

May 2006

# Contraband

## Fly Casters

Tom Nixon Chapter

May Meeting: Tuesday, May 16, 2006, Room 202, Kirkman Hall, McNeese campus. Flytying 6:00 pm, Meeting 7:00 pm, Presentation: Fishing Knots & Rigging

### President's Message

The weather is warming up, and hopefully the fishing will as well. I'm finishing my spring semester grades and entering them, and look forward to a weekend without grading (the first one in a long time). Unfortunately, the doctor has me confined to a wheelchair until a special boot is finished being constructed for my right foot, so it looks like I won't be fishing for about another week.

One good piece of news is that Gov. Blanco kept her promise, and vetoed the proposed Freeport McMoRan Main Pass open loop LNG plant. Surprisingly Freeport McMoRan very quickly announced that they would redesign and re submit their proposal with a closed loop system. After so much hubub about it being too expensive, they changed their tune rather quickly. Hopefully this will set a precedent with the governors of all the gulf states, and they will all demand closed loop systems for these plants. The Marine Resources Assessment Group recently reviewed Shell's Gulf

Landing Environmental Impactment Statement and found that Shell had made a transcription error, which when corrected increased the effect of the plant on red snapper populations 220%. The review is available online at <http://healthygulf.org/fisheries/Ing/ExponentReview-LNG-ORV.pdf> if you wish to read it.

The other major story here in southwest Louisiana is water – or lack of it. Things are dry and we are currently about 10" under our normal average rainfall. We need rain and it looks like a few thunderstorms are beginning to show up. As always, I'm asking that anyone who goes fishing, please send me a report (good or bad) at [contrabandflycasters@yahoo.com](mailto:contrabandflycasters@yahoo.com).

Mark Delaney

### Checklist for a Day's Fishing

With prime fishing time just around the corner, it's probably a good idea to go through a short checklist of things NOT to

forget:

- Fly rods
- Flies
- Leaders
- Tippet
- Clippers
- Hook hone
- Net
- Spare spool for fly reel (if changing lines)
- Hat
- Sunglasses
- Glasses (reading glasses, etc.)
- Sunscreen
- First aid kit

This is a quite minimal list. Depending upon the weather, you might wish to add rain gear, a jacket etc. I definitely make it a point to carry a fairly substantial first aid kit. For those of us who fish saltwater, the past couple of years have underscored the importance of sealing up any open wounds to avoid potential infection by *Vibrio vulnificans*, which can cause very serious problems, including amputation of limbs or even death. My first aid kit includes:

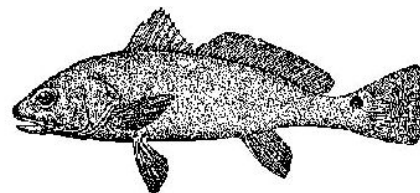
- Neosporin ointment
- Band-aids
- Waterproof bandages
- Waterproof spray bandage
- Non-stick gauze
- Waterproof adhesive tape
- Butterfly bandages
- Monofilament sewing thread
- Sewing needle in small glass vial
- Disposable cigarette lighter
- Isopropyl alcohol
- Hydrogen peroxide
- Diluted bleach solution
- Bar of soap
- Handiwipes

This has proved sufficient to most injuries I've managed to incur upon myself. Fortunately, I've never had to resort to trying to stitch myself up using the mono thread and needle (it was close to that), but everything is there, if needed. The diluted bleach solution is what is recommended to sterilize most wounds in saltwater conditions. If you are going to continue to fish in saltwater, it is recommended to disinfect the wound and then seal it up so it is not susceptible to more saltwater. If I'm bank fishing this can stay in the car, but I take it with me if I'm fishing from a boat.

If you are using a boat, that also requires a checklist, but we aren't going to address that this month.

### **Redstick Fly Fishers Present Fly Fishing 101**

This coming Saturday, May 13, 2006, the Redstick Fly Fishers will be presenting "Fly Fishing 101" in Baton Rouge at Waddill Outdoors Center 4142 N. Flannewry Rd., Baton Rouge from 8:30 am to 3:00 pm. Preregistration is required since only 40 can be accommodated. To register contact Jody Titone, 225/381-3167, [jpt@bswllp.com](mailto:jpt@bswllp.com) ; or Roger del Rio, 225/907-4471, [DRI92640@aol.com](mailto:DRI92640@aol.com) . The program includes segments on casting, leaders and knots, flytying as well as a presentation. Lunch will be provided. Participants who have a flyrod and reel, and/or flytying equipment are asked to bring them.



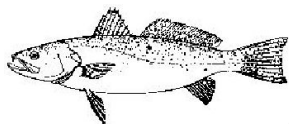
## Freshwater Fly of the Month

### Catalpa Worm



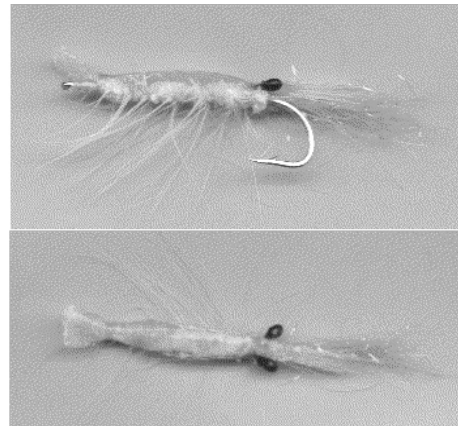
**Hook: #8 down eye**  
**Thread: 3/0 dark green or black**  
**Tails: 2 goose biots (dyed black)**  
**Underbody: green chenille**  
**Flanks: yellow chenille**  
**Hackle: black saddle hackle, palmered and trimmed**  
**Back: black chenille**  
**Head: Black thread**

This is a relatively simple panfish fly. First tie in two black goose biots as the tail at the bend of the hook. Then tie in two pieces of black chenille at the bend of the hook. Tie in black saddle hackle at the bend of the hook, followed by yellow/chartreuse chenille. Advance the thread to the eye of the hook. Wrap the yellow/chartreuse chenille to the eye, tie off and trim. Over this body palmer the black saddle hackle, tie off at the bend and trim. Finally pull each peice of black chenille over the top right of the back of the hook and tie off and then do the same on the top left side. Trim off any excess chenille and form a relatively large head from black tying thread. Trim the hackle to appear as legs. This is obviously a slow sinking pattern. Try casting this fly underneath tree branches to fool bream (especially catalpa trees!!)



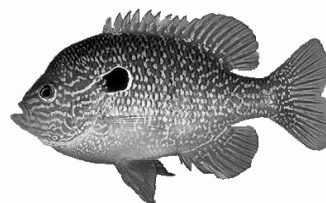
## Saltwater Fly of the Month

### Epoxy Shrimp



**Hook: Mustad 92611 1-1/0 with offset straightened.**  
**Thread: White 3/0**  
**Head: Mixture of Krystal flash and offwhite bucktail**  
**Eyes: Artificial anthers from artificial flower shop or bridal section with bulbous end painted black**  
**Body: Chenille**  
**Hackle: Saddle hackle palmered from just behind head to tail**  
**Shellback: epoxied crimped nylon (Ultra Hair)**

Tying instructons: This is one of many recipes for "epoxy shrimp" that can be found. It is similar to an Ultra Shrimp but will have more action due to the bucktail and Krystal Flash head. Tie in a mixture of Krystal flash and bucktail 2/3 of the way to the bend of the hook pointing past the bend to form the head. Build tapered body of chenille. Tie in artificial anthers for eyes at the end of the chenille body nearest the bend of the hook Palmer hackle from just behind the head almost to the eye of the hook. Tie in crimped nylon at eye of the hook and tie down again near the eyes to form the shellback. Coat the crimped nylon with 5 minute epoxy applying it with a small disposable paint brush. Allow the epoxy to cure.



## Calendar

- May 13 RSFF Fly Fishing 101 8:30 am - 3 pm, Wadill  
Outdoors Center 4142 N. Flannery Rd, Baton  
Rouge, LA, Pre-Reg. Required contact Jody Titone,  
225/381-3167 [jpt@bsw11p.com](mailto:jpt@bsw11p.com) or Roger del Rio  
225/907-4471 [DRI92640@aol.com](mailto:DRI92640@aol.com)
- May 16 NLFF Meeteing 7 pm Camp Forbing, LA
- May 16 CFC Meeting 6 pm tying, 7 pm meeting Room  
202, Kirkman Hall, McNeese campus, Lake Charles,  
LA
- May 18 PBFF Fly Tying 7 pm Glass Menagerie,  
1845 Causeway Blvd., Covington, LA
- May 18 NOFF Fly Tying 7:30 pm, Whitney Bank Bldg., 141  
Metairie Rd., Metairie, LA
- May 22 RSFF Fly Tying 7 pm, Wildlife and Fisheries  
Bldg., Quail Dr., Baton Rouge, LA
- May 22 ORFF Meeting 7 pm, 226 Lakeside Dr.,  
Monroe, LA
- May 29 CCA LA Star Tournament begins
- Jun 5 ORFF Flytying 7 pm, 226 Lakeside Dr.,  
Monroe, LA
- Jun 6 AFR Meeting 6 pm, Grace Presbyterian  
Church, 518 Roselawn Blvd., Lafayette, LA
- Jun 7 PBFF Meeting 7 pm, Louisiana Food &  
Spirits on Lee Lane, Covington, LA
- Jun 8-10 Southeastern Council FFF Conclave, Callaway  
Gardens Resort, GA
- Jun 12 RSFF Meeting 7 pm, Wildlife and Fisheries  
Bldg., Quail Dr., Baton Rouge, LA
- Jun 15 PBFF Fly Tying 7 pm Glass Menagerie,  
1845 Causeway Blvd., Covington, LA
- Jun 15 NOFF Fly Tying 7:30 pm, Whitney Bank Bldg., 141  
Metairie Rd., Metairie, LA
- Jun 20 CFC Meeting

## Officers

**President:** Mark Delaney, 337/475-5956 (Off),  
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**Treasurer:** Danny Williams, 337/479-4077,  
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### Club e-mail address:

[contrabandflycasters@yahoo.com](mailto:contrabandflycasters@yahoo.com), messages will  
come from "Jean Lafitte"

**Club website:** <http://cbfc0.tripod.com>