

What I Did Today



Child's Name: _____ Today's Date: _____

Arrival Time: _____

Today I Ate:

Breakfast:

☐ all ☐ some ☐ I wasn't hungry

I ate _____

Morning Snack:

☐ all ☐ some ☐ I wasn't hungry

I ate _____

Lunch:

☐ all ☐ some ☐ I wasn't hungry

I ate _____

Afternoon Snack

☐ all ☐ some ☐ I wasn't hungry

I ate _____

Other drinks/snacks I had today
were: _____

My Diaper Changes were:

Time	Wet	BM
_____	☐	☐
_____	☐	☐
_____	☐	☐
_____	☐	☐
_____	☐	☐

At Naptime, I slept from:

_____ until _____

Today I had fun when:

Notes:

COUNTRY DAYCARE

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