

“44” SPLIT DEFENSE: COVER III PATTERN- READ LINEBACKER PASS COVERAGE



“44” Split Defense: Cover III Pattern-Read Linebacker Pass Coverage introduces the Cover III as a base zone pass coverage for the “44” split defense, using pattern-read for the linebackers. In easy-to-understand detail, the video reviews the fundamentals and techniques involved in effective pattern-read pass coverage by the linebackers.

Among the topics covered:

- Introduction to Cover III
- Coverage zones
- Introduction to pattern-read
- Pass-drop techniques
- Coverage adjustments

About the Coach

Joe Roman has served as the defensive coordinator for almost three decades at three colleges and in the German Football League. In 2002, as the Wolves’ defensive coordinator, he helped lead Joliet College (IL) to the National JUCO Championship. In addition to Joliet College, he has held positions at the College of DuPage (IL), Mesa College (AZ), and the Hannover Musketeers (Germany). During his career, his teams have achieved a 74% winning percentage (297-103-1) and have made 17 post-season bowl appearances. He is widely respected as one of the most knowledgeable defensive coaches in the game.

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ROMAN



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COACHES CHOICE™ VIDEO 



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COACHES CHOICE VIDEOS

Joe Roman