

“44” SPLIT DEFENSE: COVER III SECONDARY PLAY



“44” Split Defense: Secondary Play introduces Cover III as a base zone pass defense for the secondary. Using game film clips to emphasize specific teaching points, the video reviews and shows the fundamentals and techniques involved in sound secondary play in Cover III in the “44” split defense.

Among the topics covered:

- Pass drop techniques for the secondary
- Pass coverage basics
- Game film clips
- Developmental drills
- Coaching points

About the Coach

Joe Roman has served as the defensive coordinator for almost three decades at three colleges and in the German Football League. In 2002, as the Wolves’ defensive coordinator, he helped lead Joliet College (IL) to the National JUCO Championship. In addition to Joliet College, he has held positions at the College of DuPage (IL), Mesa College (AZ), and the Hannover Musketeers (Germany). During his career, his teams have achieved a 74% winning percentage (297-103-1) and have made 17 post-season bowl appearances. He is widely respected as one of the most knowledgeable defensive coaches in the game.

Front cover photo: Tom Hauck/Allsport



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Running Time:
Approximately 70 minutes
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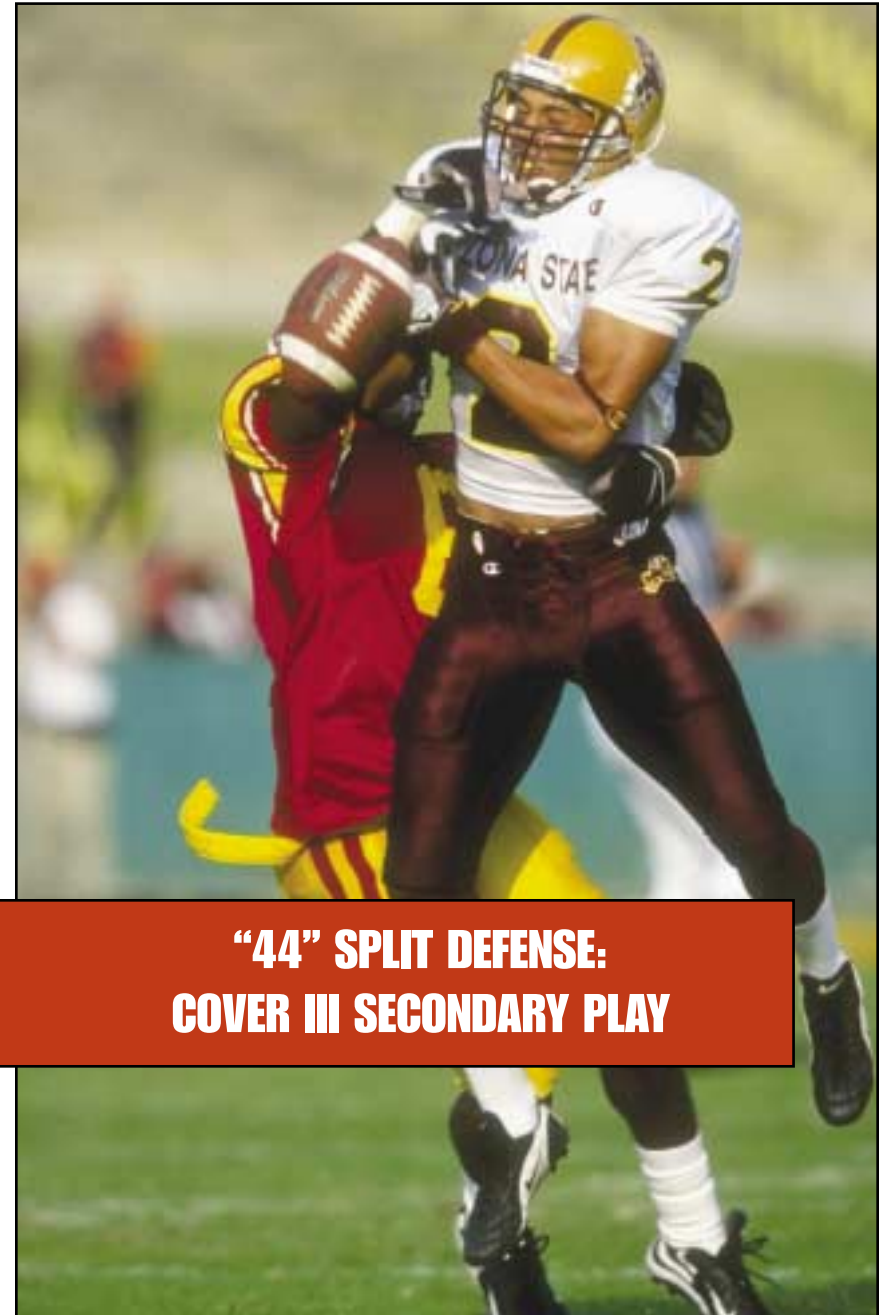
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ROMAN



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COACHES CHOICE™ VIDEO



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VIDEOS

Joe Roman