around Ohio Caverns before climbing to the Top of Ohio.

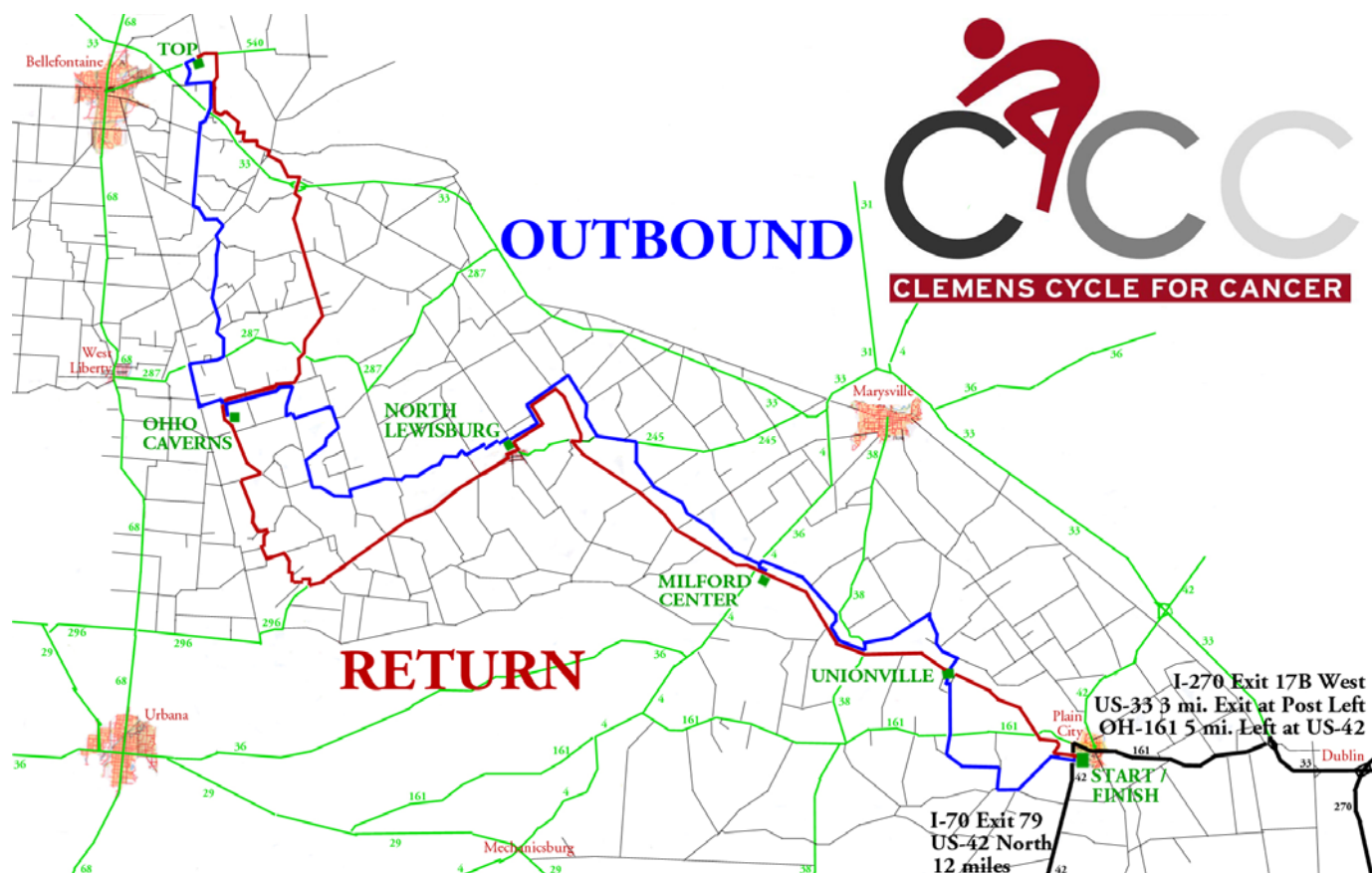
"I am truly excited about the course this year," says Rick Clemens, President of Clemens Cycle for Cancer. "Each year, we have improved our ride, and this year we planned a beautiful route to the Top of Ohio."

To allow support vehicles access to the entire course, all routes follow rural roadways. Sharing the road with traffic, CCC requests that cyclists follow safe riding techniques. Please ride as close to the right side of the road as practicable, respect cars and other cyclists, and wear a helmet at all times while participating in Clemens Cycle for Cancer.

Says Clemens, "Rider safety is our primary concern. We want everyone to enjoy their donated time so they join our cause again next year."

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Rick Clemens, CCC President





CLEMENS CYCLE FOR CANCER

Clemens Cycle for Cancer funds research to discover less-invasive and more-successful treatments in all forms of oncology. Join us to enjoy scenic cycling and to help improve the lives of cancer patients and their families.



<http://www.geocities.com/CycleForCancer/>

AUGUST 12, 2006

DER DUTCHMAN RESTAURANT

445 SOUTH JEFFERSON, US-42, PLAIN CITY, OHIO 43064

