

# Upper Cape Resource Guide

The Coalition for Children

Building communities for  
growing families.

# HUNGER TAKES NO VACATION!

We provided 19,292 bags of food to individuals and households in Falmouth and Mashpee in 2006.



611 Gifford Street, Falmouth

**Call Today to Help Your Neighbors in Need  
508-548-2794**



*Helping Neighbors in Need*

Our Community Food Pantry P.O. Box 208, Falmouth, MA 02540

# The Coalition for Children Resource Directory

The intent of this directory is to assist families with young children as they look for services and activities in our Upper Cape Community. We have compiled what we feel constitutes the bulk of current information from many reliable resources. Visit us on the web at: [www.geocities.com/coalitionforchildren](http://www.geocities.com/coalitionforchildren).

**All the following is public information and is not presented with any personal recommendation from the Coalition for Children.**

## Coalition for Children ~ History and Mission

The Coalition for Children is a volunteer organization of child care professionals, parents and others interested in the welfare of children in our community. Founded in 1993, at the urging of Dr. Peter Clark, former Falmouth Superintendent of Schools, our initial mission was to establish communication links among the various public and private preschool programs, center-based and family childcare providers. Committed primarily to improving educational opportunities for all of our young children, our mission has expanded. Currently in collaboration with various agencies, we seek resources to provide quality programs that are affordable and accessible. Furthermore, by utilizing the support of local health and human service providers as collaborators, a major resource for accomplishing our goals has evolved.

**Mission  
Statement:**

The Coalition is a volunteer organization consisting of childcare professionals, parents and other community members. A network of life long learners, we are committed to education for all members of our community and especially, the nurture of our youngest children.

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Thank you to the AdLab who unknowingly took on a project far greater than they had anticipated. The graphics are beautiful.

Thanks to the Falmouth Service Center, the Plymouth County Jail and all of our advertisers without whom we would not have been able to print this resource.

Partial funding made possible through a grant from the Department of Education and Early Care.

## Choosing Childcare

Choosing the right childhood program for your child is an important task. There are many choices for parents and guardians and the process of making that decision can be complex. The choices include family daycare, center based childcare and parent co-ops. These early childhood programs may be large or small, profit or non-profit.

As each childcare program is different so is each family seeking childcare. When choosing a childcare program each family should consider their individual needs. A visit to several childcare programs can help in the decision making process. Be sure to ask a variety of questions at each visit and follow-up each discussion with additional questions. A good fit can help build a strong foundation for your child.

Please note that there are many licensed childcare providers in the Upper Cape region offering childcare of infants, preschoolers and school-age children. For a current list please call the Child Care Network at 508-778-9470 or log on to the Early Education and Care website [www.eec.state.ma.us](http://www.eec.state.ma.us).

Questions to keep in mind when choosing your daycare provider:

- Provider Qualifications (Education and Experience)
- Hours of Operation
- Policy for Holidays/Vacation
- Food/Meals Provided
- Nap time policies
- Schedule of the activities
- How the provider will communicate with the parents or guardians
- Safety and Medical Policies
- Cost and Payment Policies
- Behavioral Management Policies

Many times two visits to a site can help with the transition to childcare. The first visit can be the parent or guardian alone. This will offer a chance for a more relaxed atmosphere in which to observe the center. The second visit should include the child in order to acquaint him/her with their new surroundings. While your child is attending a program it is essential to communicate with your provider regularly. Be sure to let them know how your child is doing at home and how they are transitioning to their new program. If you have any questions or concerns be sure to address them sooner rather than later. Your childcare provider wants to be aware of any concerns you may have. Also be sure to praise your childcare providers, it is always a good feeling to know when you are doing a good job.

## Choosing Childcare (cont.)

### **Childcare Key:**

**CPC:** Community Partnership Council  
**YCF:** Young Children First! (Falmouth Community Partnership)  
**CCN:** Child Care Network  
**NAEYC:** National Association for the  
Education of Young Children  
**NAFCC:** National Association of Family Child Care  
**CDA:** Child Development Associate

### **Community Partnerships for Children**

**Each Community has a Community Partnerships for Children Grant.  
These grants provide assistance and support families in finding programs  
and services.**

**For more information call your local Community Partnership Program**

**Bourne: 508-563-1739  
Falmouth 508-548-0151 ex. 128  
Mashpee 508-539-3048  
Sandwich 508-888-9525**

**Child Care Network  
(Cape Cod Resource & Referral):  
800-845-1999**

**EEC Region 5 Office in Taunton  
(Covering Cape Cod & Islands)  
508-828-5025**

**Massachusetts Dept. of Early Education & Care (EEC)  
617-988-6600  
Web: [www.eec.state.ma.us](http://www.eec.state.ma.us)**

**Upper Cape Family Network  
Web: [uppercapfamilynetwork.org](http://uppercapfamilynetwork.org)  
508-548-0151 ext. 172**

**Upper Cape Family Network offers playgrounds, story times, and  
other activities for children under 4 years of age and their families in  
Falmouth, Bourne, Mashpee and Sandwich**

# FALMOUTH



Helping cultivate  
community growth.

Falmouth Public Schools



Integrated Preschool


- Inclusive Preschool Program
- \*2, 3 and 4 (1/2) day programs
- \*enrollment – 15 per session
- \*7 students on IEP's
- \*8 "peer partners"
- \*rolling screening throughout the year
- \*call Falmouth School Administration Building @ 508-548-0151 ext. 111 or 112

Falmouth High School Preschool

- Falmouth High School
- 874 Gifford Street Ext.
- Falmouth, MA 02540
- Phone: 508-540-2200 ext. 239
- \*available to 3 & 4 year old youngsters – 12 per session
- \*AM session 8:30 – 10:30 am
- \*meets 3 days on a 6 day cycle, calendars provided
- \*October – May – follow Public School schedule
- \*\$100.00 a year. Student run laboratory preschool under the direction of Ms. Nancy Fitzgerald. Mail requests for an application to the above address.

Title 1 Program  
Serving Teaticket and East Falmouth School Districts Only  
508-548-0151 ext. 143

- Two Elementary Based Preschool Classrooms
- \*four day per week – Monday – Thursday PM
- \*five day per week – Monday – Friday AM
- \*serves 4 year olds
- \*child must be 4 by August 30th
- \*child must live in the district the program is offered



*Thank you Coalition  
for Children and  
Young Children First!  
We appreciate your  
dedication to high  
quality programming  
for young children!*

FALMOUTH

Cape Cod Child Development Program, Inc. (CCCDP)

Center and Family Child Care, Center and Home Based Early  
Intervention, Center and Home Based Head Start Services  
available for children  
1-800-974-8860

Cape Cod Child Development Program Inc. (CCCDP)  
Falmouth Preschool/Head Start  
NAEYC Accredited- Mullen Hall School District

Call 1-800-974-8860 for more information

704 Main Street, Unit B

Falmouth, MA 02540

Phone: 508-548-6369

\*full day program open 7:30am 5:30pm Monday – Friday

\*serves children 2.9 to 5 years old

\*sliding fee scale available

\* YCF! and CCN vouchers accepted

\*part day program 10:00am – 2:00pm Monday – Friday following  
public school calendar

\*serves 3 years old to 5 years old

\*transportation provided

\*Head Start Services

Call 1-800-974-8860 to enroll

Falmouth School Age Center

Director: Martha Jones

Serves children and families from East Falmouth,  
Teaticket, Mullen Hall and Morse Pond School Districts

439 East Falmouth Highway

(Davisville and Rt. 28)

East Falmouth, MA 02536

Phone: 508-540-4861

\*program design for children of working families

\*service children kindergarten through sixth grade

\*hours 7:30am – 5:30pm Monday – Friday year round

\*fee based on family income, sliding scale, voucher,  
scholarship and full fee

\*kindergarten program included breakfast, hot lunch  
and snacks

\*transportation to and from schools

\*Summer Program includes activities, swim lessons and  
field trips

CCCDP. Cont.

Family Child Care Providers  
1-800-974-8860 ext. 227 or 305

Day care is provided in the homes of licensed and trained family day care providers on the Upper Cape.

\*serves children ages 3 months to 5 years old

\*hours 7:30 am to 5:30 pm year round

\*sliding fee scale available

Early Childhood Intervention Services  
1-800-974-8860 ext. 450

The Early Childhood Intervention Program serves children birth to three years old who have developmental delay or disabilities, or who are at risk for developmental concerns. All families are entitled to a developmental evaluation to determine eligibility which is billed to insurance or the Department of Public Health, with no cost to the family. If eligible, families are offered individualized services delivered by a team of professionals within the natural routines and settings of the family (e.g. home, childcare, playground, etc). Families may call for information or to set up an evaluation.

Friendship Garden Nursery School  
Director: Robin H. Jones  
NAEYC Accredited- Mullen Hall School District

460 Locustfield Road  
East Falmouth, MA 02536  
Phone: 508-540-6394

\*open 7:30 AM to 5:30 PM year round (except holidays)

\*serves children 2.9 – 7 years old

\*2, 3, or 5 nursery school program options

\*part of full day available

\*vacation day care

\*separate summer camp

\*long term, dedicated, credentialed staff

\*CPC and CCN vouchers accepted

FALMOUTH

Heritage Christian Academy  
Pre-K – 8<sup>th</sup> Grade  
Principal: Joseph Giampietro  
North Falmouth District

655 Boxberry Hill Road  
East Falmouth, MA 02536  
Phone: 508-564-6341

- \*pre-K and kindergarten
- \*1/2 day programs with after-school care from  
12:00 – 3:00 PM September - June
- \*beginning at 4 years old
- \*ASCI Member School

Little Kids, Inc.  
Owner: Diane Gummow  
Director: Tammy Gummow

NAEYC Accredited – North Falmouth School District  
590 N. Falmouth Highway, Mail: P.O. Box 334  
North Falmouth, MA 02556 North Falmouth, MA 02556  
School Phone: 508-564-4276 Office Phone 508-563-7428

- \*open 7:45 AM to 5:00 PM year round except holidays
- \*serves children age 1 month to age 7
- \*full and part time options
- \*transportation to & from North Falmouth Elementary
- \*after school care for children up to age 7 & after  
AM & PM kindergarten
- \*Summer programs
- \*CPC and CCN vouchers accepted

Magic Years  
Director: Liz Kelly  
Teaticket School District

222 Trotting Park Road  
East Falmouth, MA 02536  
Phone: 508-548-7255

- \*open 7 AM to 5:30 PM year round except holidays
- \*serves children 1 month through kindergarten
- \*flexible scheduling options
- \*PM care for public school kindergartners
- \*CCN vouchers accepted

FALMOUTH

Montessori Academy of Cape Cod  
Director: Rosanne Amaru  
NAEYC Accredited – North Falmouth School District  
85 Chester Street  
North Falmouth, MA 02556  
Phone: 508-563-9010  
\*open 8:00 AM to 5:00 PM  
\*serves children 2.9 through 10 years old  
\*flexible full and half day preschool and kindergarten sessions  
\*transportation to and from North Falmouth Elementary School  
\*American Montessori Society preschool certified teachers  
\*scholarships are available – all vouchers accepted  
\*features: Museum of Fine Arts Programs, Chef's Corner, and Atoms to Zebras Science Program and ballet

Montessori at the Conservatory  
Director: Kathy Denham - Lead Teacher: MaryAnna Abuzahra  
Mail: P.O. Box 233  
Falmouth, MA 02541  
Falmouth Campus  
60 Highfield Drive  
Phone: 508-540-0611  
\*ages: 2.9 – 6 years old  
\*five day program  
\*9AM – 12PM; 9AM – 3PM; and aftercare 3PM – 5PM  
\*CPC vouchers accepted

Periwinkle Montessori School  
Director: Lisa Holmes  
147 Trotting Park Road  
East Falmouth, MA 02536  
Phone: 508-540-0215  
web: [www.pwmschool.com](http://www.pwmschool.com)  
\*Member American Montessori Society (AMS)  
\*Open 8:00 AM – 5:30 PM on public school calendar  
\*Service children 2.9 to six years old  
\*5 days a week, mornings or all day  
\*full day kindergarten program  
\*separate bilingual summer program, Spanish/English  
\*year round food and nutrition education, yoga, art, music movement and gardening

FALMOUTH

The Sandpiper Nursery School

Director: Nora Richards, M.Ed.

NAEYC Accredited – Mullen Hall School District

184B Jones Road

Falmouth, MA 02540

Phone: 508-548-1050

\*open 8:00 AM to 5:00 PM (*follows Falmouth Public School calendar*)

\*We serves children 2.9 to 5-years old

\*2, 3, 4 and 5 day (*full and part time options*)

\*drop in hours available for registered students

\*YCF! and CCN vouchers accepted

\*separate 8 week summer program available

\*8-week summer program

\*in business since 1991 with a dedicated staff of early childhood professionals

Sea Stars Preschool

Owner/Director: Loren M. Banker-Johnson

Mullen Hall School District

68 Main Street

Falmouth, MA 02540

Phone: 508-548-8588

Email: [seastars\\_preschool@msn.com](mailto:seastars_preschool@msn.com)

\*open 9:00AM – 1:00PM daily, flexible schedule available on public school calendar

\*serves children 2.9 to 6 years old

\*limited to 15 students, accompanied by two teachers

\*summer program available

\*offering small and caring classroom environment with individual attention

\*we help develop self-esteem and social competence

\*help your child develop a sense of wonder and curiosity about learning

\*assist your child in learning to be confident and independent

\*provide your child with a positive “first school” experience

**LITTLE KIDS, INC.**

**OFFERING**

*Infant/Toddler*

*Pre-school / Pre-K*

*&*

*Summer Programs*

Mon-Fri 7:45 - 5:00

590 N Falmouth Hwy, N Falmouth



**563-7428 office**

**564-4276 school**

Tender Years

Director: Kelly Jacques

NAEYC Accredited – Mullen Hall School District

Royal Nursing Home

545 Main Street

Phone: 508-495-5229

Email: [tenderyearspre@aol.com](mailto:tenderyearspre@aol.com)

\*open 7:00 AM to 5:00 PM year round

\*serves children 15 months to 8 years old

\*before and after school program

\*unique intergenerational program

\*YCF! and CCN vouchers accepted

Upper Cape Family Network

The Upper Cape Family Network (UCFN) is a family support and education program for families with children under the age of 4. UCFN provides playgroups, story times, workshops, parenting classes, and community events in Falmouth, Sandwich, Mashpee, and Bourne. For more information, please call 508 548 0151 x 172.

VNA Childcare Center

Director: Patty Santoro

NAEYC Accredited – Mullen Hall School District

67B Ter Heun Drive

Falmouth, MA 02540

Phone: 508-495-5772

\*open from 7:00 AM to 5:30 PM year round

\*serves children 2 months old to 5 years old

\*limited school age license

\*CPC and CCN voucher accepted

Waquoit Nursery School

Director: Teresa Hogan

Mullen Hall School District

840 Sandwich Road

Mail: P.O. Box 3382

East Falmouth, MA 02536

Waquoit, MA 02536

Phone: 508-495-KIDS (5437)

\*a parent cooperative nursery school since 1975

\*open 9:00 AM to 12 PM on school calendar

\*serves 3 – 4 year olds on Tuesday and Thursday

\*serves 4 – 5 year olds on Monday, Wednesday, Friday

\*lunch bunch on Wednesdays until 1:00 PM



## Falmouth Licensed Family Child Care Providers

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### *East Falmouth*

Amaral, Amy H.  
102 Doran Dr.  
508-548-1390

Callahan, Nancy E.  
39 Caravel Dr.  
508-564-4269

Campbell, Dawn  
31 Cedar St.  
508-540-6948

Cass, Barbara  
389 Davisville Rd.  
508-495-2820

DeMatos, Katrina C.  
92 Fox Run Ln.  
508-457-6227

DeMello-Hart, Helen  
343 Sam Turner Rd.  
508-564-5231

Enos, Patricia\*  
49 Broken Bow Ln.  
508-457-5392

Fiske, Kimberly  
15 Cottontail Circle  
508-548-9016

Fletcher, Deborah L.  
88 Fox Run Ln.  
508-457-1849

Freeman, Michele  
32 Brigantine Dr.  
508-564-5264

Gaudet, Brandy Jean  
14 Pina Ln.  
508-548-7883

Griffin, Donna\*  
15 Edgewater Dr. West  
508-548-5259

Hall, Kathryn\*  
345 Old Barnstable Rd.  
508-540-6617

Leonard, Carrie\*  
68 Natal Ave.  
508-495-1031

Massi, Ann  
52 Dodson Way  
508-548-2195

McCleary, Mary  
34 Grace Ct.  
508-540-2871

McGhee, Sherri\*  
5 Pershing Dr.  
508-548-5972

Pitts, Jean  
89 O'Donnell Ave.  
508-540-8546

Reposa, Lisa  
44 Kerrywood Rd.  
608-548-4336

Rivera, Terry  
12 Rockville Ave.  
508-540-1745

Rose, Juanita  
364 E. Falmouth Hwy.  
508-540-9805

**\*CPC participant: Has Early Childhood degree, CDA or NAFCC accreditation**

*East Falmouth (cont.)*

Silcox, Dawn  
34 Journey's End Rd.  
508-495-1788

Simmons, Tricia  
76 Sady's Ln.  
508-548-3493

Walker, Karin\*  
14 Happy Hollow Rd.  
508-540-6582

Wilson, Cassandra Fay  
21 Pitch Pine Ln.  
508-540-4627

Wilson, Marjorie\*  
88 Rockville Ave.  
508-548-6912

*Teaticket*

Ingram, Heidi\*  
16 Trotting Ln.  
508-540-4645

Lopes, Kristin\*  
99 Trotting Park Rd.  
508-540-5091

Scala, Jennifer\*  
6 Harness Dr.  
508-548-3782

Scala, Kathy\*  
10 Harness Dr.  
508-495-0093


Thomas, Kathy\*  
414 Teaticket Hwy.  
508-540-2827

*North Falmouth*

Ferney, Joyce  
19 Hollis St.  
508-563-1797

*West Falmouth*

Kirk, Rebecca  
45 Nemasket Road  
508-540-2537



**Young Children  
First!**

Falmouth Community  
Partnership Program

**YCF! Supporting families of young  
children since 1997**

- What is a quality early childhood program and how do you find one?
- Need help with the cost of early care and education?
- Looking for information?

Call: 508-548-0151 ext 128

Funded by MA Department of Early Education & Care

Cape Cod Healthy Families/Young Parents Support Early Childbearing Program provides education and support through home visiting. It is the aim of these programs to promote a healthy pregnancy, support strong parent-child relationships, encourage healthy childhood growth and development and re-enforce the family's support system from moms and dads 23 and under.



Health Care of  
Southeastern Massachusetts, Inc.

CAPE COD HEALTHY FAMILIES/EARLY CHILDBEARING PROGRAM

**Terry Pacheco, MSN, RN**  
Program Director

155 Katherine Lee Bates Road  
Falmouth, Massachusetts 02540  
Phone: 508.540.2968  
Fax: 508.457.6525

E-Mail: [tpacheco@hcsm.org](mailto:tpacheco@hcsm.org)



## The Sandpiper Nursery School

*Nora Richards M.Ed., Director*

184-B Jones Road  
Falmouth, MA 02540



- Nationally accredited since 1994
- A dedicated staff of professionals
- Summer field trips with our Sandpiper school bus

**508-548-1050**

# BOURNE

- Age 6
- Age 5
- Age 4
- Age 3
- Age 2

Measuring life's  
most important  
milestones.

Cape Cod Child Development Program, Inc. (CCCDP)  
Bourne/Sandwich Preschool/Head Start  
Call 1-800-974-8860 for more information  
NAEYC Accredited

90 Adams Street  
Bourne, MA 02532  
Phone: 508-833-1090

Mail: 83 Pearl Street  
Hyannis, MA 02601

- \*full day program open 7:30 AM to 5:30 PM Monday – Friday
- \*sliding fee scale available
- \*part day program 10AM – 2:00 PM Monday – Friday follows public school calendar
- \*serves children 3 years old to 5 years old
- \*transportation provided
- \*Head Start services  
call 1-800-974-8860 to enroll

Cataumet Preschool and Child Care  
Director: Jodi Perry  
NAEYC Accredited

1224 Route 28A  
Cataumet, MA 02534  
Phone: 508-564-4825

Mail: P.O. Box 292  
Cataumet, MA 02534

WEB: [www.cataumetpreschool.com](http://www.cataumetpreschool.com)

- \*open 7:30 AM -5:30 PM
- \*serves children 3 months to 5 years old
- \*full and part time positions
- \*CPC vouchers accepted
- \*focusing on early literacy, pre-math skills, social development, scientific discovery, music and movement
- \*adult to child ratio – Infant – 1 lead teach to 3 infants  
toddler = 1 lead teach and 1 teach to 9 toddlers  
preschool = 1 lead teacher and 1 teacher to 15 preschoolers

Children's House Child Development Center  
Director: Candace DeBrosse

82 Old Plymouth Road  
Sagamore Beach, MA 02572  
Phone: 508-888-1661

Mail: P.O. Box 1327  
Hyannis, MA 02601

- \*open 7:30 AM – 5:30 PM year round except holidays
- \*serves children 2.9 to under 7 years old
- \*after school program for children 7 – 9
- \* Pace and CCN vouchers accepted

BOURNE

The Children's Workshop  
Directors: Patricia Mason/Joanne Reed

536 MacArthur Blvd.  
Bourne, MA 02532  
Phone: 508-563-3400  
E-mail: [Bourne@childrensworkshop.com](mailto:Bourne@childrensworkshop.com)  
\*open 6:30 AM – 6:00 PM year round  
\*serves children 6 weeks to 10 years  
\*Infant, toddler, preschool, kindergarten, school age  
\*full time and part time options  
\*summer camp  
\*transportation to and from Bourne Public Schools  
\*creative curriculum/literacy based programs  
\*CPC, CCN and Pace voucher accepted

Cranberry Day Care Center  
Director: Anita Mukarji-Connolly

23 Old Bridge Road  
Buzzards Bay, MA 02532  
Phone: 508-759-8254  
\*open 7 AM to 5:30 PM year round  
\*serves children 2.9 to 9 years old  
\*flexible schedule  
\*CCN vouchers accepted

Coast Guard Child Development Center  
Director: Sandra H. Gifford  
NAEYC Accredited

5205 Ent Street  
Air Station Cape Cod, MA 02572  
Phone: 508-968-6450  
Email: [SandraH.Gifford@uscg.mil](mailto:SandraH.Gifford@uscg.mil)  
\*open year round  
\*creative curriculum  
\*serving children six weeks to six years old  
\*full and part time slots available  
\*pre K program (2 ½ hour) for four year olds  
\*sliding fee  
\*CPC and CCN vouchers accepted

BOURNE

Discovery Preschool  
Director: Denise Brown  
NAEYC Accredited

Armory Road  
Buzzards Bay, MA 02532  
Phone: 508-759-2988  
\*day care open 7:30 AM to 5:30 PM year round except holidays  
\*serves children 2.9 to 8 years old  
\*preschool classes on MWF 7 TTH schedule  
\*CPC, Pace and CCN vouchers accepted

Kids World of Buzzards Bay  
Director: Tina Powers  
NAEYC Accredited

165 Main Street  
Buzzards Bay, MA 02532  
Phone: 508-759-1797  
\*open 7:30 AM to 5:30 PM  
\*serves children 2.9 to 8 years old  
\*kindergarten pick up and drop off  
\*CPC, Pace and CCN vouchers accepted

Rainbow School  
Director: Judy Tocci

8 Williston Road  
Sagamore Beach, MA 02562  
Phone: 508-888-1061  
\*open 9:00 AM to 2:45 PM on school calendar  
\*serves children 3 to 5 years old  
\*2 day AM sessions, 3 day and pre-K options AM & PM sessions

Sunshine Schoolhouse  
Preschool & Childcare Center  
Director: Tracy Medeiros

254 Shore Road Unit G and H  
Bourne, MA 02532  
Phone: 508-759-6620  
\*open 7:30 AM to 5:30 PM year round  
\*serves children 2.9 to 6 years old  
\*M – W – F morning preschool for 4 year olds  
\* T – Th morning preschool for 3 year old  
\*before and after school care for Bourne Public Schools  
bus line – Otis Memorial School  
\*Kindergarten surround care of PM session only  
\*CPC vouchers accepted

## Upper Cape Family Network

The Upper Cape Family Network (UCFN) is a family support and education program for families with children under the age of 4. UCFN provides playgroups, story times, workshops, parenting classes, and community events in Falmouth, Sandwich, Mashpee, and Bourne. For more information, please call 508 548 0151 x 172.

Waldorf School of Cape Cod  
Contact: Alan Milsted, Administrator

85 Cotuit Road

Bourne, MA 02532

Phone: 508-759-7499

Web: [www.waldorfschoolofcapecod.org](http://www.waldorfschoolofcapecod.org)

Email: [enrollment@waldorfschool.cc](mailto:enrollment@waldorfschool.cc)

\*parent-child program for three age groups: infants to age 6

\*nursery program – 2, 3 or 5 day options – 8:30 - noon

\*kindergarten program – 8:30 - noon

\*extended care program until 5:00 PM –drop in or regular basis

\*in house tuition assistance for 5 day option

\*natural materials and play-based curriculum

\*nurturing home like environment

\*wholesome snacks & daily outdoor play



BOURNE

Bourne Licensed Family Child Care Providers

---

*Bourne*

Angellis, Kerri  
5 Sir Lancelot Dr.  
508-833-1121

Anop, Christina  
93 County Rd.  
508-759-9431

Kempton, Jacqueline\*  
14 Sir Lancelot Dr.  
508-833-6393

Smolinsky, Catherine  
17 Sandy Ln.  
508-759-4938

Suarez, Zelia  
102 Bournedale Rd.  
508-759-8674

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*Cataumet*

Jacobs, Audra  
63 Long Hill Road  
508-563-7464

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*Buzzard's Bay*

Elmore, Melissa  
19 Wagner Way  
508-759-3100

Goodman, Dawn\*  
1 Erin Lane  
508-759-0927

O'Donnell, Kathryn L.  
5716 White Street  
508-563-5267

---

*Sagamore Beach*

Candeloro, Dayna\*  
26 Regency Drive  
508-833-3062

Conlon, Marilee  
5 Lakewood Circle  
508-888-6672

**\*CPC participant: Has Early  
Childhood degree, CDA or  
NAFCC accreditation**

Fully Insured



Interior/Exterior

**GEM PAINTING**

Custom House Painting

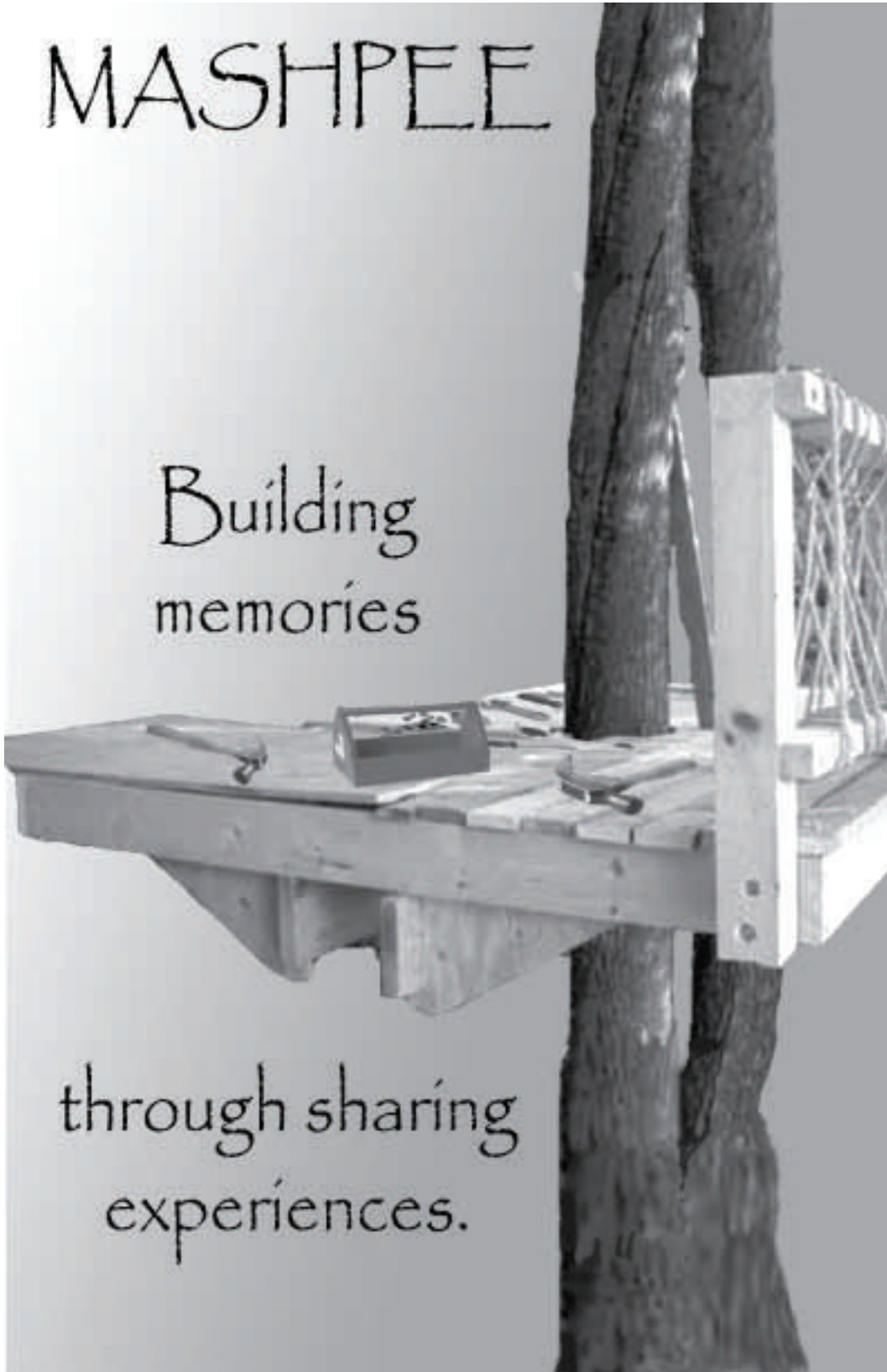
BRIAN FISH  
508-274-9345

DEREK GUMMOW  
508-274-9669

# MASHPEE

Building  
memories

through sharing  
experiences.



MASHPEE

Cape Cod Child Development, Inc. (CCCDP)  
Center and Family Child Care, Center and Home Based Early  
Intervention, Center and Home based Head Start Services  
available for children. Please call 1-800-974-8860 for  
further specifics for each program, or see CCCDP in the  
Falmouth section of this directory.

Cape Cod Child Development Program, Inc. (CCCDP)  
Mashpee Preschool/Head Start  
Call 1-800-974-8860 for more information  
NAEYC Accredited

K.C. Coombs Elementary School                      Mail: 83 Pearl Street  
Mashpee, MA 02649                                      Hyannis, MA 02601  
Phone: 508-539-1873

- \*open 8:30 AM – 12:30 PM Monday – Friday and follows public school calendar
- \*service 3 years old 50 5 years old/priority given to 4 year old children
- \*transportation provided
- \*Head Start services  
call 1-800-974-8860 to enroll

Mashpee Preschool Program  
NAEYC Accredited

Kenneth C. Coombs School  
152 Old Barnstable Road  
Mashpee, MA 02649  
Call 508-539-3048 for information and registration  
\*ages 3 – 5 years old  
\*part & full day program available  
\*follows school calendar

Kids Club Preschool/Child Care Center  
Director: Peg Geary  
NAEYC Accredited

501 Great Neck Rd.  
Mashpee, MA 02649  
Phone: 508-539-9361  
\*half day preschool program for 3 and 4 year olds  
\*2 day or 3 day programs from 9 AM to 12:00 PM  
\*3 day program for 4 year olds – 12:30 PM to 3:30 PM  
\*operated on school calendar (preschool)  
\*daycare operated year round (15 months – 7 years)

MASHPEE

Mashpee Creative Children's Center

Director: Paula Martin

133 Shell Back Place  
Mashpee, MA 02649

Mail: P.O. Box 560

Mashpee, MA 02649

Phone : 508-477-6355

\*serves children 2.9 to 7 years old

\*2, 3 and 5 day programs

\*9 AM to 12:00 PM & 1:00 PM to 4:00 PM

\*summer preschool program

Stepping Stones Too

Director: Tyler Devens

4978 Rt. 28

Cotuit, MA 02635

Phone: 508-420-7293

e-mail: [steppingstonescapecod@yahoo.com](mailto:steppingstonescapecod@yahoo.com)

\*open 7:15 AM – 5:30 PM year round except holidays

\*serves children 3 months to 7 years old

\*full day with two day minimum

\*Mashpee/Cotuit line

\*CCN vouchers accepted

\*very large outdoor play space

\*accrued family paid vacation time

Upper Cape Family Network

The Upper Cape Family Network (UCFN) is a family support and education program for families with children under the age of 4. UCFN provides playgroups, story times, workshops, parenting classes, and community events in Falmouth, Sandwich, Mashpee, and Bourne. For more information, please call 508 548 0151 x 172.

**BRUCE L. WILSON**  
**CARPENTRY & REMODELING**

**All types of home improvements:  
Kitchens, baths, decks, drywall, siding  
and rotted trim repair.**

**508 272 9899**

**LICENSED AND INSURED**

## Mashpee Licensed Family Child Care Providers

Burton, Marleen\*  
6 Yellow Perch Cir.  
508-539-3875

Childs, Tisha\*  
32 Valerie Cir.  
508-477-2462

Cochran, Denise  
42 Saddleback Rd.  
508-477-8836

Dupont, Sharon  
32 Christopher Ln.  
508-539-00180

Hellen, Ashley  
13 Faireny Way  
508-419-1227

Gaudreau, Maureen  
38 Nobska Rd.  
508-477-9014

Higgins, Lisa\*  
22 Meadow Haven Dr.  
508-539-1371

Jones, Denise  
71 Degrasse Rd.  
508-477-8570

Joyce, Joyce\*  
57 Trout Brook Rd.  
508-477-5935

Karras, Kimberly  
47 Meadow Haven Dr.  
508-539-1633

Kibbe, Kristin  
30 Hilltop Rd.  
508-477-1793

Leonard, Georgiana\*  
37 Wiliann Rd.  
508-539-1287

Long, Eileen  
9 Beechwood Dr.  
508-477-9415

Micklos, Michelle\*  
45 Scenic Dr.  
508-477-6167

Miller-Jones, Kim\*  
132 James Cir.  
508-539-0754

Muzerall, Kathleen  
16 Sewall Dr.  
508-477-5453

Nickerson, Yvonne  
16 Meadowbrook Rd.  
508-539-3046

Robbins, Rebecca\*  
71 Main St.  
508-539-3877

Sickorez, Bonnie  
40 Essex Rd.  
508-477-3770

Smith, Carolyn\*  
26 Santuit Pond Rd.  
508-419-1534

Whelan, Linda  
423 Ashers Path  
508-477-3067

**\*CPC participant – Has Early  
Childhood degree, CDA or  
NAFCC accreditation**

# SANDWICH



Molding the foundation for  
the next generation.

SANDWICH

Cape Cod Child Development, Inc. (CCCDP)  
Center and Family Child Care, Center and Home Based Early  
Intervention, Center and Home based Head Start Services  
available for children. Please call 1-800-974-8860 for  
further specifics for each program, or see CCCDP in the  
Falmouth section of this directory.

Cape Cod Child Development Program, Inc. (CCCDP)  
Bourne/Sandwich Preschool/Head Start  
Call 1-800-974-8860 for more information  
NAEYC Accredited

90 Adams Street  
Bourne, MA 02532  
Phone: 508-833-1090

Mail: 83 Pearl Street  
Hyannis, MA 02601

- \*full day program open 7:30 AM to 5:30 PM Monday – Friday
- \*sliding fee scale available
- \*part day program 10AM – 2:00 PM Monday – Friday follows public school calendar
- \*serves children 3 years old to 5 years old
- \*transportation provided
- \*Head Start services  
call 1-800-974-8860 to enroll

The Discovery Center and Lending Library  
of the CPC of Sandwich

Sandwich Public Library, Room 1  
142 Main Street  
Sandwich, MA 02536  
Phone: 508-888-0625 ext. 109  
[www.sandwichcpc.org](http://www.sandwichcpc.org)  
[www.sandwichpubliclibrary.com](http://www.sandwichpubliclibrary.com)

- \*parent child program
- \*serves children 0 – 5
- \*drop in or by registration
- \*no fee for attending
- \*please call for scheduled hours
- \*curriculum lending library

SANDWICH

Joyful Noise Preschool  
Director: Nancy J. Lawrence  
NAEYC Accredited

First Church of Christ, U.C.C.  
136 Main Street  
Sandwich, MA 02563  
Phone: 508-833-8607  
\*open 9:00 AM to 11:30 AM & 12:30 PM to 3:00 PM  
September through June  
\*serves children ages 3 by September 1 through 5 years old  
\*preschool program for 2 or 3 days  
\*CPC vouchers accepted

Montessori Beginnings, Inc.  
An Infant and Toddler Community  
Director: Allison Dorman

180 Farmersville Rd.  
Sandwich, MA 02563  
508-477-7730  
[www.montessoribeginnings.com](http://www.montessoribeginnings.com)  
\*program hours Monday – Friday, 9 – 3  
\*extended hours form 7:30 – 6:00  
\*open year round  
\*multi-day program  
\*serves children ages 6 weeks to age 3

New Morning Montessori School  
Director: Emily Holmgren

233 Old County Road  
East Sandwich, MA 02537  
Phone: 508-888-0917  
\*Monday – Thursday 9:00 AM – 1:00 PM

Open Arms Preschool  
Director: Amanda Shores

Covenant Baptist Church  
Quaker Meeting House Rd.  
360 Quaker Meeting House Road  
E. Sandwich, MA 02563  
Phone: 508-888-7723  
\*serves children 2.9 through 6 years old  
\*program hours are 9 AM – 1:00 PM  
\*faith-based program

Mail: P.O. Box 420  
E. Sandwich, MA 02563

SANDWICH

Sandwich Community School for Early Learning  
Coordinator: Karen McCarthy

4 Beale Avenue  
Sandwich, MA 02563  
Phone: 508-888-8004  
\*open 7 AM to 6 PM / 7:30 AM to 5:30 PM summer  
\*serves children ages 2 – grade 6  
\*preschool, half, full day  
\*kindergarten and extended day grades 1 – 6  
\*summer program for all ages  
\*degreed teachers in all programs  
\*CPC & CCN vouchers accept

The Sandwich Independent Day School  
Director/Owner: Christine Gelding  
NAEYC Accredited

302 Quaker Meetinghouse Road                      Mail to: P.O. Box 1038  
East Sandwich, MA 02537                      East Sandwich, MA 02537  
Phone: 508-833-1972 Fax: 508-833-7606  
Email: [sandwiched@comcast.net](mailto:sandwiched@comcast.net)  
\*open 8 AM – 4 PM (September to June)  
\*summer program in July  
\*flexible scheduling – morning and full day programs  
\*serves children 2.9 to 6 years old (multi-age classroom)  
\*preschool and full day kindergarten  
\*follows Sandwich Public Schools calendar (with slight variation)  
\*very progressive curriculum  
\*CPC vouchers accepted

The Sandwich Montessori School  
Head of School – Ginger Collier

284 Cotuit Road    6 Quaker Road  
Sandwich, MA 02563                                      East Sandwich, MA 02537  
Phone: 508-888-4222                                      Phone: 508-888-0891  
Email: [montessorisndwch@aol.com](mailto:montessorisndwch@aol.com)  
Website: [www.sandwichmontessori.org](http://www.sandwichmontessori.org)  
\*open 9 AM to 3 PM at Cotuit Rd., school  
\*open 9 AM to 1 PM at Quaker Rd., school  
\*follows school calendar  
\*serves children ages 3 to 12 years old  
\*preschool through elementary

Upper Cape Family Network

The Upper Cape Family Network (UCFN) is a family support and education program for families with children under the age of 4. UCFN provides playgroups, story times, workshops, parenting classes, and community events in Falmouth, Sandwich, Mashpee, and Bourne. For more information, please call 508 548 0151 x 172.

Sandwich Schoolhouse  
 Director: Jeanne Hamilton  
 NAEYC Accredited

38 Route 6A  
 Sandwich, MA 02563  
 Phone: 509-888-8672  
 \*serves children 3 years (by September 1) to 5 years  
 \*M-W-F, 8:50 AM – 11:50 AM or 12:15 PM to 3:00 PM  
 for 4 & 5 year olds  
 \*Tu – Th, 8:30 AM – 11:50 AM or 12:15 PM to 3:00 PM  
 for 3 & 4 year olds

Sandwich Village Preschool and Child Care  
 Director: Larry Smith  
 NAEYC Accredited

163 Main Street  
 Sandwich, MA 02563  
 Phone: 508-888-2831  
 \*open 7:30 AM to 5:30 PM yearly except for December holiday break  
 \*morning and afternoon preschool program  
 \*serves children 2.9 to 6 years old  
 \*full or part time child care  
 \*flexible scheduling  
 \*full & part time summer program  
 \*accepts children with special needs  
 \*CPC vouchers accepted

YMCA Lorusso Childcare Center  
 Director: Terry Altimas

117 Stow Road  
 Sandwich, MA 02563  
 Phone: 508-420-9098 ext. 209  
 \*open 7:30 AM to 5:30 PM year round  
 \*serves children 2.9 to 5 years old  
 \*CPC and CCN vouchers accepted  
 \*YMCA scholarships available

Sandwich Public Schools – Integrated Preschool  
 Coordinator: Mary Washburn  
 NAEYC Accredited

Henry T. Wing School  
 Sandwich, MA 02563  
 Phone: 508-888-3666  
 \*open 8:45 AM to 11:15 AM Monday – Thursday  
 \*open 12:15 PM to 2:45 PM Monday – Friday  
 \*serves children ages 3 & 4 years old  
 \*preschool program for 2 – 3 – 4 days  
 \*accepts children with special needs  
 \*sliding fee scale

SANDWICH

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*East Sandwich*

Finley, Lorethea  
508-888-3293  
Hunt, Marsha Poole  
508-833-1878  
King, Lise\*  
508-888-5838  
Lonergan, Linda  
508-888-3859  
Mehmel, Elizabeth\*  
508-833-8812

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*Forestdale*

Brothers, Teresa  
508-539-9870  
Champagne, John  
508-539-3260  
Denmat, Cynthia\*  
508-539-0564  
Hill, Diane  
508-477-1074  
Medchil, Sandra  
508-477-0796  
Meucci, Ruth\*  
508-477-6574  
Raymond, Catherine\*  
508-477-3521  
Raymond, Maureen  
508-477-3214  
Rooney, Kathleen\*  
508-477-7228  
Strom, Cheri-Ann  
508-539-8654

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*Sandwich*

Anari, Kathleen  
508-420-3355  
Chase, Eileen  
508-539-4933  
Crupi, Candace  
508-477-5219  
Curtin, Linda  
508-833-2202  
Hir, Manuela  
508-833-4890  
O'Brien, Bobby Jo  
508-420-8828  
Roy, Amy  
508-833-2611  
Sanford, Elizabeth  
508-539-9974

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*South Sandwich*

Carey, Christine  
508-428-0586  
Evans, Suzanne  
508-420-0309  
Kucharsky, Kathleen  
508-428-0507  
Kulesa, Jan  
508-428-8954  
McGrath, Nancy  
508-428-7216  
Torok, Dieu\*  
508-833-7144  
Smith, Christine  
508-888-5734

Looking to find the perfect preschool?  
Searching for childcare that "fits"?  
Trouble affording quality care?  
*Help is just a click away!*

**Sandwichcpc.org**



gives you one site for all your local resource  
& referral questions. Not on-line?  
Call the CPC Office at 508-888-9525

# COMMUNITY RESOURCES

Making a mark on your  
community.



Community Resources

Falmouth

Falmouth Town Hall  
 65 Town Hall Sq.  
 Falmouth, MA 02540..... 508-548-7611  
[www.town.falmouth.ma.us](http://www.town.falmouth.ma.us)

Falmouth Police Dept..... 508-457-2527

Falmouth Fire Dept..... 508-548-2325

Bourne

Bourne Town Hall  
 Main St.  
 Bourne, MA 02743..... 508-759-0600  
[www.townofbourne.com](http://www.townofbourne.com)

Bourne Police Dept..... 508-759-4453

Bourne Fire Dept..... 508-759-4412

Mashpee

Mashpee Town Hall  
 16 Great Neck Road N.  
 Mashpee, MA 02649..... 508-539-1400  
[www.ci.mashpee.ma.us](http://www.ci.mashpee.ma.us)

Mashpee Police Dept..... 508-539-1480

Mashpee Fire Dept..... 508-539-1454

Sandwich

Sandwich Town Hall  
 145 Main St.  
 Sandwich, MA 02563  
[www.sandwichmass.org](http://www.sandwichmass.org).....508-833-0720

Sandwich Police Dept..... 508-888-3343

Sandwich Fire Dept..... 508-888-0525

Emergency

- Animal Control:..... 508-294-0304
- Battered Women’s Hotline:..... 800-992-2600
- Cape Cod Hospital:..... 508-771-1800
- Mental Health  
 Crisis Intervention:..... 800-322-1356
- Falmouth Hospital:..... 508-548-5300
- Suicide Hotline: ..... 800-893-9900  
 508-548-8900  
 508-548-7999
- Poison Control:..... 800-682-9211
- Rape Crisis Line: ..... 508-588-TALK



## Clothing

- A Baby Center:..... 508-771-8157  
 Provides clothing and household goods to qualifying clients.
- Cape Cod Council of Churches:..... 508-394-6361  
 Operated Thrift Shop where items are sold at nominal cost or given to needy.
- Emerald House Thrift Shop:..... 508-457-0770  
 An upscale thrift shop with incredible deals. Items include clothing, accessories, jewelry antiques and doodads! Proceeds benefit the Falmouth Service Center and the Cape Cod Free Clinic.
- Falmouth Service Center:..... 508-548-2794  
 Free Clothing for those in need. Clients must also be registered to receive food.
- Goodwill Thrift Store:..... 508-790-0046  
 Operates a thrift store offering clothing and household goods at low cost.
- Salvation Army Thrift Store:..... 508-759-8951  
 Provides clothing and household goods to qualifying clients.

## Crisis Intervention

- Bridge Over Troubled Water:..... 617-423-9575
- Cape Cod Hospital Crisis Intervention:..... 800-352-7742/508-771-0642  
 Provides psychiatric intervention in crisis situations involving mentally ill adults and adolescents.
- Child-At-Risk Hotline:..... 800-792-5200
- Cape Cod & Islands Department of Mental Health /  
 Crisis Intervention Services:..... 800-322-1356/ 508-778-4627  
 Provides 24-hour crisis intervention, evaluation, stabilization, and referral to treatment and services as needed.

Crisis Intervention (cont.)



- Community Action Committee:..... 800-845-1999  
 Anti-poverty, human service-social  
 action agency operating to empower  
 and improve the lives of low income  
 residents.
- Dept. of Social Services:..... 800-352-0711  
 Provides protection to children and  
 strength to families through various  
 508-790-5200  
 services including adoption,  
 counseling, emergency shelter and  
 protective services.
- Dept. of Mental Health:..... 508-771-2595  
 Services and support to MA citizens  
 with mental retardation. 800-352-7742
- Disabled Persons Protection:..... 800-426-9009  
 24 hrs. report abuse to disabled  
 individual commission.
- Independence House:..... 800-439-6507  
 Assists and supports battered women  
 and their children. 508-771-6507
- Poison Control:..... 800-682-9211
- Rape Crisis Center:..... 800-922-8772  
 24 hr. hotline, free confidential certified  
 rape counselors.
- P.A.T. Psychiatric  
 Assessment Team:..... 800-513-4728  
 24 hr. mental health assessment team  
 and referral of/to children, adolescents,  
 & families services.
- Samaritans of Cape Cod and Islands  
 (Suicide Hotline):..... 800-893-9900  
 508-548-7999  
 508-548-8900

## Disability Services

- ARC of Cape Cod:..... 508-790-3667  
Provides opportunities for developmentally disabled to find work, access education and integrated into the community.
- Adusm, Inc.....508-678-6550  
Autism spectrum disorder resource and referral.
- Cape Organization for the Rights of the Disabled (CORD):..... 800-322-2020  
Advocacy group & independent living center for all persons w/disabilities. 508-775-8300
- Community Connections: ..... 508-362-1140  
Provides quality employment, residential, habilitation & recreational services. Promotes self-sufficiency, personal growth & community involvement.
- Dept. of Mental Retardation:..... 508-866-5000
- Early Childhood Intervention:.....800-974-8860  
Program for birth to age three. Developmental evaluations. Free Services. A Cape Cod Child Development Program.
- Early Intervention Parent Leadership Project:..... 877-35-EI-PLP
- Easter Seals Society of Mass:..... 800-922-8290  
Provides rehabilitation services to people with physical disabilities regardless of age.
- Easter Seals Equipment Loan Program:..... 800-992-8290
- Family Ties:..... 508-947-1231  
800-905-8437
- Federation for Children w/Special Needs: ..... 800-331-0688  
Advocacy and service referrals for children with special needs and their parents or guardians. 617-236-7210

Disability Services (cont.)

- March of Dimes  
 Birth Defects Foundation:..... 508-790-1093  
 Materials in English and Spanish on genetic services, birth defects, and children with special needs.
- Mass. Advocacy Center:..... 617-357-8431  
 Advocacy for children needing special education services.
- Mass. Commission for the Blind:..... 800-392-6450  
 Access to legal rights and benefits, counseling, training and advocacy.
- Mass. Commission for the Deaf and Hard of Hearing:..... 800-882-1155
- Mass. Dept. of Retardation:..... 508-771-2595
- Mass. Dept of Public Health Case Management:..... 508-947-1231  
 Case management, support and technical assistance to help parents of children with special health care needs to get services from public and private agencies. TTY: 508-778-7561
- Mass. Office on Disabilities:..... 800-322-2020
- Mass Rehabilitation Commission:..... 508-862-6600  
 Vocational assessment/guidance, career planning, job training, job-seeking assistance for individuals w/disabilities.
- Office of Health & Disability (DPH):..... 617-624-5070
- Pass It On:..... 508-477-6949  
 Provides “used but usable” medical equipment & distributes it to disabled individuals & their families.
- Special Equipment Exchange Catalog (SEEK):..... 413-323-7368  
 Helps with exchanges of special needs equipment.
- Society for Human Advancement thru Rehabilitation Evaluation (SHARE):..... 508-999-8482  
 Equip. & services for people w/physical disabilities.



Community Resources

Employment/Job Training/Adult Education

- ACCESS (GED/ESL):..... 508-548-0151 ext. 135  
508-778-2221
- Cape Cod Community College:..... 508-362-2131  
[www.capecod.mass.edu](http://www.capecod.mass.edu)
- Cape Cod Cooperative Extension:..... 508-362-2511 ext. 585
- Cape Cod Literacy Council..... 508-771-0211
- Division of Employment & Training..... 508-775-5800  
507-487-4608  
508-790-0400
- Fishing Family Assistance Center:..... 508-656-FISH  
508-778-2210
- Helping Hand:..... 800-352-3135
- JTEC:..... 508-790-0400
- Mass Rehab Commission:..... 800-439-0183  
508-862-6600
- Women and Men in Transition,  
Cape Cod Community College:..... 508-362-2131
- Upper Cape Regional  
Technical School:..... 508-759-7711
- Wampanoag Indian Tribal Council: ..... 508-477-0208



**MICHAEL TALBOT & ASSOCIATES, INC.**  
Ecological Landscape Services

Child and Pet Friendly Lawn Care Programs  
Effective, Safer Caterpillar and Tree Treatments  
Ecological Landscape Design and Restoration  
Conservation, Consulting and Permitting

508-539-1912 Office • 508-539-8865 Fax  
[info@michael-talbot.com](mailto:info@michael-talbot.com) • [www.michael-talbot.com](http://www.michael-talbot.com)



## Family Support

### Community Resources

- Big Brother/Big Sister: .....508-255-9444  
Matches children from single parent  
homes with adult role models. 508-428-4970
- Bridges Associates:..... 508-790-1333  
Assessments and support of individuals  
w/learning & developmental disorders.
- Cape Cod Council of Churches:..... 508-394-6361  
Referral to church-based child care  
programs.
- Cape Cod Human Services:..... 800-894-2247  
Provides individual, family or group  
counseling.
- Child & Family Services  
of Cape Cod:..... 800-576-9444  
Home based mental health and  
counseling service to children, youth,  
parents and families.
- Child Care Network:..... 508-778-9470  
Referrals for families seeking licensed  
childcare programs. Educational  
opportunities on a variety of topics for  
parents and early education  
professionals. Information on childcare  
tuition assistance. 888-530-9470
- Children’s Cove: ..... 508-375-0410  
Advocacy and support for families  
dealing with abuse.
- Christian Counseling  
Services of Cape Cod:..... 508-778-2225  
Psychotherapy, counseling for indi-  
viduals, families, couples, and groups.
- CIGSYA – Cape & Islands  
Gay & Straight Youth Alliance:..... 508-362-5313  
Recorded info:..... 508-778-7744  
[www.cigsya.org](http://www.cigsya.org)  
Social & supportive events for young  
people 22 and under.

Family Support (cont.)

- Dept. of Mental Health:..... 800-352-7742  
Support and referrals for individuals  
with mental and emotional crisis. 508-771-2595
  
- Dept. of Public Health (Bureau of  
Family and Community Health):..... 800-882-1435
  
- Dept. of Social Services Child  
Abuse Hotline:..... 800-352-0711
  
- Falmouth Human Services:..... 508-548-0533  
Services for Falmouth residents.
  
- Family Self Sufficiency:..... 508-771-5400
  
- Family Ties:..... 800-905-8437  
Information and support network for  
families of children w/disabilities,  
special Health.
  
- Gosnold - Thorne Clinic, Inc:..... 800-930-0006  
Services children, teens, and their  
families. Substance abuse counseling,  
family therapy, parent training.
  
- Grandparents as Parents:..... 508-790-3667  
Support for grandparents raising their  
grandchildren.
  
- Independence House:..... 800-439-6507  
Assists and supports battered women  
and their children.
  
- Hospice and Palliative Care:..... 800-642-2423  
Bereavement program for surviving  
family members and primary  
caregivers. KIDS GRIEVE TOO!  
Bereavement program for children and  
adolescents.
  
- Mashpee Human Services:..... 508-539-2542  
Services for Mashpee residents.



## Family Support (cont.)

## Community Resources

- MSPCC - Massachusetts Society for the Prevention of Cruelty to Children:..... 508-775-0275  
Information and referrals to child abuse prevention and home visiting service.
- Moms of Bourne (MOB): ..... 508-564-5306  
bournemomsgroup.org  
Call Health DiPaola, Founder
- National Alliance for the Mentally Ill:..... 508-778-4277  
Support & referrals for families of individuals w/mental illness.
- Parental Stress Hotline:..... 800-632-8188  
24 hours, 7 days a week. Concerns related to children. Confidential, Anonymous. Listeners for parents, grandparents or friends who are concerned about children. Referrals also available.
- PFLAG- Parents, Friends & Families of Lesbians & Gays:..... 508-548-1038  
Support & help available.  
Falmouth Contact – Anne Toran
- Pedi Connections:..... 877-267-7700  
Provides medical assistance, education and care for children and their families. Provides information on available programs, resources, and support groups.
- Psychiatric Center at Cape Cod Hospital Acute Care and Urgent Care:..... 800-545-5014
- Sudden Infant Death Syndrome (SIDS) Center:..... 508-778-1047
- Safe Harbor:..... 508-790-2933  
Must be referred by Department of Transitional Assessment, Emergency assistance providing multi-services for battered women and their children.
- Sandwich Mom’s Club.....[www.sandwichmomclub.org](http://www.sandwichmomclub.org)  
New moms welcome.

Financial Assistance

- American Red Cross (Disaster):..... 508-775-1540  
 Disaster relief: Clothing, food, housing  
 and household goods.
- Cape Cod Times Need Fund..... 508-778-5661  
 Limited financial assistance at times of  
 crisis (except Falmouth.)
- Department of Transitional  
 Assistance (Falmouth):..... 508-495-1400
- Falmouth Service Center: ..... 508-548-2794  
 Limited financial assistance at times of  
 crisis (Falmouth only.)
- Salvation Army  
 (Food, Clothing, FEMA):..... 508-775-0364  
 Provides emergency assistance in the  
 form of food, clothing and limited  
 household furnishings.
- St. Vincent dePaul Society:..... 800-675-2882  
 Provides vouchers for rent, mortgages  
 and food.
- Social Security Administration:..... 800-882-1213  
 Financial assistance for eligible chil-  
 dren and adults with disabilities.
- Veterans' Benefits..... 800-827-1000

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## Food

## Community Resources

- Around The Table  
 St. Barnabus Memorial Church..... 508-548-0533  
 Free noon meal M- W- F.
- Bourne Food Pantry..... 508-759-3351  
 On-line food stamp application available by appointment.
- Cape Cod Cooperative Extension..... 508-375-6693  
 Family Nutrition Program education families in child and adult nutrition, food purchasing & safe food handling.
- Christ the King Food Pantry:..... 508-477-7700
- Damien’s Panty (open to all):..... 508-291-2757
- Falmouth Service Center: ..... 508-548-2794  
 Food pantry for Falmouth and Mashpee Residents. On-line food stamp application available with appointment.
- Hunger & Food Stamp Hotline:..... 800-645-8333  
 Referrals to local food banks and screening for food stamps.
- Harwich Food Pantry (open to all): ..... 508-432-6519  
 On-line food stamp application available by appointment.
- Project Bread:..... 800-645-8333  
 Operated Food Service Hotline, Information about food stamps and other free or low cost food resources.
- Salvation Army:..... 508-775-0364  
 Provides emergency food parcels to qualified persons.
- Sandwich Food Pantry:..... 508-888-3816
- SHARES/SERVE New England:..... 888-742-7363  
 Independent, cooperative community program provides fresh & staple foods.
- Women, Infants & Child (WIC):..... 800-942-2445  
 Provides free food and nutrition information to help keep pregnant women, infants and children under 5 healthy and strong. 508-771-7896

Fuel & Utilities Assistance

- Cape & Islands 800-808-0120
- Self Reliance Oil Co-op:..... 508-457-7679
- Dept. of Public Utilities:..... 800-392-6066
- Fuel Assistance:.....508-746-6707
- Fuel Assistance  
processed at Falmouth Service Center:.....508-548-2794
- Gas Assistance: ..... 800-548-8000
- Mass Save:.....800-632-8300

Health

- A.I.D.S. Support Groups  
of Cape Cod:..... 866-990-2437
- Ask A Nurse:..... 800-544-2424  
Registered nurses available for  
questions 24 hours a day.
- Alcohol Abuse &  
Drug 24 Hour Hotline:..... 800-252-6465
- American Academy of  
Pediatrics/MA Chapter:..... 781-893-4610  
Information about child health issues.
- American Cancer Society: ..... 800-ACS-2345
- American Heart Association:.....508-760-6818
- Barnstable County Health  
and Environment Dept.:.....508-362-2511 ext. 330  
Protects public health and promotes  
health and social well being.
- Barnstable County  
Human Services Dept.:..... 508-362-2511 ext. 332  
[www.bchumanservices.net](http://www.bchumanservices.net)  
Examines availability, delivery and  
coordination of health services.

Health (cont.)

- Breast Feeding Warm Line:..... 888-890-2229  
Promotes and supports healthy breastfeeding.
- Cape AIDS Resource:  
Exchange and Services (CARES):.....508-760-0500
- Cape Cod Free Clinic and  
Community Health Center:..... 508-477-7090  
A community health center.
- Cape Cod Hospital:..... 508-771-1800
- Cape Cod Hospital  
Infectious Disease:.....508-775-0766
- Children’s Medical  
Security Plan:.....800-909-CMSP  
Low cost or no cost medical insurance.
- Dentistry for All: ..... 800-342-8747  
Dental services.  
Eligibility based on need.
- Depression After Delivery:..... 800-342-8747 ext. 200  
Information for new parents and  
referrals to local providers and support  
groups (24 hours.)
- Division of Medical Assistance  
(Mass Health/Medicaid):..... 800-242-1340  
Low cost or no cost health insurance.
- DPH Southeastern Regional Office:..... 508-947-1231
- Falmouth Hospital:.....508-548-5300
- Falmouth Hospital  
Family and Childbirth Education:.....508-457-3632
- Family Planning: ..... 508-540-2949  
Provides affordable reproductive health  
care and counseling.
- Good Grief Program:..... 617-414-4005  
Grief education and counseling.
- Health Care for All:..... 800-272-4232  
Help line for answers to insurance and  
health care access.

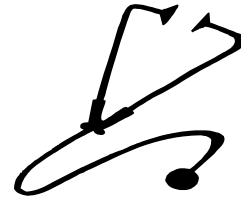


Health (cont.)

- Healthy Connection:..... 508-255-1903  
 Bilingual health outreach for individual & communities in rural Mass. Free & confidential service provides advocacy, information, referral & support for people seeking answers to & programs of health & human services.
- Helping Our Women:.....508-487-4357  
 Services for women with chronic, life threatening or disabling illnesses. Support group, case management, transportation.
- LaLeche League..... 800-LA-LECHE  
 Telephone counseling on breast feeding, new mothers' groups, and breast pump rental & sale information.
- Lead Poisoning Information:..... 800-532-9571
- Mass Center for SIDS Hotline:..... 800-641-SIDS
- Mass Dental Society:..... 800-342-8747  
 Dentistry for All program, partial fee reduction w/ participating dentists.
- Massachusetts Immunization Program:.....617-983-6800  
 Information about immunizations and where to get shots.
- Massachusetts League of Community Health Centers:..... 800-475-8455  
 Referrals to local health care centers and information about free or reduced cost health care.
- Nursing Mothers' Council:..... 617-244-5102  
 Breast feeding counseling and rental of breast feeding pumps and other aids plus childbirth education.
- Poison Control Center:..... 800-682-9211
- Sexually Transmitted Disease Program: ..... 617-983-6940
- Smokers Quit Line:..... 800-TRY-TO-STOP

Health (cont.)

- Untied Way of Cape Cod Info-Line:.....800-462-8002
- Visiting Nurse Association (VNA):.....800-696-4047  
Wide range of services and programs  
serving the community.
- VNA Women's Health Network:..... 888-557-9994 ex. 7605  
Screening for uninsured or underin-  
sured income eligible women.
- VNA Mobile Health Link: ..... 888-557-9994



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Housing

- Angel House:..... 508-775-8045  
 Family treatment program, providing treatment while in residence for 6 – 9 months.
  
- Community Action  
 Committee of Cape Cod:..... 800-845-1999  
 Advocated for housing subsidies and transitional housing for homeless as well as for issues that impact low income families. 508-771-1727
  
- Habitat for Humanity:..... 508-775-3559
  
- Housing Assistance Corporation:..... 508-771-5400  
 Emergency prevention funds for mortgages & rents. “Section 8” rental asst. programs. Homeless shelters. First time home buyers program. Weather-proofing & home rehab program.
  
- Housing Authorities:  
 Bourne:..... 508-563-7485  
 Falmouth:..... 508-549-1977  
 Mashpee:..... 508-477-6202  
 Sandwich:..... 508-833-4978  
 Provides subsidized public housing resources to low and moderate income households.
  
- Interfaith Council for the Homeless:.....508-255-9667  
 Homeless prevention, counseling and guidance for the homeless or those at risk of homelessness. Informational and referral. Emergency monies available.
  
- H.U.D. Hotline:..... 800-688-9889
  
- Rural Development  
 (low interest loans):..... 508-295-5151





## Public Schools

### Falmouth

[www.falmouth.k12.ma.us](http://www.falmouth.k12.ma.us)

East Falmouth Elementary :.....	508-548-1052
Teaticket Elementary:.....	508-548-1550
Mullen Hall Elementary:.....	508-548-0220
North Falmouth Elementary:.....	508-563-2334
Morse Pond School:.....	508-548-7300
Lawrence School:.....	508-548-0606
Falmouth High School:.....	508-540-2200
Falmouth Night School:.....	508-548-5739
Administration Building:.....	508-548-0151

### Bourne

[www.bourne.k12.ma.us](http://www.bourne.k12.ma.us)

Ella F. Hoxie Elementary:.....	508-888-0150
James Peebles Elementary:.....	508-759-0680
Otis Memorial Elementary:.....	508-563-2206
Lyle James Middle School:.....	508-563-5635
Bourne High School:.....	508-759-0670
Upper Cape Regional Tech:.....	508-759-7711
Administration Building:.....	508-759-0660

Public Schools (cont.)

Mashpee

[www.mashpee.k12.ma.us](http://www.mashpee.k12.ma.us)

- KC Coombs Elementary:..... 508-539-1520
- Quashnet Valley School:..... 508-539-1550
- Mashpee High School:..... 508-539-3600
- Indian Education Program:..... 508-539-1557
- Superintendents Office:..... 508-539-1500

Sandwich

[www.sandwich.k12.ma.us](http://www.sandwich.k12.ma.us)

- Forestdale Elementary:..... 508-477-6600
- HT Wing Elementary School:..... 508-888-1343
- Oak Ridge School:..... 508-833-0111
- Sandwich High School:..... 508-888-4900
- Sandwich Community School:..... 508-888-5300  
[www.scslearn.org](http://www.scslearn.org)
- Administration Building:..... 508-888-1054

Recreation

Town Recreation Departments

- Bourne Recreation Department:..... 508-743-3003
- Falmouth Recreation Department:..... 508-457-2567
- Mashpee Leisure Services..... 508-539-1400 ex. 519
- Sandwich Recreation Department:..... 508-888-4362



## Recreation (cont.)

### Upper Cape

Ashumet Holly and Wildlife Sanctuary:.....	508-563-6390
Aptucxet Trading Post Museum:.....	508-759-9487
Cape Cod Children’s Museum:.....	508-539-8788
<a href="http://www.capecodchildrensmuseum.org">www.capecodchildrensmuseum.org</a>	
Green Briar Nature Center :.....	508-888-6870
Falmouth Ice Arena:.....	508-548-7080
Heritage Plantation:.....	508-888-3300
John Gallo Ice Arena:.....	508-759-8904
Lowell Holly Reservation:.....	508-821-2977
Northeast Fisheries Center Aquarium:.....	508-495-2001
Thorton Burgess Museum:.....	508-888-6870
Spor’s Garden:.....	ask a local
Sandwich Glass Museum:.....	508-888-0251
Shinning Sea Bike Path:.....	ask a local
Waquoit Bay National Estuarine Reserve:.....	508-457-0495
Water Wiz:.....	508-295-3255

### Mid-Cape

Cape Cod Potato Chip Tour:.....	508-775-7253
Cape Cod Railroad:.....	508-771-3800
Island Carouse/Cape Cod Mall:.....	508-775-8883
JFK Museum:.....	508-790-3077
Kennedy Ice Skating Rink:.....	508-862-4001
Tony Kent Arena :.....	508-760-2400
Zooquarium:.....	508-775-8883

Recreation (cont.)


Outer Cape

- Cape Cod National Seashore:..... 508-349-3788
- Cape Cod Museum of Natural History:.....508-896-3867
- Monomoy National Wildlife Refuge:.....508-948-0549
- New England Fire & History Museum:.....508-896-5711
- Nickerson State Park:.....508-896-3491
- Pilgrim Monument &  
Provincetown Museum:..... 508-487-1310
- Salt Pond Visitor Center:..... 508-255-3421
- Wellfleet Bay Wildlife Sanctuary:.....508-394-2615

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### Teen Services

- Ala Teen Service Center:..... 508-394-4555  
Self help support group for teens  
dealing with alcoholics.
- Cape Cod Human Services..... 800-894-2247  
Provides comprehensive mental health/  
family services including counseling on  
various issues incl. teen pregnancy.
- Early Child Bearing:..... 508-540-2968  
508-771-2389
- Family Planning:..... 508-540-2949  
Provides affordable reproduction health  
care and counseling. 508-771-8010
- Runaway Hotline:..... 800-355-3855
- Services for Teen Parents & Children:..... 800-974-8860  
(Cape Cod Child Development)
- Youth Crisis Hotline:..... 800-448-4663
- Visions (Teen Mothers House):..... 508-398-4034

### Transportation

- B Bus, By Reservation:..... 800-352-7155
- Sealine – Fixed Route:..... 800-353-7155
- Red Cross Medical Transportation:..... 508-775-1540
- Falmouth Senior Center Bus:..... 508-540-0196



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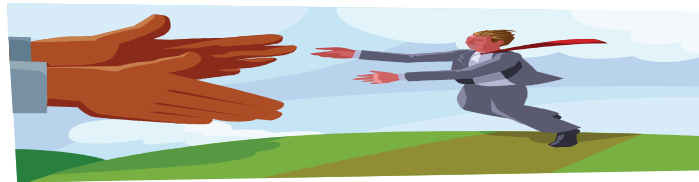
Services Assisting Bi-Lingual Families

VNA Interpretive Services..... 888-557-9994 ext. 6512

Cape Cod Child Development Program, Inc.  
(Child Care)..... 508-775-6240 ext. 312

Lighthouse Health Access Alliance  
Assists families enrolling in health insurance.....508-778-8104

Women, Infants, and Children (WIC)  
Multi Lingual services - food & nutrition.....800-942-2445



Servicos Assistindo Familias Bilingues

Servicos de Interpretes do VNA.....888-557-9994 ext. 6512

Cape Cod Child Development Program, Inc.  
(Cuidados a crianca) .....508-775-6240 ext. 312

Lighthouse Health Access Alliance  
Assiste Familias acessando seguro de saude.....508-778-8104

Womens, Infants & Children (WIC)  
Servicos-comida & nutricao em varias linguas.....888-942-2445

# NOTES

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