



Canal Winchester Cross Country History



State Qualifying Teams

Boys

1983(11th)
1999 (15th)
2000 (12th)
2004 (16th)
2005 (7th)
2006 (2nd)
2007 (3rd)

Girls

2003 (15th)
2007 (12th)
2008 (6th)

District Titles

Boys

1983
1999
2000
2004
2005
2006
2007
2008

Girls

2008

MSL Buckeye Titles

Boys

2000
2005
2006
2007

Girls

1984
2004
2007
2008

Regional Titles

Boys

2005
2006

Girls

2007

State Runners-Up

Boys

2006

Girls

All-Ohio Individuals

Boys

Nick Meidl, 22nd (2006)
Cory Irwin, 23rd (2007)

Girls

Emily Pifer, 7th (2008)
Kaitlin Smith, 9th (2008)
Penny Boswell, 18th (2008)

Individual League Champions

Boys

Jeff Irwin (2003)
Scott Wildermuth (2004, 2005)
Cory Irwin (2006, 2007)

Girls

Amy Logsden (1986)
Emily Pifer (2007, 2008)

Individual District Champions

Boys

Scott Wildermuth (2005)
Cory Irwin (2007)

Girls

Emily Pifer (2007, 2008)

Class Records

Boys

9th grade- Denny Duckworth (1983), 16:49
10th grade- Denny Duckworth (1984), 16:37
11th grade- Greg Jenkins (1982), 16:27
Nick Meidl (2006), 16:27
12th grade- Cory Irwin (2007), 16:08

Girls

9th grade- Emily Pifer (2006), 20:01
10th grade- Kaitlin Smith (2007), 18:57
11th grade- Kaitlin Smith (2008), 18:31
12th grade- Tausha Posani (2003), 20:12

All-Regional Individuals

Boys

Jeff Irwin, 12th (2003)
Nick Meidl, 16th (2004), 6th (2006)
Scott Wildermuth, 8th (2005)
Cory Irwin, 5th (2006), 4th (2007)
Tim Williard, 15th (2006), 7th (2007)
Christian Edens, 15th (2007)

Girls

Trisha Loeffler (1998)
Tausha Posani, 12th (2000)
Emily Pifer, 3rd (2007), 2nd (2008)
Kaitlin Smith, 16th (2007), 5th (2008)
Penny Boswell, 13th (2008)

Middle School History

MSL Champs

Boys

1996, 2003, 2006, 2007, 2008

MSL Individuals

Greg McDaniel (2003)
Danny Williard (2007)
Justin Emmons (2008)

School Record

Greg McDaniel (2003), 10:41

Girls

2000, 2004, 2005, 2006, 2007

Hannah Spicer (2004)
Whitney McDonald (2005)

Whitney McDonald (2005), 12:13



Canal Winchester Cross Country 2008



High School Girls- 2008

Mid-State League Champions

All-League: 1. Emily Pifer 19:23 (MSL Champ)
2. Kaitlin Smith 20:10
4. Penny Boswell 20:55
7. Whitney McDonald 22:11

D2 Central District Champions

All-District: 1. Emily Pifer 18:32 (District Champ)
2. Kaitlin Smith 19:08
3. Penny Boswell 19:16

3rd Place D2 Pickerington Regional

All-Regional: 2. Emily Pifer 19:02
5. Kaitlin Smith 19:16
13. Penny Boswell 19:52

6th Place D2 State Meet

All-Ohio: 7. Emily Pifer 18:56
9. Kaitlin Smith 18:59
18. Penny Boswell 19:16

Team record of 178 wins – 19 losses

High School Boys- 2008

3rd Place Mid-State League

D2 Central District Champions

All-District: 10. Dan Williard 17:38
15. Mike Williard 17:49
16. Jarrod Genter 17:52

16th Place D2 Troy Regional

Team record of 110 wins – 74 losses

Middle School Girls- 2008

2nd Place Mid-State League

All-League: 3. Taryn Meidl 13:52
4. Elizabeth Kifer 14:01

Team record of 53 wins - 12 losses

Middle School Boys- 2008

Mid-State League Champions

All-League: 1. Justin Emmons 12:05 (MSL Champ)
2. Nick Brady 12:16
5. Brandon Nichols 12:40

Team record of 67 wins – 10 losses



Canal Winchester Cross Country 2007



High School Girls- 2007

Mid-State League Champions

All-League: 1. Emily Pifer 20:13 (MSL Champ)
4. Christy Wildermuth 21:22

D2 Central District Runners-Up

All-District: 1. Emily Pifer 19:31 (District Champ)
3. Kaitlin Smith 20:24
12. Hannah Spicer 20:51
15. Christy Wildermuth 21:03

D2 Pickerington Regional Champions

All-Regional: 3. Emily Pifer 19:55
16. Kaitlin Smith 20:34

12th Place D2 State Meet

Team record of 136 wins - 56 losses

High School Boys- 2007

Mid-State League Champions

All-League: 1. Cory Irwin 16:31 (MSL Champ)
4. Tim Williard 16:55
6. Christian Edens 17:22
7. Nick Meidl 17:33

D2 Central District Champions

All-District: 1. Cory Irwin 16:18 (District Champ)
2. Tim Williard 16:23
5. Christian Edens 16:47
7. Nate Meidl 17:09
8. Nick Meidl 17:12

D2 Pickerington Regional Runners Up

All-Regional: 4. Cory Irwin 16:30
7. Tim Williard 16:41
15. Christian Edens 17:02

3rd Place D2 State Meet

All-Ohio: 23. Cory Irwin 16:24
Team record of 165 wins - 24 losses

Middle School Girls- 2007

Mid-State League Champions

All-League: 3. Taryn Meidl 13:42
5. Ali Stauffer 13:56
6. Kayla Scott 13:57
7. Elizabeth Kifer 14:07

Team record of 98 wins - 7 losses

Middle School Boys- 2007

Mid-State League Champions

All-League: 1. Danny Williard 11:42 (MSL Champ)
2. Tyler Jenkins 12:01
3. Jarrod Genter 12:12
4. Dalton Tullius 12:21
5. Nick Brady 12:22
6. Jimmy Fraley 12:25
7. Justin Emmons 12:49

Team record of 95 wins - 4 losses



Canal Winchester Cross Country 2006



High School Girls- 2006

3rd place Mid-State League

All-League: 2. Emily Pifer 20:06
3. Penny Boswell 20:52
4. Hannah Spicer 20:55

6th place D2 Central District

All-District: 4. Emily Pifer 21:05
5. Hannah Spicer 21:19
12. Penny Boswell 21:45

Team record of 112 wins - 59 losses

High School Boys- 2006

Mid-State League Champions

All-League: 1. Cory Irwin 16:52 (MSL Champ)
2. Tim Williard 17:11
6. Nick Meidl 17:19

D2 Central District Champions

All-District: 2. Cory Irwin 17:04
3. Nick Meidl 17:21
4. Tim Williard 17:29
13. Nate Meidl 17:53
18. Adam Wheeler 18:03

D2 Troy Regional Champions

All-Region: 5. Cory Irwin 16:51
6. Nick Meidl 16:54
15. Tim Williard 17:02

D2 State Runners-Up

All-Ohio: 22. Nick Meidl 16:27

Team record of 198 wins – 9 losses

Middle School Girls- 2006

Mid-State League Champions

All-League: 2. Christy Wildermuth 14:04
3. Alley Duckworth 14:17
4. Kayla Scott 14:19
5. Jessie Wheeler 14:25

Team record of 108 wins - 7 losses

Middle School Boys- 2006

Lancaster Invitational Champions

Mid-State League Champions

All-League: 2. Chris Hall 12:11
5. Danny Williard 12:42

Team record of 115 wins - 4 losses



Canal Winchester Cross Country 2005



High School Girls- 2005

3rd place Mid-State League
All-League: 5. Adrienne Couasnon 21:24
7. Hannah Spicer 22:03
13th place D2 Central District
All-District: 16. Hannah Spicer 22:04

Team record of 28 wins – 117 losses

High School Boys- 2005

Mid-State League Champions

All-League:
1. Scott Wildermuth 16:35 (MSL Champ)
2. Greg McDaniel 17:15
3. Cory Irwin 17:19
8. Tyler Griffith 17:37

D2 Central District Champions

All-District:
1. Scott Wildermuth 17:31 (District Champ)
5. Cory Irwin 18:03
7. Greg McDaniel 18:07
12. Nick Meidl 18:20
19. Tim Williard 18:34

D2 Troy Regional Champions

All-Regional:
8. Scott Wildermuth 16:43

7th Place D2 State Meet

Team record of 179 wins – 9 losses

Middle School Girls- 2005

Mid-State League Champions

All-League:
1. Whitney McDonald 12:52 (MSL Champ)
2. Emily Pifer 12:53
3. Alyssa Burns 13:37
5. Christy Wildermuth 14:08

Team record of 74 wins – 9 losses

Middle School Boys- 2005

3rd place Mid-State League

Team record of 15 wins – 44 losses



Canal Winchester Cross Country 2004



High School Girls- 2004

Mid-State League Champions

3rd Place D2 Central District

All-District: 12. Adrienne Cousanon 20:34
20. Kaylin Brown 20:51

7th Place D2 Pickerington Regional

Team record of 141 wins – 39 losses

High School Boys- 2004

2nd Place Mid-State League

All-League:

1. Scott Wildermuth 17:24 (MSL Champ)

D2 Central District Champions

All-District: 5. Scott Wildermuth 17:10

8. Tim Williard 17:20

9. Adam Wheeler 17:22

13. Cory Irwin 17:29

17. Nick Meidl 17:35

18. Tyler Griffith 17:36

4th Place D2 Pickerington Regional

All-Region: 16. Nick Meidl 18:08

Team State Qualifiers

16th Place State Meet

Team record of 155 wins – 34 losses

Middle School Girls- 2004

Mid-State League Champions

All-League:

1. Hannah Spicer 13:05 (MSL Champ)

2. Whitney McDonald 13:07

6. Alyssa Burns 14:03

Team record of 98 wins – 12 losses

Middle School Boys- 2004

3rd Place Mid-State League

All-League: 7. Vincent Butler 12:45

Team record of 53 wins – 45 losses



Canal Winchester Cross Country 2003



High School Girls- 2003

2nd Place Mid-State League

All-League: 7. Debra Van Camp 21:28

D2 Central District Runners-Up

All-District: 11. Kaylin Brown 20:08

13. Tausha Posani 20:12

16. Rauchelle Steed 20:15

17. Jessica Jacoboski 20:21

3rd Place Lancaster Regional

Team State Qualifiers

15th Place State Meet

Team record of 155 wins – 43 losses

High School Boys- 2003

3rd Place Mid-State League

All-League: 1. Jeff Irwin 17:29 (**MSL Champ**)

3. Scott Wildermuth 17:58

All-District: 2. Jeff Irwin 16:31

8. Scott Wildermuth 16:48

All-Region: 12. Jeff Irwin 17:21

State Meet: 33. Jeff Irwin 17:01

Team record of 108 wins – 79 losses

Middle School Girls- 2003

4th Place Mid-State League

All-League: 7. Lindsey Kerns 14:13

Team record of 114 wins – 22 losses

Middle School Boys- 2003

Lancaster Invitational Champions

Mid-State League Champions

All-League:

1. Greg McDaniel 11:02 (**MSL Champ**)

3. Tim Williard 11:23

4. Tyler Griffith 11:44

Undefeated Season: 135 wins-0 losses



Canal Winchester Cross Country 2002



High School Girls- 2002

2nd Place Mid-State League

3rd Place D2 Central District

All-District: 8. Debra Van Camp 20:32

16. Jessica Jacoboski 20:56

19. Kaylin Brown 21:09

7th Place Lancaster Regional

High School Boys- 2002

All-District: 12. Jeff Irwin 17:18

No full team

Middle School Girls- 2002

4th Place Mid-State League

Middle School Boys- 2002

4th Place Mid-State League

All-League: 7. Adam Wheeler 11:56



Canal Winchester Cross Country 2001



High School Girls- 2001

3rd Place Mid-State League

All-League: 3. Tausha Posani 20:02

6. Debra Van Camp 20:58

4th Place D2 Central District

All-District: 2. Tausha Posani 20:11

3. Debra Van Camp 20:16

14. Kaylin Brown 21:43

11th Place Lancaster Regional

High School Boys- 2001

4th Place Mid-State League

All-League: 3. Andy Rhinehart 17:23

4th Place D2 Central District

All-District: 4. Andy Rhinehart 16:47

9th Place Lancaster Regional

Middle School Girls- 2001

2nd Place Mid-State League

Middle School Boys- 2001

5th Place Mid-State League

All-League: 6. Adam Wheeler 12:03



Canal Winchester Cross Country 2000



High School Girls- 2000

2nd Place Mid-State League

All-League: 6. Tausha Posani 21:19
7. Megan Barber 21:29

3rd Place D3 Central District

All-District: 6. Tausha Posani 20:36
11. Megan Barber 21:13
14. Trisha Loeffler 21:44

6th Place Lancaster Regional

All-Region: 12. Tausha Posani 20:55
State Meet: 72. Tausha Posani 20:29

High School Boys- 2000

Mid-State League Champions

All-League: 2. David Roepcke 17:03
4. Nick Wood 17:18
6. Andy Rhinehart 17:29
7. Kyle McFerin 17:35

D2 Central District Champions

All-District: 4. Nick Wood 16:56
6. Andy Rhinehart 17:02
8. David Roepcke 17:11
13. Carl Sliwinski 17:28
15. Kyle McFerin 17:37

3rd Place Lancaster Regional

Team State Qualifiers

12th Place State Meet

Middle School Girls- 2000

Mid-State League Champions

All-League: 2. Debra Van Camp 13:24
3. Julie Horn 13:28
5. Alicia Boulden 14:08

Middle School Boys- 2000

5th Place Mid-State League