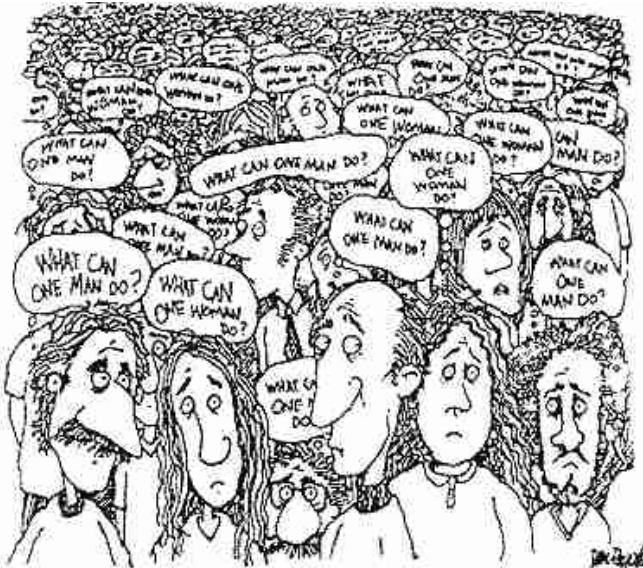




No Little People

What do you think about yourself? Do you think you are just a little 'ole insignificant person who can't really do much to change the world in which you live?

Maybe you've been told a thousand times "You can't do that! You won't be able to do it!" Maybe you've looked at your life and felt powerless to change the situations in which you've found yourself. Have you caught yourself saying, "The problems are too many, too great. There is no hope. I just can't do anything to stop it."



I want to tell you today that those thoughts are rubbish! They are lies. They are just not true.

You are special. You are significant. You can make a difference. You can do it!

I have been writing these newsletters for nearly three years, and I don't know if you now believe in God (if you didn't beforehand), but let me tell you something: Whether or not you believe in God, God believes in you, and wants the best for your life!

God wants to work through your life to bless you and bless those living around you. As it is written: "For I know the plans I have for you", declares the LORD, "plans to prosper you and not harm you, plans to give you hope and a future."¹

God loves you and wants to move through your life! He gives His Spirit to all who believe in Him, and this Spirit doesn't produce fear and self-doubt, but is a Spirit of "power, love, and self-discipline."²

With God, you can do anything.

It is written: "I can do all things through Jesus Christ who strengthens me."³ The

(1) Jeremiah 29:11. (2) 2Timothy 1:7. (3) Philippians 4:13.

Bible says, "With God nothing is impossible."⁴

Therefore let me say there are no 'little people'. You are not a nobody. You are a somebody, created in the image of Almighty God⁵. You can take concrete steps to take control of your life, and change your world, because you are a creative rational person. You are significant. Your choices, your voice, your actions matter; they can affect history. Your history! For good!!

'Never doubt that a small group of committed citizens can change the world. Indeed it is the only thing that ever has.'

Margaret Mead.

I want to pass on to you three simple steps to help you help yourself in changing your world. These steps are basic, but please don't overlook them. They are foundational to any process of change. They work for anyone, for everyone, and they will work for you.

The first step requires you to describe the current situation that you are in. Describe what it is that you really don't like and that you would like changed. Use words, pictures, emotions, whatever. For example, it could be that you really hate living in the house where you are now. Or that you hate being yelled at by your partner. Or you feel so lonely. Or you are really upset that your child suffers from a disability. Whatever it is that is really

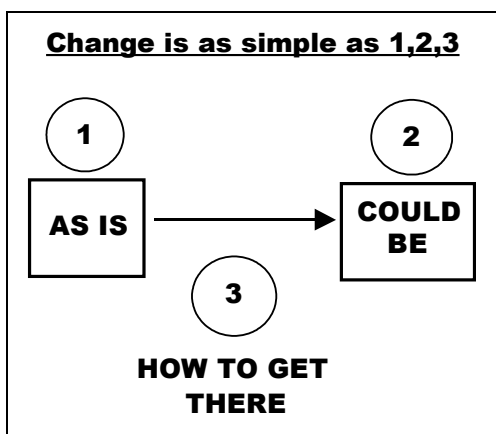
bothering you, or that you would like changed, write it down:

The second step requires you to describe what you would like the situation to be like! What would the new situation look like to make you 'happy'? Again, use words, pictures, emotions, whatever. For example, if you hate living in the house where you are now, describe where and how you would like to live. Use detail. Think about the house, or the neighbourhood. Do it! Be creative - you're allowed to! God made you that way! You are not designed by God to be a slave to your circumstances - you are designed by God to "take dominion" and control of your circumstances. God wants you to be creative and dream dreams!! Be inspired! What good and wholesome future can you envision for yourself? What type of relationship would you like to be in? Instead of feeling lonely, what would you like? Instead of your child having a disability, what would you want for your child? Remember, nothing is impossible for God! Don't let negative expectations get in the way! Write it down:

The third step is discovering ways of how to make your dream in step two come to reality, and is actually the 'easiest' of the three steps.

"The easiest?" I hear you say. Yes, the 'easiest'. Step 1 is difficult because you are having to face your reality, instead

of side-stepping it or suppressing it. For many people it can be difficult to face up to what they don't like about life. Step 2 can be even more difficult, because of self-doubt, or negative thoughts, or evil systems around us which don't want us to change for the better. Remember the Bible says we have an enemy, the devil, who wants to keep us in our pit of misery⁶. If what you want will bring glory to God and is good for people⁷, go for it!



But once you have broken through the mental barriers of steps 1 & 2, that's when your creative energy can start to run wild! You start to become the full human being you were designed to be!

In the beginning, when God created the heavens and the earth, He said to humankind: "Fill the earth and subdue it"⁸. It is part of the God-given mandate upon our lives to be creative, to solve problems, and to take dominion of our circumstances.

Fulfilling step 3 will require you to pray, to think, and to work hard. It will require you to believe in miracles, to ask questions, and to visit people. It

will require you to be bold, humble, persistent, and patient. It will require you to use every aspect of your humanness - and so become fully alive in the process!!

And you, yes YOU, can change your world. There are no 'little people' in God's world. God made you. God loves you. He sent Jesus to die for you. All the resources of heaven and earth are at your disposal to help you become all that you were destined to be.

Will you take the challenge?

If you want help to go through steps 1, 2, & 3 for your life, please contact me.

Let us pray:

Dear God,

Thank you for how awesome you have made us!

We are amazing, able to really subdue this earth and take control of our circumstances with Your help.

I praise you Father God!

Help me in the problems in my life. Give me courage to follow through on what I know needs to be changed, and help me to be patient, humble, and yet full of hope for the future!

Give me your insight into what needs to be changed, and how.

Thank you for all the hope You give me in Jesus Christ.

I bless you, Lord!

In Jesus' name I pray,

Amen.

(6) 1Peter 5:8. (7) 1Corinthians 10:31-33. (8) Genesis 1:28.

How to Build True Community

(A summary from last month's Community Church Service)

1. Community is built around a central person or cause which is glorified and always kept in focus. Jesus said: **"If I be lifted up, I will draw the whole world unto me."**

(John 12:32)

2. Community is built when the glory or spirit of that person or cause begins to "grip" and "infill" people.

Jesus said: **"I have given them the glory that [God] gave me, that they may be one as we are one."** (John 17:22)

3. Community is built when people begin to lay down their lives and sacrifice for one another. Jesus said: **"A new command I give you: Love one another. As I have loved you, so you must love one another."** (John 13:34).

**Doctor, doctor,
I feel like a dog.**

Sit.

Peter Kutschker
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A ministry supported by Regent Baptist Church
and LinC Northern Region

News & Events

You're invited to our next

CELEBRATION SUNDAY

*a Community Church
Service for everyone!!*

Topic:

Discovering Your Purpose in Life



- **Sunday June 20th**
(the 3rd Sunday of the month)

- **5pm - 6.15pm**
(followed by supper!)



- **Preston Nth East
Primary School Hall**

Bring your whole family!

