

Bear Achievements:

#8d: The Past is Exciting – Write in a Journal for two weeks.

#13c: Saving Well, Spending Well - Keep a record of how you spend money for two weeks.

#18: Jot It Down – Keep a daily record of your activities for 2 weeks.

Date:	Requirement	Date:
Time Yourself. When do you?		
	Get up in the morning?	
	Eat breakfast?	
	Go to school?	
	Eat lunch?	
	Get home from school?	
	Eat supper?	
	Do homework?	
	Watch TV?	
	Go to Bed?	
	What did you do in the morning?	
	What did you do in the afternoon?	
	What did you do in the evening?	
	How did you spend money? How Much?	
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Did you spend your money wisely? Did you buy some things you didn't need? What can you do to manage your money better?		
	Jot down some of the things you do each day. Be sure to keep this Journal. When you grow up, you'll have some history about yourself!	