

2008

Cherokee County 4-H Food Show

Judging Criteria & Sample Score Sheets

Entry Deadline

5 PM – January 4

Competition

10 AM – January 12



To be held at ...

**The Cherokee County Electric Co-Op.
(Community Room)**



Judging & Scoring Information

All contestants up through the Intermediate Division will sit through an interview with the judge where they will be asked questions about their entries. Each interview will be limited to 5 minutes. During the interview each participant will be expected to serve a small portion of their entry to the judge. This portion will be judged on eye appeal and aroma. Judges may also dissect and visually inspect the portion for ingredients used according to the recipe. Judges will not be allowed to taste any of the entries during the contest, as this is not part of the scoring criteria.

Senior contestants must present their entries to the judge and the judge will not ask any questions about the entry. Each Presentation will be limited to 3 minutes in total. Senior competitors will then sit through a 2 minute interview where the judge will ask about their community service activities and leadership opportunities pertaining to the 4-H foods project.

BE AWARE:

It is strongly encouraged that all contestants know the information pertaining to their recipe and entry so that they will not have to rely on note cards during the Interview/Presentation. Although note cards are allowed, the judges will be instructed to weigh the use of such when deciding the individual's final score.

Example: Two competitors give excellent presentations during the judging and are tied going into the final scoring, however one referred to a note cards and the other did not. Naturally the competitor who did not have to rely on the note card will score highest.

PLEASE NOTE:

1. Participants will need to provide all necessary utensils, plates/bowls at the judging table.
2. Contestants are encouraged to wear clothing consistent with safe food handling practices.

REMEMBER:

It is OK to "cut" or "down-size" the recipe. For example, if a given recipe makes a three pound meatloaf, it would only perfectly acceptable to "cut" each ingredient in the recipe down to half or one-third the original quantity to create a smaller final dish or product.

THINGS to THINK ABOUT

Community Service Ideas

- Participate in Canned Good Drive
- Create and donate Thanksgiving/Christmas Baskets
- Serve food at local soup kitchen
- Assist FCS Agent with food related project/program.
- Donate food to local food pantry

Leadership Ideas

- Give food demonstration at 4-H Club Meeting
- Tour Meat Department or Bakery of local grocery store
- Give Food Label presentation at 4-H Club Meeting
- Give Food Safety demonstration
- Coordinate food drive through 4-H Club

Sample Interview Questions

1. *How many years have you participated in the 4-H Food & Nutrition Project?*
2. *What have you learned from the 4-H Food & Nutrition Project?*
3. *Tell me briefly, how did you prepare your dish?*
4. *Could you make any substitutions for any ingredients in your recipe?*
5. *What is the key nutrient in the dish you prepared? Why is it important?*
6. *Can you name the food groups of the food pyramid? Which group does your dish belong in?*
7. *How many calories are in one serving of your dish?*
8. *If you prepared this dish to take to somewhere else to be eaten, what steps would you take to safely transport and serve the dish properly?*
9. *What is one thing that you have done to improve your own eating habits?*
10. *Is there anything else you would like to tell us about your Food & Nutrition Project?*
11. **What leadership opportunities have you taken advantage of this year with regard to your Food & Nutrition Project?*
12. **What types of community service activities have you been involved with regard to your Food & Nutrition Project?*

*** May be asked of any competitor during their interview; however, will be asked of all Senior Competitors during their two minute interview.**

Cherokee County 4-H Place Setting Contest Score Card

Contestant Name: _____

4-H Club: _____

Age Division (*Check One*)

_____ Pee Wee

_____ Clover Kid

_____ Junior

_____ Intermediate

_____ Senior

<i>Judging Criteria</i>	<i>Score</i> <small>(1=poor 5=excellent)</small>	<i>Judge's Comments</i>
<i>Eye Appeal</i>	1 2 3 4 5	
<i>Color</i>	1 2 3 4 5	
<i>Neatness</i>	1 2 3 4 5	
<i>Variety</i>	1 2 3 4 5	
<i>Presentation</i>	1 2 3 4 5	
<i>Creativity</i>	1 2 3 4 5	
<i>Interview</i>	1 2 3 4 5	
	<i>Total:</i>	<i>Ribbon: (circle one)</i> 1-11 12-24 25-35 WHITE RED BLUE

Cherokee County 4-H Food & Nutrition Poster Contest Score Card

Contestant Name: _____

4-H Club: _____

Age Division (*Check One*)

_____ Pee Wee

_____ Clover Kid

_____ Junior

_____ Intermediate

_____ Senior

<i>Judging Criteria</i>	<i>Score</i> <small>(1=poor 5=excellent)</small>	<i>Judge's Comments</i>
<i>Eye Appeal</i>	1 2 3 4 5	
<i>Follows the Theme</i>	1 2 3 4 5	
<i>Neatness</i>	1 2 3 4 5	
<i>Variety</i>	1 2 3 4 5	
<i>Presentation</i>	1 2 3 4 5	
<i>Creativity</i>	1 2 3 4 5	
	<i>Total:</i>	<i>Ribbon: (circle one)</i> 1-10 11-20 21-30 WHITE RED BLUE

Cherokee County 4-H Food Show Score Card

Contestant Name: _____

Age Division (Check One)

_____ Pee Wee _____ Clover Kid _____ Junior _____ Intermediate _____ Senior

Class (Check One)

_____ Main Dish _____ Bread & Cereal _____ Fruit & Vegetable _____ Nutritious Snack

<i>Questions Category</i>	<i>Judge's Comments</i>	<i>Possible</i>	<i>Earned</i>
1. <i>Project Learning Experiences</i>		5	
2. <i>Knowledge & Skills Gained</i>		5	
3. <i>Preparation</i>		5	
4. <i>Substitutions</i>		5	
5. <i>Key ingredient & Importance</i>		10	
6. <i>Knowledge of Food Pyramid & relationship with dish.</i>		10	
7. <i>Calorie Content</i>		10	
8. <i>Food Safety When Transportation & Serving</i>		10	
9. <i>One thing done to improve own eating habits.</i>		5	
10. <i>Addition information about Project.</i>		5	
11. <i>Leadership Opportunities.</i>		5	
12. <i>Community Service Activities.</i>		5	
<i>Communication Skills</i>		10	
<i>Recipe</i>		10	
<i>Food Appearance</i>		5	
<i>Aroma Quality</i>		5	
Note Card Reference	*****MANDITORY REDUCTION*****	- 5	
Total Score		110	

Ribbon Placing (circle one)

WHITE
49 & Under

RED
50 – 79

BLUE
80 - 110